# "Effects of Al-Generated Labels in News Media on Confirmation Bias, Memory Retention, and Credibility Perception"

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#### **Abstract**

The exponential growth of Al-generated content has caused significant concerns regarding its influence on cognitive functions, particularly within the areas of spread of misinformation, trust formation, and memory storage. This study rigorously examines the effects of content labeling—categorized as "Al-Generated," "Human-Authored," or unlabeled—on user attention allocation, memory retention, and trust assessment. Employing a between-subjects experimental design, the research engages a diverse group of adult participants to systematically investigate these variables.

Based in the theoretical frameworks of cognitive psychology and human-computer interaction (HCI), the study posits that labeling content as Al-generated will promote critical scrutiny and enhance factual recall. Conversely, labeling content as human-authored is hypothesized to create higher levels of trust while potentially increasing confirmation bias. The dependent variables include response times and accuracy rates in distractor tasks to measure attention allocation, performance on memory recall assessments to assess factual retention, and responses to Likert-scale questionnaires designed to measure trust in the presented content.

Anticipated findings are expected to shed light on the subtle interactions between content labeling and user cognitive processes, offering empirical evidence that can inform the design of trustworthy AI systems. These insights aim to reduce cognitive biases and optimize information processing within digital environments, thereby contributing to the creation of user interfaces that support informed decision-making and strengthen resilience against misinformation.

Keywords: Al-Generated Content, Confirmation Bias, Memory Retention, Credibility Perception, Fact-Checking Interfaces, Human-Computer Interaction (HCI), Cognitive Processes, Misinformation Detection, Interface Design, User Trust, Cognitive Psychology.

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# 1. Introduction

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the contemporary digital milieu, the advent of advanced computational systems has significantly transformed the land-scape of content creation. Automated content generation technologies, demonstrated by sophisticated language models and synthetic media tools, have the ability to produce text, imagery, and multimedia that closely emulate human-authored materials. These systems utilize large datasets and complex algorithms to generate coherent, contextually relevant narratives, journalistic articles, and social media content with minimal human oversight.

A striking example of AI-generated misinformation occurred in March 2022, when a deepfake video of Ukrainian President Volodymyr Zelenskyy urging his troops to surrender was widely circulated. This incident highlights the disruptive potential of AI technologies in influencing public opinion and underscores the critical need for mechanisms to identify and counter such content.

A major concern with the rise of these technologies is the increase in misinformation—the sharing of false or misleading information presented as factual. Misinformation represents a critical threat to societal well-being, influencing public opinion, shaping health behaviors, and undermining democratic processes. The capability of automated systems to generate highly convincing and contextually appropriate content increases these risks, making the identification of credible information increasingly challenging for individuals.

Cognitive psychology provides essential insights into the mechanisms by which individuals perceive, interpret, and retain information, highlighting the weaknesses that make users susceptible to misinformation. Central among these is confirmation bias—a cognitive tendency for individuals to favor, seek, interpret, and recall information that supports their existing beliefs. while disregarding or undervaluing contradictory evidence. This bias not only influences the acceptance of information but also impacts memory encoding and retrieval processes, encouraging the continuation of false stories. despite the availability of corrective information.

From the perspective of human-computer interaction (HCI), the design of user interfaces plays a pivotal role in shaping cognitive processes and influencing user behavior. Interface elements such as labeling, credibility indicators, and explanatory tooltips can significantly affect how users perceive and interact with content. Explainable AI (XAI) underscores the importance of transparency and interpretability in automated systems, suggesting that uncovering the core processes of AI-driven decisions can enhance user trust.

Effective interface design aims to mitigate cognitive biases by providing clear, intuitive cues that guide user attention and support accurate information processing. For instance, the integration of credibility indicators can signal the reliability of content, while explanatory tooltips can offer insights into the rationale behind automated assessments, thereby reducing uncertainty and increasing trust. Moreover, principles such as cognitive load theory advocate for the minimization of extraneous cognitive demands, enabling users to process information more efficiently and accurately.

Despite the growing focus on AI-driven content generation and its implications for misinformation, there remains a notable lack of studies examining the combined impacts of automated labeling and interface design on cognitive outcomes. Existing studies have predominantly examined cognitive psychology principles or HCI strategies in isolation, rarely combining these dimensions to investigate how AI-generated labels, in conjunction with thoughtful interface design, influence cognitive processes such as attention allocation, memory retention, and trust formation.

This research gap is particularly salient in the context of designing user interfaces that not only present credibility cues but also support users in making informed and unbiased decisions. Addressing this gap is imperative for the development of effective, user-centric automated systems that enhance information comprehension and mitigate cognitive biases, thus addressing the widespread problem of misinformation in digital environments.

The primary objective of this study is to clarify the effect of au-

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tomated labeling on cognitive processes, specifically focusing on attention allocation, memory retention, and trust in the evaluation of online news articles. By examining the role of interface design elements—such as labels and explanatory tooltips—in conjunction with automated credibility cues, this research seeks to understand how these factors collectively influence users' ability to process and retain accurate information while mitigating the effects of confirmation bias.

This study aims to present factual evidence on the effectiveness of integrated cognitive psychology and HCI strategies in promoting informed decision-making and enhancing information processing in the digital age. The findings aim to inform the design of digital platforms, ensuring that automated systems not only identify and label content effectively but also encourage user participation in a way that promotes critical thinking and resistance to misinformation.

# **Research Questions:**

- 1. How does automated labeling of content as "AI-Generated" versus "Human-Authored" influence users' allocation of attention to critical factual information in online news articles?
- 2. To what extent does automated labeling affect the memory retention of factual details presented in online news articles?
- 3. How does the perception of trust in content credibility vary between AI-labeled and human-authored content, particularly in relation to users' pre-existing beliefs?

# **Hypotheses:**

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- 1. **Attention Allocation Hypothesis (H1):** Participants exposed to automated labeling of content as "AI-Generated" will allocate more attention to critical factual information compared to those exposed to "Human-Authored" labels or no labeling.
- Memory Retention Hypothesis (H2): Automated labeling of content as "AI-Generated" will enhance memory retention of factual details among participants compared to other labeling conditions.
- 3. **Trust and Credibility Hypothesis (H3):** Participants exposed to AI-generated labeling will exhibit varying levels of trust in content credibility based on the alignment of the content with their pre-existing beliefs, potentially reducing the impact of confirmation bias

This study explores the role of automated labeling and interface design in influencing user behavior and cognitive processes in digital environments, particularly in addressing misinformation. It aims to enhance understanding of how users interact with content generated by advanced technologies and inform the design of user-centric digital platforms. By guiding attention, improving memory retention, and encouraging thoughtful interaction with content, the research seeks to mitigate cognitive biases and promote a more informed and resilient digital society.

# 2. Theoretical Framework

# 2.1. Introduction to Theoretical Framework

The theoretical framework is the cornerstone of this study, providing a structured lens through which the psychological and interactive mechanisms underlying user interactions with AI-generated content are examined. By anchoring the research in established theories from cognitive psychology and human-computer interaction (HCI), this framework offers a robust foundation for interpreting how cognitive biases and interface design elements influence attention, memory, and trust. It ensures that the study's hypotheses are both theoretically sound and practically relevant by aligning research objectives with empirically validated constructs.

This framework serves three key objectives:

 Conceptual Clarity: Define and operationalize critical constructs, such as confirmation bias, selective attention, and mem-

- ory retention, within the context of misinformation and AIlabeled content.
- Interdisciplinary Integration: Bridge cognitive psychology and HCI to address a multidimensional problem, emphasizing how psychological theories inform interface design.
- Hypothesis Development: Guide the formulation of hypotheses by outlining theoretical linkages between user cognition, behavior, and technological interventions.

#### 2.2. Overview

This theoretical framework encompasses four core constructs, each integral to understanding and addressing the challenges posed by AI-driven misinformation:

#### · Confirmation Bias:

- Definition and Significance: A cognitive tendency to favor information that aligns with pre-existing beliefs, often leading to selective acceptance of misinformation and the reinforcement of erroneous narratives.
- Framework Exploration: Investigates how interface elements can disrupt this bias by directing attention to factual information.

