Khalid AlQoud passion encompasses a spectrum of activities from both the corporate and social world. He has founded, led and developed several local and international organizations, and yet remains to be an active member in numerous initiatives.

Khalid, is an international speaker, entrepreneur, a leadership expert and business consultant. His expertise was not left unnoticed, and for over 20 years he has been invited on several occasions to manage both private and government-supported events, as well as to speak in a public platform.

He is the founder and Chairman of AlQoud Foundation, CEO of AlQoud Enterprise, International Leadership and Coaching, Prince Events Management, and Natural Bites; which are all located in Bahrain. He is also the co-founder partner and CEO of International Change Makers, International Leadership and Coaching in Kuwait, the founder and Chairman of Bahrain Corporate Social Responsibility Society, and a board member of the National Committee for Combatting Trafficking in Person appointed by the minister of foreign affairs of the kingdom of Bahrain and board member of Higher Advisory Committee for Technical and Vocational Education appointed by the minister of education of the kingdom of Bahrain

As part of his responsibilities, he would provide consulting and financial advice regarding investment and business opportunities. He is well trained in fostering professional relationships with various individuals at a local and international level, and has a deep understanding on how to approach them.

Khalid has developed the characteristics that make him an effective coach, Consultant, mentor and speaker. His expertise ranges over topics of organization culture, leadership, corporate social responsibility, family business 3<sup>rd</sup> generations growth, motivational speeches and voluntary service. Under those themes, he has given keynote speeches and conducted workshops for the local and international community.

Khalid envisions a future that fosters a new generation of distinguished leaders with the aim of effectively solving community challenges, on both a local and global scale.

# **Personal Profile**

#### Personal Details

Bahrain: +973 33-00-6665 Name: Khalid Abdulla AlQoud Kuwait: +965 99-30-6665 Date of Birth: 06th of October 1974 Saudi Arabia: +9665 65-30-6665 Nationality: Bahraini Email: info@khalidalgoud.com UK: +447452-30-8072

Office: 17311602 +973P.O Box: 38836 - Manama - Bahrain

Fax: +97317311603 Website: www.khalidalqoud.com

#### Professional Work Experience

•	Founder of AlQoud Foundation	Chairman	2020 - Present
•	Global Training Federation	Board Member	2019 - Present
•	Higher Advisory Committee for Technical & Vocational Education	Board Member	2018 - Present
•	Founder of International Leadership & Coaching	CEO	2016 - Present
•	Founder of Natural Bites	CEO	2016 - Present
•	Co- Founder of International Change Makers	CEO	2016 - Present
•	National committee for Combating Trafficking in Persons	Board Member	2015 - Present
•	Founder of AlQoud Enterprise	CEO	2012 - Present
•	Bahrain Corporate Social Responsibility Society	Founder/Chairman	2011 - Present
•	Founder of Prince Events Managements	CEO	2010 - Present
•	Yusuf Bin Ahmed Kanoo - Bahrain Group	PR Manager	2007 - 2012
•	Expert Events & Exhibitions Managements	General Manager	2005 - 2009
•	Florida Property Centre	General Manager	2000 - 2003
•	Aluminium Bahrain B.S.C - ALBA	PR Officer	1996 - 2007

#### Positions attained throughout my career

Certified Online Trainer

•	Bahrain International CSR & Sustainability Conference.	Chairman	2016 - 2021
•	Bahrain International Corporate Governor Conference	Chairman	2014 - 2015
•	Grow Revenue in High Margin Forum	Chairman	2014
•	Bahrain International SME's Empowerment Conference	Chairman	2013
•	AIESEC - Bahrain Branch	Vice Chairman	2012 - 2014
•	Bahrain International Leadershift Conference	Chairman	2011 - 2021
•	Bahrain Day Public Festival	PR & Event Consultant	2007 - 2011
•	1st Golden Classic Bodybuilding Championship	Chairman	2007
•	Amwaj Triathlons	Chairman	2006
•	Flex 2nd International Bodybuilding Championship	Chairman	2005
•	Future IT exhibition and Conference	Event Consultant	2005
•	Superman Fitness Challenge & Body for LIFE Challenge	PR & Event Consultant	2005
•	4th Bahrain Triathlons	PR & Event Consultant	2004
•	Bahrain Festival	PR Manager	2004

#### Education

Bachelor Degree (Business Administration) from Arab Academy for Sciences, Technology & Maritime Transport-Egypt.

