

## Table 8. AMINO ACID PROFILE

(All values are expressed in g per 100g protein)

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Luecine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			← g →									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
<b>A CEREALS AND MILLETS</b>												
A001	Amaranth seed, black ( <i>Amaranthus cruentus</i> )	1	1.86	2.82	4.83	5.45	1.86	1.60	3.98	3.02	1.50	4.34
A002	Amaranth seed, pale brown ( <i>Amaranthus cruentus</i> )	6	1.98±0.50	2.85±0.04	4.94±0.17	5.50±0.35	1.95±0.12	1.51±0.15	4.75±0.41	2.99±0.21	1.69±0.10	4.30±0.27
A003	Bajra ( <i>Pennisetum typhoideum</i> )	6	2.15±0.37	3.45±0.74	8.52±0.86	3.19±0.49	2.11±0.50	1.23±0.33	4.82±1.18	3.55±0.40	1.33±0.30	4.79±1.04
A004	Barley ( <i>Hordeum vulgare</i> )	6	2.13±0.23	3.63±0.40	6.49±0.41	3.42±0.19	1.86±0.04	2.20±0.27	4.88±0.44	3.30±0.14	1.28±0.07	4.78±0.49
A005	Jowar ( <i>Sorghum vulgare</i> )	6	2.07±0.20	3.45±0.63	12.03±1.51	2.31±0.40	1.52±0.50	1.06±0.30	5.10±0.50	2.96±0.17	1.03±0.21	4.51±0.71
A006	Maize, dry ( <i>Zea mays</i> )	6	2.70±0.21	3.67±0.22	12.24±0.57	2.64±0.18	2.10±0.17	1.55±0.14	5.14±0.29	3.23±0.29	0.57±0.12	5.41±0.71
A007	Maize, tender, local ( <i>Zea mays</i> )	6	2.15±0.47	3.55±0.21	10.09±1.65	2.02±0.39	1.67±0.06	1.18±0.32	3.95±1.15	2.97±0.42	0.58±0.07	3.54±0.37
A008	Maize, tender, sweet ( <i>Zea mays</i> )	4	2.16±0.18	3.45±0.08	10.61±0.71	2.06±0.17	1.76±0.09	1.36±0.15	3.05±0.21	2.88±0.53	0.70±0.05	3.88±0.29
A009	Quinoa( <i>Chenopodium quinoa</i> )	1	2.98	3.75	6.08	5.55	2.24	1.85	4.35	3.01	1.25	4.55
A010	Ragi ( <i>Eleusine coracana</i> )	5	2.37±0.46	3.70±0.44	8.86±0.54	2.83±0.34	2.74±0.27	1.48±0.23	5.70±1.27	3.84±0.45	0.91±0.30	5.65±0.44
A011	Rice flakes ( <i>Oryza sativa</i> )	6	2.28±0.10	3.62±0.79	8.05±0.64	3.62±0.27	2.11±0.51	1.65±0.47	5.22±0.24	3.17±0.40	1.11±0.13	5.40±1.23
A012	Rice puffed ( <i>Oryza sativa</i> )	6	2.11±0.13	3.68±0.88	7.75±0.47	3.14±0.21	2.00±0.32	1.34±0.13	5.33±0.27	3.03±0.44	1.07±0.29	5.37±1.33
A013	Rice, raw, brown ( <i>Oryza sativa</i> )	6	2.36±0.18	4.08±0.51	8.40±0.55	3.63±0.29	2.39±0.26	2.02±0.12	5.50±0.49	3.38±0.25	1.00±0.17	6.72±0.36
A014	Rice, parboiled, milled ( <i>Oryza sativa</i> )	6	2.35±0.18	4.14±0.08	8.08±0.06	3.42±0.10	2.48±0.24	2.15±0.08	5.14±0.10	3.24±0.12	1.15±0.06	6.26±0.13
A015	Rice, raw, milled ( <i>Oryza sativa</i> )	6	2.45±0.30	4.29±0.23	8.09±0.40	3.70±0.39	2.60±0.34	1.84±0.18	5.36±0.43	3.28±0.27	1.27±0.14	6.06±0.02
A016	Samai ( <i>Panicum miliare</i> )	6	2.35±0.18	4.14±0.08	8.08±0.06	2.42±0.10	2.21±0.10	1.85±0.14	6.14±0.10	4.24±0.12	1.35±0.10	5.31±0.16
A017	Varagu ( <i>Setaria italica</i> )	5	2.14±0.07	4.55±0.22	11.96±1.65	1.42±0.17	2.69±0.16	1.92±0.05	6.27±0.34	3.89±0.16	1.32±0.19	5.49±0.23
A018	Wheat flour, refined ( <i>Triticum aestivum</i> )	6	1.95±0.23	3.19±0.27	6.22±0.46	2.05±0.18	1.64±0.20	2.03±0.27	4.29±0.28	2.34±0.08	1.04±0.16	4.01±0.44
A019	Wheat flour, atta ( <i>Triticum aestivum</i> )	6	2.56±0.25	3.78±0.21	6.13±0.48	2.42±0.22	1.77±0.08	2.24±0.18	5.03±0.14	2.58±0.14	0.99±0.16	5.12±0.48

## Table 8. AMINO ACID PROFILE

(All values are expressed in g per 100g protein)

Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
			$\xleftarrow{\text{g}} \xrightarrow{\text{g}}$							
<b>A CEREALS AND MILLETS</b>										
A001	Amaranth seed, black ( <i>Amaranthus cruentus</i> )	1	4.26	7.77	12.57	16.12	8.50	3.76	7.79	2.85
A002	Amaranth seed, pale brown ( <i>Amaranthus cruentus</i> )	6	3.83±0.64	7.21±0.91	12.70±2.25	17.39±1.68	8.28±0.35	3.83±0.45	7.27±0.46	3.10±0.34
A003	Bajra ( <i>Pennisetum typhoideum</i> )	6	7.68±1.01	4.54±0.62	7.77±1.29	17.42±1.69	3.52±0.17	5.30±0.26	4.44±0.41	2.67±0.51
A004	Barley ( <i>Hordeum vulgare</i> )	6	4.20±0.79	5.22±0.20	6.51±0.61	26.75±1.15	4.03±0.61	9.79±0.87	4.80±0.55	2.68±0.41
A005	Jowar ( <i>Sorghum vulgare</i> )	6	9.19±1.12	3.96±0.43	7.09±0.86	21.54±2.81	3.08±0.25	6.99±0.92	4.02±0.43	3.61±0.25
A006	Maize, dry ( <i>Zea mays</i> )	6	7.73±0.46	4.20±0.24	6.55±0.59	19.39±0.70	3.27±0.15	7.88±0.71	4.58±0.44	3.71±0.18
A007	Maize, tender, local ( <i>Zea mays</i> )	6	9.90±5.07	3.05±0.42	9.24±1.45	20.05±2.14	4.50±2.09	7.91±0.97	6.07±0.91	3.15±0.37
A008	Maize, tender, sweet ( <i>Zea mays</i> )	4	7.61±0.20	3.63±0.21	8.55±1.21	18.72±1.81	4.65±0.37	8.60±0.11	5.62±0.12	3.26±0.22
A009	Quinoa( <i>Chenopodium quinoa</i> )	1	4.35	7.85	8.40	13.75	4.80	5.67	4.56	1.98
A010	Ragi ( <i>Eleusine coracana</i> )	5	6.71±0.80	4.33±0.48	6.40±0.53	20.22±0.73	3.59±0.35	5.42±0.42	4.81±0.57	3.37±0.80
A011	Rice flakes ( <i>Oryza sativa</i> )	6	6.34±0.96	7.62±0.40	9.20±0.82	18.60±1.02	4.35±0.30	4.27±0.36	4.78±0.93	3.75±0.51
A012	Rice puffed ( <i>Oryza sativa</i> )	6	6.19±1.01	7.04±0.50	8.79±1.05	17.96±0.97	4.03±0.39	4.04±0.55	4.62±0.55	4.13±0.54
A013	Rice, raw, brown ( <i>Oryza sativa</i> )	6	6.60±0.75	7.69±0.37	8.68±0.46	18.75±1.03	4.28±0.19	4.33±0.39	4.64±0.62	4.36±0.36
A014	Rice, parboiled, milled ( <i>Oryza sativa</i> )	6	5.60±0.10	7.95±0.10	8.51±0.29	19.22±0.24	4.19±0.14	4.04±0.10	4.60±0.09	4.43±0.09
A015	Rice, raw, milled ( <i>Oryza sativa</i> )	6	5.51±0.40	7.72±0.55	8.73±0.80	18.92±1.76	4.18±0.16	4.31±0.78	4.95±0.21	4.36±0.41
A016	Samai ( <i>Panicum miliare</i> )	6	8.60±0.10	5.96±0.11	5.51±0.29	20.22±0.24	3.43±0.33	6.04±0.10	5.60±0.09	3.43±0.09
A017	Varagu ( <i>Setaria italica</i> )	5	11.00±0.36	3.18±0.19	5.61±0.88	18.25±1.87	3.12±0.29	7.33±0.53	5.50±0.31	3.87±0.38
A018	Wheat flour, refined ( <i>Triticum aestivum</i> )	6	2.98±0.37	3.49±0.28	4.63±0.39	31.57±1.80	3.21±0.20	9.23±0.64	4.77±0.39	2.62±0.15
A019	Wheat flour, atta ( <i>Triticum aestivum</i> )	6	3.88±1.11	4.70±0.21	5.06±0.16	29.61±2.08	3.76±0.56	10.27±0.84	4.73±0.49	2.10±0.06

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
A020	Wheat, whole ( <i>Triticum aestivum</i> )	6	2.65±0.31	3.83±0.20	6.81±0.33	3.13±0.26	1.75±0.21	2.35±0.23	4.75±0.38	3.01±0.17	1.40±0.10	5.11±0.05
A021	Wheat, bulgur ( <i>Triticum aestivum</i> )	6	2.23±0.25	3.48±0.28	6.61±0.66	2.42±0.10	1.62±0.36	1.96±0.05	4.46±2.10	2.46±0.34	1.11±0.15	4.28±0.25
A022	Wheat, semolina ( <i>Triticum aestivum</i> )	6	2.38±0.27	3.43±0.26	6.71±0.59	2.54±0.13	1.57±0.23	1.79±0.03	4.77±0.32	2.71±0.15	1.04±0.12	4.47±0.39
A023	Wheat, vermicelli ( <i>Triticum aestivum</i> )	6	1.76±0.11	1.56±0.56	5.23±1.23	1.83±0.04	1.17±0.14	1.83±0.02	4.90±1.74	2.26±0.16	1.07±0.09	3.54±1.35
A024	Wheat, vermicelli, roasted ( <i>Triticum aestivum</i> )	6	1.63±0.23	1.46±0.13	5.63±0.24	1.54±0.30	1.15±0.08	1.85±0.08	4.96±2.06	2.25±0.28	0.99±0.14	3.71±0.24