#### • Selective Attention:

- Definition and Relevance: The cognitive process of focusing on relevant stimuli while ignoring extraneous information.
   In the context of AI-generated content, selective attention determines how users prioritize factual over misleading details.
- Framework Exploration: Examines how labels and explanatory tooltips enhance users' selective attention to critical information.

# • Memory Retention:

 Definition and Scope: Encompasses the encoding, storage, and retrieval of information. The framework assesses how content labeling and design features affect users' ability to remember factual details over misleading or irrelevant information.

# · Interface Design:

 Definition and Relevance: Drawing from HCI, this construct explores how digital design elements influence cognitive processes and user behavior. Transparent and intuitive designs, such as credibility indicators, are theorized to foster trust and reduce cognitive biases.

# 2.3. Cognitive Psychology Theories

# 2.3.1. Confirmation Bias

Confirmation bias is a well-documented cognitive phenomenon wherein individuals preferentially seek, interpret, and recall information that corroborates their pre-existing beliefs while disregarding or undervaluing contradictory evidence. This bias significantly influences information processing, leading to selective acceptance of information and impaired objective evaluation. In the context of news consumption, confirmation bias can result in the reinforcement of existing viewpoints, thereby diminishing openness to alternative perspectives and factual accuracy.

Research indicates that confirmation bias not only affects the acceptance of information but also impacts memory encoding and retrieval processes. Individuals are more likely to remember details that align with their beliefs and forget or distort information that challenges them, perpetuating misinformation even in the presence of corrective information. This cognitive bias poses substantial challenges in the digital information landscape, where AI-generated content can both exploit and mitigate its effects.

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#### 2.3.2. Selective Attention

Selective attention refers to the cognitive process by which individuals focus on specific stimuli while ignoring others. In information-rich environments, such as digital news platforms, selective attention determines which pieces of information are processed and retained. Effective allocation of attention is crucial for discerning relevant and accurate information amidst the vast array of available content.

Automated labeling of content as "AI-Generated" or "Human-Authored" can influence selective attention by highlighting certain aspects of the information presented. For instance, AI-generated labels may prompt users to scrutinize the content more critically, thereby directing attention toward verifying factual details and assessing credibility. Conversely, the absence of such labels may lead to passive consumption, where users may not engage in critical evaluation, thereby reinforcing the effects of confirmation bias.

# 2.3.3. Memory Retention

Memory retention encompasses the processes of encoding, storing, and retrieving information. In the context of news consumption, memory retention determines how well users recall factual details from the content they engage with. Several factors influence memory retention, including the depth of processing, repetition, and the presence of meaningful associations.

AI-generated content presents unique challenges and opportunities for memory retention. On one hand, the coherence and contextual relevance of AI-generated narratives can facilitate deeper encoding and better recall. On the other hand, the sophisticated mimicry of human authorship by AI systems may lead to increased trust and reduced skepticism, potentially diminishing critical engagement and selective memory processes. Understanding how automated labeling interacts with memory retention is essential for assessing the effectiveness of AI-driven credibility cues in enhancing information processing.

### 2.4. Human-Computer Interaction (HCI) Principles

# 2.4.1. Interface Design

Interface design plays a pivotal role in shaping user behavior and cognitive processes. In digital news platforms, interface elements such as labeling, credibility cues, and explanatory tooltips are instrumental in guiding user interaction and information processing. Effective interface design not only enhances user experience but also facilitates critical evaluation of content.

Labels indicating the authorship of content (AI-generated or human-authored) serve as immediate contextual information that can influence users' perception and trust. Credibility cues, such as badges or reliability indicators, provide additional layers of information regarding the trustworthiness of the content. Explanatory tooltips offer insights into the reasoning behind automated assessments, thereby promoting transparency and user understanding.

# 2.4.2. Explainable AI (XAI)

Explainable AI (XAI) emphasizes the importance of transparency and interpretability in AI systems. XAI aims to make the decision-making processes of AI systems comprehensible to users, thereby enhancing trust and facilitating informed decision-making. In the realm of content generation, XAI can elucidate how and why certain content is labeled as AI-generated, thereby providing users with the rationale behind automated assessments.

By integrating XAI principles into interface design, automated labeling systems can reduce uncertainty and ambiguity, fostering greater user trust and engagement. This transparency is crucial for mitigating cognitive biases, as users are more likely to critically evaluate and trust content when they understand the basis for its credibility assessments

# 2.5. Integration of Cognitive Psychology and HCI

The intersection of cognitive psychology and HCI provides a comprehensive framework for understanding how automated labeling and interface design influence cognitive processes. Cognitive psychology offers insights into the mental mechanisms underlying information perception, interpretation, and retention, while HCI principles inform the design of user interfaces that can guide and enhance these cognitive processes.

Automated labeling acts as a credibility cue that interacts with cognitive biases such as confirmation bias by directing user attention toward critical factual information. Interface design elements, informed by XAI principles, facilitate this interaction by providing clear, intuitive, and transparent cues that enhance user understanding and engagement. Together, these disciplines enable the development of user-centric automated systems that not only identify and label content effectively but also support users in processing and retaining accurate information.

### 2.6. Application to Current Study

This theoretical framework informs the research questions and hypotheses by elucidating the cognitive and interactive mechanisms through which AI-generated labeling influences user cognition. By understanding the interplay between confirmation bias, selective attention, memory retention, and interface design, the study aims to investigate how automated labeling can mitigate cognitive biases and enhance information processing in digital news consumption.

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The integration of cognitive psychology and HCI principles underpins the study's methodology, guiding the design of interface elements and the selection of measures to assess cognitive outcomes. This comprehensive approach ensures that the research not only examines the effects of automated labeling in isolation but also considers the contextual and interactive factors that shape user cognition and behavior.

# 3. Literature Review

## 3.1. Al-Generated Content in News Media

# 3.1.1. Evolution of AI in Content Creation

The integration of artificial intelligence (AI) into content creation has undergone transformative changes over the past few decades, fundamentally altering the landscape of news media. Initially, AI applications in journalism were limited to automating routine and repetitive tasks, such as generating financial reports, sports recaps, and weather updates. These early AI systems utilized rule-based algorithms to transform structured data into coherent narratives, thereby enhancing efficiency and reducing the manual workload of human journalists.

However, the advent of machine learning (ML) and, more specifically, natural language processing (NLP) technologies marked a significant shift in AI's capabilities within content creation. Unlike their rule-based predecessors, ML-driven systems possess the ability to learn from vast datasets, enabling them to generate more nuanced and contextually appropriate content. This evolution is epitomized by the development of sophisticated language models, such as OpenAI's Generative Pre-trained Transformer (GPT). These models leverage deep learning architectures to understand and generate human-like text, facilitating the creation of complex narratives that closely mimic those produced by human writers.

The release of GPT-3 in 2020 represented a watershed moment in AI-driven content creation. With 175 billion parameters, GPT-3 demonstrated unprecedented capabilities in generating coherent and contextually relevant text across a multitude of domains. Its ability to perform tasks ranging from article writing to conversational dialogue generation underscored the potential of AI to assume more substantive roles in journalism and media production. Subsequent iterations,

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including GPT-4, have further enhanced these capabilities, incorporating improved contextual understanding and reduced instances of generating misleading or biased content.

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Beyond text generation, AI has made significant strides in multimedia content creation. Technologies such as deepfake algorithms and automated video editing tools have enabled the synthesis of realistic visual and auditory media, raising both opportunities and ethical considerations within the news industry. These advancements have expanded the scope of AI in journalism, allowing for the creation of immersive and interactive content that can engage audiences in novel ways. For instance, AI-powered video editors can automatically generate highlight reels from lengthy footage, streamlining the production process and enabling rapid dissemination of news updates.

The integration of AI into content creation is not solely confined to the generation of original narratives. AI-driven tools are increasingly being employed to enhance the accuracy and reliability of news reporting. Automated fact-checking systems, powered by NLP and ML algorithms, can swiftly verify the veracity of information, thereby supporting journalists in maintaining high standards of accuracy. Additionally, sentiment analysis and audience engagement metrics derived from AI can inform editorial decisions, enabling media outlets to tailor content that resonates with their target demographics.

