





when you go to gym for the first time everything is new new tools new techniques



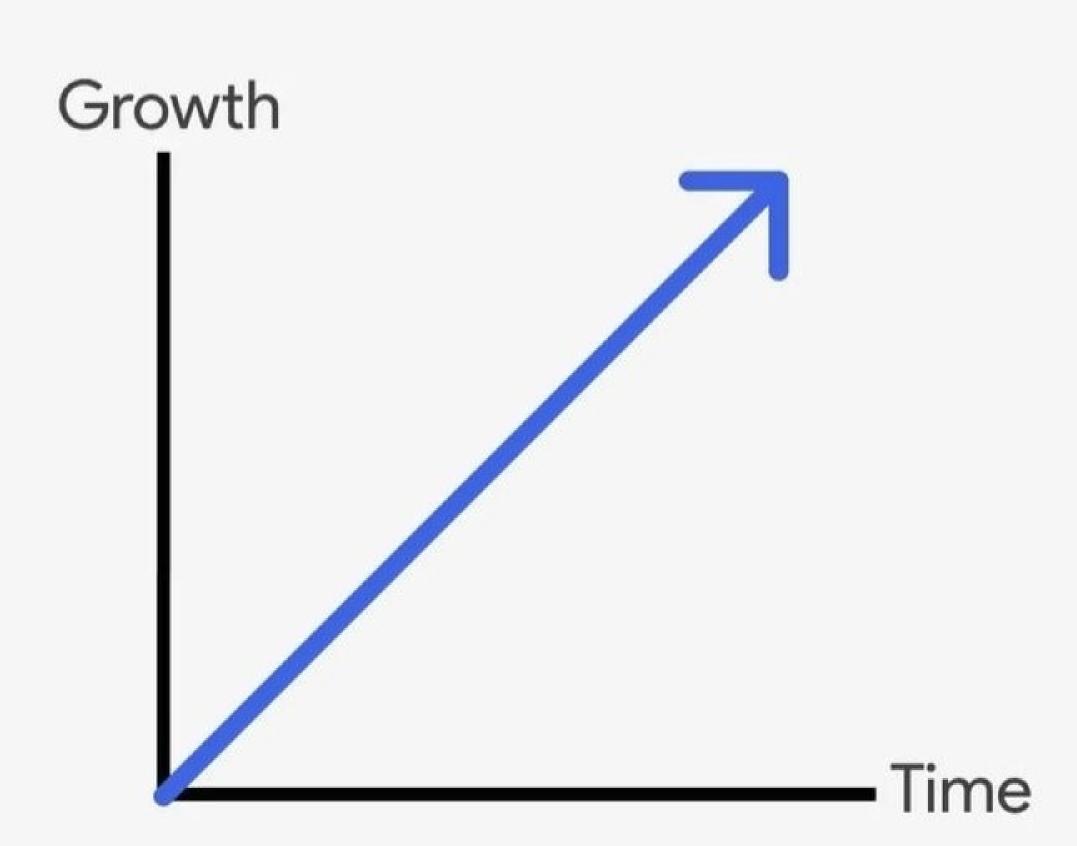
after working out
you go to your home and
see yourself in the mirror
but,
you don't see any
difference

#### now you work hard for 2 months but still, you don't see any major improvement in your body

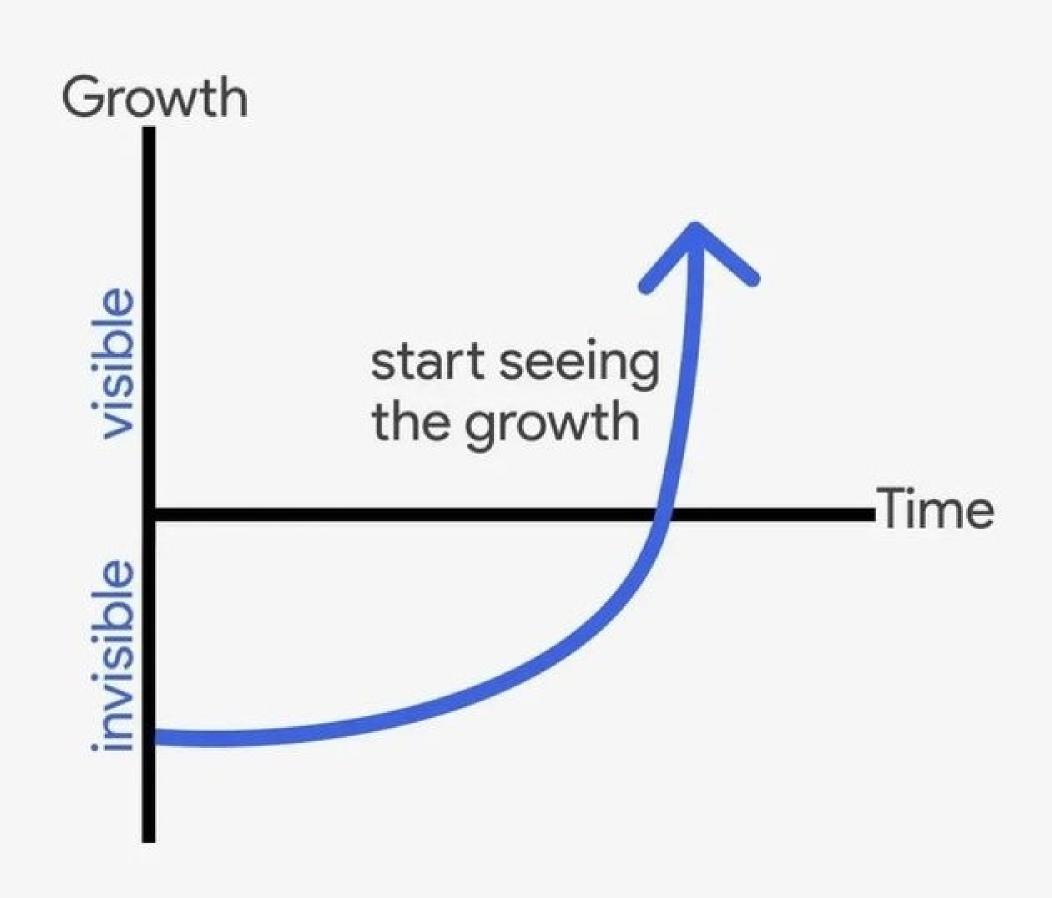
### most people quit during this stage

they don't know this ----

## most people think growth is linear



## when in fact it's Exponential





same goes with coding

keep coding even when you don't see any improvements, you will see them later

# Follow and connect with me at @subratshukla for more

