# Predicting Anatomical Tumor Growth in Pediatric High-grade Gliomas via Denoising Diffusion Models

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#### **Synopsis**

Keywords: Al Diffusion Models, Machine Learning/Artificial Intelligence, Oncology, Cancer, DMG, Diffuse Midline Glioma

**Motivation:** Pediatric diffuse midline gliomas are associated with a poor prognosis, leaving radiotherapy as standard of palliative care. Personalized radiation regimes could maximize the benefit for the patient, and consequently improve clinical outcomes.

Goal(s): This study explores a state-of-the-art computer vision method to predict the anatomical growth of tumors which could inform tailored radiotherapy treatments.

**Approach:** A denoising diffusion implicit model is employed to generate realistic, high-quality magnetic resonance imaging scans of enlarged tumor sizes starting from a baseline image.

**Results:** Our proof-of-concept study demonstrates promising results on an external longitudinal pediatric dataset, highlighting the method's potential to realistically predict visual tumor growth.

**Impact:** We demonstrate realistic predictions of anatomical (pediatric) brain tumor growth using a generative denoising diffusion implicit model. This enables personalized predictions of tumor growth trajectories to guide localized therapies such as geometric dose shaping for radiotherapy delivery.

#### Introduction

Magnetic Resonance Imaging (MRI) plays a crucial role in radiographic treatment response assessment for neurological disorders, including brain tumors 1-3. Amongst different tumor entities, pediatric diffuse midline glioma (DMG) stands out with a poor prognosis, exacerbated by patients' ineligibility for surgery. Radiotherapy remains the standard of palliative care for DMGs, making it essential to maximize its benefits for the individual. Apart from defining the gross tumor volume, identifying high-risk brain regions of likely disease progression could guide the design of personally adapted geometric dose distributions. Currently, tumor progression sites estimation is driven by the clinician's experience, rather than by the patient's individual characteristics <sup>4,5</sup>. In this work, we explore state-of-the-art computer vision approaches to predict the anatomical tumor growth which would drive personalized planning of localized therapeutic intervention. Current advances in network architecture design increased the popularity of generative models for medical imaging data  $^{6-9}$ . Recently, denoising diffusion implicit models (DDIM), which learn an iterative denoising process for a given data distribution, outperformed popular generative adversarial networks (GANs) and variational autoencoders (VAEs) 10,11. Naturally, the next step is to explore anatomical image generation using DDIMs. The aim of this study was a proof-of-principle to generate realistic and clinically relevant anatomical representations of the progression of pediatric DMG image slices through DDIMs.

#### Methods

This study used data from the BraTS23 challenge: 101 pediatric DMG and astrocytoma patients and 1126 adult diffuse glioma patients <sup>12–15</sup>. Multi-contrast coregistered 3D MRI scans, with 1mm mean in-plane resolution are available: T1-weighted, T1-Contrast Enhanced (T1-CE), T2-weighted, and T2-FLAIR. This study adopts a 2D approach, considering axial slices covering 95% of tumorprevalent brain regions. The data is split by patient into training (90%), validation (1%), and testing (9%). An independent pediatric DMG dataset of longitudinal T2-FLAIR scans from five patients treated within the DMG Center Zurich is included for external validation.

We employ a DDIM-based framework, integrating the guidance of a regressor in the denoising process which enables tumor resizing to a defined target <sup>16,17</sup> (Fig.1). We train two models: multi-contrast using all available contrasts and single-contrast using T2-FLAIR only. Hyperparameter tuning was conducted for the diffusion and regression models in the internal validation subset. The optimal single-contrast model was trained for 80,000 epochs while the multi-contrast model for over 150,000, with a noise level of 400 and a regressor scale of 100,000. Leveraging the model's inherent probabilistic nature, we compile tumor growth probability heatmaps through iterative generations. Test set performance was evaluated using image quality measures: Frechet Inception Distance (FID), Structural Similarity Index (SSIM). Qualitative evaluation involved comparing extracted radiomic features<sup>18</sup> and visual classification of real vs generated images by a panel of radiology experts.

Ultimately, the single-contrast model was applied to longitudinal instances of the DMG dataset. The predictions were compared to the ground truth scans using the DICE coefficient <sup>19,20</sup>.

#### **Results and Discussion**

Fig.2 shows a representative test case for successfully adjusting the tumor size (+25%) while preserving the anatomical characteristic features. The segmentation confirms a 5% variation in the targeted tumor size.

The high fidelity of the generated images is supported by an FID of 12.4 and 0.8 SSIM on the test set for the multi-contrast adult samples, while the considerably smaller pediatric dataset yields a 34.8 FID and 0.84 SSIM. Similar quality tumor growth predictions are obtained with the single-contrast model (Fig.3).

The expert radiologists' assessment reveals the generated samples are very difficult to distinguish from real MRI scans, with a mean recall and precision of 0.51. Additionally, the extracted tumor radiomic features from real and generated images match. The predictions' consistency is evident in the tumor growth probability map, where only regions adjacent to the tumor are altered (Fig.4). When applied to the external validation DMG longitudinal scans, the model generates anatomical predictions that closely resemble the original scans for tumor progression (mean DICE of 0.8). Notably, the direction and extent of tumor growth align remarkably while preserving the anatomy of the brain slice (Fig.5).