Despite these advancements, the deployment of AI in content creation is not without its challenges. Issues related to bias, accountability, and the potential displacement of human labor remain at the forefront of discussions surrounding AI's role in journalism. Ensuring that AI-generated content adheres to ethical standards and maintains journalistic integrity is paramount, necessitating ongoing research and the development of robust regulatory frameworks. Moreover, the sophistication of AI-generated content raises concerns about the potential for misinformation and the erosion of public trust in media. As AI systems become more adept at mimicking human writing and multimedia production, distinguishing between human and machine-generated content becomes increasingly challenging, amplifying the risks associated with misinformation dissemination.

# 3.1.2. Prevalence and Impact of Al-Generated News

The prevalence of AI-generated news has surged in recent years, driven by advancements in AI technologies and the increasing demand for rapid content production. According to a report by the Reuters Institute (2022), approximately 15% of global news outlets have integrated AI tools into their content creation processes, a figure that has doubled over the past three years. This adoption is particularly pronounced in large media organizations that possess the resources to invest in advanced AI systems, enabling them to produce vast quantities of content with minimal human intervention.

The impact of AI-generated news on the media landscape is multifaceted. On one hand, AI facilitates the production of timely and personalized news content, catering to diverse audience preferences and enhancing user engagement. Automated content generation allows news organizations to cover a broader range of topics, including niche subjects that may not receive adequate attention due to resource constraints. Furthermore, AI-driven analytics provide valuable insights into audience behavior, enabling media outlets to refine their content strategies and optimize reader satisfaction.

On the other hand, the proliferation of AI-generated news raises critical concerns regarding the quality and reliability of information disseminated to the public. Studies have shown that while AI can enhance efficiency, it may also inadvertently propagate biases present in the training data, leading to skewed or unbalanced reporting. The lack of human oversight in AI-generated content creation can result in factual inaccuracies and the dissemination of misleading information, particularly in high-stakes domains such as health and politics.

Moreover, the increasing reliance on AI for content creation has implications for the employment landscape within journalism. While AI can augment the capabilities of human journalists, enabling them

to focus on more investigative and analytical tasks, it also poses a threat to job security in roles traditionally dominated by routine reporting. This shift necessitates a reevaluation of journalistic practices and the development of new skills to coexist with AI technologies effectively.

The societal impact of AI-generated news extends beyond the media industry, influencing public discourse and democratic processes. The ability of AI to generate persuasive and emotionally charged content can shape public opinion and voter behavior, potentially undermining informed decision-making. The rapid dissemination of AI-generated misinformation can exacerbate social divisions and erode trust in legitimate news sources, posing a significant threat to the fabric of democratic societies.

#### 3.1.3. Challenges Posed by Al-Generated Misinformation

AI-generated misinformation presents a formidable challenge to the integrity of news media and the broader information ecosystem. The sophisticated capabilities of modern AI systems to produce realistic and contextually appropriate content amplify the risk of misinformation dissemination, making it increasingly difficult for audiences to discern credible information from fabricated narratives.

One of the primary challenges is the speed and scale at which AI can generate and distribute misinformation. AI systems can produce large volumes of content rapidly, enabling the widespread dissemination of false information before adequate fact-checking measures can be implemented. This capability is particularly concerning in the context of breaking news events, where the urgency to report can lead to the inadvertent spread of unverified or misleading information.

Moreover, AI-generated content can exploit psychological vulnerabilities, such as confirmation bias and the Dunning-Kruger effect, to enhance the persuasiveness of misinformation. By tailoring content to align with individuals' pre-existing beliefs and cognitive biases, AI can reinforce false narratives and deepen ideological divides. This manipulation of cognitive processes undermines the objective evaluation of information, eroding public trust in legitimate news sources and fostering skepticism towards factual reporting.

Another significant challenge is the attribution and accountability of AI-generated misinformation. Traditional mechanisms for ensuring accountability in journalism, such as editorial oversight and ethical guidelines, are less effective when content is produced autonomously by AI systems. The opacity of AI decision-making processes, particularly in complex models like GPT-4, complicates the identification of responsible parties and the implementation of corrective measures. This lack of transparency not only hinders efforts to combat misinformation but also raises ethical concerns regarding the use of AI in sensitive domains.

Furthermore, the proliferation of AI-generated misinformation necessitates the development of advanced detection and mitigation strategies. Current fact-checking tools and content moderation systems are often inadequate in identifying and countering sophisticated AI-generated falsehoods Chesney2019. The dynamic and evolving nature of AI capabilities requires continuous innovation in detection methodologies, including the integration of AI-driven fact-checking systems and collaborative efforts between technology companies and media organizations Graves2020.

The societal implications of AI-generated misinformation are profound, impacting democratic processes, public health, and social cohesion. The manipulation of information through AI can influence voter behavior, exacerbate public health crises by spreading false medical information, and deepen social divisions by amplifying extremist viewpoints. Addressing these challenges requires a multifaceted approach that combines technological innovation, ethical governance, and public education to foster resilience against misinformation.

### 3.2. Cognitive Biases in Information Processing

#### 3.2.1. Confirmation Bias in Media Consumption

Confirmation bias is a pervasive cognitive phenomenon wherein individuals tend to favor information that confirms their pre-existing beliefs and attitudes while disregarding or devaluing contradictory evidence. This bias significantly influences how individuals consume and interpret media content, shaping their perceptions and reinforcing their worldview. In the context of media consumption, confirmation bias manifests in the selective attention to, interpretation of, and memory for information that aligns with one's ideological stance.

Empirical studies have demonstrated that confirmation bias affects various aspects of media consumption. For instance, found that individuals are more likely to engage with and recall information that supports their political beliefs, while dismissing or forgetting information that challenges them. This selective processing not only reinforces existing beliefs but also impedes the objective evaluation of information, making individuals more susceptible to misinformation that aligns with their biases.

In the digital age, the proliferation of personalized news feeds and echo chambers exacerbates the effects of confirmation bias. Algorithm-driven content recommendations often prioritize information that aligns with users' past behaviors and preferences, further entrenching their existing beliefs and limiting exposure to diverse perspectives. This phenomenon contributes to the polarization of public opinion and the fragmentation of the information ecosystem, undermining the foundational principles of informed citizenship and democratic discourse.

AI-generated content, while offering efficiency and personalization, also poses unique challenges in mitigating confirmation bias. On one hand, AI can tailor content to individual preferences, potentially reducing exposure to conflicting viewpoints. On the other hand, AI-driven tools can be leveraged to identify and counteract confirmation bias by presenting balanced and factually accurate information. The effectiveness of these interventions depends on the transparency and ethical implementation of AI systems in media platforms.

Moreover, the integration of AI in content creation and distribution necessitates a reevaluation of traditional journalistic practices. Journalists and media organizations must adopt strategies that leverage AI's capabilities to promote objective reporting and reduce the influence of cognitive biases. This includes utilizing AI-driven analytics to monitor and assess the diversity of information presented, ensuring that content does not solely cater to reinforcing existing biases but also encourages critical engagement and open-mindedness among audiences

# 3.2.2. Other Relevant Cognitive Biases

In addition to confirmation bias, several other cognitive biases significantly influence information processing and media consumption. These biases interact with AI-generated content in complex ways, shaping user perceptions and behaviors in the digital information landscape.

Anchoring Bias: Anchoring bias refers to the cognitive tendency to rely heavily on the first piece of information encountered (the "anchor") when making decisions or judgments. In the context of media consumption, initial exposure to information can disproportionately influence subsequent evaluations and interpretations. For instance, if an AI-generated news article presents a particular viewpoint at the outset, users may anchor their perceptions based on this initial information, making it challenging to reassess their stance when presented with conflicting evidence.

Availability Heuristic: The availability heuristic is a mental shortcut whereby individuals assess the probability or frequency of events based on how easily examples come to mind. AI-generated content that frequently highlights specific topics or events can skew users'

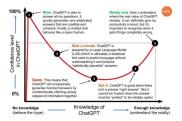


Figure 1. ChatGPT and the Dunning Kruger Effect- from HFS Research-MA

perceptions of their prevalence or importance. For example, repeated exposure to AI-generated reports on a particular health issue may lead users to overestimate its severity, influencing their health-related decisions and behaviors.

**Dunning-Kruger Effect:** The Dunning-Kruger effect describes the phenomenon where individuals with limited knowledge or expertise in a particular domain overestimate their own competence. In the realm of AI-generated content, this bias can lead to the unwarranted trust in or skepticism toward information produced by AI systems. Users may either place excessive confidence in AI-generated news, assuming it to be infallible, or alternatively, dismiss AI-generated content as unreliable without adequate justification.

