Reproducible Research Course Project 1

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The starting point is to load the fitness data

```
#create the working directory

if (!file.exists("data")) {
    dir.create("data")
}

# Fork/clone via git bash the following repsoitory which contains the data:
https://github.com/rdpeng/RepData_PeerAssessment1

#read the data files into a data frame.
unzip(zipfile = "activity.zip")
activity = read.csv("activity.csv")
```

The next step is a quick overview of the data

```
summary(activity)
##
                            date
                                         interval
       steps
## Min. : 0.00
                    2012-10-01:
                                 288
                                      Min.
                                             :
                                                 0.0
                                      1st Qu.: 588.8
## 1st Qu.: 0.00
                    2012-10-02:
                                 288
## Median : 0.00
                    2012-10-03:
                                288
                                      Median :1177.5
         : 37.38
## Mean
                    2012-10-04:
                                288
                                      Mean
                                             :1177.5
## 3rd Qu.: 12.00
                    2012-10-05:
                                 288
                                      3rd Qu.:1766.2
## Max.
          :806.00
                    2012-10-06:
                                 288
                                      Max. :2355.0
          :2304
## NA's
                    (Other)
                             :15840
dim(activity)
## [1] 17568
head(activity)
                date interval
##
    steps
       NA 2012-10-01
## 1
## 2
       NA 2012-10-01
                            5
## 3
       NA 2012-10-01
                           10
## 4
       NA 2012-10-01
                           15
## 5
       NA 2012-10-01
                           20
## 6 NA 2012-10-01
                           25
```

```
tail(activity)
        steps
                   date interval
##
## 17563 NA 2012-11-30
                            2330
## 17564 NA 2012-11-30
                            2335
## 17565 NA 2012-11-30
                            2340
## 17566 NA 2012-11-30
                            2345
## 17567 NA 2012-11-30
                            2350
## 17568 NA 2012-11-30
                            2355
```

Then clean and process the data

```
# Remove the rows with missing data
activity_clean <- na.omit(activity)

# create dataframes grouped by day and interval
activity_clean2 <- tbl_df(activity_clean)
act_date <- group_by(activity_clean2, date)
act_interval <- group_by(activity_clean2, interval)</pre>
```

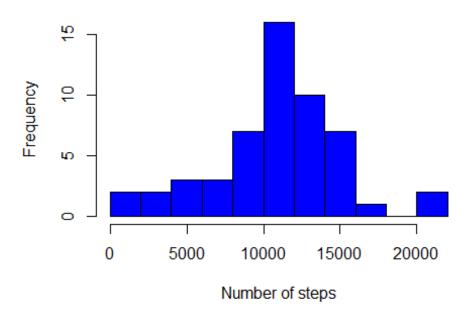
Calcualte the average total number of steps per day

```
daily_steps <- summarise(act_date, sum(steps))</pre>
```

Plot a histogram of the number average total number of steps per day

```
hist(daily_steps$`sum(steps)`,col = "blue",breaks = 9 ,main = "Total Steps
Taken Per Day", xlab = "Number of steps", ylab = "Frequency")
```

Total Steps Taken Per Day



Calculate the mean and median for the daily total number of steps

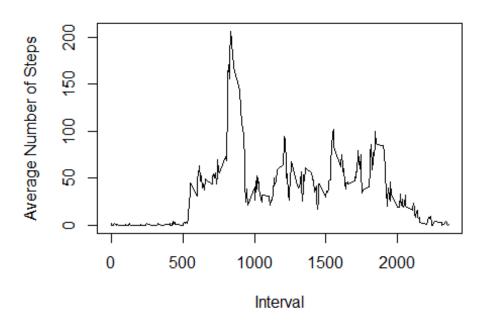
```
mean(daily_steps$`sum(steps)`)
## [1] 10766.19
median(daily_steps$`sum(steps)`)
## [1] 10765
```