## B GRAIN LEGUMES

261	B001	Bengal gram, dal ( <i>Cicer arietinum</i> )	6	2.39±0.34	4.25±0.26	6.91±0.65	6.06±0.52	1.12±0.31	0.84±0.14	5.97±1.06	3.24±0.34	1.09±0.25	4.09±0.41
	B002	Bengal gram, whole ( <i>Cicer arietinum</i> )	6	2.51±0.18	4.34±0.23	7.40±0.31	6.59±0.25	1.16±0.16	1.27±0.09	6.26±0.70	3.55±0.31	0.95±0.07	4.58±0.51
	B003	Black gram, dal ( <i>Phaseolus mungo</i> )	6	2.64±0.11	3.75±0.92	7.93±0.45	6.22±0.21	1.31±0.35	0.49±0.04	5.68±0.91	2.99±0.19	1.07±0.12	4.61±1.06
	B004	Black gram, whole ( <i>Phaseolus mungo</i> )	6	2.85±0.08	3.42±0.82	7.58±0.62	6.35±0.53	1.17±0.38	0.58±0.12	5.90±0.38	2.87±0.63	0.98±0.14	4.11±0.88
	B005	Cowpea, brown ( <i>Vigna catjang</i> )	6	2.93±0.42	4.10±0.58	7.49±1.23	6.67±1.26	1.38±0.16	0.57±0.09	5.47±0.49	3.80±0.61	1.05±0.03	4.87±0.59
	B006	Cowpea, white ( <i>Vigna catjang</i> )	1	3.25	4.40	7.96	7.14	1.53	0.60	5.63	4.10	0.92	5.31
	B007	Field bean, black ( <i>Phaseolus vulgaris</i> )	1	3.21	4.57	8.91	6.79	1.36	0.59	5.88	4.12	0.73	5.24
	B008	Field bean, brown ( <i>Phaseolus vulgaris</i> )	1	3.23	4.59	8.88	6.75	1.38	0.52	5.72	3.97	0.78	5.16
	B009	Field bean, white ( <i>Phaseolus vulgaris</i> )	5	2.82±0.76	4.41±0.36	8.48±0.66	6.13±0.68	1.40±0.18	0.57±0.09	5.76±0.32	3.97±0.31	0.89±0.07	4.96±0.36
	B010	Green gram, dal ( <i>Phaseolus aureus</i> )	6	2.55±0.26	4.07±1.11	7.90±0.99	6.09±1.06	1.05±0.23	0.43±0.10	6.20±0.61	3.36±0.60	1.24±0.42	5.21±1.28
	B011	Green gram, whole ( <i>Phaseolus aureus</i> )	6	2.85±0.26	4.17±0.37	7.45±0.50	6.60±0.33	1.21±0.20	0.74±0.03	6.21±0.39	3.20±0.18	1.02±0.14	5.45±0.37
	B012	Horse gram, whole ( <i>Dolichos biflorus</i> )	6	2.70±0.28	3.72±0.83	6.79±0.81	6.24±0.57	0.73±0.30	0.75±0.19	8.08±0.60	3.32±0.10	1.08±0.25	4.16±0.96
	B013	Lentil dal ( <i>Lens culinaris</i> )	6	1.93±0.32	3.74±0.91	7.10±0.86	6.12±0.71	0.54±0.19	0.55±0.07	5.10±0.73	3.31±0.24	0.81±0.07	5.02±0.39
	B014	Lentil whole, brown ( <i>Lens culinaris</i> )	6	2.07±0.14	4.17±0.05	7.36±0.34	6.78±0.51	0.84±0.03	1.18±0.04	4.61±0.68	3.35±0.05	0.76±0.04	4.85±0.06
	B015	Lentil whole, yellowish ( <i>Lens culinaris</i> )	2	2.26	4.12	7.47	6.43	0.84	1.06	4.67	3.49	0.75	4.75

Table 8. Amino Acid Profile

Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
A020	Wheat, whole ( <i>Triticum aestivum</i> )	6	3.64±0.21	5.13±0.33	5.44±0.33	27.06±1.76	4.19±0.23	10.25±1.49	4.80±0.14	3.12±0.31
A021	Wheat, bulgur ( <i>Triticum aestivum</i> )	6	3.48±0.42	5.36±0.54	5.15±0.19	30.48±5.06	4.27±0.19	10.49±0.52	4.87±0.17	2.46±1.23
A022	Wheat, semolina ( <i>Triticum aestivum</i> )	6	3.46±0.35	4.34±0.20	4.94±0.21	31.05±1.75	3.50±0.11	9.49±0.84	4.44±0.67	3.00±0.24
A023	Wheat, vermicelli ( <i>Triticum aestivum</i> )	6	3.59±0.13	2.98±0.43	5.39±0.97	31.96±1.20	4.54±1.77	9.89±1.65	5.33±0.62	2.18±0.76
A024	Wheat, vermicelli, roasted ( <i>Triticum aestivum</i> )	6	3.74±0.55	2.84±0.49	4.78±0.75	34.08±0.60	4.35±0.47	9.43±0.72	5.35±0.41	1.92±0.82

**B GRAIN LEGUMES**

262	B001	Bengal gram, dal ( <i>Cicer arietinum</i> )	6	4.11±0.36	8.83±0.53	11.73±0.80	16.52±0.10	3.46±0.24	3.53±0.25	4.56±0.45	2.72±0.29
	B002	Bengal gram, whole ( <i>Cicer arietinum</i> )	6	4.67±0.56	8.59±0.58	11.78±1.60	17.27±1.08	3.95±0.16	3.74±0.19	5.10±0.65	2.88±0.15
	B003	Black gram, dal ( <i>Phaseolus mungo</i> )	6	4.73±0.57	6.25±0.47	11.96±0.71	18.38±1.37	3.38±0.26	3.73±0.28	5.54±0.61	3.04±0.23
	B004	Black gram, whole ( <i>Phaseolus mungo</i> )	6	4.64±0.82	6.06±0.49	13.12±1.60	19.00±1.10	3.80±0.41	4.03±0.13	5.29±0.69	3.06±0.17
	B005	Cowpea, brown ( <i>Vigna catjang</i> )	6	4.24±0.57	7.10±1.36	10.11±1.15	19.02±2.19	4.69±0.51	4.60±0.28	4.44±0.18	2.83±0.26
	B006	Cowpea, white ( <i>Vigna catjang</i> )	1	5.06	7.44	11.01	18.20	4.09	4.05	4.80	3.25
	B007	Field bean, black ( <i>Phaseolus vulgaris</i> )	1	5.47	7.49	10.47	17.14	4.74	4.43	5.76	4.00
	B008	Field bean, brown ( <i>Phaseolus vulgaris</i> )	1	5.37	7.71	10.07	17.28	4.25	4.43	5.61	3.85
	B009	Field bean, white ( <i>Phaseolus vulgaris</i> )	5	5.19±0.37	7.01±0.73	10.61±0.60	16.59±2.32	4.04±0.28	4.24±0.31	5.51±0.40	3.84±0.21
	B010	Green gram, dal ( <i>Phaseolus aureus</i> )	6	4.59±0.33	6.51±0.58	12.10±2.16	17.43±2.22	3.70±0.53	3.67±0.67	5.01±0.53	2.95±0.44
	B011	Green gram, whole ( <i>Phaseolus aureus</i> )	6	4.94±0.77	6.62±0.30	10.99±0.94	18.59±1.15	3.78±0.39	4.07±0.49	5.50±0.82	2.83±0.27
	B012	Horse gram, whole ( <i>Dolichos biflorus</i> )	6	4.60±0.75	5.87±0.27	11.24±1.19	18.54±1.69	4.03±0.34	3.72±0.34	5.19±0.75	3.18±0.26
	B013	Lentil dal ( <i>Lens culinaris</i> )	6	4.45±0.70	7.92±0.44	12.69±1.67	18.31±0.61	3.67±0.26	3.63±0.31	4.90±0.64	2.95±0.21
	B014	Lentil whole, brown ( <i>Lens culinaris</i> )	6	5.75±0.61	7.44±2.06	12.48±1.70	17.25±1.68	4.78±0.08	5.01±1.49	5.51±0.21	2.40±0.77
	B015	Lentil whole, yellowish ( <i>Lens culinaris</i> )	2	5.59	7.74	12.93	16.48	4.89	4.50	5.68	2.81