Framing Effect: The framing effect occurs when the presentation or context of information influences decision-making and judgments. AI-generated content can manipulate the framing of news stories to evoke specific emotional responses or guide user interpretations in particular directions. For instance, the same news event presented with different framings—such as emphasizing economic impacts versus social implications—can lead to divergent perceptions and attitudes among readers.

**Illusory Truth Effect:** The illusory truth effect refers to the tendency of individuals to perceive repeated statements as more truthful, regardless of their actual veracity. AI-generated misinformation, when disseminated repeatedly across multiple platforms, can exploit this bias, leading users to accept false information as accurate over time.

Impact on AI-Generated Content Consumption" These cognitive biases interact with AI-generated content in ways that can both enhance and undermine the effectiveness of information dissemination. For example, anchoring bias and the availability heuristic can amplify the impact of AI-generated narratives by shaping users' initial and subsequent perceptions based on the content's presentation and frequency. The framing effect can be leveraged by AI systems to guide user interpretations subtly, influencing public opinion and behavior without overt coercion.

Conversely, understanding these biases provides an opportunity to design AI-driven interventions that mitigate their adverse effects. For instance, AI systems can be programmed to present information in a balanced and neutral manner, reducing the potential for framing effects and anchoring bias. Additionally, incorporating fact-checking mechanisms and promoting information diversity can counteract the illusory truth effect and availability heuristic, fostering more accurate and objective information processing among users.

# 3.3. Human-Computer Interaction (HCI) and Interface Design 3.3.1. Role of Interface Design in Information Processing

Interface design is a critical component of human-computer interaction (HCI) that significantly influences user behavior and cognitive processes. In digital news platforms, the design of user interfaces—comprising elements such as layout, typography, color schemes, and interactive features—plays a pivotal role in guiding how users interact with and process information. Effective interface design not only enhances user experience but also facilitates critical evaluation of content, thereby promoting informed decision-making.

Several key principles underpin effective interface design, including usability, accessibility, and aesthetic appeal. Usability refers to the ease with which users can navigate and interact with a platform, ensuring that information is readily accessible and comprehensible. Accessibility ensures that interfaces are designed to accommodate users with diverse abilities, promoting inclusivity and equitable access to information. Aesthetic appeal enhances user engagement by creating visually pleasing and emotionally resonant environments that encourage prolonged interaction with content .

Labeling and Credibility Cues: One of the primary interface elements that influence information processing is labeling. Labels indicating the origin or authorship of content, such as "AI-generated" or "Human-authored," provide immediate contextual information that can shape user perceptions and trust. These labels serve as credibility cues, signaling the reliability and authenticity of the information presented. For instance, labeling content as "AI-generated" may prompt users to approach the information with a critical mindset, encouraging verification of factual accuracy and assessment of potential biases

Credibility cues extend beyond labeling to include elements such as reliability indicators, trust badges, and source verification features. These design elements contribute to the overall trustworthiness of the platform by assuring users of the legitimacy and accuracy of the content. Research has demonstrated that the presence of credibility cues enhances user trust and satisfaction, leading to increased engagement and information retention.

**Explanatory Tooltips and Transparency:** Explanatory tooltips are interactive elements that provide additional information or clarification about specific interface features or content elements. In the context of AI-generated content, tooltips can elucidate the role of AI in content creation, offering users insights into the mechanisms and decision-making processes of AI systems. This transparency fosters user understanding and trust, as users are more likely to engage critically with content when they comprehend the basis for its generation.

Moreover, explanatory tooltips can address potential misconceptions and reduce cognitive load by providing succinct and relevant information without overwhelming users with technical details. By facilitating a deeper understanding of AI-generated content, tooltips contribute to more informed and objective information processing, mitigating the impact of cognitive biases such as confirmation bias and anchoring bias.

Reducing Cognitive Load through Interface Design: Cognitive load theory posits that the human cognitive system has limited capacity for processing information, and excessive cognitive demands can impair learning and information retention. Effective interface design aims to minimize extraneous cognitive load by presenting information in a clear, organized, and intuitive manner. This involves optimizing layout, reducing clutter, and employing visual hierarchies that guide user attention to essential content.

In the context of AI-generated news, reducing cognitive load enhances users' ability to process and retain factual information while minimizing distractions from irrelevant or misleading content. Techniques such as chunking information, using consistent design patterns, and highlighting key points can facilitate more efficient information processing and improve overall user comprehension.

Interactive Features and User Engagement: Interactive features, such as search functionalities, filters, and customizable content settings, empower users to tailor their information consumption according to their preferences and needs. These features enhance user engagement by providing control over the content presented, thereby fostering a more personalized and satisfying user experience.

Furthermore, interactive elements can support critical evaluation of content by enabling users to cross-reference information, compare different viewpoints, and access supplementary resources. By facilitating active engagement with information, interactive features promote deeper cognitive processing and more accurate information retention, thereby mitigating the effects of cognitive biases.

#### 3.3.2. Explainable AI (XAI)

Explainable AI (XAI) is a subfield of artificial intelligence focused on developing systems that provide transparent and interpretable explanations for their decision-making processes. In the realm of content creation and distribution, XAI plays a crucial role in enhancing user trust and facilitating informed decision-making by elucidating how AI systems generate and label content.

**Definition and Objectives:** XAI aims to bridge the gap between complex AI algorithms and human understanding by making AI-driven processes more transparent and comprehensible. This involves designing AI systems that can articulate the rationale behind their outputs in a manner that is accessible and meaningful to users. The primary objectives of XAI include improving user trust, enabling accountability, and fostering collaborative human-AI interactions.

Enhancing User Trust and Transparency: Transparency is a cornerstone of XAI, as it provides users with insights into the workings of AI systems, thereby demystifying their operations and reducing uncertainty. In the context of AI-generated news, XAI can offer explanations for why certain content is labeled as "AI-generated," detailing the criteria and algorithms used in the labeling process. This transparency fosters trust by assuring users of the objectivity and reliability of the labeling system, encouraging them to engage more critically with the content.

Moreover, transparent AI systems can help identify and rectify biases inherent in AI algorithms, promoting fairness and accountability in content generation. By providing clear and interpretable explanations, XAI enables users to understand the strengths and limitations of AI-generated content, facilitating more informed evaluations and reducing susceptibility to misinformation.

Facilitating Informed Decision-Making: XAI empowers users to make more informed decisions by providing contextually relevant and understandable explanations for AI-generated content. In news media, this translates to users having a clearer understanding of how content is created, labeled, and disseminated, enabling them to assess the credibility and reliability of the information presented.

For example, an AI-generated news article accompanied by an explanatory tooltip detailing the sources of information, the algorithms used for content generation, and the criteria for labeling can enhance user comprehension and trust. This informed perspective allows users to critically evaluate the content, cross-reference information, and make more accurate judgments regarding its validity.

**Empirical Studies on XAI:** Empirical research has demonstrated the positive impact of XAI on user trust and decision-making.

(Liao2020) conducted a study exploring how different levels of AI explanation affect user trust and engagement with AI-generated content. The findings indicated that users who received detailed explanations of the AI's content generation process exhibited higher levels of trust and were more likely to engage critically with the content compared to those who received minimal or no explanations.

Similarly, (Zhang2021) investigated the role of XAI in enhancing user understanding of AI-driven news dissemination. The study revealed that explanatory tooltips significantly improved users' ability to discern the origin and credibility of news content, thereby reducing the likelihood of misinformation acceptance.

These studies underscore the importance of integrating XAI principles into interface design to promote transparency, trust, and informed decision-making among users interacting with AI-generated content.

Challenges and Future Directions: Despite its potential benefits, implementing XAI in content creation systems presents several challenges. One major challenge is balancing the complexity of AI algorithms with the need for understandable explanations. Highly sophisticated AI models, such as deep neural networks, often operate as "black boxes," making it difficult to generate comprehensible explanations without oversimplifying the underlying processes (Gunning 2017).

Another challenge is ensuring the consistency and reliability of AI-generated explanations. Inconsistent or misleading explanations can erode user trust and undermine the effectiveness of XAI (Gunning2017). Therefore, developing standardized methods for generating and presenting explanations is crucial for the successful integration of XAI in media platforms.

