

الرقم : 158589
التاريخ :

مستشفى الملك خالد بالخرج
King Khaled Hospital in Al-Kharj
Empowered by Riyadh First Health Cluster



Medical Report

Patient Information

MRN	563275	Name	ZAMLAH NASSER MOHAMMED Al ntalait		
ID Type	National ID	ID Number	1051719001	Gender	FEMALE
Nationality	Saudi Arabia	Birth date	6/28/1976 12:00:00AM	Age	48 Year(s)

Report and Recommendation

Diagnosis

Pain in a joint, ankle and foot M25.57

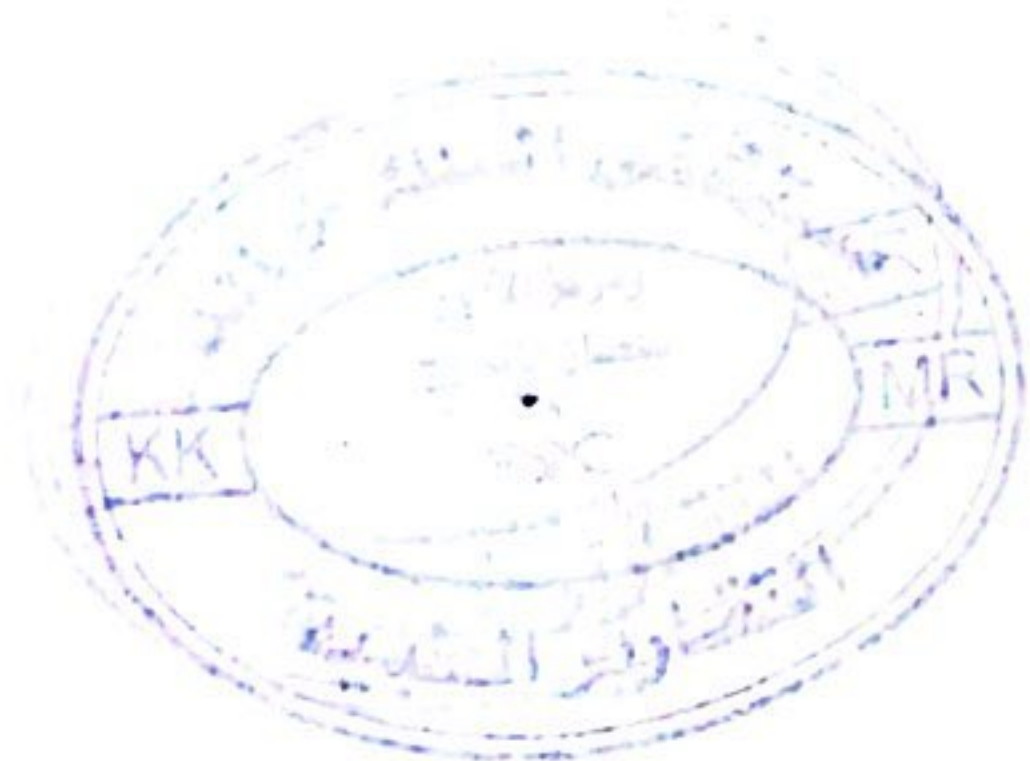
History

known hypothyroid for >15 yrs on thyroxin 125 mcg od, post sleeve surgery 6 yrs back
no HTN or DM
has 7 yrs Hx of myalgia , mechanical knees pain with crepitus
occasional hands and shoulders pain, no joints swellings, no EMS
no hair loss, no mouth ulcers
pt recently complain from bil heel pain
no FH of CTD

Physical Examination

pt conscious
msk exam : no true synovitis, muscle power g4b

Investigation



This document doesn't need for a manual signature, and the hospital official stamp is enough.

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Medical Reports Dept.

Print Date: 3/13/2024

ANTICCP, ANA AND RF NEGATIVE, NORMAL COMPLEMENT C3 AND C4
WBC 10.3, HB9.8 (MICROCYTIC HYPOCHROMIC), PLT387
ESR49, CRP 9.4, CREATININE 55,
TSH3.54, T3 4.8, T4 10.2, VIT D 32, HBA1C 6.1, FERRITIN 9.2

RADIOLOGY

RT KNEE MRI

Bulky appearance of ACL with diffuse abnormal high signal intensity ? Degeneration over a tear. Normal appearance of PCL. Abnormal high signal of the posterior horn of medial meniscus and the anterior horn of lateral meniscus ? tear. Mild joint effusion noted.

Normal collateral ligaments, patellar retinaculum, patellar tendon and quadriceps tendon.

Normal femorotibial alignment

MRI LUMBOSACRAL :

-Normal lumbar lordosis .-L4-5 diffuse disc bulge , indenting thecal sac , with mild exit neural foraminal compromise.-L5-S1 posterior disc bulge.-?L5V hemangioma.

-No ligamentum flavum hypertrophy .-No significant spinal canal stenosis .-Normal MRI appearance and signal intensity of the conus medullaris .-Normal MRI appearance of the para spinal soft tissue.-NB : Left adnexal cyst = 4 x 4 cm .