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
B016	Moth bean ( <i>Vigna aconitifolia</i> )	6	2.80±0.29	4.17±0.57	7.85±0.73	6.63±0.60	0.97±0.20	0.43±0.06	5.85±0.70	3.63±0.11	0.92±0.04	4.90±0.47
B017	Peas, dry ( <i>Pisum sativum</i> )	6	2.34±0.09	3.87±0.46	7.02±0.38	7.12±0.51	0.68±0.19	0.82±0.15	4.76±0.23	3.65±0.15	0.86±0.19	4.67±0.66
B018	Rajmah, black ( <i>Phaseolus vulgaris</i> )	2	2.44	3.91	6.84	6.01	0.79	0.72	5.32	3.91	1.22	4.83
B019	Rajmah, brown ( <i>Phaseolus vulgaris</i> )	6	2.71±0.22	4.27±0.50	7.93±0.43	6.67±0.18	0.97±0.26	0.62±0.21	5.91±0.56	4.35±0.21	1.04±0.13	5.21±0.69
B020	Rajmah, red ( <i>Phaseolus vulgaris</i> )	3	2.70±0.30	4.23±0.38	7.78±0.71	6.71±0.81	0.88±0.40	0.70±0.18	5.90±0.56	4.18±0.65	1.05±0.27	5.07±0.71
B021	Red gram, dal ( <i>Cajanus cajan</i> )	6	3.16±0.27	3.42±0.43	6.73±0.56	6.16±0.28	0.87±0.22	0.67±0.12	8.76±1.02	3.26±0.17	0.71±0.11	4.38±0.30
B022	Red gram, whole ( <i>Cajanus cajan</i> )	6	3.28±0.13	3.38±0.49	6.88±0.48	7.07±0.37	0.92±0.32	0.91±0.07	8.71±0.82	3.38±0.21	0.75±0.17	4.17±0.65
B023	Ricebean ( <i>Vigna umbellata</i> )	1	3.23	3.80	7.86	6.75	1.12	1.02	7.56	3.52	0.82	5.23
B024	Soya bean, brown ( <i>Glycine max</i> )	6	2.40±0.28	4.57±0.33	8.27±0.17	7.67±0.11	1.46±0.11	1.56±0.08	4.73±0.77	3.47±0.17	1.59±0.26	5.04±0.59
B025	Soya bean, white ( <i>Glycine max</i> )	1	2.55	4.59	8.14	7.18	1.55	1.44	5.01	3.88	1.68	5.53

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## C GREEN LEAFY VEGETABLES

C001	Agathi leaves ( <i>Sesbania grandiflora</i> )	1	2.39	2.80	7.58	7.62	1.28	0.85	6.03	5.39	1.77	5.99
C002	Amaranth leaves, green ( <i>Amaranthus gangeticus</i> )	6	2.12±0.35	4.39±0.65	8.04±0.79	5.48±0.35	1.38±0.06	0.82±0.14	5.68±0.65	4.16±0.36	1.01±0.08	5.03±0.82
C003	Amaranth leaves, red ( <i>Amaranthus gangeticus</i> )	1	2.01	4.31	8.20	5.58	1.63	0.96	4.77	4.04	1.20	5.24
C004	Amaranth leaves, red and green ( <i>Amaranthus gangeticus</i> )	4	2.15±0.15	4.33±1.25	8.40±0.89	5.26±1.33	1.44±0.39	1.06±0.22	5.88±0.10	4.39±0.60	1.08±0.11	4.98±1.37
C005	Amaranth spinosus, leaves, green ( <i>Amaranthus spinosus</i> )	4	1.95±0.24	4.05±0.18	7.66±0.48	4.99±0.15	1.25±0.03	0.71±0.09	5.00±0.82	4.40±0.30	0.89±0.21	4.18±1.06
C006	Amaranth spinosus, leaves, red and green ( <i>Amaranthus spinosus</i> )	2	1.90	3.03	7.57	4.74	1.10	0.75	4.34	4.44	1.17	4.12
C007	Basella leaves ( <i>Basella alba</i> )	2	2.20	3.30	7.68	5.16	0.90	0.79	4.17	4.01	1.88	3.88
C008	Bathua leaves ( <i>Chenopodium album</i> )	2	1.76	4.83	8.99	3.77	1.77	0.89	5.73	4.95	1.08	6.07
C009	Beet greens ( <i>Beta vulgaris</i> )	6	1.59±0.16	2.62±0.14	5.17±0.20	4.34±0.65	0.76±0.24	0.92±0.06	3.63±0.05	3.76±0.40	0.82±0.15	4.27±0.07

Table 8. Amino Acid Profile

Table 8. Amino Acid Profile

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Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			$\text{g}$							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
B016	Moth bean ( <i>Vigna aconitifolia</i> )	6	5.00±0.42	7.68±0.76	10.54±0.81	16.89±1.33	3.68±0.31	3.95±0.48	5.04±0.38	2.92±0.37
B017	Peas, dry ( <i>Pisum sativum</i> )	6	4.51±0.44	8.09±0.30	11.34±0.72	17.52±0.81	4.19±0.16	3.73±0.19	4.83±0.38	3.25±0.19
B018	Rajmah, black ( <i>Phaseolus vulgaris</i> )	2	4.68	5.81	12.96	18.89	3.42	3.23	5.10	3.10
B019	Rajmah, brown ( <i>Phaseolus vulgaris</i> )	6	4.59±0.34	5.96±0.25	11.35±0.95	16.60±0.73	3.90±0.12	3.63±0.27	5.81±0.44	3.24±0.14
B020	Rajmah, red ( <i>Phaseolus vulgaris</i> )	3	4.57±0.53	6.10±0.85	10.50±0.85	16.01±2.17	3.78±0.49	3.40±0.58	5.74±0.90	3.12±0.37
B021	Red gram, dal ( <i>Cajanus cajan</i> )	6	4.49±0.87	5.87±0.34	10.26±1.05	21.50±1.33	3.23±0.18	3.94±0.53	4.26±0.43	2.32±0.25
B022	Red gram, whole ( <i>Cajanus cajan</i> )	6	4.35±0.41	5.98±0.33	10.41±0.95	20.27±0.94	3.33±0.25	3.93±0.47	4.40±0.41	2.54±0.25
B023	Ricebean ( <i>Vigna umbellata</i> )	1	4.76	5.58	10.12	17.32	4.28	4.20	4.83	3.12
B024	Soya bean, brown ( <i>Glycine max</i> )	6	4.32±0.61	6.62±0.50	11.47±1.19	18.27±1.26	3.79±0.31	4.40±0.20	4.91±0.66	3.21±0.30
B025	Soya bean, white ( <i>Glycine max</i> )	1	4.33	7.33	11.40	16.78	3.89	3.24	4.62	3.32

