

2020-
2021

CHEYUTHA FOUNDATION For Organ Transplants

-A passion for mutual help

Annual Report – 2020-2021

Cheyutha Foundation for Organ Transplants (CFOT) is a social organization formed by Renal Transplant Recipients and is spread across Telangana and Andhra Pradesh states. The main motive of our society is to support patients suffering from kidney diseases requiring dialysis or transplantation.



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Cheyutha Foundation for Organ Transplants

Annual Report - 2020-21

1. From the Founder's Desk

Cheyutha Foundation for Organ Transplants (CFOT) is for people like me, whose lives have been changed irrevocably owing to kidney disease.

I was diagnosed with polycystic kidney disease during my student days. The discovery traumatized my entire family. It costs some relationships that were close to my heart. I battled with the disease for some time and managed to undergo a transplant when my aunt donated her kidney. She is my savior. She gave my life back.

It was a tumultuous journey. This journey made me go through the trauma of dialysis patients and kidney transplant recipients. I experienced the difficulty in managing finances for medical care, pre- and post- transplant challenges, unemployment, long cycles of treatment, the subdued life and a lot more. In fact, a near unsurmountable wall of challenges. It led me to think, to rise and to extend a hand to support organ receivers. That's how **Cheyutha Foundation for Organ Transplants** was born.

We have a big challenge in this Covid-19 pandemic, most of the transplant recipients are not able to go to hospitals for their regular consultations and skipping their medicine, for this we want to create virtual consultations.

Dialysis patients are skipping their dialysis due to lockdown and they will infect easily. In this we have to request Govt. to setup Covid19 treatment in dialysis centers and provide medicine at district level to all transplant recipients.

- Bhagawan Reddy

పిన్ని, నేను ఆరోగ్యంగా ఉన్నాం

ఆరోగ్యమస్య కారణంగా కిడ్నీ మార్పిడి అవసరం ఏర్పడింది. మా కుటుంబసభ్యుల నుంచి మా పిన్ని పద్మ దైర్యంగా ముందుకువచ్చారు. అలా తొమ్మిదేండ్ల క్రితం ఓ ప్రైవేటు దవాఖానలో ఆపరేషన్ చేసి కిడ్నీ అమర్చారు. నేను, మా పిన్ని ఇప్పుడు ఆరోగ్యంగా ఉన్నాం. ఇతరులకు సాయం చేయాలనే ఆలోచనతో చేయూత ఫౌండేషన్ ద్వారా అవయవదానం గురించి ప్రచారం చేస్తున్నాం. -భగవాన్ రెడ్డి, సిద్దిపేట



CFOT was started in 2015 and formally incorporated as a society in January 2018.

The main aim of CFOT is to create a robust system to facilitate awareness about organ failure issues, prevention of the cause, identification of the disease, employment for the qualified patients, medical treatment and rehabilitation for kidney recipients and dialysis patients.

We are a community consisting of patients suffering from CKD, Family members of CKD Patients, Doctors, Stakeholders offering services like Treatments, Patients-to-Hospital connections and relevant Medical agencies.

Educating members about the new treatments, supporting the needy patients, providing medicines at a subsidized cost, supplying dialyzer kits to the patients undergoing dialysis and assisting with regular health check-ups are our organization's top priority. We are also associated with "**Kidney Warriors Foundation**" to extend our services to patients across India.

2. Message from the Co-founder

Cheyutha Foundation for Organ Transplants (CFOT) is an organization which opened doors to all the kidney patients who could not afford Dialysis, Kidney transplant, Treatments, and Medical support. I was diagnosed with IGA Nephropathy and was the Jeevandan Organization helped me secure a Kidney.

My disease and the path to recovery inspired me to join Mr. Bhagawan Reddy in supporting kidney patients and organ donation.

Live organ donation, organize screening camps purpose establish Cheyutha help desk centers in all districts across Telangana initially and same we will implement in Andhra Pradesh state also.



3. Vision

Our vision is to save and improve the lives of patients with Chronic Kidney Diseases (CKD).

4. Mission

Our mission is to educate & support Dialysis and Transplant patients.

5. How We Came into Being

A proposal started in 2015 with a small meet up between a transplant recipient Mr. Bhagawan Reddy (Founder) and a dialysis member Mr. Kiran (Co-founder) at NIMS hospital to save and improve the lives of kidney patients.

We started with a WhatsApp group of ten members. Within a short period of time, we have gathered more than 650 transplant Recipients, more than 280 Dialysis Patients, a couple of Nephrologists and Dialysis Technicians.

Our vision was formalized when we formed the **Cheyutha Foundation for Organ Transplants** in the year 2018.

6. Focus

6.1. Prevention is better than Cure

1. Create awareness about the End Stage Renal Disease (ESRD) by conducting workshops and events to know the impact of the disease and its prevention.
2. Gather information and updates on the science of kidney failure, constant update of knowledge and on-going research and disseminate information among patients in India and if needed beyond the boundaries of India.
3. Conducting frequent kidney screening camps for early detection of the disease.

6.2. Transplantation for a good cause

4. Empower patients through education about the resources available in the form of government subsidies, ESI benefits, availability of medicines, resource & infrastructure in hospitals & clinics.
5. Conduct meetings, workshops, seminars, events like and health check-up camps & conferences to educate people on transplant/donation in Telangana, AP & all over India to increase the reach of the society's work.
6. Provide financial assistance to kidney patients and Organ Donors.

6.3. Support dialysis time and Post- transplantation

7. Interact with patients to bring change in diet, medications, and tests essential for combating the disease and understand the issues faced by patients.
8. Provide direct and indirect financial assistance to kidney transplant recipients.
9. Help patients to get jobs so that they can be financially independent.
10. Distribute medicines, dialysis kits at subsidized rates; rehabilitate kidney transplant recipients and dialysis patients and arranging follow-up health check-ups for them.

6.4. External support by Long-term plans

11. Interact with Government bodies on matters of organ transplant, enhancing in organ donation laws for coverage of the scope of organ transplantation.
12. Interact with trade unions and private organizations for bringing relief through labor laws, and exemptions that the society deems to be necessary for patient rights and dignity.
13. Make efforts to ensure that the Government of India, the public sector industries, and private sector industries recognize CKD patients by providing them with special arrangements to manage their healthcare, opportunities to transplant and dialysis patients to work and rehabilitate the patients.

7. What We Do

We are making a difference in the lives of patients who are suffering from kidney diseases and are awaiting a transplant or have received a transplant.

We know that this is a huge challenge and our work yields better results when we join hands with other NGOs who complement our efforts.

Here is a look into what chronic kidney disease is all about.

