



SELF-LOVE MAGAZINE

VOLUME 07

JULY 2021

Beauty
QUOTES
of the day

**SIMPLE
is
BETTER**

**Wear skin care
like a PRO**

NATURE
Protect it @ LOSE IT

SCAN ME



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SELF-LOVE MAGAZINE

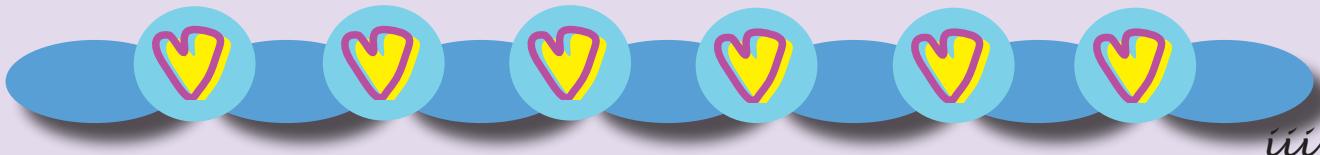
EDITOR'S MESSAGE

JULY 2021



Hello love, Natalia Gia here. I hope all of you are in the pink of health. Love, remember! Always love yourself first no matter what. You guys are Beautiful! Gorgeous! Smart! And CAN BE WHAT EVER YOU WANT. By the way, I also want to take this moment and tell all of you that I'm really appreciate your support. Thank you because always support self-love magazine. I can believe that Self-love is already 7 years old today. Without you guys, self-love will never go this far. Self-love team and I really bless for having a supportive reader like all of you. We promise that for the next series, special giveaway will be held. Grand prize are iPhone 12 and MacBook latest edition. So, stay tune guys.

NATHLIA GIA
Self-love chief editor



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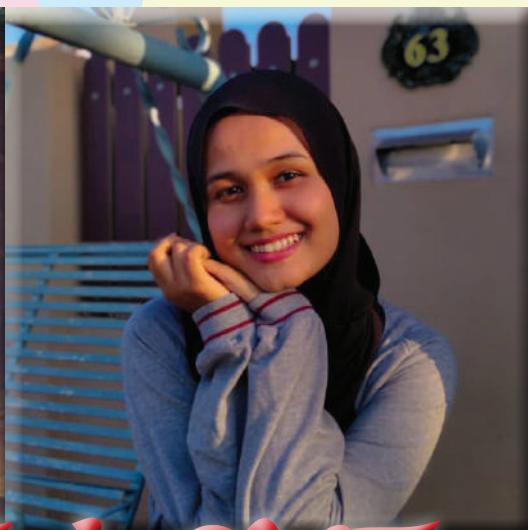
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SPECIAL THANKS

Editor in Chief



Picture Editor



SELF-LOVE

TEAM



Designer



Head Writer

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SKIN CARE CHOICE

OF THE
MONTH





SELF-LOVE FACE TONER

1. Essential Clean & Clear Oil Control Toner (RM18.80)

Hello girls! As we have seen, many girls have difficulty dealing with various types of skin problems. For example, a must in dealing with oily skin on a daily basis. Having oily skin is a slippery, shiny and oily slope all the time but there are ways for us to overcome it. First of all, we need to know the skin type, those who suffer from oily skin problems, they need to follow the basic cleansing steps such as Tone, Vitamin C Serum, Sunscreen Moisturizer / Oil Free. Besides, that, toning is very much needed by those who suffer from this oily skin problem. They can start by using Essential Clean & Clear oil control toner. To date, many users have found this toner the best of all they have used and they are very satisfied. This product claims it can help prevent oily shine, blackheads, and acne. As noted by users, it is indeed able to prevent oily shine but blackheads and acne are not so much. It makes the skin feel fresh, clean and hydrated as it removes all the oil from the face and does not clog the pores. The toner comes in a transparent bottle with an open lid, easy to use and travel friendly.