Diploma in Business Computing & Business Studies from Bournemouth Computer and Technology Centre UK -1991.

(CEM) Certified Event Manager from the International Festivals & Events Association.

Certified Human Drive & Motivation Trainer from Directive Communication International

Credited from America Institute of Business Psychology – 2019.

Certified Colored Brain Trainer/Consultant from Directive Communication International

Credited from America Institute of Business Psychology – 2019.

Certified in Dynamic Speaking and Facilitation from Directive Communication International

Credited from America Institute of Business Psychology – 2019.

Certified in Curriculum Development from Directive Communication International

Credited from America Institute of Business Psychology – 2019.

from Directive Communication International Credited from Global Trainers Federation – 2020.

## Others Courses

- Certificate in Entrepreneurship Development from United Nation Industrial Organizations (UNIDO).
- Enterprise Creation Programme from United Nation Industrial Organizations
- (UNIDO).

- Advance Certificate in Business Management.
- Advance Certificate in Business Studies.
- Certificate in Coaching from CTI (Coaches Training Institute).

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Others	Program	Partici	nation
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•	Participated as mentor in Mashroo3i (Youth Business Award)	Bahrain	(2017)
•	Participated in Mowgli's Entrepreneur Mentoring Program	Bahrain	(2016)
	Participated in Supporting Human Trafficking Victims and		
	National Reform System program	Bahrain	(2016)
•	Participated in CSR Forum Saudi ARAMCO	KSA	(2014)
•	Selected and Participated in the International Visitor Leadership		
	Program from United States Department of State – Bureau of		
	Education and Culture Affair	USA	(2013)
•	Participated in NGO's Planning and Designing Workshop -		
	Ministry of Social Development	Bahrain	(2013)
•	Participated in Mini-MBA in Entrepreneurship	Bahrain	(2010)