7.1. About Kidney Diseases and Treatments

Kidney diseases such as Chronic Kidney Disease (CKD), Nephrotic syndrome, Acute & Polycystic Kidney Disease damage kidneys and affect the waste elimination process in the body. Consequently, the patient may develop complications like high Blood pressure, Weak bones, Poor nutritional health and damage to the nervous system. Also kidney disease increases the risk of Cardiovascular diseases. And eventually even death.

A patient can receive a kidney from a living or dead (cadaver) person. It is well known that kidneys from living person function far better than cadaver organs. Consequently, the former has nearly zero complications than the latter category.



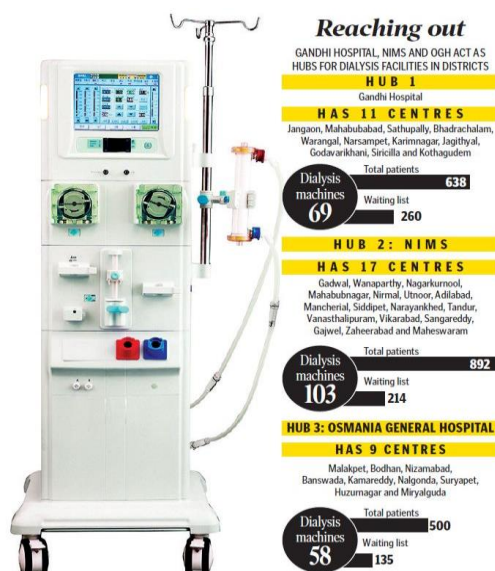
According to The Better India (www.thebetterindia.com), more than 1,50,000 Indians are estimated to be in need of a kidney transplant, but only 5000 people receive a kidney. (Source: https://en.wikipedia.org/wiki/United_Network_for_Organ_Sharing)

7.2. Dialysis

According to [Vikaspedia](#), an initiative by the government of India, every year about 2.2 Lakh new patients of End Stage Renal Disease (ESRD) get added in India resulting in additional demand for 3.4 crore dialysis every year. With approximately 4950 dialysis centres, largely in the private sector in India, the demand is less than half with existing infrastructure.

Since every Dialysis has an additional expenditure tag of about INR 2,000, it results in an annual expenditure to the tune of Rs.3-4 lakhs for a patient. Besides, most families have to undertake frequent trips, and often over long distances to access dialysis services incurring massive travel costs and loss of wages for the patient and family members accompanying the patient. Practically this leads to a financial catastrophe for all families with such patients. With the substantial gain in quality of life and extension of progression-free survival for patients, families continue to stretch financially to make large, out-of-pocket spends.

It has been felt that both in terms of provision of this essential life-saving procedure and also for reducing impoverishment on account of out-of-pocket expenditure for patients, a dialysis program is required.



Cost of Dialysis

Treatment	Private Hospital / Month INR	Government Hospital / Month INR
Dialysis	30,000 to 50,000	Free
Fistula Surgery cost for dialysis	20,000 to 40,000	4000- 5000
Medicines	8000	5000

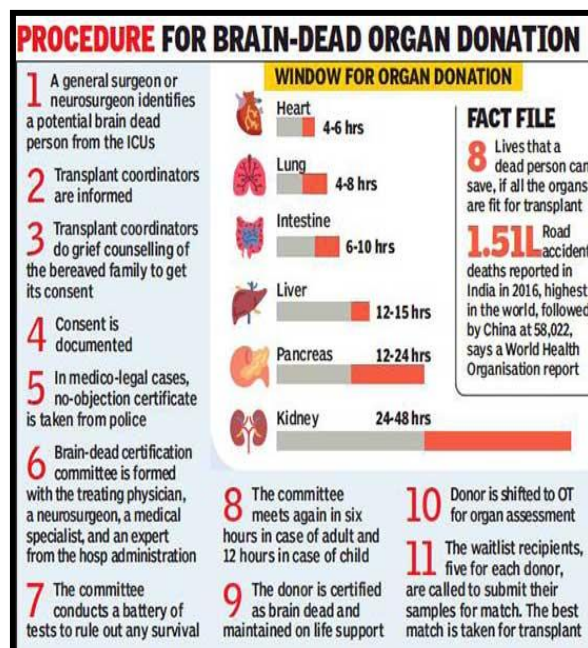
Dialysis restricts patients from having an active life. And the best alternative for dialysis is kidney transplantation.

7.3. Kidney Transplantation

A kidney transplant can free you from long-term dependency on dialysis and the strict schedule that goes with it. However, kidney transplantation is not suitable for everyone. This includes people with infections and those who are severely overweight.

A kidney patient can receive organs from

1. Brain-dead person (cadaver organ)
2. Live person (live organ)
3. Swap Transplantation



Cost of Transplantation

Treatment	Private Hospital INR	Government Hospital INR
Transplantation cost	6 to 14 lakhs	1 to 2 lakhs
Lifelong medication	<ul style="list-style-type: none"> 10,000-15,000 per month After 5 years cost will be up to 5,000-9,000 per month 	
Regular Follow-up cost	<ul style="list-style-type: none"> 2,000 to 3,000 per month for Lifelong lab tests & follow-up visits to the doctor 	

8. Major Activities

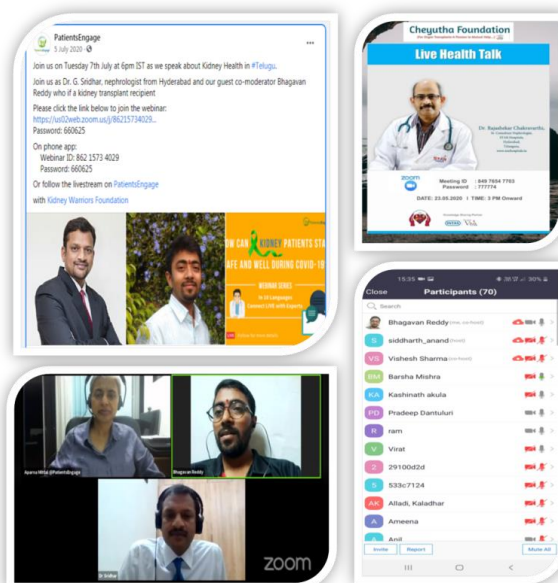
8.1. Health Checkups Virtually

Problem: Kidney transplants patients are not able to consult respective nephrologists in every month or once in every three months due to Covid Pandemic.

