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# Reading Paper Report on Nesterov's Method for Convex Programming

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## Introduction

I'm excited to present an intriguing algorithm on the Accelerating Gradient Descent method, developed by the esteemed mathematician Nesterov. Released in 1983, the paper unveils a unique method for addressing convex programming challenges within Hilbert spaces. This method notably enhances the speed of convergence beyond that of conventional approaches. It utilizes a creative strategy that forms a minimizing sequence of points non-relaxational, crucial for diminishing computational expenses at each phase, yet upholding an optimal rate of convergence.

## Importance of the Paper

This research tackles the critical requirement for quicker convergence in resolving convex programming issues, important in fields such as optimization, machine learning, and operations research. The method offers a reliable and unmatched estimate of convergence speed for its category of problems, marking a major progression in the field of mathematical optimization. It establishes a foundational basis for numerous algorithms and asserts that the convergence rate is  $O(1/\sqrt{\epsilon})$ .

## Problem Solved

What drew me to this paper was its effective approach to addressing the slow convergence rates of previous methods by introducing a faster technique that moves away from conventional relaxational sequences. Moreover, it resolves the issue of frequent gradient and function value calculations in iterative methods by optimizing the required number of computations, significantly reducing the overall computational load.

## Interesting Points

- The paper emphasizes the **non-monotonic decrease of the function over sequences**, which is a departure from traditional methods that often require monotonicity.
- The convergence rate is improved to  $O(1/k^2)$ , a significant enhancement over previous methods.

- Nesterov's method significantly lowers the complexity involved in solving convex programming problems by reducing the number of required gradient and function evaluations to reach desired accuracy levels. I loved the detailed proofs presented in the paper.

## **Proposed Algorithm and Differentiation from Gradient Descent**

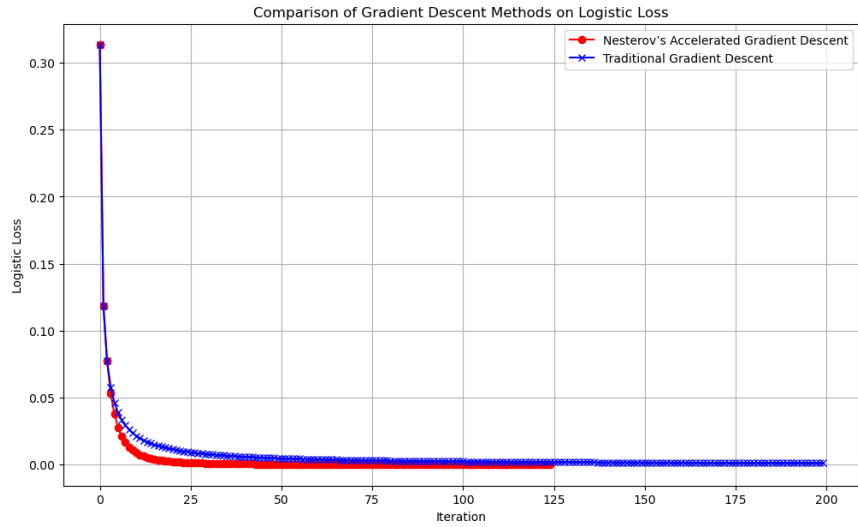
The algorithm proposed by Nesterov deviates from traditional gradient descent by using a sequence of calculated steps that are adjusted dynamically rather than fixed beforehand. This approach allows us for more efficient navigation of the function's curvature, resulting in faster convergence. Unlike gradient descent, which typically requires a monotonic decrease in function values, Nesterov's method allows for occasional increases, which helps in escaping local minima more effectively. (That's the most exciting thing in this paper)

## **Extreme Value Problem Usage**

The paper addresses an extreme value problem involving a convex, closed set and a convex function over this set, formulating the problem in a minimax framework. This formulation is crucial for extending the applicability of the method to more complex and practical scenarios.

## **Implementation**

After becoming attached by this method and feeling thrilled, I decided to implement the algorithm to see how it goes against the traditional approach, and I was shocked! I conducted a comparison of Nesterov's Accelerated Gradient Descent Method and Traditional Gradient Descent on Logistic Loss. The chart was created twice, once using the algorithm and again using the CVXPY package (which is truly impressive).



**Figure 1. Comparison of Gradient Descent Methods**

## Conclusion

In a nutshell, Nesterov's paper on Accelerated Gradient Descent marks a significant advancement in convex programming by offering faster convergence rates and a novel, non-relaxational minimization sequence. It addresses efficiency challenges in fields like machine learning by reducing necessary gradient and function evaluations. The method's innovative approach and its application to extreme value problems in a minimax framework greatly enhance its practical relevance, establishing a robust foundation for future algorithms and optimization techniques.

## References

- <https://github.com/cyber-rhythms/nesterov-convex-programming-1983?tab=readme-ov-file>
- A method for solving the convex programming problem with convergence rate  $O(1/k^2)$  by Yurii Nesterov.