

Final Project: Personal Habit Tracker 04-28-2025

Our Group Members:

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What is Personal Habit Tracker ?

The Personal Habit Tracker is an easy-to-use app that helps people stay healthy, organized, and motivated. It's made for anyone who wants to build good habits, manage their goals, and improve their daily routines — whether you're a student, a busy professional, or just someone trying to live better.

What does it do?

- Lets you set and organize goals into *Personal* and *Professional* sections.
- Sends helpful reminders before and after work, during your day for breaks, and at night to reflect on your progress.
- Gives you a daily planner where you can simply drag and drop tasks.
- Tracks your habit streaks and rewards you with badges to keep you motivated.
- Shows your progress clearly with charts and graphs.
- Keeps the design clean, simple, and easy to read for everyone.
- Sends quiet, non-distracting notifications during work hours.

Who is it for?

- Students , Professionals like doctors, engineers, and brokers
- Anyone who wants to build better habits and improve their lifestyle

Our Goal:

We want to help people live healthier, happier, and more organized lives — without making things complicated!