MUSIC:

**Music** is a method of understanding a person's and other people's happiness, sadness, rage, fear, envy, etc. Whatever the emotion is that we need to feel, **music** can help a person sit back and feel whatever is happening. **I like music** because it keeps me calm and relaxed. It makes me happy. Listening to **music** can provide health benefits to those suffering from certain conditions.

TRAVELING:

I **love** to **travel**: it helps open your mind. You realize that there's no one way to live life. Meeting people from other places will show you that your world view isn't the same as everyone else's. By being exposed to new places, people, and cultures, you'll develop a more comprehensive world view.

Movies:

**Movies** allow us to feel different emotions; thrill, happiness, sadness, intensity, comfort, shock, and nervousness are one reason we **love** watching **movies**. However, if you are enjoying the **film**, you can fantasize and imagine what you could do in that world or situation.

Video Games:

A big reason why we **love video games** so much, I feel, is because they are an escape from our sometimes dull and monotonous lives. Another reason I believe we **love video games** is that they give us a sense of accomplishment. The feeling you get when you complete a good game is a feeling that's hard to compete with.