

# THE TRADITIONAL DEFINITION OF LIFE GROUP

*Small groups meeting in homes to connect  
and grow together in the love and grace  
of our Lord and Saviour, Jesus Christ.  
We connect through fellowship and the  
sharing of God's Word.*

## The UNCUT Definition

A GROUP MADE UP OF ORDINARY YET UNIQUE INDIVIDUALS JUST LIKE EVERYONE ELSE; WHO ARE BELIEVING AND RECEIVING THE LOVE AND GRACE OF AN EXTRAORDINARY, LOVING, HEAVENLY FATHER. THEY GATHER IN HOMES TO HEAR AND SHARE THE GOSPEL OF GRACE, TO LAUGH, SOMETIMES THEY CRY – AND THEY ALWAYS EAT. OCCASIONALLY, THEY MAY BE FOUND HANGING OUT TOGETHER SOMEWHERE IN CAPE TOWN. YOU WILL EVENTUALLY MAKE KINGDOM FRIENDS HERE THAT MAY LAST A LIFETIME BECAUSE **HERE GOD'S GRACE WILL TEACH YOU HOW TO BE A FRIEND**. THERE IS ALSO A LEADER IN THE GROUP, WHO'S REALLY NOT MUCH DIFFERENT TO EVERYONE ELSE AS THEY, TOO, ARE ON A REAL JOURNEY OF TRANSFORMATION THROUGH JESUS, OUR SAVIOUR. **LIFE GROUP IS A GOOD PLACE FOR EVERYONE DESIRING TO TAKE HOLD OF THE ABUNDANT LIFE THAT JESUS PURCHASED FOR THE WHOSOEVERS.**

### CANDICE OOSTERWYK

"When I think of life group, kingdom friendships spring to mind: like-minded women of God, daughters of the Most High, coming together twice a month to share about the person of Jesus. We are being lifted up and our lives are being transformed in the most beautiful ways.

Our life group leader constantly reminds us of the good news of Jesus Christ - the good news that our heavenly Father loves us unconditionally, that He is for us and that all our sins are forgiven through the cross.

My life is truly being impacted by my spiritual family. My spiritual father, pastors, leaders and kingdom friends have blessed me tremendously. I love my life group. We are encouraging one another and growing together in God's grace. It is so good to be together! We get to be free and have fun, with Jesus being the center of it all. We love one another because He first loved us. I am excited about my life. I am resting in the precious love of my heavenly Father and leaning into all that He has for me."

*Friendship is one of the sweetest joys of life. Many might have failed beneath the bitterness of their trial had they not found a friend.*

**CHARLES H. SPURGEON**

### PAUL AND MARIA OWEN

"At our previous church, we were not in a life group and so the first time we visited a life group at TheRock Church, we didn't know what to expect. After our first visit, we kept going and really started to enjoy it. The life groups are small and of similar age which is just perfect in so many ways.

At life group, we are encouraged and strengthened as we hear and share God's Word.

At life group, we can be ourselves as we share about our struggles and challenges as well as our breakthroughs and victories. In receiving from one another, we are built up. We are developing and enjoying great friendships as we all share the same faith.

We thank God for our wonderful leaders. Life group has been a blessing in our lives."

*So encourage each other and build each other up, just as you are already doing.*

**1 THESSALONIANS 5:11 NLT**

### DONOVAN SMITH

"Life group has greatly impacted my life. By the grace of God, I have received amazing friends. My kingdom friends have cared for me and loved me unconditionally. Our fellowship has just become sweeter.

It is through my life group that I have learnt to truly serve others. Only Jesus and His amazing grace has humbled me and taught me to consider others better than myself. We are all growing

together in the good news of Jesus. At life group, we can boast in our weaknesses, because we are learning that we are all God's beloved sons.

I am no longer self-conscious but I have become Jesus-conscious. Life group is a place of unmerited favour and no condemnation. We are reigning together in life because of Jesus Christ.

I love my leader, my pastor and my spiritual father."

*Love each other with genuine affection, and take delight in honouring each other.*

**ROMANS 12:10 NLT**

### DALE AND LINLEY KLEINHANS

"Life Group Ministry has been so beautiful for us and for our lives. We are married for almost three years now and are blessed to have had our life group leaders walk with us from the day we got married. They have loved us, cared for us and guided us. They are always pointing us to Jesus, our righteousness. We thank God for our leaders. Through life group, we have been blessed with real kingdom friendships. We cherish these

friendships that have truly refreshed us. We have experienced our Abba Father's amazing love through these relationships. All of this love has given us hope and security.

In Christ and His church, we have unmerited favour and abundance. We are being built up continuously and are so grateful to the Lord for our spiritual father's love for all of us. We are planted to flourish."

*By yourself you're unprotected. With a friend you can face the worst.*

**ECCLESIASTES 4:12 MSG**