2. Safi Aloe Vera & Habbatus Sauda Toner (RM 6.32)



Safi Aloe Vera & Habbatus Sauda Toner 100ml. Safi Toner with Aloe Vera Extract & Habbatus Sauda is a natural, antibacterial combination that is known to moisturize, soften and provide nutrients to the skin. The ingredients that use in this product is Water, Butylene Glycol, Fomes Officinalis (Mushroom) Extract, PEG-40 Hydrogenated Castor Oil, Allantoin, Sodium Benzotriazolyl Butylphenol Sulfonate, Dipotassium Glycyrrhizate, Disodium EDTA, Aloe Barbadensis (Organic Aloe Vera) Leaf Extract, Nigella Sativa (Habbatus Sauda) Seed Oil, Glycerin, Citric Acid, Cucumis Sativus (Organic Cucumber) Fruit Extract, Fragrance, Phenoxyethanol, Methylparaben, Potassium Sorbate, Sodium Benzoate, CI 19140, CI 42090. This product also saves to use especially for Muslim as it has Halal- certified from JAKIM. This product also made in Malaysia so it's a local brand that many people know and people trust and use for their skin. The Price for this Face toner is RM 6.32/each and it is affordable prices especially for students.





SELF-LOVE

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MOISTURIZER

1. Nutox Moisturizer (RM 24.00)



Use Nutox Renewing Treatment Cream to make the skin look fresher and appear more radiant day by day. Take years off your skin when you discover the best ever anti-ageing technology with Nutox Moisture Emulsion. This ultra-light, easily absorbed non-greasy moisturizer reduces visible signs of ageing such as fine lines & wrinkles. With SPF-25PA++ to protect skin from harmful UV rays. Use on cleansed face and neck. Apply evenly every morning. For best results, use after Nutox Serum Concentrate. The ingredient that had been used in the moisturizer is Water, Ethylhexyl Methoxycinnamate, Butylene Glycol, Titanium Dioxide, Hydrogenated Polydecene, Hydroxystearic Acid, C12-15 Alkyl Benzoate, Phenyl Trimethicone, Ammonium. It is perfect for all skin types. This moisturizer can be fine at drugstores such as guardian, watson and others. The price for one moisturizer is within RM 24.

2. AIKEN Prebiotic Hydra Plus Moisturizer (RM 29.00)



AIKEN Prebiotic Hydra Plus Moisturizer with Prebiotic from France and Rice Water from Korea has been clinically proven to soothe and calm skin by 96.9% and retain moisture for up to 24 hours for soft and smooth skin. Formulations of this moisturizer are water-based non-sticky, fast absorbing and pH-balanced. If you used this type of the skin care, you could get the effect of soft and smooth skin, Healthy, and youthful radiance. 0% Paraben, Mineral Oil, Alcohol, Colorant, Fragrance, Propylene, SLES/SLS Dermatologically evaluated. Sensitive Skin is not harmed. AIKEN Hydra Plus range, formulated with Natural Prebiotic from France and Rice Water from Korea, has been shown to naturally boost skin hydration both internally and externally. The price of one moisturizer is approximately RM 20 to RM 29 according to the point of sale. Very affordable to get beautiful skin and look fresh!





SELF-LOVE



SUNSCREEN

1. NIVEA Sun Protect & Refresh Lotion (RM 24.00)



NIVEA Sun Protect & Refresh Lotion is a water-resistant lotion and has a non-greasy formula that provides immediate protection. It has a pleasant cooling effect that leaves your skin feeling refreshed and silky. In addition, Nivea sun protect are long-lasting and intensive moisture, helps reduce the risk of skin allergies, non-greasy and absorb quickly. There are two sizes, small and large. The ingredient that had been used are Aqua, Homosalate, Octocrylene, Alcohol Denat, Butyl Methoxydibenzoylmethane, Ethylhexyl Salicylate, Bis-Ethylhexyloxyphenol Methoxyphenyl Triazine, Glyceryl Stearate, Hydrogenated Coco-Glycerides Sodium Phenylbenzimidazole Sulfonate, Glycerin, Tapioca Starch, and etc. It is really good and suitable for all types of facial skin and age. It is very effective and has a very good effect on consumers. The price is also affordable which is about RM 24. Can get where drugstores such as Watson, and guardian.

2. Wardah UV SHIELD Active Protection

Serum (RM 21.00)



Wardah UV SHIELD Active Protection Serum SPF

50 PA++++, sunscreen with Broad Spectrum Protection, 50x more optimum to protect the skin from UV A / UV B rays along with excess blue light. With an innovative formula of 0% alcohol but still lightweight without sticky feeling, also Waterproof Active inside that make the sunscreen doesn't wear off easily even when exposed to water or sweat. Suitable for dynamic activities under sun exposure, such as running, swimming, sunbathing on the beach, etc.

