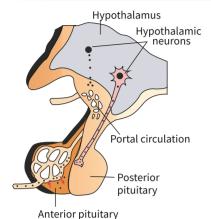
TYPE OF GLANDS

- + Exocrine:- are ducted.
- + Endocrine:- Ductless glands
- + Heterocrine:- Partly exocrine and partly endocrine

Endocrine-Secrete **Hormones** (Chemical messengers of the body)





Releasing hormones

+ Stimulates secretion of pituitary hormones.

+ Eg., Gonadotrophin Releasing Hormone (GnRH) Stimulates release of gonadotrophins.

HYPOTHALAMUS

+ Inhibit secretion of pituitary hormones.

Inhibiting hormones

+ Eg., Somatostatin inhibits release of growth hormone from pituitary.

Oxytocin/ Vasopressin

+ Transported axonally and stored in pituitary.

PITUITARY GLANDS

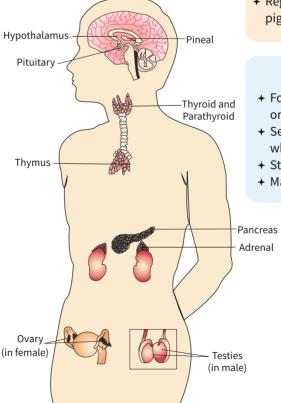
- + Master glands, located in a bony cavity - sella tursica.
- + Attached to the hypothalamus by a stalk.

HORMONE	FSH and LH	TSH	ACTH	Prolactin	MSH	GH
TARGET	Testes or ovaries	Thyroid	Adrenal cortex	Mammary glands	Melanocytes	Liver, bones, other tissues

THYMUS

- + Located behind sternum
- + Secretes thymosins (peptide hormone).
- + Help in differentiation of T lymphocytes that provides cell mediated immunity.
- + Promote antibody production for humoral immunity.

Endocrine Glands



PINEAL GLAND

- + Located on dorsal side of brain.
- + Secretes melatonin or sleep hormone.
- + Regulates sleep and wake cycle, pigmentation, body temperature, etc.

PARATHYROID GLANDS /

- + Four parathyroid glands are present on back side of the thyroid glands.
- + Secretes parathyroid hormone, which is Hypercalcemic hormone
- + Stimulates bone resorption
- + Maintains Calcium balance.

THYROID GLAND

Largest endocrine gland.

- + Regulates BMR.
- + Support RBC formation.
- + Control metabolism of carbohydrate, protein & fats.

Hormones secreated

- → Thyroxine (T₄)
- + Triiodothyronine (T₃)
- + Thyrocalcitonin (TCT)

Alpha - cells Beta - cells **PANCREAS**

Glucagon

Insulin

- + Hyperglycemic factor.
- + Hypoglycemic factor. + Stimulate + Stimulate
- gluconeogenesis.
 - glycogenesis.
- + Reduce Cellular + Stimulates glucose uptake.
- glucose uptake.

Adrenal cortex Adrenal medulla

ADRENAL GLAND

Adrenal Cortex

- ★ The corticoids, involved in carbohydrate metabolism-glucocorticoids- Cortisol
- ★ Corticoids- balance of water and electrolytesmineralocorticoids- Aldosterone.
- ★ Androgenic steroids growth of axial hair, pubic hair and facial hair during puberty.

Adrenal Medulla

- + Adrenaline
- + Noradrenaline
- + Catecholamines Emergency hormones or hormones of Fight or Flight.

OVARIES

- + Female primary sex organs.
- + Located in abdomen in pair.

HORMONES

Estrogen

- Regulates growth of female sex organ.
- Control female secondary sexual characters and behaviors.



Progesterone

- + Pregnancy hormone.
- + Acts on mammary glands for milk secretion.

TESTIS

- + Male primary sex organ.
- + Present in the scrotal Sac.

Hormones By Leydig Cells

Androgens (mainly testosterone)

- + Regulate function of male accessory sex organs.
- + Stimulates formation of spermatozoa.
- + Stimulates male sexual behaviour.

MECHANISM OF HORMONE ACTION /

Hormone binds to its specific receptor to form hormone – receptor Complex. On the basis of their chemical nature, hormones can be divided into groups:

- (i) Peptide, polypeptide, protein hormones (e.g., insulin, glucagon, pituitary hormones, hypothalamic hormones, etc)
- (ii) Steroids (e.g., cortisol, testosterone, estradiol and progesterone)
- (iii) Iodothyronines (thyroid hormones)
- (iv) Amino-acid derivatives (e.g., epinephrine).

HORMONES SECRETED BY OTHER ORGANS OR TISSUE

Atrial Wall of heart

→ Atrial Natriuretic factor (ANF)

Gastro intestinal tract

- + Cholecystokinin
- → Gastric Inhibitory Peptide
- + Secretin
- + Gastrin

Juxtaglomerular cells of Kidney

+ Erythropoietin

