**THE THIRD EYE CHAKRA**

The third is also known as the crown, and represents enlightenment. Chakra is located in the forehead and above the nose. It is responsible for visions, intuition and enlightenment. It represents the highest form of meditation mastery. But what is meditation? It is extremely difficult to gain clear understanding of what chakra is without understanding what meditation is. For the attainment of the third eye is the attainment of higher power through meditation

In today’s fast paced world, you will find meditation to be a more and more useful tool of relaxation and divine enlightenment. There is no better way to be completely relaxed, happy, contented and at peace with yourself than making meditation your daily practice. People who practice meditation are usually happy and contented; even when things seems so thorny and bad, even when the economy is bad, even when their relationship is not working, these people are at peace with themselves because they have become masters of their soul; captains of their destiny. You, too, deserve no less happiness and no less peace. More significantly, you deserve to be wise and fully conscious of your existence. Meditation is not reserved for the religious people as people think, no, mediation is for everyone including parents, children students, employees and everyone else. Meditation goes beyond the confines of religion and settles in the rich fields of spirituality.

In this blog, I am going to guide you through the process of experiencing the third eye so that you reap its full benefits, so if you do not know how to attain it, then do not worry. Just relax. This blog is just about that. It is about opening your psychic ability and opening the doors of enlightenment for you in order to bring you to who you really are. It is also about giving you the key of wisdom so that you are able to see the future as well be mindful of the past, but, at the same time, being mindful of the present. That is what the third eye is. That is, it can see the future, and it is conscious of the past, but, at the same time, it is ever mindful of the present. The third eye, the sixth sense is your guide to becoming a completely different human being. To understand this, bear in mind the following

***Life is a series of self realizations; you become self-actualized***

As human beings, we are constantly ever discovering ourselves and anyone who wants to live a life of abundance should live in a life of abundance through daily practice of meditation. Life is about learning and discovering ourselves and what our existence is in this world. You are here to realize yourself and to discover yourself in the spiritual dimension of chakra. In short, there is always something in you waiting to be realized, discovered and seen.

***Your spiritual eye radiates light***

Your spiritual world radiates light and understanding of things that are and of things to be. When you meditate until the state of the inner eye, the chakra, your spiritual eye begins to see the light and at last you realize your full spiritual dimension like you’ve never experienced before. Step by step, you gravitate towards love. As you continue with this practice, you knowledge is dissolved into the pearls of wisdom by refinement of the spiritual frequencies that have always remained dormant. You become wiser and your perception of the world changes for the better.

***The epitome of love is through the third eye.***

Nothing beats meditation, nothing can substitute its power to cause you happiness and bring abundant love. Eventually you realize that everything is love and everything has a purpose. Finally, you come to the land of love. The third eye supplies you with energy from the universal love and shows you the road to love and everlasting life. You will no longer resent anyone. You will no longer hate. You will no longer gossip. You will no longer find it necessary to look down upon anyone because chakra has shown you the path to the world of love. The third eye has become your friend and it has shown you things you would never have known. Chakra, through enlightened meditation has given you the key to deeper purpose in your life. All in all, you finally become a universal child, because, you are not limited by anything; because you know how to use chakra, the third eye.