

Chapter I Gromov's Nonsqueezing Thm

§ I.3 IDEA of the Proof

Notation: $B_r^{2n} := \{z \in \mathbb{C}^n : |z| < r\}$. $B^{2n} := B_1^{2n}$

$$Z := Z^{2n} := \{z \in \mathbb{C}^n : |z| < 1\} = B^2 \times \mathbb{C}^{n-1}$$

FACT: $\forall r$, we can volume-preserving embed B_r^{2n} into Z .

$$\hookrightarrow \Phi_s : \mathbb{C}^n \rightarrow \mathbb{C}^n, (z_1, \dots, z_n) \mapsto (\frac{z_1}{s}, sz_2, \dots, z_n), \text{ if } s \geq r$$

then $\Phi_s(B_r) \subset Z$, and for $\omega = \sum_{i=1}^n dx^i \wedge dy^i$.

$$\Phi_s^* \omega = \frac{1}{s} dx^1 \wedge dy^1 + s^2 dx^2 \wedge dy^2 + \dots + dx^n \wedge dy^n$$

$$\Rightarrow \Phi_s^* \omega^n = (\Phi_s^* \omega)^n = \omega|_{\mathbb{C}^n} = n! dx^1 \wedge \dots \wedge dy^n$$

$\hookrightarrow \Phi_s$ is volume preserving, but not symplectic embedding.

Def: If (M, ω_M) and (N, ω_N) are two symplectic mflds,

with embedding $i: M \hookrightarrow N$, we call this embedding is symplectic

if $i^* \omega_N = \omega_M$.

Actually, we have

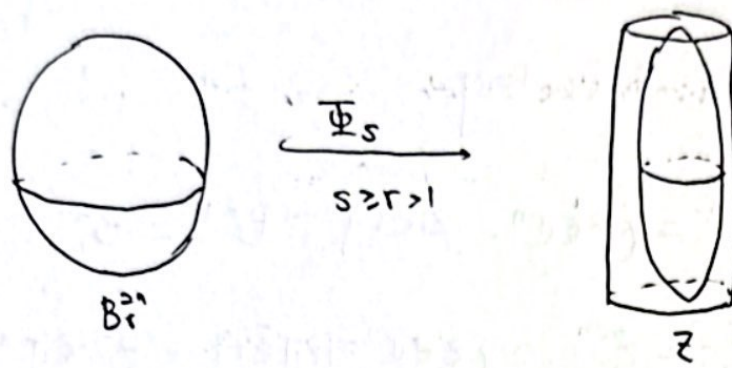
Thm: (Gromov-Nonsqueezing theorem)

The ball (B_r, ω) embeds symplectically into (Z, ω)

iff $\underline{r \leq 1}$.



Rmk: From the thm above, we can see the "rigidity" of symplectic.



★ IDEA OF THE PROOF:

Step 1: Suppose we have a symplectic embedding

$$\Phi: B_{r_0} \rightarrow Z$$

our aim is to show that $r_0 \leq 1$. recall this is an open ball

We consider the closed ball $\mathbb{D}_r := \overline{B}_r$, $r < r_0$, and write

$\Phi^{-1}: \Phi(\mathbb{D}_r) \rightarrow \mathbb{D}_r$. it suffices to for $\forall r$, $r \leq 1$.

Let $\omega, J_0, \langle \cdot, \cdot \rangle_{J_0}$ be the standard str. on $\mathbb{C}^n = \mathbb{R}^{2n}$.

We can construct an almost complex str. J on $\Phi(\mathbb{D}_r)$ as

$$J := \Phi_* \circ J_0 \circ \Phi_*^{-1}$$

— FACT: J is an almost complex str. compatible with ω .

$$\text{Pf: } \langle X, Y \rangle_J := \omega(X, JY)$$

$$= \omega(X, \Phi_* \circ J_0 \circ \Phi_*^{-1} Y)$$

$$= \omega(\Phi_*^{-1} X, J_0 \circ \Phi_*^{-1} Y)$$

$$= \langle \Phi_*^{-1} X, \Phi_*^{-1} Y \rangle_{J_0}$$

Φ (hence Φ^{-1}) is a symplectomorphism from $\mathbb{D}^r \hookrightarrow \Phi(\mathbb{D}^r)$

□



Main Part.