## Keynote Speaker

•	Keynote speaker at 1st GCC International CSR Conference	Bahrain	(2021)
•	Keynote speaker at 6 <sup>th</sup> Bahrain International Leadershift Forum	Bahrain	(2021)
•	Keynote speaker at 4 <sup>th</sup> Bahrain International CSR Conference	Bahrain	(2020)
•	Keynote speaker at 5 <sup>th</sup> Bahrain International Leadershift Forum	Bahrain	(2020)
•	Keynote speaker at 3 <sup>rd</sup> Bahrain International CSR Conference	Bahrain	(2019)
•	Keynote speaker at 4th Bahrain International Leadershift Forum	Bahrain	(2019)
•	Keynote speaker at 2 <sup>nd</sup> Bahrain International CSR Conference	Bahrain	(2018)
•	Keynote speaker at 3 <sup>rd</sup> Bahrain International Leadershift Forum	Bahrain	(2018)
•	Keynote speaker at Al-Mabara Al-Khalifia foundation Forum	Bahrain	(2017)
•	Keynote speaker at Rotary International (Rotary Sulmaniya)	Bahrain	(2017)
•	Speaker at Kuwait 2 <sup>nd</sup> Corporate Social Responsibility Conference	Kuwait	(2017)
•	Speaker at Kuwait 1st Corporate Social Responsibility Conference	Kuwait	(2016)
•	Keynote speaker at Women Success Factors conference	Kuwait	(2016)
•	Keynote speaker at Rotary International (Rotary Adliya)	Bahrain	(2016)
•	Keynote speaker at United Nation Forum	Bahrain	(2016)
•	Keynote speaker at Al-Mabara Al-Khalifia foundation event	Bahrain	(2016)
•	Keynote speaker at 1 <sup>st</sup> Bahrain International CSR Conference	Bahrain	(2016)
•	Keynote speaker at Arab Women Investors Union Conference	Egypt	(2015)
•	Keynote speaker at AMA Community Engagement forum	Bahrain	(2015)
•	Keynote speaker at Saudi Public Speaking conference	KSA	(2015)
•	Keynote speaker for Golden Tulip Public speaking boot camp	Bahrain	(2015)
•	Keynote speaker at Rotary Club of Manama	Bahrain	(2015)
•	Keynote speaker at public specking conference	Oman	(2014)
•	Keynote speaker at MENAPAR conference (Research paper)	Bahrain	(2014)
•	Keynote speaker at United Nation event	Bahrain	(2014)
•	Motivational Speaker for Royal University Women event	Bahrain	(2014)
•	Keynote speaker at entrepreneur form at polytechnic University	Bahrain	(2014)
•	Speaker for Cambridge Training College Britain & YouthCo forum	Bahrain	(2013)
•	Keynote speaker at PRIMIA's Event Basel III and Islamic Banks	Bahrain	(2013)
•	Keynote speaker at GCC Women's Leading Change Conference	Bahrain	(2013)
•	Keynote speaker at 3 <sup>rd</sup> GCC Chartered Accountant Conference	Bahrain	(2012)
•	Keynote speaker at 2 <sup>nd</sup> Bahrain International Leadershift Forum	Bahrain	(2012)
•	Keynote speaker at University Collage of Bahrain event	Bahrain	(2012)
•	Keynote speaker at AMA University graduation ceremony	Bahrain	(2012)
•	Keynote speaker at University Community Engagement Forum	Bahrain	(2012)
•	Keynote speaker at AIESEC Bahrain Winter National Conference	Bahrain	(2012)
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•	Keynote speaker at AIESEC Bahrain Summer National Conference Keynote speaker at AIESEC Bahrain LeadCo. Conference Keynote speaker at Strategic Media Communication and PR Forum Keynote speaker at Bahrain Youth to Business Forum Keynote speaker at Dar Alhekma Collage Conference – (Saudi 3) Keynote speaker at Bahrain Secretarial Association Conference Keynote speaker at White Rose Conference. Keynote speaker at AIESEC leadership conference Keynote speaker at GCC Public Relations Conference Keynote speaker at AMA Bahrain "Moving in to Success"	Bahrain Bahrain Dubai Bahrain Jeddah - KSA Bahrain UK Bahrain Bahrain Bahrain	(2012) (2012) (2011) (2011) (2010) (2009) (2009) (2009) (2008) (2008)
Worksh	ор		
•	CSR workshop for the GCC CSR Leaders	Bahrain	(2021)
•	CSR workshop for the GCC CSR Leaders	Bahrain	(2021)
•	CSR workshop for the GCC CSR Leaders	Bahrain	(2020)
•	CSR workshop for the GCC CSR Leaders	Bahrain	(2020)
•	CSR workshop for the GCC CSR Leaders	Bahrain	(2019)
•	CSR workshop for the GCC CSR Leaders	Bahrain	(2019)
•	CSR workshop for the GCC CSR Leaders	Bahrain	(2018)
•	CSR workshop for the GCC CSR Leaders	Bahrain	(2018)
•	CSR workshop for the GCC CSR Leaders	Bahrain	(2017)
•	Leadership program for Al-Zamil group of companies	Bahrain	(2017)
•	CSR workshop	Bahrain	(2017)
•	Youth Leadership Program	Kuwait	(2017)
•	Youth Leadership Program	Kuwait	(2017)
•	Youth Leadership Program	Kuwait	(2016)
•	Public speaker workshop for Al-Mabrah Al-Khalifia Foundation	Bahrain	(2016)
•	Anti Bullying Workshop	Kuwait	(2016)
•	Social Entrepreneurship	Kuwait	(2016)
•	Youth Leadership Program	Bahrain	(2016)
•	Youth Leadership Program	Kuwait	(2016)
•	Career Loyalty and Professional Ethics	Bahrain Bahrain	(2015)
•	Start up boot camp for BCCI workshop Success journey workshop	Kuwait	(2015) (2015)
•	Teamwork & Leadership for AlKifah Group of companies	KSA	(2015)
•	Teamwork & Leadership for AlKifah Group of companies  Teamwork & Leadership for AlKifah Group of companies	KSA	(2013)
•	Youth Leadership program for Al Zamil groups for companies	KSA	(2014)
•	Youth Leadership Program for Bahrain Bayan School	Bahrain	(2015)
•	Youth leadership program for the youth members of the Church	Bahrain	(2015)
•	Leadership Workshop for Al Ata's Youth for excellence	Bahrain	(2015)
•	Human Resource Development for Learn4Life Training Centre	KSA	(2015)
•	Speaker at public specking conference	KSA	(2014)
•	Public Relation Workshop - Saline Water Conversion Corporation	KSA	(2014)
•	Leadership Essential Workshop	Bahrain	(2014)
•	Public Relation Workshop	Bahrain	(2014)
•	"Master Your Event" Workshop	Bahrain	(2014)
•	Public Speaker Bootcamp	Bahrain	(2014)
•	Secrets of Success for Sitra High School for Girls	Bahrain	(2014)
•	Career development workshop for AlRawabi Career Exhibition	KSA	(2014)
•	Youth Leadership Program	Bahrain	(2014)
•	The Art of Public Speaking workshop for AlAhlia University	Bahrain	(2012)
•	Corporate Social Responsibility workshop	Bahrain	(2012)
•	Education Improvement Workshop and Parliamentary protocol	Abu Dhabi –UAE	(2012)
•	Education Improvement Workshop and Parliamentary protocol	Kuwait	(2012)
•	Education Improvement Workshop and Parliamentary protocol	Jeddah - KSA	(2012)
•	From Student to a CEO workshop	Bahrain	(2012)
•	Building an effective community services programs	Bahrain	(2012)
•	Time Managements Workshop	Bahrain	(2012)
•	Leadership in Action workshop	Bahrain	(2012)
•	Presentation skills and public speaking workshop at Youth City	Bahrain	(2011)