Activity for Solution:

- We have organized two virtual health camps in collaboration with **Kidney Warriors Foundation** with the support of **INTAS** and **PatientsEngage** organization.
- **Dr. Rajashekara Chakravarthy**, Senior Nephrologist - Star Hospitals and **Dr. Sridhar**, Senior Nephrologist - Global Hospitals were consulted **180 patients**.
- Many of them watched in Face book live and cleared their doubts.
- All the participants are from different districts across Telangana and A.P States

<https://www.facebook.com/patients.engage/videos/639312107007450/>



8.2. Providing fistula belts to dialysis Patients

Problem: After each dialysis every patient need to use these belts for blood flow control and take these injections for blood improvement, but these are very costly and every alternative day they must use

Actions for Solution:

- Distributed fistula Belts & injections with the support of our founders and their family members
- Beneficiaries are from Care Hospitals, Hyderabad and Govt. established dialysis centres in siddipet, Mahabubabad, Peddapally and Mancherla districts area hospitals in Telangana. Kakinada and Rajamundry dialysis centres in Andhra Pradesh.
- Due to pandemic lockdown we have sent these belts to district dialysis centers through courier
- More than **300 patients** have benefitted with this support worth of Rs. 500/- each.



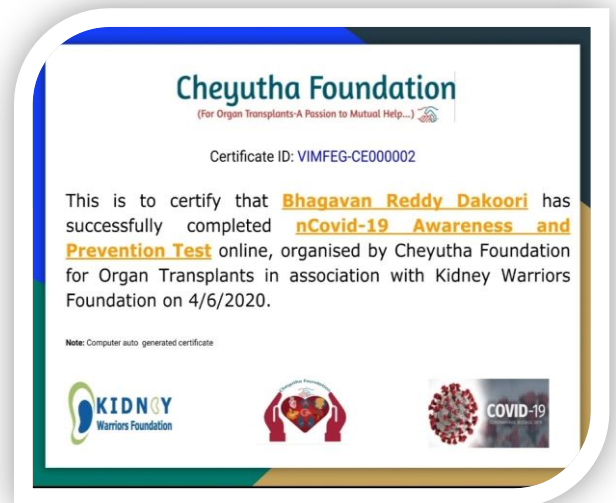
8.3. Awareness and Prevention test on Covid-19 disease

Problem: Covid-19 disease awareness is very important to all and specially this disease is infecting easily to Kidney transplants recipients and dialysis patients

Activity for Solution:

- We have developed an online test on "[nCovid-19 Awareness and Prevention](#)".
- This test will be free of cost
- Anyone can write this test and it is compatible with mobile and desktop versions
- After completion of the test they can get certificate to the registered mail ids.
- Around 800 patients have received the certificate

Test link: <https://tinyurl.com/nCovid19-CFOT-KWF>



8.4. Nutritional Secrets Book

Problem: Lack of awareness on diet intake, most of the patients are suffering from side effects of medicines and facing other complications.

Activity for Solution:

- Diet plays a key role on maintain healthy kidney in different stages of kidney failure.
- Kidney Warriors Foundation has launched this Nutritional Secrets Book at Bangalore on 6th April, 2019 with Nephrologists, Dieticians, founder members, dialysis patients and post kidney transplant recipients
- This book has developed by Kidney Warriors Foundation CEO and a kidney donor Ms. Vasundara Raghavan, and a senior dialysis patient Late Mr. Vishal Gandhia.
- Inputs from senior dieticians, Nephrologists, and senior patients to develop good diet book for initial stage to end stage renal failure and post kidney transplants.
- The same book we have translated in Telugu language and launch virtually on KWFs 3rd anniversary event on 20th December, 2020.

Program link: <https://youtu.be/b4bp1KWEnn8>



8.5. Creating awareness on Live Organ donation

Problem: Most of the family members are feared to donate live kidney due to **false rumours** like it can be life threatening or it can leave us with single kidney

Activity for Solution:

- As a kidney transplant recipient, we are going to their families and representing as a model for live organ transplant recipient and sometimes we are going with donors.
- We are motivating dialysis patients to register with Govt. scheme "Jeevandhan" for cadaver organ, If the family blood group does not match with diseased patient blood group.
- We have approached "**MANA RADIO**" its Telugu Radio for NRIs to conduct a live program on organ donation. Finally, they have interviewed our Founder Mr. Bhagawan Reddy on 14th June, 2020 on awareness on organ donation.
- Namasthe Telangana Published our story on 16th February, 2020.



8.6. Providing immunosuppressant drugs to kidney transplant recipients

Problem: Transplant recipient need to use for lifetime immunosuppressant drugs to anti-reject graft kidney for every 12 hours and these are very costly

Activity for Solution:

Provided immunosuppressant medicine worth of Rs. 69,000/- to 36 transplant recipients with the support of group members, medicine donors and kidney warriors foundation

- **Travel time Medicine arrangement:** Sometimes patients can forgot their medicine while travelling. We have arranged the same in travel time with the support of what's app group members. Till now received requests from 2 group members.
- **Dose Changes time medicine exchange /donation to poor patients:** Every 2-3 months transplant recipients can go for regular health checkups and Doctors will suggests changing their medicine dosages if required.
- Arrange medicine to required patients with exchange facilities within group members. Received medicine exchange requests from 11 group members.
- **Adopt a transplant recipient initiative:** we have arranged medicine to poor kidney transplant patients with the support of this initiative and 8 group members benefitted.
- **Covid pandemic time Medicine arrangement:** We have arranged medicine to patients, who are unable to go to hospital to take the medicine due to lockdown, received request from 17 members.



8.7. World Kidney day Program- 2021: Living well with Kidney disease

Problem: Most of the kidney failures are happening due to lack of awareness

Activity for Solution:

- Participated in Care Hospitals WKD-2021 program and motivated kidney patients by our founder Mr. Bhagavan Reddy and shared his **living well with kidney disease**.
- An awareness program organized with Zoom call with ~100 members on the day of world kidney day-2020 and following topics discussed
- Dr. Raja Shekara Chakravarthy, HOD-Star Hospitals, Hyderabad honoured the program and addressed Patients reg Medicine usage, food intake and timely health check-ups.
- And few senior transplant patients also shared their experiences on their post-transplant life and benefits of transplantation for motivating the team.
 - Ms.Indu Priya – Tx in year 2003 (Donor – Mother)
 - Mr.Jayakar Raju – Tx in the year 2004 (Donor – Father)
 - Mr.Neelam Ilaiah – Tx in year 2005 (Donor – Mother)
- Doctor has appreciated and suggested us to conduct such programs frequently to increase the awareness and for the well-being of Kidney patients community.



8.8. Apadbhandu Insurance Scheme

Problem: Life Insurance or Health Insurance providers are not showing interest to provide insurance benefits to Transplant recipients

Activity for Solution: We have initiated a Scheme called Apadbhandu Insurance scheme to help our members at Hospitalization time

Scheme Aim: Health Insurance to Cheyutha member.

Contribution: Minimum of Rs.100/- for every month, and after we will issue a registration number and add into to Apadbhandu scheme what's app group.

Apadbhandu Amount:

- Patient will get **20% on their final settlement** amount as per discharge summary, and **maximum will be Rs. 5000/- per year** per member
- If they claim through arogya Sri / ESI, we will check their hospital admit date and discharge date time other bills for considering their medicine, investigation and consultation bills.
- This scheme is applicable from **1st January to 31st, December, 2020**.