Step 2: (non-trivial) FACT: J can be extended to an almost complex str. compatible with ω on \mathbb{R}^{2n} , and coincides with J_0 outside a small nbhd of $\Phi(\mathbb{D}_r)$.

from the
FACT

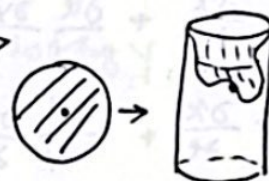
we can establish the existence of J -holomorphic Disc.

i.e. a smooth map $\hat{u}: (\mathbb{D} \rightarrow \partial\mathbb{D}) \rightarrow (Z, \partial Z)$ with

$$(D1) \quad \hat{u}(0) = \Phi(0)$$

$$(D2) \quad \int_{\mathbb{D}} \hat{u}^* \omega = \pi$$

$$(D3) \quad \hat{u}_x + J(u)(\hat{u}_y) = 0.$$



u_x is a vector, and can be identified with the tangent vector. $J(u) = J_{u(x)}$.

this is called the symplectic energy of \hat{u}

Def: Let (M, J) be an almost complex mfd. and $U \subseteq \mathbb{C}$ be some open subset. A smooth map $u: U \rightarrow M$ is called a J -holomorphic curve wrt to J . if $\hat{u}_x + J(u)(\hat{u}_y) = 0$.

Rmk: More generally, take j as the complex str. $\hat{u}_x + J(u)(\hat{u}_y) = 0 \Leftrightarrow \hat{u}_* \circ j = J \circ \hat{u}_*$

Lf: For $\{\partial_x, \partial_y\} = T\hat{u}$. $\hat{u}_* \circ j(\partial_x) = J \circ \hat{u}_*(\partial_x) \Rightarrow \hat{u}_*(\partial_y) = J(\hat{u}_x) \Rightarrow \hat{u}_x = -J(\hat{u}_y) \Rightarrow \hat{u}_x + J(\hat{u}_y) = 0$. the opposite side is same and easy.

□



Exercise: Let $\varphi: V \rightarrow U$ be a biholomorphism. $u: U \rightarrow (M, J)$ is a

J -holomorphic curve $\Rightarrow u \circ \varphi$ is also a J -holomorphic curve.

i.e. conformal reparametrisations of J -holomorphic curves are still

J -holomorphic.

Pf: Let $U(x, y)$ and $V(s, t)$. then $\varphi = (x(s, t), y(s, t))$

$$\Rightarrow (u \circ \varphi)_s = \frac{\partial u}{\partial x} \frac{\partial x}{\partial s} + \frac{\partial u}{\partial y} \frac{\partial y}{\partial s}, \quad \frac{\partial x}{\partial s} = \frac{\partial y}{\partial t}, \quad \frac{\partial x}{\partial t} = -\frac{\partial y}{\partial s}$$

$$(u \circ \varphi)_t = \frac{\partial u}{\partial x} \frac{\partial x}{\partial t} + \frac{\partial u}{\partial y} \frac{\partial y}{\partial t}$$

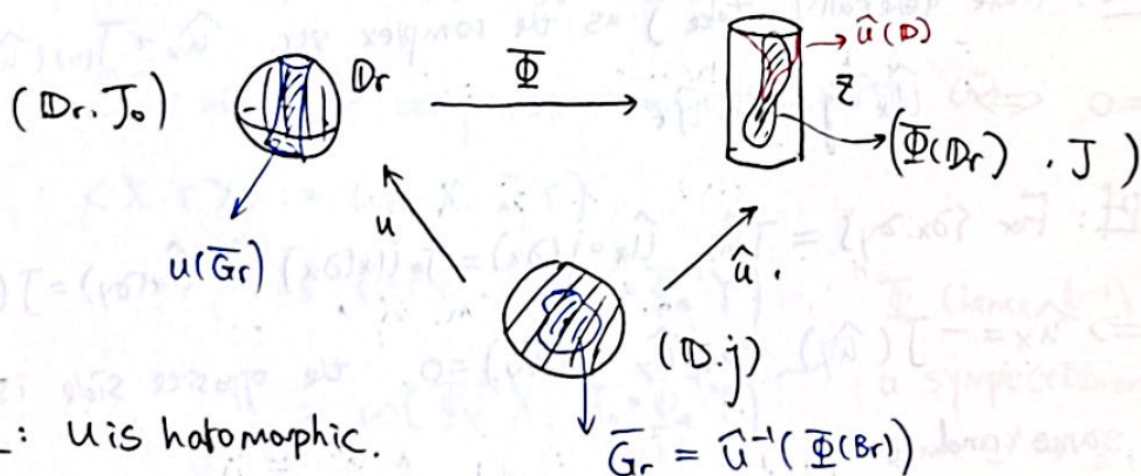
$$\Rightarrow (u \circ \varphi)_s + J (u \circ \varphi)_t$$

