

The Disambiguity of mental health services deters many from seeking help and the difficult accessibility, hinders individuals from contributing towards a sustainable environment overall. Moreover, patient data is hard to collate. and when patients have different care providers, it's tough for physicians to collect and review historical data. In addition, diverse mental illness nature causes a diverse group of conditions with varying severity, complexity, and durations, in turn, affecting the individuals' ability to interact and participate actively.

We target the lack of a robust alliance with patients to understand their situation, goals, social network, belief etc. by the government, hospitals etc. in order to accelerate the process of seeking help. Our solution leverages AI in its three main forms namely Machine Learning, Natural Language Processing and Computer Vision. In short, our solution contains four modules: Predictive Mental Monitoring AI-Driven Social Programs, Tailored Self-Care Plans and Science - Based Powered Chatbot to help the greater community through a single platform.