Sending Push Notifications

fork and edit tutorial (https://github.ibm.com/MFPSamples/DevCenter/tree/master/tutorials/en/foundation/8.0/notifications/sending-push-notifications.md) | report issue (https://github.ibm.com/MFPSamples/DevCenter/issues/new)

teach how to send push notifications: 1. how to handle tokens for added security 2. by tag/broadcast, 3. to specific user (authentication)

Overview

1. Sending a push notification with a java adapter
2. Sending a push notification with a javascript adapter
3. Sending a push notification from the console
4. Sending a push notification using REST API (show the avaialble options through Swagger?)