

Health & Fitness Assessment Report

Comprehensive Health Assessment Report

Overall Score: 80%

SESSION ID
session_001

ASSESSMENT TYPE
as_hr_02

PATIENT GENDER
male

ASSESSMENT DATE
27/2/2025



Overall Health Score

Overall Accuracy Score

80.0%

GOOD

Wellness Score

84 points

HIGH



Key Body Vitals

Heart Rate

75 bpm

NORMAL

Blood Pressure (Systolic)

ELEVATED

124 mmHg

Blood Pressure (Diastolic)

ELEVATED

82 mmHg



Body Composition

Body Mass Index (BMI)

OBESE

33.145

Body Fat Percentage

HIGH

29.754 %



Fitness Levels

VO2 Max

EXCELLENT

79.83

HealthPro Analytics

This report was generated automatically by our assessment system.
For any questions, please contact our support team.