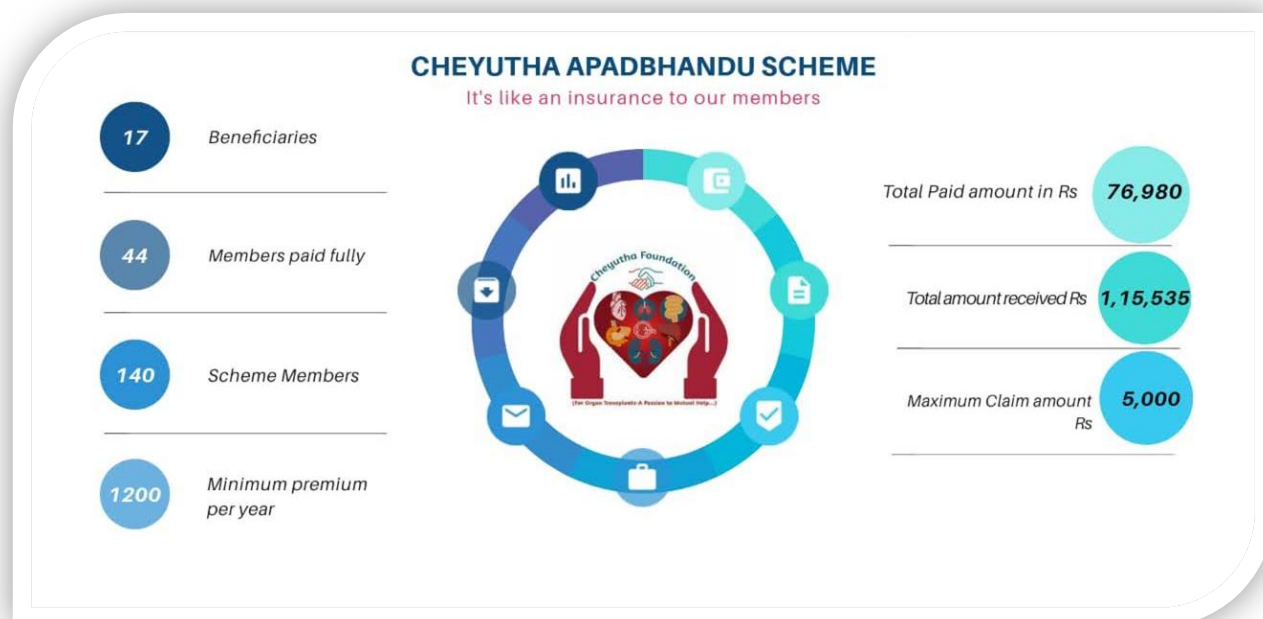
Eligibility:

- Patients must be a **registered member** of CFOT
- Contributing Minimum of Rs. 100/- for every month on monthly basis or yearly basis

How to apply for this Scheme:

- Submitting Hospital **Discharge summary** and Payment receipts of hospital bills within 30 days.
- Bank account details
- Submit through what's app to **8328605200** / Cheyuthafoundation.org@gmail.com

No. Of Beneficiaries In This Scheme: 27 patients were benefitted with this scheme and utilised amount of Rs. 80,000/-



8.9. Memorandums submission to Public Representatives in Telugu States

Problem: Most of the kidney patients are suffering to purchase Immunosuppressive drugs. These drugs are costly and every transplant recipient needs to take every 12 hrs till lifetime to save transplanted kidney (Graft kidney) to stop the rejection.

Actions for Solution: We met and submitted request letters to different Govt. Officials and public representatives in Telangana and Andhra Pradesh states requesting for Monthly pension to Patients under dialysis and Post-Transplant patients

Request letters addressed to Telangana State ministers -

- Mr. Eatala Rajender, Health minister, Telangana
- Mr. Harish Rao, finance minister, Telangana

8.10. Request for helping hand from government in pandemic period

Problem: As Kidney patients are more sensitive to infections, during pandemic period they could not go out for health check-ups and medicines. There were restrictions even for going to dialysis treatment also which is life saving treatment for Kidney patients.

Activity for Solution: Addressed Kidney patients' problems in public forum in Vanitha TV, Deccan Chronicle, Eenadu, Namaste (electronic and print media) and requested support of Telangana government for allowing patients to go for dialysis. We have requested government for providing 3 months medicines to Post-Transplant patients.

Getting key meds a challenge for transplant patients

Amrita.Didya
@timesgroup.com

Hyderabad: Patients who have undergone organ transplants are finding it difficult to obtain immunosuppressants. Missing the dose for even one day can have very severe implications. Medical stores and transplant surgeons have been flooded with calls from patients who are unable to get supply, especially from the districts.

Under this condition, many have requested for issuing immunosuppressive medicines in advance at district headquarters. "I have been trying through all known dealers to get these drugs but I am still waiting for a yes. Even surgeons in Hyderabad are trying to work out how to send the medicines but they said that it might take some time," said Waseem Md, a patient from Karimnagar.

"Unlike others, we cannot come outside easily. Due to low immunity levels, we are more susceptible to the virus. In view of the lockdown extension, we request that medicines be issued at least three months in advance and made available in every district headquarters, at Aarogyasri centres or DMHO office so that many of us can take medicine without having to travel much," said kidney recipient and founder-president

Even patients who have undergone transplants under state govt's health scheme and get medicines free of cost are unable to come to hospitals due to fear of Covid-19

of Cheyutha Foundation for Organ Transplants, Bhagavan Reddy. The organisation has over 400 kidney transplant patients in its network.

"While these medicines are available with selected distributors in the city, many from districts are unable to come to the city and buy them given the current lockdown. These medicines are usually sent to patients in remote areas by arrangement with dealers who come to purchase medicines from bigger cities. Under the current situation the network is not operating," explained Dr Sachin Daga, liver transplant surgeon, Maxcure hospitals.

Immunosuppressants like Tacrolimus and MMF are commonly used for all transplant patients. "Since these are not normal medications, there are chances of leading to death even if these are not taken for a day. The body tends to reject the transplanted organ and hence it is necessary to take these medicines every single day," said Dr A Nagesh, heart transplant surgeon, Care Hospitals.