•	Marketing and Public Relation Workshop for AIESEC Bahrain	Bahrain	(2011)
•	Build the Leader you wish to be workshop for Kuwait University	Kuwait	(2011)
•	Build your career workshop for workshop AUK University	Kuwait	(2010)
•	Be the Leader you wish to be lecture for Dar AlHikma Collage	Jeddah – KSA	(2010)
•	Marketing workshop	Dubai - UAE	(2010)
•	Marketing workshop	Kuwait	(2010)
•	Youth Empowerment Programme for Qatar Pakistan School	Qatar	(2010)
•	Brand your PR activities workshop	UK	(2009)
•	Marketing workshop	Jeddah - KSA	(2009)
•	Marketing workshop	Riyadh - KSA	(2009)
•	Marketing workshop	Bahrain	(2009)
•	Marketing workshop	Oman	(2009)
•	Marketing workshop	Jordan	(2009)
•	Marketing workshop	Qatar	(2009)
•	Marketing workshop	Lebanon	(2009)
•	Moving on to success session for AMA University	Bahrain	(2008)
•	Counsellor for children public speaking club	Bahrain	(2007)
•	Youth Leadership program (YLP)/workshop for TKS society	Bahrain	(2006)
•	Leadership & Presentation skills Lecturer for Garnet Consultancy	Bahrain	(2006)
•	Presentation Skills workshop-Bahrain Young Entrepreneur Society	Bahrain	(2006)
•	Leadership Skills lecturer for Alhadia AlKhalifiya Schools	Bahrain	(2005)
•	Leadership Skills lecturer for Ahmed AlOmran Schools	Bahrain	(2005)
•	Presentation skills Lecturer in Awal Woman Society	Bahrain	(2005)
•	Career Plan Lecturer in Secondary Schools during Career Expo	Bahrain	(2002)

