



MOHAMMED AKHIL P

Results-driven and certified personal trainer with a passion for helping individuals achieve their fitness goals. Dedicated to creating personalized workout plans that align with clients' needs and objectives. Proven ability to motivate and inspire clients to adopt a healthy lifestyle through a combination of exercise, nutrition, and positive reinforcement. Seeking a challenging position where my expertise in fitness, client engagement, and commitment to overall wellness can contribute to the success of individuals on their fitness journey.

Personal

Name
MOHAMMED AKHIL P

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Palliyalil (h), Kattippara
(PO), Aryankulam,
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Interests

Workouts
FootBall

Work experience

General trainer Nov 2022 - Dec 2022
Spartan Fitness, Poonoor

Worked as a general trainer for clients in the gym for almost 2 months. By helping them to strive and to achieve their specific goals.

Education and Qualifications

Bachelor in Computer Application Jul 2020 - Mar 2023
IHRD Thamarassery, Thamarassery, Kozhikode

Diploma in Personal Training Aug 2023 - Sep 2023
IBIS Academy, Calicut, Calicut

Completed the American standard Diploma in Personal Training.

Skills

Communication	<div><div></div></div>
Program Designing	<div><div></div></div>
Personal Training	<div><div></div></div>