## C GREEN LEAFY VEGETABLES

C001	Agathi leaves ( <i>Sesbania grandiflora</i> )	1	7.22	4.58	10.61	15.78	5.47	4.63	4.44	3.76
C002	Amaranth leaves, green ( <i>Amaranthus gangeticus</i> )	6	6.55±0.66	6.10±0.49	9.22±0.71	12.75±1.46	5.59±0.53	4.45±0.43	4.62±0.28	3.69±0.38
C003	Amaranth leaves, red ( <i>Amaranthus gangeticus</i> )	1	6.56	5.83	9.14	12.86	5.12	4.07	4.50	3.01
C004	Amaranth leaves, red and green ( <i>Amaranthus gangeticus</i> )	4	7.89±0.65	6.61±1.05	9.91±1.40	13.04±2.34	5.93±0.67	4.93±0.67	4.89±0.15	3.76±0.13
C005	Amaranth spinosus, leaves, green ( <i>Amaranthus spinosus</i> )	4	8.42±1.34	5.78±0.81	10.87±1.05	11.77±0.21	6.10±0.48	5.39±0.71	5.29±0.33	3.43±0.40
C006	Amaranth spinosus, leaves, red and green ( <i>Amaranthus spinosus</i> )	2	8.34	5.40	9.74	11.98	6.10	5.31	5.23	3.42
C007	Basella leaves ( <i>Basella alba</i> )	2	7.42	5.18	9.22	12.97	5.71	4.83	4.61	3.44
C008	Bathua leaves ( <i>Chenopodium album</i> )	2	6.52	5.04	10.04	13.68	7.18	4.72	4.16	3.98
C009	Beet greens ( <i>Beta vulgaris</i> )	6	6.19±0.32	2.91±0.50	6.91±0.71	12.10±0.67	4.25±0.13	3.96±0.13	3.76±0.52	2.96±0.20

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
C010	Betel leaves, big (kolkata) ( <i>Piper betle</i> )	6	0.80±0.09	2.05±0.26	7.87±0.65	2.30±0.41	0.72±0.17	0.42±0.26	4.58±1.11	4.25±0.60	1.00±0.45	3.46±0.36
C011	Betel leaves, small ( <i>Piper betle</i> )	4	0.81±0.03	2.59±1.26	7.86±1.60	2.27±0.13	0.76±0.23	0.38±0.10	4.73±1.81	4.57±0.42	0.69±0.18	3.93±1.61
C012	Brussels sprouts ( <i>Brassica oleracea</i> var. <i>gemmifera</i> )	1	1.79	3.58	5.04	3.50	1.34	0.67	3.23	4.30	0.93	4.74
C013	Cabbage, Chinese ( <i>Brassica rupa</i> )	1	1.97	5.72	5.69	5.78	1.06	0.94	3.27	4.01	1.24	5.40
C014	Cabbage, collard greens ( <i>Brassica oleracea</i> var. <i>viridis</i> )	1	1.62	3.81	6.67	3.62	1.11	0.91	4.56	4.04	1.24	5.64
C015	Cabbage, green ( <i>Brassica oleracea</i> var. <i>capitata f. alba</i> )	6	1.56±0.36	3.56±0.61	5.31±0.79	3.12±0.88	1.06±0.22	0.90±0.23	2.56±0.64	3.76±0.56	0.93±0.04	4.83±1.23
C016	Cabbage, violet ( <i>Brassica oleracea</i> var. <i>capitata f. rubra</i> )	2	1.62	3.56	5.31	2.85	0.85	0.63	2.21	2.67	0.82	5.47
C017	Cauliflower leaves ( <i>Brassica oleracea</i> var. <i>botrytis</i> )	6	1.88±0.19	3.37±0.16	5.36±0.29	4.01±0.08	0.99±0.09	0.68±0.04	4.16±0.41	4.01±0.04	1.12±0.34	4.93±0.38
265	C018 Colocasia leaves, green ( <i>Colocasia anti-quorum</i> )	6	3.40±1.66	3.51±1.02	7.45±0.50	4.26±0.62	1.79±0.48	1.07±0.30	4.43±0.74	4.53±0.25	1.01±0.30	4.64±1.52
	C019 Drumstick leaves ( <i>Moringa oleifera</i> )	3	2.06±0.21	3.10±1.17	6.70±0.59	4.38±0.29	0.92±0.17	0.75±0.04	6.45±0.58	3.75±0.47	1.27±0.23	4.38±1.28
	C020 Fenugreek leaves ( <i>Trigonella foenum graecum</i> )	5	2.40±0.23	4.47±0.55	7.50±0.63	5.88±1.09	1.28±0.10	0.74±0.19	5.52±0.23	4.90±0.61	0.99±0.13	6.27±0.60
	C021 Garden cress ( <i>Lepidium sativum</i> )	2	1.42	4.51	9.23	4.54	1.95	0.67	4.72	4.95	1.26	6.17
	C022 Gogu leaves, green ( <i>Hibiscus cannabinus</i> )	4	2.61±0.11	3.64±0.79	7.60±0.37	5.61±0.26	1.31±0.11	0.73±0.13	5.04±0.28	4.63±0.16	1.07±0.25	4.55±1.16
	C023 Gogu leaves, red ( <i>Hibiscus cannabinus</i> )	1	2.72	4.34	8.60	6.03	1.76	0.86	5.65	5.10	1.04	6.02
	C024 Knol-Khol, leaves ( <i>Brassica oleracea</i> var. <i>gongylodes</i> )	2	1.96	4.31	7.20	4.27	1.37	0.95	4.93	4.45	1.05	5.70
	C025 Lettuce ( <i>Lactuca sativa</i> )	3	1.74±0.19	3.49±1.44	6.90±1.45	5.22±0.37	0.95±0.37	0.87±0.10	3.61±1.49	4.50±0.57	1.23±0.41	4.95±0.58
	C026 Mustard leaves ( <i>Brassica juncea</i> )	3	1.91±0.23	3.22±0.15	6.57±0.01	5.42±0.34	0.74±0.09	1.02±0.13	3.53±0.67	4.08±0.57	1.31±0.14	3.52±0.43
	C027 Pak Choi leaves ( <i>Brassica rapa</i> var. <i>Chinensis</i> )	1	2.48	3.78	7.98	6.26	1.96	1.12	5.89	5.03	1.23	5.67
266	C028 Parsley ( <i>Petroselinum crispum</i> )	3	1.76±0.16	4.78±0.24	7.82±0.82	5.75±0.86	1.32±0.13	0.87±0.05	5.31±0.39	4.91±0.39	1.68±0.06	6.19±0.33
	C029 Ponnaganni ( <i>Alternanthera sessilis</i> )	2	1.87	4.89	8.77	5.01	1.58	0.93	5.41	5.35	1.18	5.95
	C030 Pumpkin leaves, tender ( <i>Cucurbita maxima</i> )	6	1.63±0.53	5.27±0.07	8.85±0.22	4.90±0.17	0.99±0.27	0.85±0.07	6.40±0.12	4.52±0.30	1.76±0.05	5.82±0.11

