|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Attribute |  |  |  |  |  |  |  |  |  | importance |
| Q4\_2: Indicate if you felt each of the following since your last survey - Distressed | | | | | | | |  |  | 0.04331892 |
| Q4\_6: Indicate if you felt each of the following since your last survey - Guilty | | | | | | | |  |  | 0.03689005 |
| Q4\_7: Indicate if you felt each of the following since your last survey - Scared | | | | | | | |  |  | 0.0351594 |
| Q4\_3: Indicate if you felt each of the following since your last survey - Excited | | | | | | | |  |  | 0.03294273 |
| Q7\_5: Indicate if you did any of the following since your last survey - Prepared food | | | | | | | | |  | 0.03138055 |
| Q4\_5: Indicate if you felt each of the following since your last survey - Strong | | | | | | | |  |  | 0.03049409 |
| Q12\_3: Indicate if you did any of the following since your last survey - Meditated | | | | | | | |  |  | 0.02993357 |
| Q4\_4: Indicate if you felt each of the following since your last survey - Upset | | | | | | | |  |  | 0.02967443 |
| Q9\_4: Indicate if you did any of the following since your last survey - Volunteered | | | | | | | |  |  | 0.02912034 |
| Q4\_14: Indicate if you felt each of the following since your last survey - Inspired | | | | | | | |  |  | 0.02849745 |
| Q8\_8: Indicate if you did any of the following since your last survey - Enjoyed my hobbies | | | | | | | | |  | 0.02722411 |
| Q9\_3: Indicate if you did any of the following since your last survey - Helped out family/friends | | | | | | | | | | 0.02670182 |
| Q7\_7: Indicate if you did any of the following since your last survey - Showered | | | | | | | |  |  | 0.02667582 |
| Q4\_10: Indicate if you felt each of the following since your last survey - Proud | | | | | | | |  |  | 0.0251548 |
| Q4\_18: Indicate if you felt each of the following since your last survey - Jittery | | | | | | | |  |  | 0.02433615 |
| Q9\_5: Indicate if you did any of the following since your last survey - Fed pets | | | | | | | |  |  | 0.02415844 |
| Q4\_11: Indicate if you felt each of the following since your last survey - Irritable | | | | | | | |  |  | 0.02389813 |
| Q8\_3: Indicate if you did any of the following since your last survey - Played a game | | | | | | | | |  | 0.02384421 |
| Q4\_17: Indicate if you felt each of the following since your last survey - Attentive | | | | | | | |  |  | 0.02225258 |
| Q12\_2: Indicate if you did any of the following since your last survey - Mindfulness | | | | | | | |  |  | 0.0217035 |
| Q8\_7: Indicate if you did any of the following since your last survey - Played with pets | | | | | | | | |  | 0.02028188 |
| Q4\_8: Indicate if you felt each of the following since your last survey - Hostile | | | | | | | |  |  | 0.018619 |
| Q4\_20: Indicate if you felt each of the following since your last survey - Afraid | | | | | | | |  |  | 0.01858849 |
| Q11\_3: Indicate if you did any of the following since your last survey - Got my heart rate up | | | | | | | | |  | 0.0179688 |
| Q4\_19: Indicate if you felt each of the following since your last survey - Active | | | | | | | |  |  | 0.01773767 |
| Q4\_15: Indicate if you felt each of the following since your last survey - Nervous | | | | | | | |  |  | 0.01688955 |
| Q4\_16: Indicate if you felt each of the following since your last survey - Determined | | | | | | | | |  | 0.01660076 |
| Q7\_4: Indicate if you did any of the following since your last survey - Ran errands | | | | | | | |  |  | 0.01658782 |
| Q8\_4: Indicate if you did any of the following since your last survey - Watched TV | | | | | | | |  |  | 0.01631227 |
| Q10\_1: Indicate if you did any of the following since your last survey - Ate healthy | | | | | | | |  |  | 0.01584844 |
