

SYLLABUS FOR B.A. PROGRAMME (PSYCHOLOGY)
CHOICE BASED CREDIT SYSTEM (CBCS)
4th SEMESTER
CLUSTER UNIVERSITY (2018)
COURSE TITLE: ABILITY ENHANCEMENT COURSE (AEEC)(SKILL BASED)
AEEC-PSY-P-01
PAPER TITLE: MAKING DECISIONS

OBJECTIVE: Students will learn various strategies through which they can make good decisions

Unit I:

Introduction: Basic Concept of Decision Making, Importance of Decision Making

Unit II:

Creative Thinking: Brief Concept, Nature and stages

Unit III:

Self-Efficacy: Concept of Self-Efficacy, Use of Self Efficacy in Life

Unit IV:

Decision Making: Making Effective Decisions, Decisions Regarding Career, Decision Making in Interpersonal context

Readings:

Adler, R. B. & Proctor, R. F. (2009). Communication goals and approaches. Wadsworth Cengage Learning: India

Chadha, N. K. & Bhatia, H. (2014). Career development- different voices, different choices. The Readers Paradise: New Delhi.

Sherfield, R.M., Montgomery, R.J & Moody, P. G. (2009). Developing Soft Skills. Pearson Education: India.