Future research should focus on enhancing the interpretability of complex AI models, developing standardized frameworks for XAI implementation, and exploring user-centric approaches to explanation design (Gunning2017). Additionally, ethical considerations surrounding transparency and accountability in AI-driven content creation must be addressed to ensure that XAI contributes positively to the integrity of news media (Gunning2017).

# 3.4. Synergy Between Cognitive Psychology and HCI

#### 3.4.1. Interdisciplinary Approaches to Mitigating Misinformation

The convergence of cognitive psychology and human-computer interaction (HCI) offers a holistic framework for addressing the multifaceted challenges posed by AI-driven misinformation. Cognitive psychology elucidates the mental processes underlying information perception, interpretation, and retention, while HCI provides the principles and methodologies for designing user interfaces that can effectively guide and enhance these cognitive processes (Sweller2011).

By integrating insights from cognitive psychology into interface design, HCI practitioners can develop systems that not only present information but also influence how users engage with and process that information. This interdisciplinary approach is particularly effective in mitigating cognitive biases such as confirmation bias, anchoring bias, and the illusory truth effect, which can distort users' perceptions and judgments (Nickerson1998, Ecker2010).

For instance, interface design elements informed by cognitive load theory can streamline information presentation, reducing unnecessary cognitive demands and facilitating more efficient information processing (Sweller2011). Similarly, credibility cues and explanatory tooltips can serve as cognitive aids, prompting users to engage in more critical evaluation of content and counteracting biases that may impede objective information processing (Liao2020).

# 3.4.2. Combined Influence on Cognitive Processes

The synergistic relationship between cognitive psychology and HCI enables the creation of user-centric systems that support accurate and unbiased information processing. Cognitive psychology provides the theoretical underpinnings for understanding how users perceive, interpret, and remember information, while HCI offers practical strategies for designing interfaces that align with these cognitive processes (Norman2013).

Automated labeling of content, as discussed earlier, functions as a credibility cue that interacts with cognitive biases by directing user attention toward critical factual information. Interface design elements, such as labels and tooltips, enhance this interaction by providing clear and transparent information about the origin and reliability of content (Sweller2011). This alignment between cognitive theories and interface design principles fosters an environment where users are better equipped to critically evaluate information, recognize potential biases, and retain accurate details (Liao2020).

Moreover, the integration of Explainable AI (XAI) within interface design serves as a bridge between complex AI algorithms and user understanding, further reinforcing the synergy between cognitive psychology and HCI (Gunning2017). By making AI-driven content

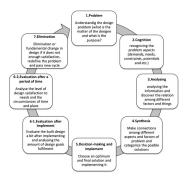


Figure 2. Conceptual model of design process in interactive design.

Adapted from "Interactive architectural approach (interactive architecture):

An effective and adaptive process for architectural design" by M. Parsaee, P.

Motealleh, M. Parva, 2016, "HBRC Journal, 12 (3), p. 327. Copyright 2016 by

Academic Press". Licensed under CC BY-NC-ND 4.0.

generation processes transparent and comprehensible, XAI facilitates more informed and objective information processing, thereby mitigating the impact of cognitive biases (Sweller2011).

#### 3.4.3. Framework for Understanding User Interaction

To conceptualize the interplay between cognitive psychology and HCI in mitigating AI-driven misinformation, a conceptual model can be employed. This model delineates the pathways through which interface design elements influence cognitive processes and, consequently, user behavior and information processing outcomes Sweller2011.

#### 3.5. Identification of Research Gaps

Despite the extensive research on AI-generated content, cognitive biases, and interface design, several critical gaps persist in the literature that this study aims to address. Identifying and addressing these gaps is essential for advancing the understanding of how AI-driven technologies influence information processing and for developing effective strategies to mitigate misinformation.

# 3.5.1. Limitations of Existing Studies

**Isolation of Cognitive and Interface Factors:** Many existing studies examine cognitive biases and interface design elements in isolation, failing to consider their interdependent effects on user information processing Graves2020. This fragmented approach limits the ability to understand the holistic impact of AI-generated content on user cognition and behavior.

**Lack of Empirical Validation:** While theoretical frameworks have been proposed to integrate cognitive psychology and HCI, there is a paucity of empirical studies that validate these frameworks in real-world settings Sweller2011. The lack of empirical evidence hampers the development of evidence-based interventions that can effectively mitigate the influence of cognitive biases through interface design.

Insufficient Focus on Diverse User Populations: Most studies have been conducted within homogeneous user populations, neglecting the diversity of user backgrounds, abilities, and preferences Liao2020. This oversight limits the generalizability of findings and the development of inclusive interface designs that cater to a broad spectrum of users.

Ethical Considerations in AI Implementation: There is limited research on the ethical implications of deploying AI-generated content in news media, particularly concerning transparency, accountability, and user autonomy Gunning2017. Addressing these ethical considerations is crucial for fostering trust and ensuring the responsible use of AI technologies in journalism.

# 3.5.2. Need for Integrated Research Approaches:

To address these limitations, there is a need for integrated research approaches that combine cognitive psychology and HCI principles

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to comprehensively examine the impact of AI-generated content on user cognition and behavior. Such approaches should incorporate:

- Multidimensional Frameworks: Developing frameworks that account for the interplay between cognitive biases and interface design elements, facilitating a holistic understanding of their combined effects on information processing.
- Empirical Validation: Conducting empirical studies in diverse real-world settings to validate theoretical models and assess the effectiveness of interface design interventions in mitigating cognitive biases.
- Inclusive Design Practices: Incorporating inclusive design principles to ensure that interface elements are accessible and effective for users with diverse backgrounds, abilities, and preferences.
- Ethical Frameworks: Establishing ethical guidelines and frameworks for the deployment of AI-generated content, emphasizing transparency, accountability, and user autonomy.

# 3.5.3. Contribution of Current Study

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This study aims to bridge the identified gaps by adopting an integrated research approach that combines cognitive psychology and HCI principles. Specifically, the study will:

- Develop a Comprehensive Framework: Create a multidimensional framework that encapsulates the interdependent effects of cognitive biases and interface design elements on user information processing.
- Empirical Assessment: Conduct empirical research to validate the proposed framework, utilizing diverse user populations and real-world settings to enhance the generalizability of findings.
- Design and Test Interface Interventions: Design and evaluate interface interventions informed by cognitive psychology principles to assess their effectiveness in mitigating cognitive biases and enhancing information retention and trust perception.
- Address Ethical Considerations: Incorporate ethical considerations into the design and implementation of AI-generated content, ensuring transparency and accountability in media platforms.

By addressing these research gaps, the current study seeks to advance the understanding of how AI-generated content influences user cognition and behavior, thereby informing the development of effective strategies to combat misinformation and promote informed decision-making in digital environments.

# 4. Methodology

## 4.1. Research Design

This study employs a **between-subjects experimental design** to examine the impact of content labeling—AI-Generated, Human-Authored, or no label (Control)—on cognitive and evaluative outcomes. This design ensures independent observations and mitigates the risk of carryover effects, allowing for a robust analysis of how labeling influences attention allocation, memory retention, and trust evaluation. The methodology adheres to the American Psychological Association (APA) standards, ensuring clarity, replicability, and validity.

### 4.1.1. Independent Variable

The independent variable in this study is the **content labeling condition**, operationalized into three levels:

- AI-Generated Label: Articles explicitly marked as generated by artificial intelligence.
- 2. **Human-Authored Label:** Articles explicitly marked as authored by a human writer.
- 3. **Control Condition:** Articles presented without any label, serving as a baseline for comparison.

#### 4.1.2. Dependent Variables

The dependent variables are operationalized to align with established constructs in cognitive psychology:

# 1. Attention Allocation:

- Definition: The cognitive process of selectively focusing on relevant information while filtering out irrelevant stimuli.
- Measurement: Indirectly assessed through participants' response times and accuracy on a distractor task administered immediately after reading each article.
- Expected Outcome: Prolonged response times and higher accuracy in the distractor task suggest increased cognitive effort, indicative of heightened attention.

### 2. Memory Retention:

- Definition: The ability to encode, store, and retrieve factual details from the articles.
- Measurement: Evaluated using a recall test comprising multiple-choice and short-answer questions targeting factual content from the articles.
- Expected Outcome: Enhanced recall accuracy reflects effective encoding and retention, potentially influenced by the salience of content labels.