| Q4\_9: Indicate if you felt each of the following since your last survey - Enthusiastic | | | | | | | |  |  | 0.01568096 |
| Q8\_2: Indicate if you did any of the following since your last survey - Created art | | | | | | | |  |  | 0.01558763 |
| Q10\_2: Indicate if you did any of the following since your last survey - Followed diet | | | | | | | | |  | 0.01517544 |
| Q8\_6: Indicate if you did any of the following since your last survey - Played music | | | | | | | |  |  | 0.01395268 |
| Q4\_13: Indicate if you felt each of the following since your last survey - Ashamed | | | | | | | |  |  | 0.01364892 |
| Q9\_2: Indicate if you did any of the following since your last survey - Did homework | | | | | | | | |  | 0.01262218 |
| Q4\_12: Indicate if you felt each of the following since your last survey - Alert | | | | | | | |  |  | 0.01248701 |
| Q13\_2: Indicate if you did any of the following since your last survey - Rested during the day | | | | | | | | |  | 0.01209593 |
| Q13\_3: Indicate if you did any of the following since your last survey - Got up on time | | | | | | | | |  | 0.01182908 |
| Q11\_2: Indicate if you did any of the following since your last survey - Took a stroll | | | | | | | |  |  | 0.01011041 |
| Q8\_1: Indicate if you did any of the following since your last survey - Read a book | | | | | | | |  |  | 0.01003662 |
| Q8\_5: Indicate if you did any of the following since your last survey - Wrote in a journal | | | | | | | | |  | 0.00979411 |
| Q7\_3: Indicate if you did any of the following since your last survey - Left for school/class | | | | | | | | |  | 0.00967585 |
| Q10\_3: Indicate if you did any of the following since your last survey - Stayed hydrated | | | | | | | | |  | 0.00942652 |
| Q11\_1: Indicate if you did any of the following since your last survey - Exercised | | | | | | | |  |  | 0.0085884 |
| Q13\_4: Indicate if you did any of the following since your last survey - Got to sleep | | | | | | | |  |  | 0.00857236 |
| Q13\_1: Indicate if you did any of the following since your last survey - Went to bed on time | | | | | | | | |  | 0.00848681 |
| Q7\_8: Indicate if you did any of the following since your last survey - Brushed hair | | | | | | | |  |  | 0.00798674 |
| Q12\_1: Indicate if you did any of the following since your last survey - Was thankful | | | | | | | | |  | 0.00718257 |
| Q12\_4: Indicate if you did any of the following since your last survey - Yoga/Tai Chi | | | | | | | |  |  | 0.00653078 |
| Q9\_1: Indicate if you did any of the following since your last survey - Was supportive to a friend | | | | | | | | | | 0.00596623 |
| Q7\_9: Indicate if you did any of the following since your last survey - Took medications | | | | | | | | |  | 0.00545064 |
| Q7\_6: Indicate if you did any of the following since your last survey - Brushed teeth | | | | | | | | |  | 0.0053845 |
| Q8\_9: Indicate if you did any of the following since your last survey - Played Sports | | | | | | | |  |  | 0.0045071 |
| Q7\_10: Indicate if you did any of the following since your last survey - Washed up | | | | | | | |  |  | 0.00302055 |
| Q12\_6: Indicate if you did any of the following since your last survey - Biofeedback | | | | | | | |  |  | 0.00257781 |
| Q12\_5: Indicate if you did any of the following since your last survey - Prayed | | | | | | | |  |  | 0.00252744 |
| Q4\_1: Indicate if you felt each of the following since your last survey - Interested | | | | | | | |  |  | 0.00229894 |
| Q7\_2: Indicate if you did any of the following since your last survey - Got dressed | | | | | | | |  |  | 0 |
| Q7\_1: Indicate if you did any of the following since your last survey - Got out of bed | | | | | | | | |  | 0 |