**Grit and growth mindsets**

**partner name**: Abdelrahaman Nagaty Ahmed

**Date and time** : 20/7/2023 12:30

**Conversation on**: Google meet

No, there was no confusion, as we quickly agreed.

Through the conversation, I understood the concept of the Grit and growth mindset. This is a wonderful concept that made me have enough determination and hope to succeed even if I failed while trying and that my failure is evidence of my ability to grow.

My concept about "yet" .It is the attempt and the solution is the count of the desperate and the continuation despite the failure If you fail at something, this does not mean that it is impossible.

I have encountered the concept of growth mindset in many areas of my life, including practical or academic life, even if I did not realize this concept at the time. but my method in this is always trying.