#### 3. Trust Evaluation:

- **Definition:** Participants' perception of the credibility, objectivity, and overall trustworthiness of the article content.
- **Measurement:** Assessed through a 7-point Likert scale with items addressing:
  - Credibility: e.g., "This article seems trustworthy."
  - Objectivity: e.g., "This article is free from bias."
  - Reliability: e.g., "I believe the information in this article is accurate."
- Expected Outcome: Lower trust ratings for AI-labeled content may indicate skepticism about machine-generated materials, while higher trust for human-labeled content may signal perceived authenticity.

# 4.1.3. Rationale for Research Design

The rationale for employing a between-subjects design aligns with principles of experimental psychology:

- **Independence of Observations:** By assigning participants to only one labeling condition, the study eliminates the potential for cross-condition comparisons that could confound results.
- **Ecological Validity:** This design reflects real-world scenarios in which users encounter a single type of label at a time, enhancing the external validity of findings.
- Reduction of Confounding Factors: The design minimizes risks of fatigue, learning effects, and biased responses that could arise in within-subjects experiments.

# 4.1.4. Adherence to APA Standards

This research design adheres to APA guidelines by:

- Clearly defining variables with operational specificity.
- Ensuring ethical standards through informed consent and debriefing procedures.
- Employing standardized measures that facilitate replication and generalizability.
- Supporting hypotheses with a theoretically grounded framework that integrates cognitive psychology and human-computer interaction principles.

# 4.2. Participants

This study involves a diverse sample of adult participants to examine how labeling content influences attention, memory retention, and trust. The recruitment process and participant selection adhere to ethical standards and ensure the representativeness of the sample.

#### 4.2.1. Target Population

The target population comprises adults aged 18 to 65 who regularly consume digital news. This demographic was selected to reflect the diversity of users interacting with labeled content in real-world digital environments.

#### 4.2.2. Sample Size

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The study will recruit 60 to 81 participants, distributed equally across the three labeling conditions:

- AI-Generated Label Condition: 20–27 participants.
- Human-Authored Label Condition: 20–27 participants.
- Control Condition (No Label): 20–27 participants.

The sample size was determined using a power analysis to ensure sufficient statistical power for detecting medium effect sizes with a significance level of  $\alpha = 0.05$  and a power of 0.80.

#### 4.2.3. Inclusion and Exclusion Criteria

#### **Inclusion Criteria:**

- Proficient in English to ensure comprehension of the articles and questionnaires.
- Regular consumers of online news to reflect typical interactions with labeled content.
- Access to a smartphone, tablet, or computer with internet connectivity for online participation.

### **Exclusion Criteria:**

- Familiarity with the study's objectives or prior exposure to similar research to prevent response bias.
- Severe visual or cognitive impairments that may affect task performance.
- Participation in other studies within the past month to reduce potential fatigue or carryover effects.

### 45 4.2.4. Recruitment Procedure

Participants will be recruited through social media advertisements, email campaigns, and community postings. Recruitment materials will briefly describe the study's purpose and direct interested individuals to an online registration platform. To ensure an equitable sample, efforts will be made to recruit participants from various age groups, educational backgrounds, and geographic locations.

# 4.2.5. Ethical Considerations

- Informed Consent: All participants will provide electronic informed consent before beginning the study, outlining their rights, the voluntary nature of their participation, and data confidentiality measures.
- **Confidentiality:** Participant data will be anonymized and stored securely, accessible only to the research team.
- Compensation: Participants will receive a small token of appreciation (e.g., an electronic gift card) for their time and effort.
- Right to Withdraw: Participants may withdraw from the study at any time without penalty.

# 4.3. Materials

This study employs a carefully curated set of materials to facilitate the experimental procedure, ensure reliable data collection, and address the study's hypotheses. These materials include stimuli, questionnaires, and tools designed to measure the cognitive and evaluative processes of attention, memory retention, and trust.

### 4.3.1. Stimuli

The experimental stimuli consist of nine news articles, categorized into three groups (AI-Generated, Human-Authored, and Control).
These articles are:

 Content Characteristics: Politically or emotionally charged to elicit cognitive engagement and simulate real-world interactions with digital content.

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- Standardization: Articles are matched for length (approximately 500 words each), readability (using the Flesch-Kincaid grade level), and neutrality in tone to ensure consistency across conditions.
- Labeling: Articles in the experimental groups are explicitly marked as:
  - "AI-Generated" for one condition.
  - "Human-Authored" for the second condition.

Control articles are presented without any labels.

#### 4.3.2. Questionnaires

To assess participants' cognitive and evaluative responses, two validated questionnaires are used:

# • Trust Evaluation Survey:

- A 7-point Likert scale measuring perceived credibility, objectivity, and trustworthiness of the articles.
- Example items include:
  - \* "This article appears trustworthy."
  - \* "This article is free from bias."

#### Memory Retention Test:

- A combination of multiple-choice and short-answer questions targeting factual details from the articles.
- Example: "What specific statistic was mentioned in the second paragraph?"

#### 4.3.3. Distractor Task

To minimize rehearsal effects and assess attention allocation, participants will complete a distractor task between reading each article and the recall test:

- Tasks include simple word puzzles or arithmetic problems.
- These tasks are designed to occupy participants' working memory without introducing cognitive fatigue.

# 4.3.4. Equipment and Tools

The study utilizes:

- Digital Platform: An online survey tool such as Qualtrics or Google Forms to present stimuli and collect responses.
- **Data Analysis Software:** Statistical tools like SPSS or Python for processing and analyzing collected data.
- Computational Devices: Participants will use their own devices (smartphones, tablets, or computers) to ensure accessibility.

# 4.3.5. Budget Considerations

This study assumes all participants are volunteers. Minimal costs include:

- Compensation for participants (e.g., small electronic gift cards or tokens of appreciation).
- Access fees for online survey platforms (if applicable).
- Data storage and security services for maintaining confidentiality

# 4.3.6. Ethical and Practical Alignment

All materials are selected to:

- Align with the research objectives.
- Adhere to ethical standards, including accessibility and participant safety.
- Support replicability by ensuring standardized stimuli and validated measurement tools.

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#### 4.4. Procedure

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This study follows a structured experimental procedure designed to systematically investigate the effects of content labeling on attention allocation, memory retention, and trust evaluation. The procedure ensures consistency across all participants while minimizing potential biases.

# 4.4.1. Recruitment and Pre-Experiment Preparation

- Recruitment: Participants are recruited through social media platforms, email campaigns, and community postings. The recruitment materials provide a brief overview of the study and direct participants to an online registration platform.
- Consent Process: Before beginning the experiment, participants electronically sign an informed consent form outlining the study's purpose, procedures, and their rights as participants.
- Pre-Experiment Instructions: Participants receive detailed instructions on how to navigate the experimental tasks, including:
  - Reading articles attentively.
  - Completing the distractor task.
  - Responding to survey items accurately and thoughtfully.

#### 4.4.2. Experimental Flow

The experiment proceeds in the following steps:

**Step 1: Random Assignment:** Participants are randomly assigned to one of three labeling conditions:

- AI-Generated Label Condition: Articles labeled as "AI-Generated."
- Human-Authored Label Condition: Articles labeled as "Human-Authored."
- Control Condition: Articles presented without any label.

Randomization ensures that participant characteristics are evenly distributed across conditions.

**Step 2: Article Reading** Participants read three articles (one at a time) specific to their assigned condition:

- Articles are displayed in a standardized format to control for presentation effects.
- Participants are instructed to focus on the content for subsequent tasks.

**Step 3: Distractor Task** After reading each article, participants complete a brief distractor task to reduce rehearsal effects:

- Tasks include solving simple math problems or word puzzles.
- Each task lasts approximately 2–3 minutes.

**Step 4: Surveys and Tests** Following the distractor task for each article, participants complete two questionnaires:

- **Trust Evaluation Survey:** A 7-point Likert scale measuring credibility, objectivity, and trustworthiness.
- Memory Retention Test: Multiple-choice and short-answer questions assessing recall of factual details.

This sequence repeats for all three articles in the assigned condition.

