

***1.what is the preoperative preparation for this patient* ?**

- ***EVALUATION* :-**

- chronic illness as diabetes, hypertension, coronary heart disease, liver and renal disease.
- chronic medications intake, particularly anticoagulant and aspirin .
- Allergy .
- History of previous operations, or diseases as rheumatic fever and viral hepatitis.

- ***EXAMINATION* :-**

- vital signs; blood pressure, heart rate, respiratory rate and temperature.
- chest and heart.

- ***INVESTIGATIONS* :-**

- blood picture.
- MRI , Ultrasound , abdominal X-ray , and other imaging studies
- Distal colostograms
- Motility tests such as PH – impedance monitoring , manometry , transit studies , gastric emptying scan , contrast radiologic studies .
- liver function test .
- coagulation profile

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2.what are major post operative complications that may be present ?

- Improper siting .
- Vascular compromise
- Retraction
- Peristomal Skin irritation
- Peristaltic infection , abscess
- Acute parastomal herniation
- Bowel obstruction

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3.What is the proper therapeutic diet for this patient?

- non-fat or low-fat skimmed milk
- lactose-free dairy products
- .Yogurt
- .cheese
- lean animal proteins
- small amounts of nut butter or nuts
- low-fiber carbohydrates, such as white pasta or bread
- well-cooked vegetables without skin
- lettuce
- pulp-free fruit juice
- peeled or canned fruit
- the contents of thick-skinned fruits, such as watermelon or honeydew melon
- bland Food such as fruit giuce , beets , eggs , tofu , white pasta , beans .
- Liquid diet

4.List clinical feature of stoma site infection?

- Spreading erythema
- Localised pain
- Pus or discharge from the wound
- Persistent pyrexia

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●Questions surgical nutrition

1- What fat is added to TPN solution , which statement is most accurate ?

👑Answer

- ✓A. Concentration of lipid emulsion can be up to 30%
- ✓B.Adding lipid emulsion gives the solution a Milky appearance
- ✓C.check for allergies to soybeans and eggs
- ✓D. Lipid emulsion prevents essential fatty acid deficiency
- ✗ E.lipids provide calories by increasing the osmolarity of PN solution

2-A nurse is planning care for a client who has a new prescription for PPN , which actions should the nurse include in the plan of care ?

👑Answer

- ✓A. Document baseline client weight
- ✓B. review serum prealbumin levels .
- ✗C. Plan to administer an IV solution with 20% dextrose
- ✓D.add a micron filter to the IV tubing
- ✓E. Use an IV infusion pump