Direction to use is apply onto face and neck evenly before activities. Reapply if needed. The ingredients that used in this new product is quia, Dibutyl Adipate, C12-15 Alkyl Benzoate, Propyl heptyl Caprylate, Diethylamino Hydroxybenzyl Hexyl Benzoate, Tris-Biphenyl Triazine, Sucrose Polystearate, Ethylhexyl Triazone, Ethylhexyl Salicylate, Methylene Bis-Benzotriazolyl Tetramethylbutylphenol, and etc. It is really good for skin protection





MAKE UP CHOICE

of the month





SELF-LOVE

HEART FOUNDATION

1. Essence #insta perfect foundation (RM25.90)



Essence #insta perfect foundation claims to provide a flawless, matte finish to your skin while also being waterproof. It is a light coverage foundation, but you can build it up with a second and third layer. Essence's new foundation has brought something new to the drugstore market, and it is ideal for those of you who want a light finish whether you are going to the store or school. They only had three foundations in their collection: a mousse, a long-lasting foundation, and a healthy glow foundation, so this one is quite unique in terms of what it offers.

2. Essence STAY ALL DAY 16H Foundation (RM29.90)



The well-known STAY ALL DAY 16H FOUNDATION is getting a special upgrade, as its formula has been completely revised! It is now free of silicones, parabens, microplastic particles, alcohol, perfume, and oil. All at the same unbeatable price and performance that has long satisfied customers. The foundation in a high-quality glass bottle has a super soft texture, provides medium to high coverage, and gives the complexion an even, smooth look for up to 16 hours. It is also waterproof, mask-proof, and transfer-proof.





SELF-LOVE

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COMPACT POWDER

1. Haus Matte Velvet Edition (RM79.00)



Haus Matte Velvet Edition is a dual-finishing compact powder with 'sebum fixer' ability, SPF15 sunscreen included, and buildable up to full coverage. This long-lasting mattifying powder also functions as a 'shine-eraser' designed specifically for Asian skin. The ability of zinc oxide to control excess sebum can help to prevent acne while also transforming oily, shiny skin into a perfect, glowing finish. Chia seed oil calms irritated skin, reduces redness, and restores the skin's barrier. The combination of Vitamins C and E works well to brighten your skin and lighten dark spots and scars. Jojoba oil contains vitamin B-complex, which keeps your dry skin moisturized and deeply hydrated.

2. Wardah exclusive two way cake edition (RM29.00)



Wardah exclusive two way cake edition is high coverage for a flawless appearance a powder and lightweight foundation with high coverage that conceals dark spots and acne scars on the face. The smooth particles provide a flawless and natural appearance to the skin. Suitable for an everyday appearance. Superfine Silky Particles, a unique formula that provides a flawless appearance with a long-lasting high coverage finish. Soft Focus Agent aids in the blurring of skin pores, giving the skin a flawless and smooth appearance. This foundation also has oil absorber, for a matte finish that is free of shine. -SPF 15 is also included for sun protection. Vitamin E, which acts as an anti-oxidant and protects the skin from pollution.





SELF-LOVE MASCARA

1. EyeXpert The Volume Expert (RM24.00)



EyeXpert The Volume Expert Mascara features lash precision brush technology that reaches even the tiniest lash strands. It allows you to easily separate, curl, and thicken each strand of hair to complete your eye makeup look. The effect that can be had after wearing mascara from Wardah is that it provides a more flexible eyelashes effect, provides longer eyelashes effect, longer lasting effect with waterproof, easy to use and more perfect appearance with easier. This mascara is highly recommended to buy because it is good and stays long. It can be obtained for about RM 24.

2. Hijab Kekasih Mascara (RM39.00)



Understanding the struggles of hijab-wearing ladies, our Kekasih Founders created a Mascara just for our Muslim sisters!

This beloved mascara is said to be suitable for Muslims because, it is called ablution friendly which is non waterproof. It is easy to wash without using make up remover but only use regular water. Suitable for Muslim women because it is easy to wash before praying anywhere. In more detail of information for this product are 8m. It

can give effect adds length and volume to lashes, gives the appearance of thicker lashes, does not smudge after application and Easily removed which with simply wet lashes for a few seconds, and gently wipe off! Mascara as in the picture is a gold edition which is only issued in conjunction with Hari Raya Aidilfitri and it is limited. Can get for RM39 only to get very beautiful and captivating results!





