

Welcome to the ultimate website for fitness enthusiasts! Our expert coaches have designed customized workout systems for every sports category. You don't need to waste time scrolling through countless fitness websites to find an effective workout program, as our website has got you covered! Simply select your preferred sport and choose from a variety of available coaches. Each coach has a unique workout system, hourly rate, and schedule. In addition, they provide recommended diets that are tailored to your specific needs and budget. Your health is our top priority, which is why we ask about allergies to ensure that your diet is safe and healthy.

Our website allows you to easily track your progress and see improvements in your workout. We are committed to providing you with the best possible experience, which is why our admin team monitors progress. If necessary, we will remove users who need to meet their goals. We hold coaches accountable, and if a coach's rating falls below 5, we will remove them. Our commitment to transparency is why the admin team has access to all data - coaches, users, and workouts.

Join our website and start achieving your fitness goals today!

- 1- the user can find different categories in sports and they can choose what they want
- 2- each sport has its coach and if they are available
- 3- each coach has his workout system and his hours and rate
- 4- each coach will have a diet that you have to follow
- 5- the user has to put what allergies he has and what his budget
- 6- the user has progressed in the workout
- 7- the admin can delete the user if his progress is too low
- 8- the admin can delete the coach who has a rate below 5
- 9- the admin can see all the coach users and the workouts