**How to remove skin Tags with nail polish**

Introduction

Skin tags are bits of skin or flesh usually colored tissues projecting from tiny narrow stalk. Skin tags are also referred to as: acrochoron, cutaneous papilloma, cutaneous tag, fibroephithelial polyp, fibroma molluscum, fibroma pendulum, papilloma colli, soft fibroma, and Templeton skin tag.

They are usually formed due to overgrowth of the outer skin layer and appear as fleshy small growths extending from the affected skin. Their connection to the body is via a thin stalk. They are in many instances found in areas of the body where the skin does folds e.g. armpits, under breasts (usually flabby ones), chest, neck, eyelids and maybe in the groin area.

The skin tag growths are painless and seem just an extra patch of skin projecting outwards. And people of all ages and of any background can at anytime find it on their bodies. They maybe irritating e.g. through rubbing on clothing at times. Mostly, people who really opt to remove skin tags reach to not because of their irritation, but because of their unattractive appearance on the skin. They are more likely to occur if one is diabetic and/or significantly overweight. Overweight state is a major predisposal cause since excess skin flaps push against each other leading to the formation of that elongation; the skin tag. And it is linked with diabetics not for any other reason, but because diabetics are prone to being overweight, though more research is underway for the main cause of the skin tags.

About 46% of people in the whole world develop skin tags at a stage in their lives.

Risk Factors

A risk factor in this case is that situation that increases the chance of developing a condition or disease. Researches over the years have shown that skin tags are common in:

* Overweight persons and obese, result of more skin folds and creases
* Pregnant women due to the many hormones secreted
* Individuals with diabetes
* People with the human papilloma virus
* Illegal steroid use; they interfere with the body and muscles, causing the collagen fibers in the skin to bond, allowing skin to be formed.

Skin Tag Removal

Many medical and nonmedical procedures have been used over the years to remove skin tags; some work, others work for some people and not to others. The Medical methods include:

1. Freezing
2. Burning
3. Cutting off with scissors

Home remedies/ procedures for removal of skin tags include:

1. Duct Tape
2. Vitamin E extracts
3. Tree oil used in curing
4. Finger nail Polish

Skin tags are harmless and cause no annoying symptoms, but people remove them just for cosmetic reasons and touches.

**Finger Nail Polish Method**

This method works well in eliminating tags and includes simple steps:

1. Washing the skin on and around tag; completely clean skin to remove tag by this mode.
2. Dip brush in clear nail polish.
3. Apply nail polish to the skin tag by entirely coating it with polish. Don’t rinse polish off with water, remove it later while bathing.
4. Do these steps daily until tag falls off; this may take long or short, but it works best.

Conclusion

Got Skin tags? Get a nail polish of $0.35 and you are done. It works best.