SELF-LOVE

JULY 2021



LIP MATTE

1. Kekasih Lip Matte (RM39.00)combo



The fixes found in lip matte lovers are Vitamin E which helps protect the lips throughout the day and helps to repair the damage that has occurred. Vitamin E in care and cosmetic products for lips can help soft lips, and reduce wrinkles that become a sign of aging. Next Argan Oil Helps remove dead skin cells on the lips and refresh the lips. As a result, the lips will become smoother and will no longer be exfoliated due to dry lips. Not to forget also Shea Butter which gives the effect of moisturizing the skin, eliminates the problem of dry lip skin, dark as well as helps to renew the skin of the virtual criar loja lip

2. Fame Lip Matte (RM29.00)



Fame Lip Matte results from the content and best quality special to its users so as not to give a bad effect but look beautiful without side effects. The content is, jojoba Oil which makes the lips soft and removes dead skin on the lips, Olive oil which is a nourishing moisturizer for lips and Sunflower oil which is high in Vit E content to maintain lip moisture. The price is very affordable and suitable for teenagers which is about RM 29 only. Can get anywhere drugstore!





SELF-LOVE

♡ EYELINER

1. Haidayan Eyeliner (RM10.00)



Are you use eyeliner for beginning? Feeling hard because eyeliner is not so? Here will show eyeliner for those who are just starting to learn to use it. Very easy and fast with just one stamp. This eyeliner is perfect for all the women out there for easy attractiveness especially teenagers who just want to start to try wearing eyeliner. This is because it is 2 in 1. Handaiyan eyeliner has sections for eyeliner stamps that are already available in shape and sharp eyes for adjust or fill eyeline. Interesting features of this eyeliner all you need to know is dry quickly and last all day without smudging, effective modify eyes and shape outline, create a natural 3D charm eye, line feeling slender, finalize the design waterproof do not remove makeup and full size and full combination, meet your different needs.

2. Cyber Color Eyeliner (RM40)



Cyber Color, a company known for its innovative thinking, has introduced a variety of directional colors to its cosmetics range. Cyber Color cosmetics and makeup can help you achieve a variety of looks, from classic to contemporary. It has also developed a comprehensive range of skin and body care using cutting-edge technology to provide a complete beauty experience to women. This Eyeliner has a non-sticky and non-dry texture. The pen point is also sharp and does not break making it more beautifully located in the eyes of the user. This Japanese product has a smooth texture, with anti-sweat and waterproof effect. It is able to last a long time and can last up to 12 hours.





SELF-CARE CHOICE

OF THE MONTH





SELF-LOVE

BODY CARE BRAND

Enchanteur Brand (RM39.90)



Body care is very important for women to avoid issues such as body odor, skin problems, etc. Therefore, products that are suitable for the above can be overcome with a complete set of romantic body care enchanteur. This set contains 4 different types of items that are sure to give satisfactory results to the user. Not only that, the price for this set is also very affordable, which is as low as RM 39.90 only. Not only that, but this set is also very suitable for students as they need several complete items in one set for their body care. The four tang items in this set are lromantic nourishing soft body lotion. It is formulated with Macadamia Nut Oil and Shea Butter, which retains skin moisture and provides nourishment for up to 48 hours. Enchanteur Romantic Nourishing Soft Body Lotion is perfected with a romantic scent and has a passionate scent of the sweet Bulgarian Rose and White Jasmine to pamper you with the best. Next, a romantic anti-perspirant deodorant stick. Enchanteur Romantic Anti-Perspirant Deodorant Stick with long-lasting fragrance and 48-hour protection will keep you fresh all day. The quick -drying and staining -free formula provides confidence and freshness throughout the day. The next item is a romantic parf mist. Consumers will certainly fall in love with the feminine notes of Bulgarian Rose, White Jasmine, Mandarin & Violet infused with Vanilla. Last but not least is definitely the delicious touch of Enchanteur Romantic Perfumed Talc, with its sweet scent of Bulgarian roses and white jasmine pampering you perfectly. Infused with a delicate floral fragrance, this talcum powder will make your skin feel smooth and soft.





