Mohammad Nayef Abou Ali

Medical Student

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Motivated and disciplined medical student with a strong foundation in healthcare sciences and a proven background in logistics and operations. Seeking to leverage problem-solving and time management skills in clinical and academic settings while expanding practical experience in patient care.

Education

Beirut Arab University

Beirut, Lebanon

Bachelor in Medicine and Surgery

September 2023 – Present

Experience

Distribution Manager, Abo Ali Foods

- Supervised and coordinated daily distribution operations across the West Begaa region.
- Managed inventory levels and ensured timely restocking to meet fluctuating demand.
- Handled supplier communications, delivery logistics, and internal reporting.
- Developed and implemented streamlined processes to increase distribution efficiency.
- Trained and managed a small team of logistics personnel and delivery drivers.
- Supervised and coordinated daily distribution operations across the West Bequa region.
- Managed inventory levels and ensured timely restocking to meet fluctuating demand.
- Handled supplier communications, delivery logistics, and internal reporting.
- Developed and implemented streamlined processes to increase distribution efficiency.
- Trained and managed a small team of logistics personnel and delivery drivers.

Internship / Training

- Supervised and coordinated daily distribution operations across the West Beqaa region.
- Managed inventory levels and ensured timely restocking to meet fluctuating demand.
- Handled supplier communications, delivery logistics, and internal reporting.
- Developed and implemented streamlined processes to increase distribution efficiency.
- Trained and managed a small team of logistics personnel and delivery drivers.
- -Supervised and coordinated daily distribution operations across the West Beqaa region.
- Managed inventory levels and ensured timely restocking to meet fluctuating demand.
- Handled supplier communications, delivery logistics, and internal reporting.
- Developed and implemented streamlined processes to increase distribution efficiency.
- Trained and managed a small team of logistics personnel and delivery drivers.

Certifications

Certificate of completion "Take a Brain Break" awareness session, August 2022

Participation in the FMC Saida, August 2024

PolicyRx decoding sessions attendee, January 2025

School health campaign, June 2024

Organizing medical students gathering at BAU, September 2024

Month Year

Skills

Soft Skills: communication, leadership and teamwork, problem-solving, time management, working under pressure

Computer Skills: Microsoft Office (Word, Excel, PowerPoint), Google Suite (Docs, Sheets, Forms), literature review and database search (PubMed, Medline)

Technical Skills: Clinical data collection and survey administration, vital signs assessment and interpretation, cardiology-related skills (auscultation, blood pressure measurement)

Languages: Arabic, English, French