## Awards Received

•	Awarded by Ministry of Labour of Bahrain for supporting employment initiatives	2015	
•	Awarded by university of Bahrain for supporting student initiatives	2014	
•	Awarded from Bahrain Social Media Club as the Best Bahrain Social Community Builder	2012	
•	Awarded from the Royal Charity Organization for supporting the orphans activities	2012	
•	Awarded from Bahrain Secretariat Association for been a keynote speaker at BSA Conference	2009	
•	Awarded from District 71 Conference in UK for been a keynote speaker at the Conference	2009	
•	Awarded from AlBadeel for Training & Development as CSR Leader in Bahrain	2008	
•	Awarded from BPRA for been a keynote speaker at the GCC Public Relations Conference	2008	
•	Awarded for been Toastmasters of the year from Toastmasters International	2007	
•	Awarded from Anjaz Bahrain for participating as a lecturer in school leadership Program	2005 - 200	06
•	Awarded from Awal woman society for conducting one - month course in presentation Skills	2005	
•	Awarded from Bahrain Association for Mental Retardation	2005	
•	Awarded from UNIDO for participating in a Business Plan Challenge	2005	
•	Awarded from the 39th Asian Men's Bodybuilding Championship committee.	2004	
•	Awarded from World Beat Fitness Centre for supporting there fund raise event for special needs	2004	
•	Awarded from Alba - Bahrain Aluminium B.S.C for supporting the community services programs	2004 - 200	)5
•	Awarded from Bahrain Christian Fellowship for supporting their activities	2003	
•	Awarded from Almarifa School for supporting the school activities	2003	
•	Awarded from Awal woman society for supporting the children computer classroom projects	2003	
•	Awarded from the Joint Project of Charity Funds & Society of the west area.	2002 - 200	04
•	Awarded from Rotary Club of Manama – Salmaniya for supporting the annual fund raising event	2002 - 200	03
•	Awarded from Bahrain Terry Fox Run "Cancer Research" for the invaluable contribution	2002	
•	Awarded from Alba - Bahrain Aluminium for supporting the family day event	2002	
•	Awarded from Alba - Bahrain Aluminium for supporting the joint consult committee elections	2002	
•	Awarded from Bahrain Parliament Executive Election Committee	2002	
•	Awarded from the General Organisation for Youth & Sport – GOYS	1991	
•	In recognition of my Speaking and communication lead, I have received over 30 awards.		

## Personal Interests & Skills

- Coaching, Mentoring, Management Consultant, Public Relations, and Event management planning.
- Trainer in Corporate Social Responsibility, Organization Culture, Inspirational Speeches & Leadership Skills
- Voluntary service for the local and international community and supporting organization in building a great generation of leaders.

## Events

The Following are the events, in which I have participated, managed and directed:

## **Exhibitions and Conferences:**

$\checkmark$	1 <sup>st</sup> GCC International CSR Conference	2021
$\checkmark$	6 <sup>th</sup> Bahrain International Leadershift Forum	2021
$\checkmark$	4 <sup>th</sup> Bahrain International CSR Conference	2020
$\checkmark$	5 <sup>th</sup> Bahrain International Leadershift Forum	2020
$\checkmark$	3 <sup>rd</sup> Bahrain International CSR Conference	2019
$\checkmark$	4 <sup>th</sup> Bahrain International Leadershift Forum	2019
$\checkmark$	2 <sup>nd</sup> Bahrain International CSR Conference	2018
$\checkmark$	3 <sup>rd</sup> Bahrain International Leadershift Forum	2018
✓	Al-Mabara Al-Khalifia foundation Forum	2017
✓	Kuwait 2 <sup>nd</sup> Corporate Social Responsibility Conference - Kuwait	2017
✓	Kuwait 1st Corporate Social Responsibility Conference - Kuwait	2016
✓	Keynote speaker at Women Success Factors conference - Kuwait	2016
✓	Royal university women carer day	2016
✓	Participated in Bahrain University career Day Exhibition	2013
✓	Participated in Ahlia University career Day Exhibition	2012
<b>✓</b>	Managing & arranging Bahrain 2 <sup>nd</sup> International Leadershift Conference	2012
✓	Managing & arranging Bahrain 1 <sup>st</sup> International Leadershift Conference	2011
· ✓	Company representative in Career Expo	2007 - 2012
<b>√</b>	Managing & arranging Human Resources Conference for SDT (Saudi Deployment & Training)	2007 - 2012
· ✓	Managing & arranging Special German light Conference for ABC Technical services Co.	2006
<b>√</b>	Company representative in Green Industry Conference & Exhibition	2006
<b>✓</b>	1 1 1	2006
<b>√</b>	Company representative in Invest in Bahrain Conference & Exhibition	
	Event consultant for Future IT exhibition and Conference	2005
<b>√</b>	Company representative in the 10 <sup>th</sup> Trade Fair of Islamic Countries Exhibition	2005
<b>√</b>	Company representative in Bahrain Garden Fair Exhibition	2004 - 2005
<b>√</b>	Company representative in Made in Bahrain Exhibition	2004
<b>√</b>	Participated in organizing Arabal Conference and Exhibition	2004
<b>√</b>	PR manager for Bahrain Festival	2004
✓	Participated in Growing Business in <u>Jordan</u> Conference & Exhibition (Entrepreneurs Forum)	2005
✓	Participated in Invest in <u>China</u> Conference & Exhibition (Entrepreneurs Forum)	2006
Sport 1	· · · · · · · · · · · · · · · · · · ·	
Sport I	Events	2006
Sport I	Events  Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship	2006
Sport I	Events  Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons	2006 2007 2006
Sport I	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship	2006 2007 2006 2005
Sport I	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club	2006 2007 2006 2005 2005
Sport I	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program	2006 2007 2006 2005 2005 2005
Sport 1	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team	2006 2007 2006 2005 2005 2005 2005
Sport I	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program	2006 2007 2006 2005 2005 2005
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Sport I	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4 <sup>th</sup> Bahrain Triathlons  unity Services Programs  Monthly orphans day out	2006 2007 2006 2005 2005 2005 2005 2004
Sport I	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4 <sup>th</sup> Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club	2006 2007 2006 2005 2005 2005 2005 2004 2017 - 2021 2014 - 2021
Sport I	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4 <sup>th</sup> Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans	2006 2007 2006 2005 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014
Sport I	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4 <sup>th</sup> Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs	2006 2007 2006 2005 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012
Sport I	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4 <sup>th</sup> Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs Organising a recycle plan to exchange plastic bottels with wheel chairs	2006 2007 2006 2005 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012 2012
Sport 1	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4 <sup>th</sup> Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs Organising a recycle plan to exchange plastic bottels with wheel chairs Supporting the cancer awareness campaign	2006 2007 2006 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012 2012 2012
Sport 1	Chairman for the 1st Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2nd International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4th Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs Organising a recycle plan to exchange plastic bottels with wheel chairs Supporting the cancer awareness campaign Organising free public speaking workshops for the youth	2006 2007 2006 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012 2012 2012 2012
Sport 1	Chairman for the 1 <sup>st</sup> Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2 <sup>nd</sup> International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4 <sup>th</sup> Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs Organising a recycle plan to exchange plastic bottels with wheel chairs Supporting the cancer awareness campaign Organising free public speaking workshops for the youth Organising community services workshops and challenges for youth	2006 2007 2006 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012 2012 2012 2012 2012
Sport 1	Chairman for the 1st Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2nd International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4th Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs Organising a recycle plan to exchange plastic bottels with wheel chairs Supporting the cancer awareness campaign Organising free public speaking workshops for the youth Organising community services workshops and challenges for youth Organizing Bahrain Day	2006 2007 2006 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012 2012 2012 2012 2012 2012 2017 - 2010
Sport 1	Chairman for the 1st Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2nd International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4th Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs Organising a recycle plan to exchange plastic bottels with wheel chairs Supporting the cancer awareness campaign Organising free public speaking workshops for the youth Organizing Bahrain Day Help in raising funds for Bahrain cancer society throw sport events	2006 2007 2006 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012 2012 2012 2012 2012 2017 - 2010 2006
Sport I	Chairman for the 1st Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2nd International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4th Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs Organising a recycle plan to exchange plastic bottels with wheel chairs Supporting the cancer awareness campaign Organising free public speaking workshops for the youth Organizing Bahrain Day Help in raising funds for Bahrain cancer society throw sport events Help in raising funds for Alrashad centre for autism throw sport events	2006 2007 2006 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012 2012 2012 2012 2012 2007 - 2010 2006 2006
Sport I	Chairman for the 1st Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2nd International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4th Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs Organising a recycle plan to exchange plastic bottels with wheel chairs Supporting the cancer awareness campaign Organising free public speaking workshops for the youth Organizing Bahrain Day Help in raising funds for Bahrain cancer society throw sport events Help in raising funds for Alrashad centre for autism throw sport events Organizing a Road awareness campaign, this covered 1,500 people in 2 days	2006 2007 2006 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012 2012 2012 2012 2012 2007 - 2010 2006 2006 2006 2005
Sport I	Chairman for the 1st Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2nd International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4th Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs Organising a recycle plan to exchange plastic bottels with wheel chairs Supporting the cancer awareness campaign Organising free public speaking workshops for the youth Organizing Bahrain Day Help in raising funds for Bahrain cancer society throw sport events Help in raising funds for Alrashad centre for autism throw sport events Organizing a Road awareness campaign, this covered 1,500 people in 2 days Organizing a Corporate Environmental Campaign (beach cleaning)	2006 2007 2006 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012 2012 2012 2012 2012 2012 2012 2016 2006 2006 2006 2006 2006 2007 - 2010
Sport I	Chairman for the 1st Golden GYM Classic Bodybuilding Championship Chairman & Sponsor of Amwaj Triathlons Chairman for Flex 2nd International Bodybuilding Championship Event consultant for the Superman Challenge which was for all Bahrain health club Event consultant for the Body for LIFE Challenge which is a 12 weeks program Event consultant for the 24 Hours Fitness, for Bahrain Rugby Team Event consultant for the 4th Bahrain Triathlons  unity Services Programs  Monthly orphans day out Day out for special needs children in yacht club Garage sale fundraise to support orphans Organizing a Garage sale to raise funds for the children with special needs Organising a recycle plan to exchange plastic bottels with wheel chairs Supporting the cancer awareness campaign Organising free public speaking workshops for the youth Organizing Bahrain Day Help in raising funds for Bahrain cancer society throw sport events Help in raising funds for Alrashad centre for autism throw sport events Organizing a Road awareness campaign, this covered 1,500 people in 2 days	2006 2007 2006 2005 2005 2005 2004 2017 - 2021 2014 - 2021 2014 2012 2012 2012 2012 2012 2007 - 2010 2006 2006 2006 2005