SELF-LOVE

HAIR TREATMENT BRAND

Sunsilk Hair Care (RM 49.90)

JULY 2021



The complete Sunsilk hair care set is sure to be a consumer favorite among women. It comes with 4 types of items that are sure to make an incredible impact on the users. The 4 items consist of a delicate and controlled shampoo, Sunsilk leave on cream, a smooth and controlled conditioner, and Sunsilk Hijab Vitamin Hair Mist 2-in-1. By using a delicate and controlled shampoo, users can happily say goodbye to coarse and dry hair! Exclusive formula with Moisture-Lock Technology and 5 Natural Oils. It locks in seamlessly to your hair's moisturizing feel, so it looks healthy, resilient and soft to the touch, your hair is always by your side. Next, the soft and controlled sunscreen is an exclusive formula with FlexiShield Technology and 5 Natural Oils, injecting hair with bounce and flexibility in movement, so and you have smooth and orderly hair that always suits your flow. Sunsilk Leave on Cream helps you style and rearrange your hair anytime, anywhere. Used on damp or dry hair, Hydra Lock Technology injects moisture into your hair and gives it a natural weight of curly color and style with ease. An item that is definitely needed for daily use is Sunsilk Hijab Vitamin Hair Mist 2-in-1. It is able to make hair and enjoy a light, fresh fireplace hair all day long with a fragrance that lasts up to 48 hours under your hood.





SELF-LOVE



HAIR TONIC

06 Hair Tonic (RM 88.00)



One of the most important products in hair care is a hair tonic. It is able to make hair look shinier and something that many people see as a sign of healthy hair. This is because it contains oil that helps hold the hair in place so that it makes the hair easier to style. Therefore, offering an effective hair tonic at an affordable price that is O6 hair tonic. O6 hair tonic contains ingredients like ethanol and something that gives the product aroma. It is able to provide moisture to the hair that suffers from extreme dryness and helps to overcome the problem of split ends which is a major problem that is often faced by most women. Not only that, for those who suffer from severe dandruff and broken hair, they can also practice the use of this hair tonic either on a daily basis or at certain times depending on the hair problem faced. It can be used When the hair is still wet or has dried and the result is sure to surprise you. Consumers can get this O6 hair tonic for RM 88 at Shopee Malaysia.





SELF-LOVE

LOW PH PRODUCT

JULY 2021



CETAPHIL BODY WASH, SEBAMED SHAMPOO,
BETADINE BODY WASH, SIMPLE FACE WASH



Products with a low pH are at a level closer to skin's natural pH, they will more effectively work with your skin and help cell turnover gently, King says. They're more likely to keep skin bright and smooth, instead of flaky and angry. The examples of product that have a low ph. and popular among people that especially have a sensitive skin is Cetaphil Ultra Gentle Body wash, Sebamed everyday shampoo, Simple Refreshing Facial Gel Wash and Betadine Natural Defense Body Wash. All of this product has an organic and save ingredients especially to sensitive skin. The ph level is balanced for Sebamed everyday shampoo, simple refreshing facial wash and Betadine Natural defense body wash, Meanwhile, for Cetaphil Ultra Gentle body wash the ph level is low. All of this product also brings a moisturize to our skin and for not only sensitive skin, a dry skin also could use this product. All this product is trusted as a doctor also recommend to use this body wash and shampoo to a cancer patient as after the treatment, their skin is very sensitive just the same like a baby and sometimes dry. So, they could not randomly just use any body wash and shampoo that has a high ph and acid in the product.



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SELF-LOVE

HAND AND BODY LOTION

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RM 27. 50

Aloe vera is a succulent plant with thick, fleshy, serrated, lanceolate-shaped leaves of green-greyish color. Aloe vera inner gel is obtained from the lower leaves of the plant by slicing the leaf open. The gel is clear, odorless, and tasteless and should be free of leaf skin or yellow parts. Therefore, Aloe Vera is one of the most frequently used ingredients in beauty products. One of the products that makes aloe vera the main ingredient in their product is O'uyuey Aloevera Soothing Gel. It contains 92% aloe vera which works to provide hydration to the skin, promote an attractive, refreshed and healthy appearance, reduce the appearance of damaged skin, cool and soothe the skin after prolonged sun exposure, have a refreshing and moisturizing summer with the original Aloe vera sooth- ing Gel, mild to the skin and can be used to moisturize to face, arms and hair.

Users can get this O'uyuey Aloevera Soothing Gel at price of as low as **RM 27. 50** depending on the size chosen. In fact, it can also be easily found at drugstores like Watsons and guardian near them or buy online. Among other ingredients contained in O'uyuey Aloevera Soothing Gel is hydrophilic gel composition which it prevents skin dry- ness and lasting moisture the skin.