Table 8. Amino Acid Profile

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Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
C010	Betel leaves, big (kolkata) ( <i>Piper betle</i> )	6	8.68±0.82	4.94±0.51	12.59±0.61	13.33±1.59	7.50±1.22	5.43±0.79	6.16±0.69	3.48±0.27
C011	Betel leaves, small ( <i>Piper betle</i> )	4	7.61±1.58	4.59±0.57	11.69±0.47	12.99±1.39	7.88±1.42	5.13±0.87	6.21±0.96	3.37±0.28
C012	Brussels sprouts ( <i>Brassica oleracea</i> var. <i>gemmifera</i> )	1	4.63	7.63	12.36	20.82	4.54	8.89	5.45	2.37
C013	Cabbage, Chinese ( <i>Brassica rupa</i> )	1	6.37	5.84	10.84	21.42	3.82	3.76	5.82	2.05
C014	Cabbage, collard greens ( <i>Brassica oleracea</i> var. <i>viridis</i> )	1	7.68	4.32	11.13	21.91	5.61	5.35	4.20	2.78
C015	Cabbage, green ( <i>Brassica oleracea</i> var. <i>capitata</i> f. <i>alba</i> )	6	6.26±0.95	4.57±1.62	10.55±1.92	26.30±5.17	3.24±0.74	3.98±0.85	4.02±0.76	2.11±0.29
C016	Cabbage, violet ( <i>Brassica oleracea</i> var. <i>capitata</i> f. <i>rubra</i> )	2	6.17	4.67	11.53	28.60	3.04	4.34	4.22	2.29
C017	Cauliflower leaves ( <i>Brassica oleracea</i> var. <i>botrytis</i> )	6	6.82±0.41	5.89±0.88	11.76±1.28	22.09±2.64	3.96±0.14	4.63±0.51	5.14±0.16	0.77±0.99
C018	Colocasia leaves, green ( <i>Colocasia anti-quorum</i> )	6	9.40±2.53	5.84±0.43	8.55±3.08	15.25±1.91	4.66±0.50	5.01±0.18	4.52±0.32	3.78±0.21
C019	Drumstick leaves ( <i>Moringa oleifera</i> )	3	7.18±0.84	5.56±0.61	11.94±1.80	16.87±2.55	4.60±0.17	4.00±0.37	4.79±0.55	2.87±0.23
C020	Fenugreek leaves ( <i>Trigonella foenum graecum</i> )	5	6.06±1.35	5.45±0.97	13.48±2.09	11.12±2.92	5.21±0.45	4.92±0.89	3.94±0.88	3.55±0.26
C021	Garden cress ( <i>Lepidium sativum</i> )	2	7.15	4.41	12.48	15.70	5.79	5.06	4.00	3.50
C022	Gogu leaves, green ( <i>Hibiscus cannabinus</i> )	4	7.30±1.61	6.04±0.39	11.78±1.43	12.63±0.43	5.17±0.45	4.31±0.14	4.88±0.63	3.40±0.19
C023	Gogu leaves, red ( <i>Hibiscus cannabinus</i> )	1	6.79	6.92	12.21	12.82	5.57	4.69	4.79	3.80
C024	Knol-Khol, leaves ( <i>Brassica oleracea</i> var. <i>gongylodes</i> )	2	6.76	5.30	10.33	18.00	5.31	5.39	4.48	2.90
C025	Lettuce ( <i>Lactuca sativa</i> )	3	6.51±1.32	4.77±0.70	11.32±1.55	16.10±3.52	5.68±0.33	4.51±0.41	3.80±1.00	3.00±0.57
C026	Mustard leaves ( <i>Brassica juncea</i> )	3	6.60±0.38	5.74±1.04	10.86±1.05	18.67±1.11	5.31±0.37	4.65±0.63	5.11±0.53	3.21±0.17
C027	Pak Choi leaves ( <i>Brassica rapa</i> var. <i>Chinensis</i> )	1	5.86	6.58	9.58	12.86	4.87	4.76	4.61	3.48
C028	Parsley ( <i>Petroselinum crispum</i> )	3	7.18±0.42	4.53±0.18	11.18±0.12	12.86±0.09	5.06±0.02	4.63±0.55	4.56±0.21	3.00±0.44
C029	Ponnaganni ( <i>Alternanthera sessilis</i> )	2	6.83	4.67	9.32	14.56	6.02	5.40	4.46	3.25
C030	Pumpkin leaves, tender ( <i>Cucurbita maxima</i> )	6	5.62±1.10	6.02±1.00	11.79±1.10	14.36±0.04	5.50±0.35	5.25±0.54	4.65±0.19	3.46±0.22

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			$\leftarrow \text{g} \rightarrow$									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
C031	Radish leaves ( <i>Raphanus sativus</i> )	6	1.96±0.41	3.59±0.82	6.89±1.11	5.34±0.50	1.01±0.35	0.86±0.14	6.00±3.77	3.99±0.87	1.39±0.52	4.26±1.65
C032	Rumex leaves ( <i>Rumex patientia</i> )	2	2.84	3.57	6.82	4.46	0.88	0.59	7.92	4.69	1.24	3.97
C033	Spinach ( <i>Spinacia oleracea</i> )	6	2.18±0.16	4.31±0.29	8.70±0.59	4.68±0.13	1.33±0.05	0.84±0.06	5.38±0.46	4.70±0.26	1.53±0.11	5.83±0.38
C034	Tamarind leaves, tender ( <i>Tamarindus indica</i> )	3	2.19±0.05	4.20±0.04	8.70±0.67	4.69±0.21	1.26±0.10	0.63±0.03	4.86±0.59	4.64±0.34	1.47±0.06	5.65±0.38