ఒకేసారి మూడునెలల మందులిస్తే మేలు

● అవయవ మార్పిడి బాధితులు

హైదరాబాద్, నమస్తే తెలంగాణ: లాక్డౌన్ వల్ల అవయవ మార్పిడి బాధితులు తీవ్ర ఇబ్బందులు ఎదుర్కొంటున్నారు. కిడ్నీలు, కాలేయ మార్పిడి చేసుకున్నవారు జీవితాంతం మందులు వాడాల్సి ఉంటుంది. లేదంటే ఇన్ఫెక్షన్ల సోకి ప్రాణానికే ప్రమాదం వాటిల్లుతుంది. దీనికోసం ప్రతినెలా రూ.10 వేలకు పైగా ఖర్చు చేయాల్సి ఉంటుంది. గతంలో

బాధితులు మందులను ప్రతినెలా తీసుకొనే వారు. ఇప్పటికీ నిమ్నలో ఈ తరహా మందులను ప్రభుత్వం అందిస్తున్నది. లాక్డౌన్ నేపథ్యంలో దూరప్రాంతాలవారికి రవాణా సౌకర్యం లేక ఇబ్బందులు ఎదురవుతున్నాయి. ప్రభుత్వం తమకు న్యాయంచేయాలని కిడ్నీ మార్పిడి చేయించుకున్న భగవాన్ రెడ్డి విజ్ఞప్తి చేశారు. ఒకేసారి మూడునెలల మందులు ఇప్పిస్తే ఉపయోగంగా ఉంటుందని కోరారు.

Date: 14-04-2020

Namaste Telangana Main Edition



Date: 15-04-2020 @ Vanitha TV at 3:30 to 5:00pm

Program link:

<https://youtu.be/Hc89vM6WrDI>

Date: 13-04-2020 at Times of India, Main Paper

9. Success stories

9.1. Telangana Govt. is providing immunosuppressant medicine for lifetime and three months medicine at a time after our request.

In pandemic period most of the patients suffered a lot with insufficient funds and unavailability of medicine. Most of the patients contacted us for the help.

We, CFOT initiated the discussions with Government of Telangana for the help to all the Kidney transplant patients for free medicine at a time for 3 months by explaining them our problems.

After repeated discussions with Telangana Chief Secretary Mr. Somesh kumar, Telangana Health Minister Office, they understood our concerns and came forward to help us.

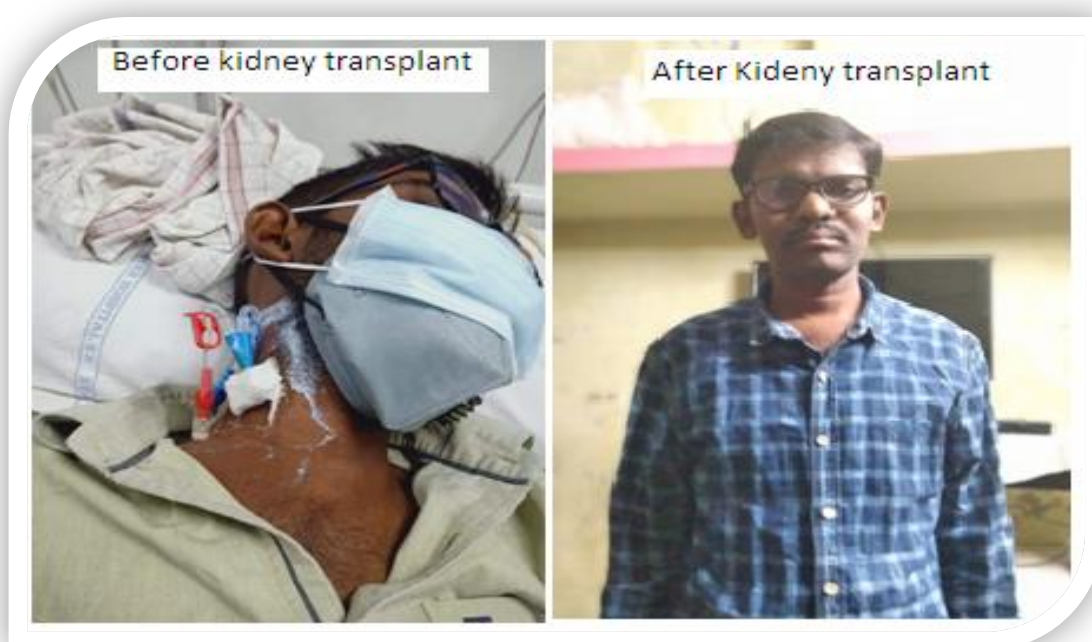
As a part of medicine estimation by government they asked us to provide patients data. We have collected and collated around 500 patients detailed information (like various medicine requirements, and other necessary details) and shared to Government.

As per the information provided by arogya sri trust, Government came forward to provide three months medicines at a time for NIMS, Osmania, Gandhi and Mahaveer Hospitals patients.(Who got kidney transplant surgery under arogya sri)