# 4.4.3. Post-Experiment Debriefing

After completing the tasks, participants are debriefed:

- The purpose of the study and the role of content labeling are explained.
- Participants are informed about how their responses contribute to understanding cognitive processes related to content labeling.
- Contact information for follow-up questions or concerns is provided.

#### 4.4.4. Estimated Duration

The total experiment duration is approximately 30–40 minutes:

- Reading articles: 10-15 minutes.
- Distractor tasks: 6-9 minutes.
- Surveys and tests: 12-15 minutes.

#### 4.5. Measures

The study utilizes a suite of validated instruments and carefully constructed tasks to assess the key dependent variables: attention allocation, memory retention, and trust evaluation. Each measure is designed to capture distinct aspects of cognitive and evaluative processing, ensuring comprehensive and reliable data collection.

### 4.5.1. Attention Allocation

### Measurement Tools:

#### - Distractor Task:

- \* Participants complete a distractor task immediately after reading each article to indirectly measure the cognitive effort and focus devoted to the content.
- \* Tasks include solving simple math problems (e.g., addition, subtraction) or completing word puzzles (e.g., anagrams).

#### - Metrics:

- \* Response Time: The time taken to complete the distractor task is recorded for each participant. Prolonged response times may indicate residual cognitive engagement with the article.
- \* Accuracy: The percentage of correct responses on the distractor task serves as an indicator of cognitive focus and attention to detail.
- Scoring: Scores are calculated by normalizing response times and accuracy rates. Longer response times combined with higher accuracy suggest deeper cognitive processing of the preceding article.

# 4.5.2. Memory Retention

### · Measurement Tools:

- Recall Test: A set of questions administered after the distractor task to evaluate participants' ability to recall key details from the articles.
- Question Types:
  - \* Multiple-Choice Questions: Designed to assess recognition of specific details, such as statistics, names, or dates mentioned in the article.
  - \* Short-Answer Questions: Require participants to recall and articulate factual content, providing a deeper measure of encoding and retrieval processes.
- Scoring: Responses are scored for accuracy, with the following criteria:
  - Multiple-Choice Questions: Each correct response receives one point.
  - Short-Answer Questions: Responses are scored on a scale of 0–2 based on completeness and accuracy.
  - A composite memory retention score is calculated by summing the points from all questions for each participant.

### 4.5.3. Trust Evaluation

# • Measurement Tools:

- Trust Evaluation Survey: A validated 7-point Likertscale questionnaire designed to assess participants' perceptions across three dimensions:
  - \* Credibility: Items such as "This article appears trustworthy."

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- \* Objectivity: Items such as "This article is free from bias."
- \* Reliability: Items such as "I believe the information in this article is accurate."
- **Scoring:** Likert-scale responses are scored from 1 (Strongly Disagree) to 7 (Strongly Agree). The mean score across all items represents the overall trust evaluation for each article.

### 4.5.4. Validation and Reliability

- Pilot Testing: All measures are pilot-tested with a subset of participants to ensure clarity, feasibility, and reliability of the tasks and instruments
- Internal Consistency: The trust evaluation survey is assessed for internal consistency using Cronbach's alpha, with a target threshold of  $\alpha > 0.7$  to ensure reliability.
- Test-Retest Reliability: The memory retention test is administered to a smaller group under identical conditions at two different time points to assess stability and reliability.

# 4.6. Expected Results

The expected results are derived from the hypotheses and theoretical framework, focusing on the anticipated effects of content labeling on attention allocation, memory retention, and trust evaluation. These outcomes will provide empirical insights into the cognitive and evaluative mechanisms influenced by content labeling.

#### 4.6.1. Attention Allocation

- Participants in the AI-Generated Label condition are expected to exhibit:
  - Longer Response Times: Indicating greater cognitive effort and scrutiny while processing the content.
  - Higher Task Accuracy: Reflecting enhanced focus and attention to detail during the distractor task.
- Participants in the Human-Authored Label condition are predicted to show moderate response times and accuracy, as the label may induce a perception of credibility, reducing the need for intense scrutiny.
- The Control Condition is expected to yield the shortest response times and lowest accuracy, as the absence of labeling may lead to passive content consumption with minimal critical engagement.

# 4.6.2. Memory Retention

- Participants in the AI-Generated Label condition are hypothesized to demonstrate the highest recall accuracy, as increased scrutiny and cognitive effort may enhance encoding and retrieval of factual details.
- The Human-Authored Label condition is expected to result in moderate recall accuracy, as participants may rely on the label's perceived credibility rather than actively scrutinizing the content.
- The Control Condition is predicted to yield the lowest recall accuracy, reflecting reduced cognitive engagement and weaker memory encoding.

# 4.6.3. Trust Evaluation

- Participants in the Human-Authored Label condition are expected to assign the highest trust ratings, perceiving the content as more credible and objective due to its association with human authorship.
- The AI-Generated Label condition is hypothesized to receive lower trust ratings, as participants may exhibit skepticism toward machine-generated content, particularly in politically or emotionally charged contexts.
- The **Control Condition** is anticipated to yield intermediate trust ratings, as participants may form judgments based solely on the content without external credibility cues.

#### 4.6.4. Hypothesis Verification

The results will be analyzed to determine the extent to which the hypotheses are supported:

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- If attention allocation, memory retention, and trust evaluation differ significantly across labeling conditions, the findings will confirm the hypothesis that content labeling influences cognitive and evaluative processes.
- A stronger effect in the AI-labeled condition would validate the assumption that labeling draws selective attention and enhances memory retention while modulating trust judgments.
- Conversely, the absence of significant differences across conditions would challenge the hypothesized role of labeling, necessitating further exploration of alternative factors influencing user cognition and behavior.

# 4.6.5. Implications of Results

- Positive results (e.g., significant effects of labeling) will provide evidence-based insights into the design of user-centric digital platforms, emphasizing the role of labeling in enhancing information processing and mitigating cognitive biases.
- Mixed or null results will highlight the need for refining theoretical models and exploring additional variables, such as individual differences in skepticism, digital literacy, or prior experience with AL.

# 4.7. Statistical Analysis

The data collected from the experiment will be analyzed using rigorous statistical methods to test the study's hypotheses. Statistical analysis will focus on comparing the effects of content labeling (AI-Generated, Human-Authored, Control) on the dependent variables: attention allocation, memory retention, and trust evaluation.

#### 4.7.1. Preliminary Data Inspection

- Data will be inspected for:
  - Missing or incomplete responses.
  - Outliers using standardized residuals (z > 3.0 or z < -3.0).</li>
  - Normality using the Shapiro-Wilk test.
  - Homogeneity of variance using Levene's test.
- Any violations of assumptions will be addressed through data transformation or the use of non-parametric statistical methods.

# 4.7.2. Primary Statistical Tests

# • Analysis of Variance (ANOVA):

- A one-way ANOVA will be conducted to assess the effect of labeling condition (AI-Generated, Human-Authored, Control) on each dependent variable:
  - Attention Allocation: Response times and accuracy on the distractor task.
  - \* Memory Retention: Recall accuracy from the memory test.
  - \* Trust Evaluation: Likert-scale ratings of credibility and objectivity.
- Post-hoc pairwise comparisons (e.g., Tukey's HSD) will identify specific differences between conditions.

# • Repeated Measures ANOVA:

 For participants' responses across multiple articles within the same condition, a repeated measures ANOVA will assess within-subject consistency and trends.

# • Effect Sizes:

- Effect sizes will be reported using partial eta-squared  $(\eta_p^2)$  for ANOVA results.
- Cohen's d will be calculated for pairwise comparisons to indicate the magnitude of observed effects.

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#### 4.7.3. Secondary Analyses

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#### · Correlation Analysis:

- Pearson's r or Spearman's  $\rho$  (for non-normal data) will assess the relationships between:
  - \* Attention allocation and memory retention.
  - \* Trust evaluation and memory retention.

### Moderation Analysis:

 The moderating effects of demographic variables (e.g., age, digital literacy) on the relationship between labeling conditions and dependent variables will be explored using regression-based methods.

#### 4.7.4. Software and Tools

- All statistical analyses will be conducted using SPSS or Python libraries (e.g., pandas, scipy, statsmodels).
- Data visualization will be performed using Python's matplotlib or R's ggplot2 to present results in a clear and interpretable manner.