SELF-LOVE

TOOTHPASTE

JULY 2021



1. Safi Kayu Sugi & Habbatus Sauda Toothpaste (RM5.15)



Safi Kayu Sugi & Habbatus Sauda Toothpaste is one of the trusted toothpastes as it is certified halal by JAKIM. The price for this toothpaste is Rm5.15/ each tube and affordable based on its size. This toothpaste brand also can be considered as a brand that most people buy not only because of its price but also because of the quality that this brand brings to its customers. Besides than being the favorite brand of skin care for woman, Safi also famous for its toothpaste. A lot of Muslim customers more preferred to buy this product as it is having a kayu sugi and Habbatus Sauda is good to our teeth.

2. Darlie double action mint (RM 12.49)



Toothpaste is an important thing in taking care of ourselves as we need to brush our teeth everyday so that our teeth dirty and our mouth smell rotten. Brand Toothpaste Darlie, formerly Darkie is a Hawley& Hazel Chemical Company toothpaste brand. Hawley& Hazel was founded in Shanghai in 1933 and it eventually relocated to Taiwan (1949) and Hong Kong (1973). Colgate Palmolive purchased 50% of Hawley & Hazel in 1985. We could be said that almost all Malaysian know this brand as it's already been around for a long time and a lot of advertisement for this product that we can see on television. Darlie has bring out a new product which is Darlie double action mint. The price for this product is Rm 12.49/ each. The price is suitable with the size of the tube toothpaste and they customer also give a lot of good reviews to this new product from Darlie.





SELF-LOVE

DEODORANT

1. Rexona Cotton Dry aerosol antiperspirant deodorant (RM 24.05)



Natural cotton extract is blended into Rexona Cotton Dry aerosol antiperspirant deodorant, which has a light and fresh scent. You will stay dry and fresh all day with 48-hour wet protection. Our products have been thoughtfully designed to work as hard as you do. We made it our mission to learn everything we could about sweat, and what we discovered informs each product innovation. Sweating, also known as perspiration, is a natural and healthy bodily function that begins shortly after birth. Sweating is primarily used to cool the body, a process known as thermoregulation.

To create sweat, our brain sends messages to around 3 million glands throughout our bodies (a clear liquid made from water, salt, and protein).

Our body temperature will drop when this fluid evaporates from our skin. Rexona forays into the realm of professional sports, endorsing some of the top athletes on the planet. Rexona has continued to give the best security throughout the busiest times to this day.

2. Extra Whitening Roll on Deodorant (RM 12.90)



Deodorant is a must thing that everyone should have as each of us has a body odor either it's a strong or like just a light smell. A woman of course does not want to smell bad especially their armpit to smelly and could bring down their confident and also feel uncomfortable. Nivea Extra Whitening Roll on Deodorant enriched with 10 skin nutrients to nourish, repair and whiten underarm skin. The optimal combination of reliability, beauty, and care. With Skin Nutrients & Vitamins to tightens pores and smooth's skin. Effective 48 hours anti-perspirant protection and gentle care. The benefit from using this product is it can Tightens pores and smoothens skin with skin nutrients and vitamins. Besides that, Skin tolerance dermatologically proven.





PERFUME CHOICE OF THE MONTH





SELF-LOVE PERFUME

1. D'Anggun fragrance (RM 15)



D'Anggun fragrance products have released a new product, called the latest version of D Anggun perfume. It is released in the form of the latest edition where the packaging and materials used are also upgraded to attract the attention of consumers. Those who are loyal to this product are sure to know about the quality that is guaranteed to give satisfaction to consumers. Thus, this perfume is released in two different types of scents, each of which gives a different fragrance. In the photo is an example of a best -selling product that is always in demand by users which is Good Girl, Gucci Flora, Bombshell, Taj Sunset and Invictus. It is a perfume for women which it comes in the form of red and white packaging and

is very eye -catching. In the future, perfume for men will also be released with a light blue packaging that has a refreshing fragrance. Each perfume sold is in a small form which is 15 ml to make it easier for consumers to take it anywhere. More interestingly, this perfume is halal and it contains natural ingredients that make it prayer friendly to the Muslims who wear it.