# **Conclusions**

Our model is the first to produce high-quality samples that accurately conform to growth patterns in clinical cases. The proposed model was primarily tailored for multi-contrast inputs, yet it delivered promising results on the T2-FLAIR DMG subset. Despite encouraging results, quantitative validation on larger longitudinal datasets is required, to ensure the robustness of the proposed method. We anticipate better prediction accuracy with the use of multiple contrasts.

The proposed method enables a personalized approach for defining target regions in radiation therapy which could translate to improved clinical outcomes.

# Acknowledgements

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### **Figures**

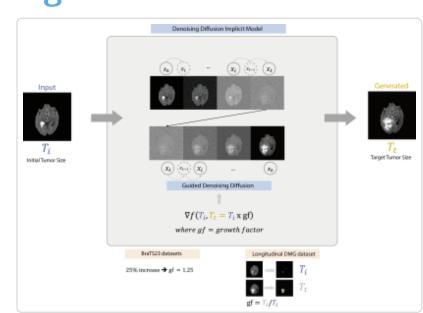


Fig.1 Model and approach overview. The final image is generated with a denoising diffusion implicit model. The gradient of a regressor guides the iterative process towards a set tumor target size (Tt), starting from an MRI scan with an intial tumor size (Ti). T<sub>t</sub> depends on T<sub>i</sub> and the growth factor (gf). For the BraTS23 dataset gf is set to 25% (expected growth between consecutive check-ups in clinical practice). For the DMG dataset, direct calculation of gf is possible as longitudinal data is available.

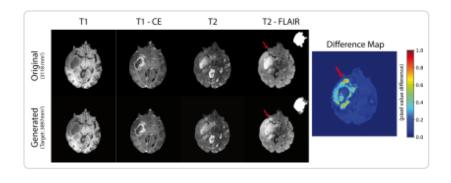


Fig.2 Model results for one glioma adult patient and the corresponding predictions for enlarging the tumor, highlighted by the red arrow. Left: Input slice (top) and generated images (bottom) in the available contrasts: T1, T1-CE, T2, T2-FLAIR. A target tumor size 25% larger than the input was set: 3897mm<sup>2</sup>. Subsequent segmentation of the generated image showed it was close to the set target: 3927mm<sup>2</sup>. Right: Difference map representing differences between input and output averaged for all contrasts.

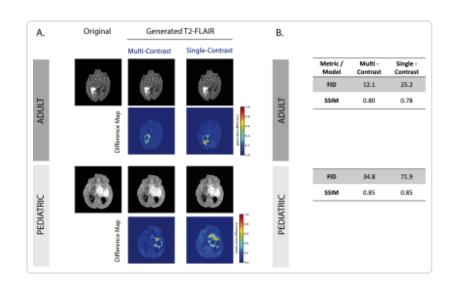


Fig.3 Comparison between predictions for one adult and one pediatric patient, generated either by a model trained on all MRI contrasts (Multi-Contrast) or on T2-FLAIR only (Single-Contrast). A: T2-FLAIR original and generated images for both models along the corresponding difference maps (inputgenerated), highlighting tumor growth regions. B: Tables summarizing FID and SSIM image quality metrics. NOTE: FID is highly influenced by the dataset size.

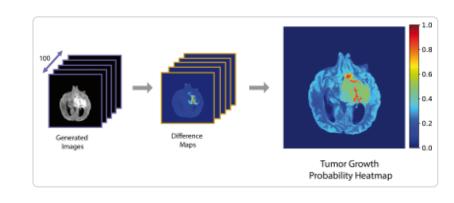


Fig.4 Tumor growth probability heatmap of a pediatric DMG patient. The generative model is applied several times (100) to the same input image and all predictions (left) are compared to the input image to generate difference maps (middle). Tumor growth masks are obtained by thresholding the difference map for each prediction. These are used to compute the probability of a pixel becoming a tumor pixel. The resulting probability heatmap is visualized overlaid on the original T2-FLAIR image (right).

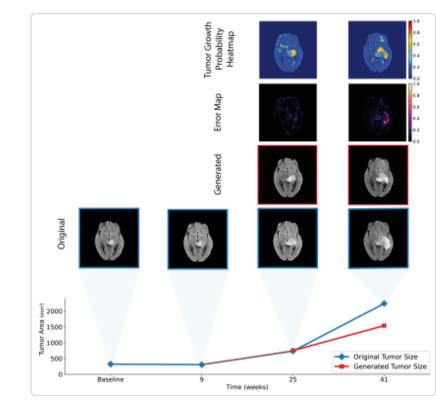


Fig.5 Validation of model predictions on longitudinal pediatric DMG data. The predictions focus on the tumor growth phase: the last three points (bottom). The ground truth tumor sizes are used as targets for the model prediction. Predictions are generated for tumor growth and the error maps show the difference to the ground truth. The tumor growth probability heatmap is also displayed (top). The predictions are compared to the ground truth quantitatively: tumor area (bottom red) and DICE of 0.81 and 0.75 (weeks 25, 41).