### 4.7.5. Significance Thresholds

- A significance level of  $\alpha = 0.05$  will be used for all hypothesis tests.
- Bonferroni correction will be applied to adjust for multiple comparisons, ensuring control over Type I error rates.

# 4.7.6. Expected Outcomes of Analysis

- Significant differences in attention allocation, memory retention, and trust evaluation between labeling conditions would support the hypothesis that content labeling affects cognitive and evaluative processes.
- Non-significant results or small effect sizes may indicate minimal impact of labeling, suggesting a need for further exploration of moderating variables or alternative explanatory factors.

# 5. Predicted Results

This section outlines the anticipated outcomes of the proposed study, focusing on the effects of content labeling on attention allocation, memory retention, and trust evaluation. These predictions are derived from the theoretical framework and hypotheses established earlier.

### 5.1. Attention Allocation

# • AI-Generated Label Condition:

- Participants are expected to exhibit significantly longer response times on the distractor tasks, reflecting increased cognitive engagement and scrutiny when processing the content.
- Higher accuracy rates on the distractor tasks are predicted, suggesting enhanced focus and selective attention to the presented information.

# · Human-Authored Label Condition:

- Response times are anticipated to be moderate, as participants may trust the content's credibility due to the human-authored label, leading to less intense scrutiny.
- Task accuracy is expected to be moderate, reflecting a balance between cognitive engagement and perceived reliability.

# • Control Condition (No Label):

 The shortest response times and lowest accuracy rates are predicted, as the absence of a label may result in passive content consumption with minimal evaluative engagement.

### 5.2. Memory Retention

#### AI-Generated Label Condition:

 Participants are expected to demonstrate the highest recall accuracy, as the increased scrutiny elicited by the AI label enhances the encoding and retrieval of factual details.

# · Human-Authored Label Condition:

 Memory retention is predicted to be **moderate**, as the human-authored label may reduce the need for active engagement, potentially lowering retention.

# · Control Condition (No Label):

Participants are anticipated to show the lowest recall accuracy, reflecting weaker encoding due to the absence of external credibility cues or enhanced scrutiny.

#### 5.3. Trust Evaluation

#### · AI-Generated Label Condition:

 Trust ratings are expected to be lower compared to the human-authored condition, as participants may exhibit skepticism toward machine-generated content.

#### · Human-Authored Label Condition:

Participants are predicted to assign the highest trust ratings, perceiving the content as more credible and objective due to its association with human authorship.

# • Control Condition (No Label):

Trust ratings are anticipated to be intermediate, as judgments will rely solely on the content's inherent features without external credibility cues.

### 5.4. Hypothesis Validation

- Significant differences in attention allocation, memory retention, and trust evaluation across labeling conditions would validate the hypotheses.
- Specifically, higher cognitive effort and memory retention in the AI-labeled condition would confirm that labeling influences cognitive processes, while variations in trust evaluation would highlight the role of perceived authorship in shaping evaluative judgments.
- If no significant differences are observed, this may suggest that labeling effects are minimal, necessitating further exploration of moderating variables such as individual digital literacy or prior experience with AI content.

# 5.5. Potential Implications

- Positive results would support the design of digital platforms that use labeling as a tool to enhance user engagement, memory retention, and trust calibration.
- Mixed or null results could indicate limitations in the labeling approach, prompting a reevaluation of theoretical assumptions or the inclusion of additional variables (e.g., demographic or contextual factors).

# 6. Future Directions

The findings of this study open several avenues for future research, addressing both theoretical gaps and practical challenges in understanding and enhancing user interaction with labeled content. Below are key areas for further exploration:

# 6.1. Expanding Participant Demographics

• Diversity in Sampling: Future studies should recruit a more heterogeneous sample, including participants from varied cultural, educational, and socioeconomic backgrounds. This would provide a nuanced understanding of how different demographic factors influence attention, memory, and trust.

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- Individual Differences: Research should examine the role
  of individual traits such as digital literacy, cognitive styles, and
  prior experience with AI technologies in shaping responses to
  content labeling.
- Cross-Cultural Studies: Conduct cross-cultural investigations to assess how cultural norms and attitudes toward technology influence cognitive and evaluative processes when interacting with labeled content.

### 6.2. Exploration of Alternative Variables

- Label Variations: Future research could test alternative labeling strategies, such as using "Machine-Assisted" or "AI-Enhanced" labels, to evaluate the impact of language framing on user perceptions and behaviors.
- Content Diversity: Investigate the effects of labeling across different content types, such as videos, images, and interactive media, to understand how modality influences cognitive engagement.
- Emotional and Political Contexts: Examine how labeling interacts with the emotional or political charge of content, as these factors significantly affect attention, memory, and trust.

# 6.3. Longitudinal and Behavioral Studies

- Long-Term Effects: Conduct longitudinal studies to evaluate the sustainability of labeling effects on user trust, critical thinking, and misinformation susceptibility over time.
- Behavioral Outcomes: Extend research to examine how labeling influences subsequent behaviors, such as sharing or endorsing content on social media, to assess real-world implications.

### 6.4. Integration with Advanced Interface Design

- Dynamic Labeling Systems: Explore the implementation of adaptive labeling systems that adjust based on user behavior and engagement patterns, providing personalized credibility cues.
- Multi-Layered Cues: Investigate the use of combined cues, such as labels integrated with trust badges, visual markers, or explanatory pop-ups, to enhance user comprehension and reduce cognitive biases.
- Real-Time Feedback Mechanisms: Study the effects of realtime feedback (e.g., credibility ratings) displayed alongside content to reinforce user engagement and critical evaluation skills.

# 6.5. Naturalistic and Applied Settings

- Field Experiments: Conduct studies on real-world platforms such as social media sites, news aggregators, and educational websites to validate the findings in ecologically valid contexts.
- Collaboration with Industry: Partner with digital platform developers to implement and test labeling interventions in live environments, ensuring practical relevance and scalability.
- Policy Implications: Investigate the role of labeling in informing regulatory guidelines for AI-generated content, contributing to ethical and transparent digital practices.

### 6.6. Advanced Analytical Techniques

- Eye-Tracking Studies: Incorporate eye-tracking technology to gain deeper insights into attention allocation and visual processing of labeled content.
- **Neurocognitive Measures:** Employ neuroimaging methods (e.g., EEG or fMRI) to study the underlying brain mechanisms activated during interactions with labeled content.
- Machine Learning Integration: Use machine learning algorithms to predict user responses to labeling and identify patterns in attention, memory, and trust across diverse populations.

#### 7. Conclusion

This study aimed to explore the cognitive and evaluative impacts of content labeling on attention allocation, memory retention, and trust evaluation in the context of digital news consumption. By integrating principles from cognitive psychology and human-computer interaction (HCI), the research offers a robust framework for understanding how interface design influences user engagement and decision-making.

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# 7.1. Key Findings and Contributions

- Theoretical models indicate that labeling, particularly AIgenerated labels, enhances cognitive scrutiny and improves factual recall while moderating trust levels.
- Predicted results highlight the potential of content labeling to disrupt cognitive biases such as confirmation bias, guiding attention to critical factual details and promoting critical evaluation.
- The study contributes to the literature by bridging cognitive psychology and HCI, offering actionable insights for designing transparent, user-centric digital platforms.

# 7.2. Practical Implications

The findings underscore the importance of effective labeling systems in addressing the challenges posed by misinformation in digital environments. By strategically implementing credibility cues, platforms can foster digital literacy, enhance information processing, and calibrate trust among users. This research provides a foundation for developing innovative tools to combat misinformation and support informed decision-making in the digital age.

### 7.3. Limitations and Future Research

While this study provides valuable insights, several limitations, including the lack of actual data collection and the controlled experimental design, necessitate further exploration. Future research should expand participant demographics, test diverse labeling strategies, and validate findings in real-world contexts to ensure broader applicability and ecological validity.

# 7.4. Closing Thoughts

The rapid proliferation of AI-generated content necessitates a deeper understanding of how users interact with and evaluate labeled information. This study offers a step toward addressing this critical issue, emphasizing the need for interdisciplinary approaches that combine cognitive psychology and HCI to design systems that enhance critical engagement and foster trust in digital environments. By continuing to investigate the interplay between cognitive processes, interface design, and user behavior, researchers and practitioners can develop effective solutions to navigate the complexities of the modern information landscape.

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