2. Syahirah Vitalis Eau De Cologne (RM 23.00)



The latest fragrance from Syahirah Vitalis Eau De Cologne has been launched in this country, Malaysia. Syahirah Vitalis Eau De Cologne is a fragrance that makes you a woman who has her own fragrance and stands out compared to other women. Syahirah Vitalis Eau De Cologne is perfected with all the great features to meet the personality of a woman of caliber, elegant and glamorous, matching her image. After being introduced in Indonesia, it has managed to become the number one fragrance of choice where all fragrances are selected based on the latest trends from international branded fragrances. Its elegant and glamorous touch will also dominate the market in Malaysia. The combination of floral, woody and green foliage in Haute Couture highlights the freshness and inner beauty that helps double self-confidence to achieve success in life.





SELF-LOVE

JULY 2021



3. Eau De Perfume "Inspired by Gucci Gardenia Women (RM35)



Inspiration fragrance from this international brand is processed from starch imported from Europe. CATEGORIZED IN EAU DE PARFUM GRADE (EDP) THIS PERFUME HAS LONG LASTING RESISTANCE. This perfume sold in the form of 35ml cylinder glass bottles. This perfume is not really famous even though it is produced in Malaysia. Malaysian-inspired perfume brand, THE RICH SCENTS is a brand that is EXACTLY a perfume, an International Brand fragrance. Perfume inspired is wholly owned by Bumiputera and has been operating in Kajang, Selangor since 2017. The smell is not like a flower or has a sweet scent but instead if it could be described it has a refreshing scent that not too strong but can make the users feel confident. The price for this Perfume is only for Rm35 for 35 ml. The price is affordable and

suit with the quality and according to the length of time the smell of the perfume lasts which is around 8 hours. But the user does not use near fire flame or heat as it is flammable.

4. Scenabella LOVE IN THE DASIS (RM 20)



Perfume choices can sometimes accentuate a person's personality. Perfumes have many options whether the consumer likes a sweet, fresh or a strong scent depends on that person preference and could be occasion. Love in the oasis by scenabella. This perfume is quite famous among all around age of female as it smells like a flower and sweet suitable for someone that not very fond with a strong scent. Love in the oasis receive a lot of good review from the first-time buyers and loyal user this perfume as the scent is really suitable for any occasions that we want to go and the scent is not too strong that can make our nose hurts. This perfume can last the most until 12 hours. The price for this perfume is only RM20 which is affordable as it can last until 12 hours just same like other expensive perfume.





SELF-LOVE



SELF LOVE ROOKIE MODEL

Self-Love Rookie Model



Welcome aboard





SELF-LOVE

JULY 2021



SIMPLE IS BETTER

• Tqah Kayla

12 June 2021

What is beautiful? If you ask about it to any woman for sure they want to be beautiful. Beautiful is something that looks beautiful and interesting. All women especially teenagers must want to look beautiful to the extent that they are willing to do anything. The desire is not wrong but there are some people who are willing to spend a lot of money to be beautiful either makeup items or skin care. Not only that, but some people are also willing to perform facial beautification surgery, take supplements, beautify drinks without checking what substances are used and it is maybe can give side effects on themselves. Rather than harm ourselves from taking such steps, it is better to love ourselves by pursuing beauty and we should all be realizing, we have our own aura of beauty. There is no need to over-exaggerate because the beauty of its own will be more interesting. Many people forget about the natural beauty that each one has. Not only that, sometimes there is a feeling of being insecure in their self because of looking at people around. These feelings should be discarded from each other and add self-confidence. So, I want to focus, rest assured yourself that you have your own beauty without you realizing. Convince yourself that you are beautiful. Everyone has a different beauty including ourselves. There is no need to pursue so buy expensive makeup tools while simple is better. You can look beautiful with just natural beauty, and it is more enchanted. So do not worry, simple is better and keep it attractive! To the girl out there, please love yourself!



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SELF-LOVE



HOW TO USE SKIN CARE?

Tqah Kayla

12 June 2021



1. **CLEANER =>** Begin your morning routine by splashing warm water on your face or, if necessary, washing with a gentle face cleanser designed for your skin type.
2. **TONER =>** Most individuals ignore toners, partly because there is a persistent belief that most toners are harsh and irritate the skin. Fortunately, that is no longer the case. While they do not physically “shrink” pores, the new generation of toners can act as a delivery system for antioxidants, vitamin-B derivatives, and even toning acids.
3. **ANTIOXIDANT SERUM =>** Serums are highly concentrated, nutrient-dense treatments that target specific issues, so keep them as close to the skin as possible.
4. **MOISTURIZER =>** Most experts recommend applying a moisturizer while the skin is still damp, so the sooner you finish applying your serum and treatment, the sooner you can lock in much-needed hydration with your moisturizer.
5. **SUNSCREEN =>** If you use a physical or mineral sunscreen that works by physically blocking UV rays, sunscreen should be the last step in your daytime skin care routine.