$$= \frac{\partial u}{\partial x} \frac{\partial x}{\partial s} + \frac{\partial u}{\partial y} \frac{\partial y}{\partial s} + J \left(\frac{\partial u}{\partial x} \frac{\partial x}{\partial t} + \frac{\partial u}{\partial y} \frac{\partial y}{\partial t} \right)$$

$$= \frac{\partial x}{\partial s} \left(\underbrace{u_x + J(u_y)}_{=0} \right) + \frac{\partial y}{\partial s} \left(\underbrace{u_y - J(u_x)}_{=0} \right) = 0. \quad \square$$

Step 3: Consider $G_r := \hat{u}^{-1}(\Phi(B_r)) \subseteq \mathbb{D}$. then define

$$u := \Phi^{-1} \circ \hat{u}|_{\overline{G_r}}: \overline{G_r} \rightarrow \mathbb{D}_r$$



FACT: u is holomorphic.



If: Recall $J = \Phi_* \circ J_0 \circ \Phi_*^{-1}$, then we have

$$\begin{aligned} u_* \circ j &= \Phi_*^{-1} \circ \hat{u}_* \circ j = \Phi_*^{-1} \circ J_0 \circ \hat{u}_* \\ &= J_0 \circ \Phi_*^{-1} \circ \hat{u}_* = J_0 \circ u_* \end{aligned}$$

\Rightarrow ~~u~~ u is J_0 -holomorphic. i.e. holomorphic since J_0 is standard. \square

Claim: $\overline{G_r} \subseteq \mathbb{D}^0$, $u(\partial G_r) \subset \partial \mathbb{D}^r$.

Hint: This is from basic set topology.

Step 4: We apply the monotonicity lemma. i.e. under this situation, we have

$$\pi r^2 \leq \int_{\overline{G_r}} u^* \omega$$

Note that $\hat{u} = \Phi \circ u$. Since Φ is symplectic \Rightarrow

$$\hat{u}^* \omega = (\Phi \circ u)^* \omega = u^* \Phi^* \omega = u^* \omega$$

$$\Rightarrow \int_{\overline{G_r}} u^* \omega \equiv \int_{\overline{G_r}} \hat{u}^* \omega.$$

Note that $\hat{u}^* \omega$ is non-negative on \mathbb{D} . i.e.

$$\hat{u}^* \omega(\partial_x, \partial_y) = \omega(\hat{u}_x, \hat{u}_y)$$

$$= \omega(\hat{u}_x, J(\hat{u}_x)) = \langle \hat{u}_x, \hat{u}_y \rangle_J \geq 0$$

$$\Rightarrow \int_{\overline{G_r}} u^* \omega = \int_{\overline{G_r}} \hat{u}^* \omega \leq \int_{\mathbb{D}} \hat{u}^* \omega = \pi \quad \text{By } (D_3)$$

$\Rightarrow r \leq 1$. as desired.

##



§ I.4 The monotonicity Lemma.

Thm: If $G \subseteq \mathbb{C}$ be a domain. $0 \in G$. and $u: (G, 0) \rightarrow (\mathbb{C}^n, 0)$

is a proper holomorphic map. then for any $r > 0$. we have

$$\int_{u^{-1}(B_r)} u^* \omega \geq \pi r^2.$$

- The proof is rather easy. main tool is to use Isoperimetric inequalities. We omit here. Ref [Geige. Kai § I.4-I.6]

##

§ I.7 Extension of J from $\Phi(D_r)$ to \mathbb{C}^n .

Thm: There is an almost complex structure \hat{J} on \mathbb{R}^{2n} , compatible with ω , that coincides with J on $\Phi(D_r)$, and with J_0 on $\mathbb{R}^{2n} \setminus \Phi(B_{r+\varepsilon})$, where ε is small enough s.t. $r+\varepsilon < r_0$.

- The proof is by direct construction, with the help of cut-off function and linear algebra. Ref [G.k. § I.7]

Now we can start the really interesting part of the proof
 \Rightarrow the existence of J -holomorphic Discs.

§ I.8 A Moduli space of J -holomorphic discs.

