										6											
6	3	4	5	5	5	5	6	5	5	4	7	5	4	5	7	5	5	6	4	5	N subjects
15	15	15	15	15	15	15	15	14	14	14	15	14	14	15	15	15	15	15	15	15	N samples
2 (28,69)	31 (23,51)	35 (24,51)	31 (20,50)	53 (35,76)	46 (39,57)	32 (29,65)	48 (30,61)	49 (27,71)	56 (23,70)	50 (29,61)	30 (23,46)	35 (20,53)	38 (27,54)	36 (26,62)	48 (30,75)	45 (24,71)	34 (23,47)	32 (25,64)	48 (39,67)	23 (22,45)	Age [med (min,max)]
																					Sex
4	2	3	4	3	4	4	5	3	2	3	2	4	2	3	6	2	4	5	2	4	1
2	1	1	1	2	1	1	1	2	3	1	5	1	2	2	1	3	1	1	2	1	2
																					Site code
1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	21
1	0	0	1	3	1	2	1	0	2	2	1	1	1	2	0	2	1	2	0	1	22
0	1	1	1	0	2	2	0	0	1	0	0	0	0	0	1	1	0	0	0	0	23
2	0	1	2	0	0	0	2	1	0	0	1	1	2	1	1	2	1	0	0	0	24
0	0	0	0	1	0	0	1	1	1	0	0	1	0	0	0	0	1	2	0	0	25
0	0	1	0	0	0	0	0	0	0	0	2	0	0	1	0	0	1	0	0	0	26 27
0	0	0	0	0	1	0	1	0	0	0	0	1	0	0	1	0	0	0	1	0	29
2	0	0	0	1	0	0	1	0	1	0	2	0	0	0	0	0	0	0	0	1	30
0	1	0	0	0	0	0	0	2	0	0	0	0	1	0	1	0	0	0	1	0	31
																					Intervention group
1	0	1	1	1	1	0	1	1	0	1	2	1	0	4	0	1	1	2	0	1	ADUControl
3	2	0	4	1	1	1	1	3	1	1	1	1	0	0	4	3	1	0	0	3	ADUEndur
1	0	2	0	1	2	3	2	1	3	2	3	3	1	1	3	1	1	2	3	0	ADUResist
1	0	0	0	1	1	1	1	0	1	0	1	0	2	0	0	0	0	1	0	0	ATHEndur
0	1	1	0	1	0	0	1	0	0	0	0	0	1	0	0	0	2	1	1	1	ATHResist
Batch1	Batch2	Batch3	Batch4	Batch5	Batch6	Batch7	Batch8	Batch9	Batch10	Batch11	Batch12	Batch13	Batch14	Batch15	Batch16	Batch17	Batch18	Batch19	Batch20	Batch21	_