Average daily activity pattern analysis

```
#Obtain the average number of steps per interval acoss all the days
pattern <- summarise(act_interval, mean(steps))

# Plot the average total number of steps by interval
plot(pattern$interval,pattern$`mean(steps)`, type = "l",main = "Average Steps
Taken Per Interval", xlab = "Interval", ylab = "Average Number of Steps" )</pre>
```

Average Steps Taken Per Interval



```
# Determine and report the interval with the most number of steps on average
w = as.character(pattern[which.max(pattern$`mean(steps)`),][1])
x = "The five minute interval containing the maximum steps on average is: "
print(c(x,w))
## [1] "The five minute interval containing the maximum steps on average is:
"
## [2] "835"
```

Perfoming analysis with the missing values being imputed

```
#Obtain and report the count of the missing values
Missing_data <- sum(is.na(activity))
Missing_data
## [1] 2304

y = "The number of missing values is: "
print(c(y,Missing_data))

## [1] "The number of missing values is: " "2304"

# Impute the missing values with the mean for each interval avgsteps <- rep(pattern$`mean(steps)`,61) #create a vector of the interval averages
activ_avgs <- cbind(activity,avgsteps) #create a new dataframe with a column for interval averages</pre>
```

```
activity_clean3 <- tbl_df(activ_avgs)
cleanactivity <- mutate(activity_clean3,steps_2 = ifelse(is.na(steps),
avgsteps,steps)) #The new dataframe with missing values imputed in cloumn
steps_2</pre>
```

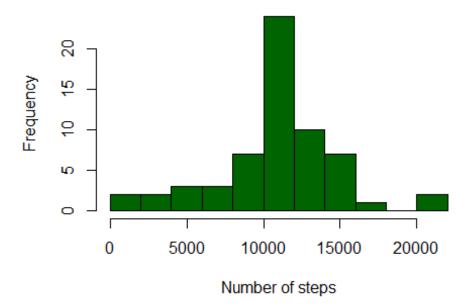
Plot the histogram of daily total number of steps, with missing values imputed

```
act_date_2 <- group_by(cleanactivity, date) #group by date so as to analyse
steps per day.

daily_steps_2 <- summarise(act_date_2, sum(steps_2))

hist(daily_steps_2$`sum(steps_2)`, col = "dark green",breaks = 9 ,main =
"Total Steps Taken Per Day", xlab = "Number of steps", ylab = "Frequency")</pre>
```

Total Steps Taken Per Day



Compare the means of the cleaned and uncleand data

```
means <- c(mean(daily_steps$`sum(steps)`),mean(daily_steps_2$`sum(steps_2)`))
medians <-
c(median(daily_steps$`sum(steps)`),median(daily_steps_2$`sum(steps_2)`))
comparison <- data.frame(means,medians, row.names = c("Raw Data"," Imputed
Data"))
comparison

## means medians
## Raw Data 10766.19 10765.00
## Imputed Data 10766.19 10766.19</pre>
```

Activity patterns by day of the week

```
#Add a column of days to the data

cleanactivity2 <- mutate(cleanactivity, Day =weekdays(as.Date(date)))
cleanactivity3 <- mutate(cleanactivity2, Daytype = ifelse(Day ==
"Saturday" | Day == "Sunday", "Weekend", "Weekday"))

#Group data by intervals

act_interval2 <- group_by(cleanactivity3, interval)
pattern2 <- summarise(act_interval2, mean(steps_2))
interval_avg <- rep(pattern2$`mean(steps_2)`,61)</pre>
cleanctivity4 <- mutate(cleanactivity3,interval_avg)
```

Plot a graph of activity over the weekdays and weekends

```
g <- ggplot(cleanctivity4, aes(interval,interval_avg))
g + geom_line() + facet_grid(Daytype ~ .) + labs(title = "Activity Patterns
By Time of Week") + labs(x = "Five Minute Interval", y = "Total Average
Steps") + theme_light()</pre>
```

Activity Patterns By Time of Week