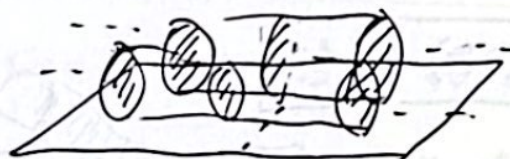


To find or prove the existence of J-holomorphic curves, we always try to consider the Moduli space, then study the property of Moduli space, we can know the desired target exists.

For Cylinder $Z = B \times \mathbb{C}^{n-1}$, with coordinate $(\omega, x+iy)$.

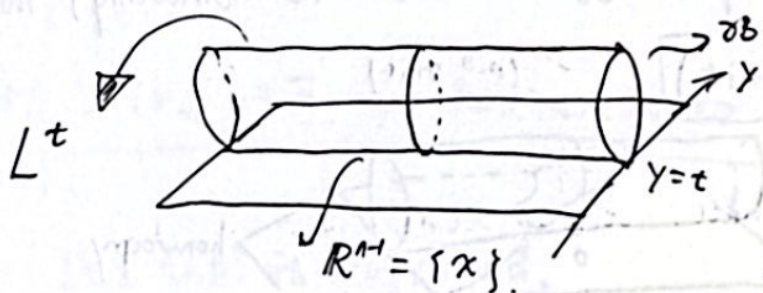
$\omega \in B \subseteq \mathbb{C}$, $|\omega|=1$, $x, y \in \mathbb{R}^{n-1}$, $x = (x_1, \dots, x_n)$, $y = (y_1, \dots, y_n)$.

One can view Z in $n=2$ as a disk bundle over \mathbb{C}^{n-1}



Hence the boundary of Z , $\partial Z = \partial B \times \mathbb{C}^{n-1}$ has a family of n -dim cylinders, $t \in \mathbb{R}^{n-1}$

$$L^t := \partial B \times \mathbb{R}^{n-1} \times \{y=t\}$$



FACT: $\dim_{\mathbb{R}} L^t = n$, and actually L^t is a Lagrangian submanifold of $(\mathbb{R}^{2n}, \omega)$.

PROOF: $\tilde{c}: L^t \hookrightarrow \mathbb{R}^{2n}$, by $(\cos \theta, \sin \theta, x_2, t_2, \dots, x_n, t_n)$ → t_i are const.

$$\Rightarrow i^* \omega = d \cos \theta \wedge d \sin \theta + \sum_{i=2}^n dx_i \wedge dt_i = 0 \quad \text{Since } \dim L^t = \frac{1}{2} \dim \mathbb{R}^{2n}$$

$\Rightarrow L^t$ is Lagrangian. □



Now we consider the Moduli space \mathcal{M} as:

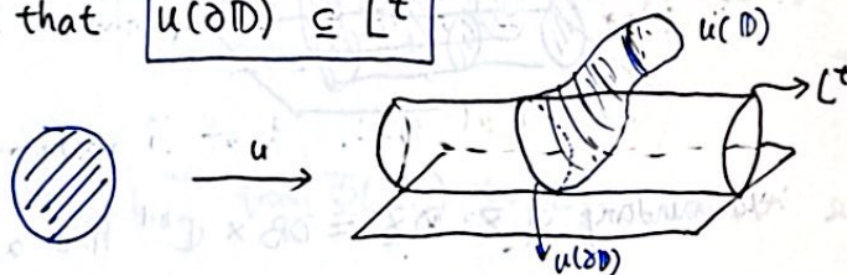
Def: The Moduli space \mathcal{M} is the set of J -holomorphic disc

$$u: (\mathbb{D}, \partial\mathbb{D}) \rightarrow (\mathbb{R}^{2n}, \partial\mathbb{Z})$$

with the following properties.

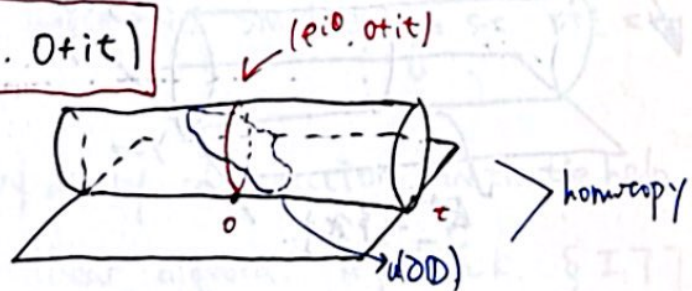
(M1) (Lagrangian boundary condition)

For every $u \in \mathcal{M}$ there is a $\tau \in \mathbb{R}^{n-1}$, called the level of u , such that $u(\partial\mathbb{D}) \subseteq L^\tau$



