Inspect and Adapt

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Scrum has 5 events – Sprint, Sprint Planning, Daily Scrum, Sprint Review, Sprint Retrospective.

Each event gives us a chance to inspect and adapt. Based on your understanding, complete this table below.

Events	Inspect	Adapt	Timebox
Sprint Planning	Product Backlog	Sprint GoalForecastSprint Backlog	8 hr
Daily Scrum	Progress toward Sprint Goal	Sprint Backlog	15 min
Sprint Review	 Increment Sprint Product Backlog	Product Backlog	4 hr
Sprint Retrospective	• Sprint	 Actionable and committed improvements 	3 hr