

## Horizon Fitness EX-59 Elliptical Trainer Product Review

Now from Horizon Fitness, one of the largest manufacturers in the world of fitness equipment for health clubs and homes comes the EX-59 Elliptical trainer. The EX-59 is a well constructed, easy-to-assemble elliptical trainer with the right amount of extras at a consumer-friendly price.

The Horizon EX-59 trainer has been extensively tested and SixStar certified (combining six key design elements) to deliver the smoothest, most natural elliptical feel. Some of the features that make this trainer so comfortable include:

- Zerogap – zero distance between the pedals to eliminate any stress on the hips and back
- StraightUP body posture – keeps your body upright for minimal fatigue and faster results
- Rear access with low pedal height – provides safe, easy entry and exit from the machine
- Optimal handle spacing – makes handle grips easily reachable by small and larger users alike
- 18 inch Flatellipse foot path – provides a more natural foot path
- Large drive pulley ratio – increases the angular momentum, giving you the smoothest most efficient motion

In addition to great design and comfort, the EX-59 provides: 16 levels of electronic resistance; an advanced workout console displaying time, distance and calories; a built-in Coolfit fitness fan; and Sonic Surround speakers complete with MP3 compatibility.

### **Features:**

- New SIXstar Certified platform
- 10-inch SUREstep easy access
- 4.3-lb flywheel
- Magnetic brake resistance
- 1-10 electronic resistance range
- 18" FLATellipse foot path
- ComfortFITfootpads
- 10 program options with on-the-fly changes
- Contact grips
- Sonic Surround speakers with MP3 input and headphone output
- COOLfitfitness fan
- Warranties: lifetime frame, 20-year brake, 1-year parts and labor
- 275-lb. user capacity

### **Conclusion:**

If you are looking for a very functional and comfortable elliptical trainer in the popular sub-\$1000 category then you should be fairly pleased with the Horizon EX-59 Elliptical trainer.