#### D OTHER VEGETABLES

267	D001	Ash gourd ( <i>Benincasa hispida</i> )	6	2.58±1.06	4.31±0.72	5.67±0.45	3.39±0.69	1.56±0.37	0.83±0.17	3.22±0.70	3.65±0.38	0.72±0.30	5.11±0.62
	D002	Bamboo shoot, tender ( <i>Bambusa vulgaris</i> )	1	1.73	2.19	6.24	4.82	1.04	0.49	5.57	3.90	0.95	3.69
	D003	Bean scarlet, tender ( <i>Phaseolus coccineus</i> )	5	3.23±0.20	3.96±0.35	8.31±0.26	6.70±0.28	1.46±0.16	0.62±0.09	5.13±0.23	4.43±0.42	0.88±0.16	4.54±0.27
	D004	Bitter gourd, jagged, teeth ridges, elongate ( <i>Momordica charantia</i> )	6	3.53±0.39	4.74±0.28	7.40±0.52	6.13±0.20	1.55±0.08	0.94±0.13	2.60±0.37	4.83±0.33	1.28±0.10	6.49±0.29
	D005	Bitter gourd, jagged, teeth ridges, short ( <i>Momordica charantia</i> )	4	3.17±0.33	4.71±0.36	7.19±0.33	6.63±0.50	1.49±0.12	0.98±0.39	3.15±0.48	4.72±0.39	1.42±0.20	6.51±0.41
	D006	Bitter gourd, jagged, smooth ridges, elongate ( <i>Momordica charantia</i> )	1	3.71	4.85	7.40	6.45	1.62	0.85	2.98	4.61	1.32	6.76
	D007	Bottle gourd, elongate, pale green ( <i>Lagenaria vulgaris</i> )	6	1.80±0.25	4.98±0.51	7.74±0.49	4.81±0.61	0.94±0.15	0.57±0.07	3.73±0.70	4.18±0.42	1.60±0.08	6.58±0.53
	D008	Bottle gourd, round, pale green ( <i>Lagenaria vulgaris</i> )	5	2.10±0.42	5.20±0.27	7.80±0.50	4.97±0.86	0.97±0.26	0.60±0.14	3.41±0.90	4.62±0.14	1.67±0.23	6.64±0.28
	D009	Bottle gourd, elongate, dark green ( <i>Lagenaria vulgaris</i> )	1	2.16	5.19	7.88	5.02	0.88	0.70	3.71	4.62	1.46	6.98
	D010	Brinjal-1 ( <i>Solanum melongena</i> )	1	1.58	3.75	5.49	4.49	0.62	0.66	4.73	2.50	1.12	3.32
	D011	Brinjal-2 ( <i>Solanum melongena</i> )	1	1.57	3.23	4.53	4.03	0.80	0.76	4.40	2.54	0.66	4.15
	D012	Brinjal-3 ( <i>Solanum melongena</i> )	2	1.98	3.80	5.53	3.87	0.88	0.67	5.42	3.08	0.68	5.20
	D013	Brinjal-4 ( <i>Solanum melongena</i> )	4	2.36±0.14	3.79±0.42	5.18±0.91	4.24±0.21	0.78±0.13	0.79±0.10	4.30±0.18	2.86±0.56	0.78±0.03	4.15±1.14
	D014	Brinjal-5 ( <i>Solanum melongena</i> )	3	1.67±0.18	3.99±0.52	6.14±0.33	3.82±0.10	0.95±0.06	0.79±0.05	4.52±0.15	3.23±0.13	0.72±0.06	5.39±0.36

Table 8. Amino Acid Profile

Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			$\text{g}$							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
C031	Radish leaves ( <i>Raphanus sativus</i> )	6	7.90±0.77	4.80±0.73	9.71±0.80	17.10±3.08	5.50±0.39	4.04±1.25	4.73±0.62	3.05±0.48
C032	Rumex leaves ( <i>Rumex patientia</i> )	2	7.99	5.00	10.22	15.67	7.48	3.99	5.79	2.53
C033	Spinach ( <i>Spinacia oleracea</i> )	6	6.78±0.42	5.41±0.36	9.24±0.71	14.77±1.57	5.70±0.25	4.70±0.59	4.40±0.22	3.95±0.32
C034	Tamarind leaves, tender ( <i>Tamarindus indica</i> )	3	6.63±0.61	5.58±0.20	8.29±1.27	13.45±1.16	5.81±0.50	4.68±0.85	4.32±0.27	3.93±0.28

#### D OTHER VEGETABLES

268	D001	Ash gourd ( <i>Benincasa hispida</i> )	6	5.66±0.64	7.83±2.40	10.67±1.94	17.95±1.22	5.59±1.14	3.99±0.66	4.06±0.25	2.88±0.73
	D002	Bamboo shoot, tender ( <i>Bambusa vulgaris</i> )	1	4.85	4.63	14.57	11.85	4.48	7.85	5.12	3.94
	D003	Bean scarlet, tender ( <i>Phaseolus coccineus</i> )	5	5.62±0.35	6.07±0.08	11.88±0.95	16.07±0.00	4.76±0.37	4.68±0.24	5.50±0.39	2.83±0.14
	D004	Bitter gourd, jagged, teeth ridges, elongate ( <i>Momordica charantia</i> )	6	4.90±0.90	13.97±1.79	7.65±0.63	8.50±0.49	5.45±0.27	4.74±0.38	4.11±0.68	4.77±0.40
	D005	Bitter gourd, jagged, teeth ridges, short ( <i>Momordica charantia</i> )	4	4.79±0.42	13.01±1.46	7.83±1.58	8.74±1.41	5.26±0.33	4.75±0.38	4.26±0.89	4.61±0.32
	D006	Bitter gourd, jagged, smooth ridges, elongate ( <i>Momordica charantia</i> )	1	5.64	12.77	8.34	8.90	5.34	4.66	4.41	4.68
	D007	Bottle gourd, elongate, pale green ( <i>Lagenaria vulgaris</i> )	6	7.18±0.79	5.95±0.62	9.15±0.73	17.27±1.15	5.08±0.34	4.64±0.60	4.86±0.43	3.08±0.36
	D008	Bottle gourd, round, pale green ( <i>Lagenaria vulgaris</i> )	5	6.91±1.07	5.95±1.38	9.23±0.54	16.19±0.33	5.12±0.54	4.74±0.37	5.10±0.27	3.56±0.64
	D009	Bottle gourd, elongate, dark green ( <i>Lagenaria vulgaris</i> )	1	8.94	6.19	9.33	15.69	4.95	4.85	4.74	3.65
	D010	Brinjal-1 ( <i>Solanum melongena</i> )	1	5.59	4.42	15.95	20.57	4.44	3.85	3.34	2.26
	D011	Brinjal-2 ( <i>Solanum melongena</i> )	1	3.72	5.14	16.15	20.56	3.40	3.54	3.09	2.30
	D012	Brinjal-3 ( <i>Solanum melongena</i> )	2	3.84	4.55	14.44	20.14	3.77	3.55	3.62	2.59
	D013	Brinjal-4 ( <i>Solanum melongena</i> )	4	5.03±0.73	5.27±0.59	15.98±0.99	20.30±1.30	3.97±0.55	3.74±0.50	4.03±0.53	2.68±0.35
	D014	Brinjal-5 ( <i>Solanum melongena</i> )	3	4.98±0.67	5.49±0.46	14.14±1.77	21.64±2.20	3.86±0.49	3.76±0.78	3.52±0.39	3.15±0.16