$\checkmark$	Supporting AlRashad Centre for Autism to complete the Centre equipment's	2004
✓	Organizing kid's art exhibition and workshop for Children with Special needs	2004
$\checkmark$	Organizing a painting workshop in AlRashad Canter for autism	2004
$\checkmark$	Organizing the sand castle building event for children with learning difficulty	2004
$\checkmark$	Organizing Planting 525 tree project in different areas of Bahrain	2004 - 2005
$\checkmark$	Participated in the 1 <sup>st</sup> & 2 <sup>nd</sup> Environment Mini marathon	2004 - 2005
$\checkmark$	Organizing a visit & social day for the elderly	2003 - 2011
$\checkmark$	Organizing a Diabetes Awareness Campaign in Seef Mall	2003 - 2004
$\checkmark$	Organizing a social day for Bahrain Down Syndrome Society children	2003 - 2004
$\checkmark$	Organizing annual Visit to the Children in Salmania Hospital during the month of Ramadan	2002 - 2012
$\checkmark$	Organizing find raise program to help the villages in Bahrain	2002

## Professional affiliations

•	Higher Advisory Committee for Technical & Vocational Education	Board Member	2018 - Present
•	Rotary Club Sulmaniya	Member	2017 - Present
•	National committee for Combatting Trafficking in Persons	Board Member	2015 - Present
•	Bahrain Corporate Social Responsibility Society	Founder/Chairman	2011 - Present
•	AIESEC Bahrain	Vic Chairman	2012 - 2014
•	International Association of Exhibition and Events IAEE	Member	2014
•	Arab CSR society	Founder Member	2012
•	Bahrain Management Society	Member	2010 - Present
•	Member of Bahrain Society for Training & Developments		2010 - Present