MRI OF THE CERVICAL SPINE:

-Loss of cervical lordosis , keeping with spasm.

-Mild spondylotic changes with early osteophytosis is noted.

-C3-4, C4-5 and C6-7 asymmetric discs bulge , effacing anterior subarachnoid space , with mild neural exit pathway compromise .

-C5 vertebral hemangioma is suggestive.

-Bilateral multiple perineural cysts (Tarlov cysts); the largest one at C5/6 measuring about 5.3x5 mm.

-Intact vertebral bodies and neural arches that appear of normal signal intensity.

-Normal MRI structural appearance of the cranio-cervical junction and the cervical spinal cord with no evidence of cord pathology. -No primary bony spinal canal stenosis.

-No spinal or peri-spinal soft tissue masses

Hospital Course

EDUCATION (WT REDUCTION, EX, NUTRITION)

REHAB FOR PLANTER FASCITIS

MEDICATION

RECOMMENDATION

STRENGTHENING AND STRETCHING EX

CONSERVATIVE THERAPY IF NOT RESPONSE LOCAL INJ FOR PF VS SHOCK WAVE

Doctor's Electronic Signature
Arwa Saeed Mubarak Aljohi

Official stamp



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Medical Reports Dept.

Print Date: 3/13/2024

Patient Name:	Zamlah Nasser Al Ntafalt	Ref. Physician:	Ahmad Ashraf
Patient ID:	563275	Report Date:	12/22/2022 1:57 PM
Date Of Birth:	6/28/1976	Accession:	1005002810508
Gender:	F	Procedure:	M and C 2019^spine
Age:	46Y 5M	Reff Dept:	Generic Orgnization

MRI OF THE CERVICAL SPINE:

- Loss of cervical lordosis , keeping with spasm.
- Mild spondylotic changes with early osteophytosis is noted.
- C3-4, C4-5 and C6-7 asymmetric discs bulge , effacing anterior subarachnoid space ,with mild neural exit pathway compromise .
- C5 vertebral hemangioma is suggestive.
- Bilateral multiple perineural cysts (Tarlov cysts); the largest one at C5/6 measuring about 5.3x5 mm.
- Intact vertebral bodies and neural arches that appear of normal signal intensity.
- Normal MRI structural appearance of the cranio-cervical junction and the cervical spinal cord with no evidence of cord pathology.
- No primary bony spinal canal stenosis.
- No spinal or peri-spinal soft tissue masses.

Report Approved By: Rad.cons.islam Shaaban at 12/22/2022 1:54:09 PM

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Patient Name:	Zamlah Nasser Al Ntafalt	Ref. Physician:	Ismael Othman Alghatreefi
Patient ID:	563275	Report Date:	1/12/2023 8:44 AM
Date Of Birth:	6/28/1976	Accession:	1005002813180
Gender:	F	Procedure:	MRI.MA.^SPINE
Age:	46Y 6M	Reff Dept:	Generic Organization

MRI LUMBAR SPINE :

Technique :

1. T1 and T2 WIs sagittal .
2. T1 and T2 WIs axial.

Findings and impression:

- Normal lumbar lordosis .
- L4-5 diffuse disc bulge , indenting thecal sac , with mild exit neural foraminal compromise.
- L5-S1 posterior disc bulge.
- ?L5V hemangioma.
- No ligamentum flavum hypertrophy .
- No significant spinal canal stenosis .
- Normal MRI appearance and signal intensity of the conus medullaris .
- Normal MRI appearance of the para spinal soft tissue.
- NB : Left adnexal cyst = 4 x 4 cm .

Report Approved By: Rad.sp.ahmad Osama at 1/12/2023 8:43:59 AM

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Kingdom of Saudi Arabia
Ministry of health
King Khalid Hospital & Prince Sultan
Center for medical service in Kharj



المملكة العربية السعودية
وزارة الصحة
مستشفى الملك خالد ومركز الأمير
سلطان للخدمات الصحية بمحافظة الخرج

Patient Name:	Zamlah Nasser Al Ntafalt	Ref. Physician:	Arwa Aljohi
Patient ID:	563275	Report Date:	1/17/2024 11:41 AM
Date Of Birth:	6/28/1976	Accession:	1005002939511
Gender:	F	Procedure:	MRI.MA.^KNEE
Age:	47Y 6M	Reff Dept:	Generic Organization

PROCEDURE:

MRI OF THE KNEE.

CLINICAL INDICATION:

RT KNEE PAIN

TECHNIQUE:

Non contrast study.

COMPARISON:

No available previous studies for comparison.

FINDINGS:

Bulky appearance of ACL with diffuse abnormal high signal intensity ? Degeneration over a tear.

Normal appearance of PCL.

Abnormal high signal of the posterior horn of medial meniscus and the anterior horn of lateral meniscus ? tear.

Mild joint effusion noted.

Normal collateral ligaments, patellar retinaculum, patellar tendon and quadriceps tendon.

Normal femorotibial alignment.

Report Approved By: Rad.cons.islam Shaaban at 1/17/2024 11:36:01 AM

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