SELF-LOVE

JULY 2021

HOW TO TAKE CARE OF YOUR HAIR?

1. Apply Warm Oil on The Hair

Using a warm, natural oil in your hair may help your scalp, hair, and texture, as well as boost your overall health. Here are some essential oils to consider including into your daily routine:

- Coconut oil
- Argan oil
- Castor oil

Tips: Choose a natural oil based on your need and hair type and massage well into scalp and hair for optimum hair health

2. Rice water may be used as a shampoo and a hair rinse.

This magical concoction, which has been used as a natural wash and rinse for generations by the villagers of Huangluo, China obviously works. Women don't generally start greying until they're over eighty years old! Rice water has a variety of nutrients that are beneficial to hair.

3. Eggs can help with hair health in general.

It is the finest source of B vitamins, which are important for hair health! B1 (thiamin), B2 (riboflavin), and B5 (pantothenic acid) vitamins are beneficial to hair elasticity, strength, and general health. Biotin, often known as Vitamin B7, is crucial for hair development, while folic acid can help prevent premature greying. Eggs are a fantastic topical treatment to fight this.

4. Use as much green tea as you can on your hair.

Green tea includes EGCG, an antioxidant that promotes hair follicle and dermal papilla cell health, resulting in reduced hair loss and thinning. Other advantages include dandruff and psoriasis therapy.

5. Apply a paste of crushed amla for hair care

The humble amla, also known as the Indian gooseberry, is a miraculous fruit that is frequently used in hair products, tonics, and medicinal treatments. Amla's vitamin C aids in the production of collagen protein, which promotes cell regeneration and increases hair length and volume. Amla has moisturising qualities since it contains approximately 80% moisture.

Syazzie rin

12 June, 2021



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QOUTES of the month

"There is nothing more beautiful than someone who goes out of their way to make life beautiful for others."

— Mandy Hale,

"Beauty is not who you are on the outside, it is the wisdom and time you gave away to save another struggling soul like you."

— Shannon L. Alder

"Outer beauty pleases the EYE. Inner beauty captivates the HEART."

— Mandy Hale,

"Beauty is not in the face; beauty is a light in the heart."

— Kahlil Gibran

"The beauty of a woman is not in a facial mole, but true beauty in a Woman is reflected in her soul. It is the caring that she lovingly gives, the passion that she knows."

— Audrey Hepburn

"People are like stained-glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within."

— Elisabeth Kübler-Ross





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JULY 2021


NATURE, PROTECT IT or LOSE IT

Allies Zhan 12June2021

Plant and animal's species serve as the basis of healthy ecosystems. When a species become endangered, it indicates that the environment is worsening, each species that become extinct causes the extinction of other species in its environment. To cleanse our surroundings, we rely on healthy ecosystems. If this problem still not taken seriously but public, we will not have clean air, water or land without healthy forests, grassland, river, seas and other ecosystems. We put our own health at risk if we allow our surroundings to become polluted. As we can see. Nowadays nature is day by day we are losing it. All of it start are from us and all the pollution that happened when our mission is supposed to protect nature for our ecosystem and our next generation. This is getting serious as we can see there are a lot of people that still does not have an awareness about how serious this thing could be. We as human should be grateful and protect nature as we are currently just borrowed it and not own it so we do not have any right to harm them. So, it's our task to protect nature and not lose it as nature also a living thing so it must be in our care. Besides that, nowadays we can see there are lot of pollution that can bring a bad thing to our nature and us. For example, air pollution. Air pollution is caused by the presence of harmful chemicals in the atmosphere, which are mostly created by human activity, however natural events such as volcanic eruptions, dust storms, and wildfires can also degrade air quality. We can prevent this pollution from happening with taking public transportation, which uses less petrol and electricity, is a definite method to contribute to reducing air pollution and even car pools help. Next, Use of fans instead of Air Conditioner. The use of air conditioners consumes a lot of energy and produces a lot of heat, both are harmful to the environment. If we work together to prevent all of the pollution than happened, we could live in an environment that clean and we success in protect our nature and not being the reason, we lose it. Its our earth and its our job to protect and precise all the nature and gift that given to us.





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JULY 2021 



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