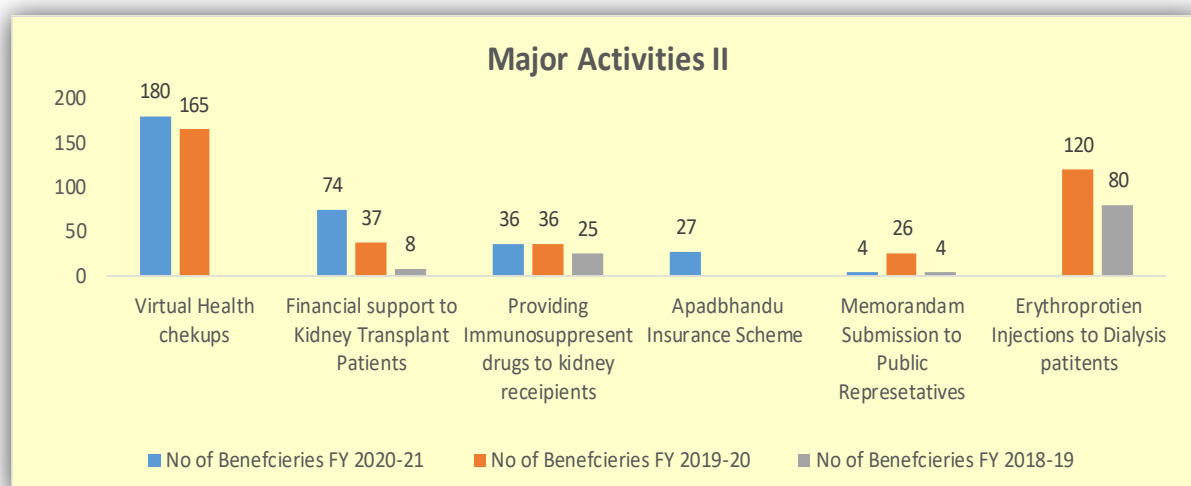
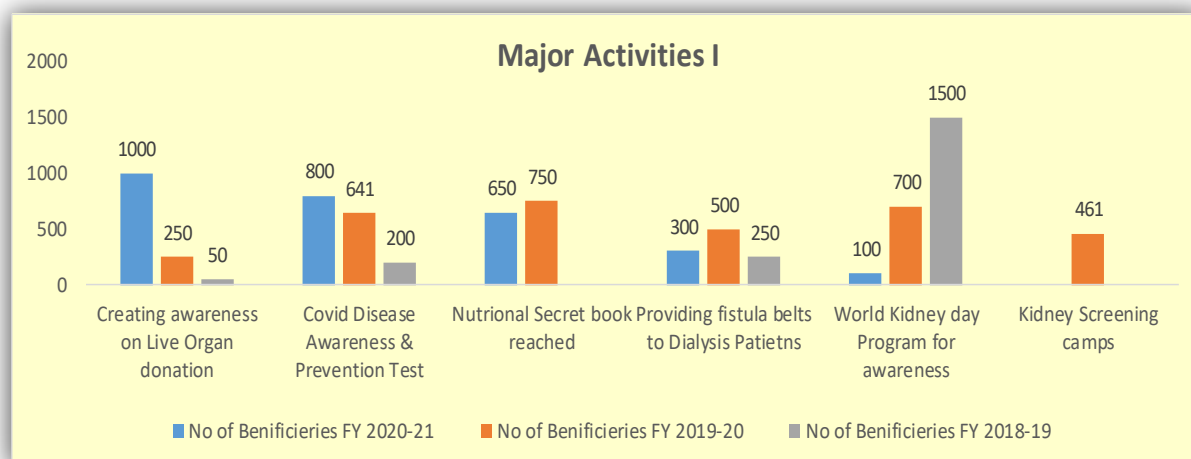
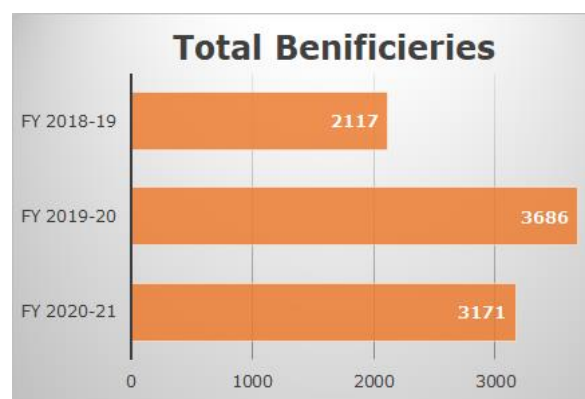
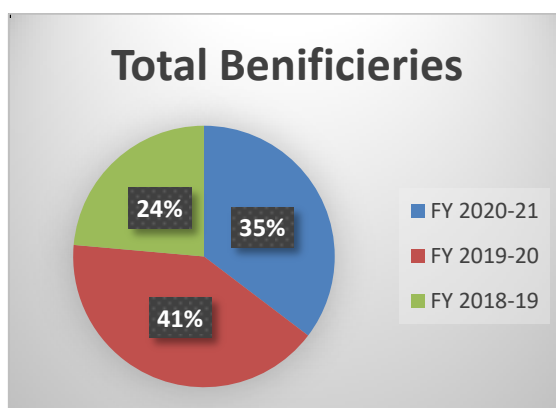
9.2. My mother gave me a second chance to Live – Mr. Swamy, Bhupalpally, Telangana

After Motivation Mr. B Swamy got transplanted and his mother is a donor on 26th, August,2020. Always Swamy says “All your motivation my family has conveyed to donated kidney to him”.

His actual treatment estimation cost is Rs. 8,60,000/- and after discussed with Dr. Rajashekara Chakravathy they have reduced to Rs.6,40,000/-. He is getting every month Rs.1,000/- pension from our foundation.



9.3. CFOT charity in Numbers:



10. Information about the Players in Organ Transplantation

We have been educating patients and their families about the following facilities available for patients.

10.1. How to Donate or Receive an Organ

Most of the patients don't know about the government schemes that facilitate organ collection from **Brain dead people and other donors**. Today, all the state governments and government of India are running various schemes for organ collection and send the same to hospitals for patient transplantation:

National Organ and Tissue Transplant Organization (NOTTO): is a national level organization set up to support coordination and networking for procurement, allocation and distribution of organs and tissues. It maintains a national organ & tissue transplantation registry and a national biomaterial bank, also known as the national tissue bank.

Jeevandan Organisation: Proposed by the Cadaver Transplantation Advisory Committee (CTAC) gives a fillip to organ transplantation. Jeevandan is a state-level organization set up in Andhra Pradesh and Telangana.

10.2. Government Schemes

Chief Minister's Relief Fund (CMRF) and health schemes offered by governments of Telangana & AP States provide various degrees of coverage. Some schemes are:

- **Employee Health Schemes(EHS)**
- **Arogya Sri Scheme for the poor below the poverty line**
- **Employees' State Insurance Scheme(ESI)**
- **Financial assistance scheme by Govt. of Andhra Pradesh**
- Govt. of Andhra Pradesh is providing Financial Assistance Rs.10,000/- to Dialysis Rs. 10,000/- per month and Rs. 5,000/- to Organ Transplant recipients.
- **Medicine support by Govt. of Telangana**
- Govt. of Telangana is providing immunosuppressive medicine to BPL category people through the Arogya Sri Scheme. In this regard, we are guiding patients to collect medicine from Arogya Sri worth of Rs. 9,500/- on MRP Basis per month.

10.3. Public Transport

Indian railways provide free or concessional travel facilities to patients and caretakers. The Ministry of Railways offers concession in basic mail/express fares to kidney patients when travelling alone or with an escort, for dialysis, kidney transplant operation.

The element of concession will be 75 % in first class, AC 3-tier, AC chair car, second class sleeper and 50% in AC first class & AC-2 tier sleeper. The same concession will be possible for return also after dialysis and kidney transplant operation. One escort with every patient will also be eligible for the same concessional fares.

Telangana Govt. is issuing Bus passes to dialysis patients to reach their dialysis center for from their hometown on regular dialysis.

10.4. Awareness Camps

Organ Donation: We conduct awareness camps in corporate offices and colleges with the "Be an Organ donor" caption. Motivating family members to donate their organs and save diseased patients in their family.

Blood Donation: We organize blood donation camps and arrange for blood in case of an emergency for kidney patients. We have a tie-up with Ram Blood Bank in Hyderabad to support us.

Health Awareness : We organize health camps in rural areas to educate people.

10.5. Creating Placement Opportunities

We request employers to provide opportunities to patients, and patients to work & sustain their life through the employee benefits such as ESI enrolment to get free medicines, investigations and surgeries.

Conducting Job Fairs : We mobilize unemployed patients and invite employers to recruit suitable candidates through appropriate events.

We post new recruitments information in our social media groups and send candidate resumes to organizations for their jobs.

11. Meetings with different Patients

11.1. Nephroplus organized the Aashayein-2019 program on 14th April, 2019 at Hyderabad.

- We have participated from our foundation to improve our services and understand the problems of dialysis patients and how best we help them.
- “Acquired the knowledge through this program.”