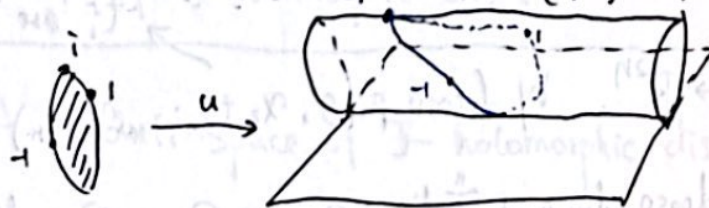
(M2) (Homotopy condition)

The boundary map $u|_{\partial\mathbb{D}}: \partial\mathbb{D} \rightarrow L^\tau$ is (smoothly) homotopic to $e^{i\theta} \mapsto (e^{i\theta}, 0 + it)$



(M3) (three-point condition)

For $k=0,1,2$, we have $u(i^k) \in \{i^k\} \times \mathbb{R}^{n-1} \times \{y=t\}$



Rmk: ① (M_1) is essential for the analytical set up.

② (M_2) is will given the property of symplectic energy π .

③ (M_3) is somehow like normalization. Since the automorphism of disc is determined by 3-points (Möbius transformation).

The central thm of this note is

Thm: For a generic choice of the ω -compatible almost complex structure J , the moduli space \mathcal{M} of J -holomorphic discs is a smooth mfd of dim $2n-2$.

The evaluation map $ev: \mathcal{M} \times \mathbb{D} \rightarrow \mathbb{R}^{2n}$, $(u, z) \mapsto u(z)$ is smooth, proper, and it takes value in \bar{Z} . Regarded ev as $\mathcal{M} \times \mathbb{D} \rightarrow \bar{Z}$, we have $\text{mod } 2 \deg_2 ev = 1$.

FACT: This thm is really hard.

Corollary: Possibly after reparametrising with an element of $\text{Aut}(\mathbb{D})$.

there is a J -holomorphic disc $\hat{u}: (\mathbb{D}, \partial\mathbb{D}) \rightarrow (\bar{Z}, \partial\bar{Z})$, $\hat{u}(0) = \Phi(0)$.

(This is not a direct corollary for now. after we talk more about the evaluation map, this may be clear)



We already "can" admit \exists a J -holomorphic disc satisfies (D1) & (D3). now we see that (D2) is also holds thanks to (M2)

Prop: Every $u \in \mathcal{M}$ has symplectic energy equal to π .

$$\int_{\mathbb{D}} u^* \omega = \pi.$$

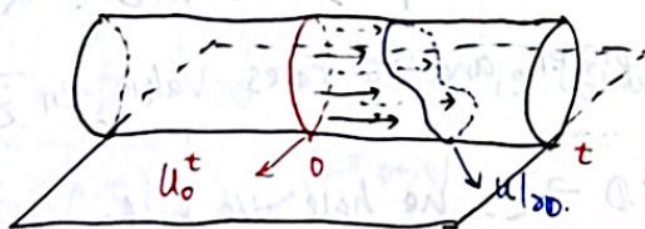
Proof: Let $u \in \mathcal{M}$ be a J -holomorphic disc of level $\tau \in \mathbb{R}^{n-1}$

in (M1). Set $u_0^t(z) := (z, 0 + it) = (z, it) \in \mathbb{D}^*$, $z \in \mathbb{D}$

Thanks to homotopy condition (M2), we can find a homotopy

$$H: [0,1] \times \partial \mathbb{D} \rightarrow L^t$$

from $H(0, \cdot) = u_0^t|_{\partial \mathbb{D}}$ to $H(1, \cdot) = u|_{\partial \mathbb{D}}$.



Note that $\omega = \sum_{i=1}^n dx^i \wedge dy^i = d(\sum_{i=1}^n x^i \wedge dy^i) =: d\lambda$. hence

$$\int_{\mathbb{D}} u^* \omega = \int_{\mathbb{D}} d(u^* \lambda) = \int_{\partial \mathbb{D}} u^* \lambda = \int_{[0,1] \times \partial \mathbb{D}} H^* \omega + \int_{\partial \mathbb{D}} (u_0^t)^* \lambda$$

!! since ω is Lagrangian on L^t

$$\Rightarrow \int_{\mathbb{D}} u^* \omega = \int_{\partial \mathbb{D}} (u_0^t)^* \lambda = \int_{\mathbb{D}} (u_0^t)^* \omega = \int_{\mathbb{D}} dx \wedge dy = \pi.$$

□