11.2. We conducted several meetings with the staff of CFOT, and kidney patients in different locations:

1. Ravindra Bharathi, Hyderabad
2. Star Hospital,
3. Care Hospital,
4. NIMS hospitals
5. Secunderabad
6. Guntur
7. Vijayawada

12. Media Gallery



రోజంతా ఉంటేనే రోగికి మందు

ఈనాడు, హైదరాబాద్

ఆరోగ్యశ్రీ 'అవయవ
మార్పిడి' రోగుల
సరకయాతన

ఇదేం విధానం బాబోయ్...!

● భగవాన్ తొమ్మిదేళ్ల క్రితం కిడ్నీ మార్పిడి చేయించుకున్నాడు. ప్రస్తుతం అయినవ ఆరోగ్యశ్రీ కింద ప్రభుత్వం మందులు అందిస్తోంది. అయితే వీటిని తీసుకోవటానికి అతను డాడాపు 21 ప్రక్రియలు పూర్తి చేయాల్సి, కరోనా కాలంలో రోజంతా అనువ త్రిలో గడవటం వల్ల వైరస్ బారిన పడే ప్రమాదం ఉందని అతను ఆందోళన వ్యక్తం చేస్తున్నారు.

● శ్రీవేది మూడేళ్ల క్రితం ఆరోగ్యశ్రీలో కిడ్నీ మార్పిడి చేయించుకుంది. పథకం కింద రూ. 9500 ఖరీదైన ఔషధాలను ఉచితంగా అందిస్తున్నారు. ఇందులో చాలా వరకు వైద్యులు రాసినవి ఉండటం లేదు. కొంటర్లో ఏ కంపెనీ ఉంటే అవే తీసుకో వాల్సి వస్తోంది.

ఆరోగ్యశ్రీ కింద అవయవ మార్పిడి చేయించుకున్న రోగులు మందుల కోసం అడ్డకష్టాలు పడుతున్నారు. గంటల తరబడి అనువత్రుల వద్ద నిరీక్షణ తప్పడం లేదు. సరైన విధానం లేకపోవడం వల రోజంతా అనువత్రుల్లోనే గడపాల్సి వస్తోందని రోగులు వాపో తున్నారు. ఈ ప్రక్రియను వీలైనంత వరకు సులభత రంగా మార్చాలని కోరుతున్నా. పట్టించుకునే



నామదే లేదని ఆవేదన వ్యక్తం చేస్తున్నారు. గాంధీ, ఉస్మానియా, నిమ్మ అనువత్రుల పరిధిలో మూత్ర పిండాలు, గుండె, కాలేయం మార్పిడి చేసుకున్న రోగులు మందుల కోసం అయో అనువత్రులకు వస్తుంటారు. కేవలం మూత్ర పిండాలు మార్చుకున్న వాకే రెండు వేల మంది వరకు ఉన్నారు. అవయవ మార్పిడి తర్వాత రోజూ మందులు వేసుకోవాల్సిందే. ఇవి వాడకపోతే ఇన్ఫెక్షన్ సోకే ముప్పు ఉంది. అయితే ఆరోగ్యశ్రీ పథకంలో అవయవ మార్పిడి చేయించుకున్న వారికి... అదే త్రుస్టు ద్వారా మందులు కూడా ఉచితంగా అందిస్తున్నారు. అయితే ఇందులో లోపభూయిష్టమైన విధానాల కారణంగా రోగుల సర కయాతన పడుతున్నాడు.

● ఆరోగ్యశ్రీ కింద మందులు పొందే వారు తొలుత అయో అనువత్రుల్లోని ఓపీ కొంటర్, తర్వాత సంబంధిత డాక్టర్ రూం వద్ద నిరీక్షణ వాలి. అయిన మాసి టెస్టులు రాస్తారు.

● వాటి కోసం ఓపీ దగ్గర ఉన్న క్యాష్ కొంటర్లో డబ్బులు కట్టాలి. తర్వాత టెస్టుల శాంపిళ్లు ఇవ్వడం కోసం అప్పడ నిరీక్షణ తప్పదు.

● సమూహాలిద్దిన తర్వాత 2-3 గంటలకు నివేదిక వస్తుంది. వైద్యుడికి చూపించి మందుల తోపాటు అనువత్రుల్లో చేరుతున్నట్లు రాయించుకో వాలి. ఆరోగ్యశ్రీ కొంటర్ వద్దకు వెళ్లి వైద్యుడిద్దిన నివేదిక ఇస్తే అడ్మిషన్ సంబంధ కేటాయిస్తారు. మరో అడ్మిషన్ ఫారం నింపి వార్డులో చేరాలి. అట్టడ వైద్యులు మందులు రాసి ఇస్తారు.

● తర్వాత ఆరోగ్యశ్రీ కార్యాలయంలో అన్ని ఒరిజినల్ డ్రమీకరణ పత్రాలు అందించాలి. అప్పుడు వాళ్ళి పచ్చి బిడ్డ పడుకున్నట్లు ఫోటో తీసుకుంటారు. అనంతరం ఆరోగ్యశ్రీ నుంచి అను మతి వస్తుంది. వార్డులో ఉన్న ఇంజెంట్ బుక్లో నర్సు మందులను రాసి, రోగికి ఒక రసీదు ఇస్తారు. దానిని పట్టుకొని మళ్ళీ డాక్టర్ వద్దకు వెళితే అడ్మిట్ అయినట్లు డ్రమీకరిస్తారు. అదే సమయంలో వార్డులో ఉన్న ద్వారా డాక్టర్ ద్వారా డిశ్చార్జి సమ్మర్ రాయించుకోవాలి.

● ఇదే కాదు... మరో తొమ్మిది ప్రక్రియలు పూర్తి చేసిన తర్వాత రోగి చేతికి మందులు అందిస్తు న్నారు. ఉదయం 8 గంటలకు వస్తే సాయంత్రం అప్పేతుందని రోగులు తెలిపారు. ఈ ప్రక్రియ మొత్తం సులభతరం చేయాలని కోరుతున్నాడు.

'డయాలసిస్' రోగులపై నిర్ణయ



అడదో చిరు వ్యాపారి. భార్య, పాఠశాలల్లో చదువుతున్న ఇద్దరు పిల్లలున్న మటుంబం తన రోజువారీ సంపాదనపైనే ఆధారపడి ఉంది. కారణాలు ఏదైనా అలాంటి వ్యక్తి ఆరోగ్యం చెబుతున్నది. చివరకు డయాలసిస్ అవసరమైన స్థితికి చేరింది. అసలే ఆర్థిక పరిస్థితి అంతంతమాత్రం. సంపాదించి పెట్టే ఇంటి పెద్దమ ఆరోగ్యం సహకరించట్లేదు. ఈ నేపథ్యంలో అప్పులు చేసి మరి చికిత్స చేయించుకోవాల్సి వస్తోంది.

● రాష్ట్రంలో 15 వేల మంది బాధితులు

● నిస్సహాయ స్థితిలో 8 వేల మంది..

● పెంఛను ప్రతిపాదనలు ముట్టడాఖాలు

● దివ్యాంగుల కోటలో చేర్చాలని డిమాండ్

తదాధారావాద్ సెప్టెంబరు 17(ఆంధ్రజ్యోతి): రాష్ట్రంలో మూత్రపిండాలు చెబుతున్న, రక్త శుద్ధి అవసరమైన 8 వేల మంది రోగులు తీవ్ర ఇబ్బందులు పడుతున్నారు. మటుంబానికి జీవనాధారమైన వారిలో పాటు, వేదలకు తప్పనిసరిగా పెంఛను ఇవ్వాలని వైద్య ఆరోగ్య శాఖ ఉన్నతాధికారులే చెబుతున్నారు. గతంలో ప్రతిపాదన పెట్టినా పురోగతి లేకుండానే ఉండిపోయింది. ప్రభుత్వం ఈ విషయంలో ఆలోచన కూడా చేయడం లేదు. ఆరోగ్యంగా ఉండి 58 ఏళ్లు దాటినవారికే ప్రభుత్వం 'అసరా' పెంఛను ఇస్తోందని.. మూత్ర పిండాలు విఫలమై నిస్సహాయ స్థితిలో ఉన్న తమను ఆదుకోవడం లేదని బాధితులు వాపోతున్నారు. కిడ్నీలు విఫలమై డయాలసిస్ అవసరం ఉన్నవారు రాష్ట్రంలో ప్రస్తుతం 15 వేల మంది ఉన్నారు. వీరిలో 5 వేల మంది ప్రభుత్వ ఉద్యోగులు, డబ్బున్నవారు. మిగిలిన 10 వేల మందిలో 2 వేల మంది ప్రభుత్వం నుంచి అనుమతి లేకుండా తీసుకుని రక్త

శుద్ధి చేయించుకుంటున్నారు. 8 వేల మంది ఏ పని చేసుకోలేనివారు. వీరిలో కొందరికి వారానికోసారి, కొందరికి రెండుసార్లు రక్తశుద్ధి అవసరం. ఇలాంటి వారిని ఆదుకోవడంపై సర్కారు కు చిత్తశుద్ధి లోపం చింది. రాష్ట్రంలోని 15 వేల మంది డయాలసిస్ రోగుల్లో 90 శాతం 60 ఏళ్ల లోపువారే. అంతేకాక ఏటా రాష్ట్రంలో కొత్తగా 2 వేల మందికి కిడ్నీ పెయిల్ అవుతున్నట్లు వైద్య ఆరోగ్య శాఖ గణాంకాలు చెబుతున్నాయి. మృతుల సంఖ్య 1,500 వరకు ఉంటోంది.

పెంఛను ఇచ్చి ఆదుకోవాలి

డయాలసిస్ రోగులకు మందుల, ప్రయోగ ఖర్చులు అధికంగా ఉంటున్నాయి. నెలకు రూ.10 వేల పెంఛను ఇచ్చి ఆదుకోవాలి. అప్పుడి వైద్య మంత్రి లక్ష్మారెడ్డి, ప్రస్తుత మంత్రి ఈటలను పలుసార్లు కలిసి పెంఛను కోసం విజ్ఞప్తి చేశాం.



- మోహన్, కిడ్నీ రోగుల సంఘం అధ్యక్షుడు

కేంద్రాల్లో సౌకర్యాల లేమి

- డయాలసిస్ కేంద్రాల్లో జనరేటర్లు లేవు. కరెంటు పోతే రోగులు తీవ్ర ఇబ్బందులు పడుతున్నారు.
- నెలకోసారి నెక్రాలజిస్సు పరీక్షించాల్సి ఉండగా.. నెక్రాలజిస్సు లేదు.
- కొన్ని డయాలసిస్ కేంద్రాల వళ్ళనే కరోనా వార్డులను ఏర్పాటు చేశారు.
- జిల్లాల్లో రోగులు పెరుగుతున్నా.. డయాలసిస్ పడకలు, మిషన్లు లేవు.
- వారానికి రెండుసార్లు చేయించుకోవాల్సిన డయాలసిస్ ను ఒక్కసారికే పరిమితం అవుతోంది.
- బూపాలవల్లిలాంటి జిల్లాల్లో ఇప్పటికీ డయాలసిస్ కేంద్రం లేదు. 200 మంది రోగులు వరంగల్ ఎంటీమెండు రావాల్సివస్తోంది.

బాధితుల ప్రధాన డిమాండ్ల వి

- దివ్యాంగుల కోటలో చేర్చాలి. తదాధారా విద్య, ఉద్యోగాల్లో రిజర్వేషన్లతో పాటు పెంఛను వస్తుంది.
- రాష్ట్ర ప్రభుత్వం డయాలసిస్ రోగులకు పెంఛను ఇవ్వాలి.
- ప్రస్తుతం రూల్ బస్ పాస్ లనే ఇస్తున్నారు. అలా కాకుండా జనరల్ బస్ సౌకర్యం కల్పించాలి.
- జిల్లాల్లోని డయాలసిస్ కేంద్రాల్లో మిషన్లు తక్కువగా ఉండి రక్తశుద్ధి సకాలంలో జరగడం లేదు. మిషన్ల సంఖ్యను పెంచాలి. అవసరమైన మందులను ఉచితంగా అందించాలి.

ఆంధ్రజ్యోతి

Fri, 18 September 2020

<https://epaper.andhrajyothy.com/c/55026936>

13. Partner Search

We contacted the organizations listed below and explored opportunities for



partnerships.

Partners Engaged

- Kidney Warriors Foundation, All India
- Kidney Patients Support Foundation, Chennai



- Human Care Foundation, Delhi
- Kidney Foundation, Kerala
- Sunny Foundation, Kerala
- Kidney Care Foundation Society, Rajasthan
- LIFE NGO, Telangana
- Mohan Foundation, All India
- Star Hospital
- Care Hospital

14. How to Donate and Volunteer with us

To help our cause, you can either volunteer or donate. To volunteer, call:

Mr. Jagadeeshwar Reddy, +91-9491819491

Mr. Bhagavan Reddy, +91-8328605200

To donate, use the following details:

Bank Name : HDFC BANK

Account No : 502 000 5380 7650

AC Name : Cheyutha Foundation for Organ Transplants

Branch : Kondapur

IFSC Code : HDFC0002019

Google Pay or Phone Pay No : 8328605200

UPI Id : *cheyuthaorgan@ybl*



All contributions are exempt under section 80-G of the Income Tax Act 1961



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8328605200

Cheyutha Foundation for Organ Transplants is a registered non-profit charitable trust and the Registration No. 131 of 2018 dated 31st January 2018.