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
D015	Brinjal-6 ( <i>Solanum melongena</i> )	2	2.31	3.14	5.77	3.67	0.76	0.63	4.60	2.69	0.68	3.86
D016	Brinjal-7 ( <i>Solanum melongena</i> )	1	2.11	3.44	6.18	4.25	0.95	0.99	4.85	3.03	0.70	4.72
D017	Brinjal-8 ( <i>Solanum melongena</i> )	3	2.47±0.16	4.62±0.45	6.84±0.52	5.27±0.35	0.94±0.02	0.76±0.15	4.84±0.31	2.94±0.12	0.60±0.12	5.77±0.43
D018	Brinjal-9 ( <i>Solanum melongena</i> )	2	2.39	4.44	6.51	4.94	1.03	0.81	4.31	2.97	0.75	5.66
D019	Brinjal-10 ( <i>Solanum melongena</i> )	2	1.72	3.38	5.63	3.93	0.59	0.59	4.46	2.71	1.07	4.50
D020	Brinjal-11 ( <i>Solanum melongena</i> )	6	1.79±0.28	3.35±1.00	5.24±0.90	3.15±0.64	0.81±0.18	0.79±0.12	4.75±0.28	3.04±0.38	0.73±0.28	4.36±1.45
D021	Brinjal-12 ( <i>Solanum melongena</i> )	2	2.71	3.98	5.68	4.06	1.00	0.51	4.43	3.33	0.71	5.42
D022	Brinjal-13 ( <i>Solanum melongena</i> )	1	2.30	4.12	5.77	4.66	0.76	0.84	5.47	3.43	0.80	5.98
D023	Brinjal-14 ( <i>Solanum melongena</i> )	3	2.12±0.26	3.98±0.47	5.34±0.80	4.26±0.18	0.84±0.21	0.63±0.18	4.29±0.33	2.84±0.34	0.90±0.10	4.82±0.26
D024	Brinjal-15 ( <i>Solanum melongena</i> )	4	1.64±0.26	3.09±0.55	5.10±0.91	3.55±0.28	0.70±0.22	0.53±0.14	4.51±0.75	2.85±0.22	0.91±0.20	4.48±1.18
D025	Brinjal-16 ( <i>Solanum melongena</i> )	1	2.21	3.90	6.04	3.23	0.78	0.59	3.52	2.92	0.73	4.84
D026	Brinjal-17 ( <i>Solanum melongena</i> )	1	2.24	3.79	5.60	4.70	0.80	0.84	4.35	3.08	0.89	4.97
D027	Brinjal-18 ( <i>Solanum melongena</i> )	3	1.67±0.26	3.14±0.60	5.45±0.42	3.29±0.03	0.60±0.31	0.49±0.15	4.41±0.13	2.51±0.35	0.89±0.21	3.31±1.31
D028	Brinjal-19 ( <i>Solanum melongena</i> )	3	1.93±0.31	3.73±0.59	6.23±0.69	3.90±0.97	0.84±0.32	0.63±0.16	4.63±0.87	2.95±0.42	0.83±0.21	3.75±1.73
D029	Brinjal-20 ( <i>Solanum melongena</i> )	5	1.88±0.35	3.63±0.46	5.70±0.70	3.35±0.30	0.97±0.15	0.77±0.16	5.69±0.71	3.07±0.05	0.86±0.38	4.81±0.60
D030	Brinjal-21 ( <i>Solanum melongena</i> )	2	2.07	3.15	5.44	3.40	0.68	0.71	4.87	3.24	0.97	4.60
D031	Brinjal - all varieties ( <i>Solanum melongena</i> )	6	1.98±0.37	3.63±0.73	5.61±0.78	3.81±0.75	0.82±0.20	0.71±0.16	4.70±0.68	2.96±0.36	0.80±0.21	4.60±1.15
D032	Broad beans ( <i>Vicia faba</i> )	3	3.16±0.63	4.28±0.12	7.63±0.15	5.66±0.50	0.65±0.81	0.55±0.03	3.86±0.59	3.40±0.66	0.88±0.02	5.41±0.16
D033	Capsicum, green ( <i>Capsicum annuum</i> )	6	1.72±0.79	3.79±0.95	5.68±0.57	3.47±1.08	1.24±0.40	0.98±0.04	3.49±1.26	4.05±0.56	0.96±0.15	5.17±0.78
D034	Capsicum, red ( <i>Capsicum annuum</i> )	4	1.16±0.15	3.61±0.17	5.40±0.21	3.67±0.12	1.10±0.14	1.13±0.15	3.16±0.40	4.14±0.17	0.92±0.12	5.17±0.26
D035	Capsicum, yellow ( <i>Capsicum annuum</i> )	4	1.13±0.23	3.92±0.20	5.29±0.28	3.80±0.33	1.18±0.20	1.19±0.21	2.98±0.19	4.31±0.71	0.99±0.22	5.24±0.48
D036	Cauliflower ( <i>Brassica oleracea</i> )	6	1.80±0.19	3.84±0.45	6.01±0.86	4.13±0.41	1.01±0.10	0.56±0.10	3.88±0.49	4.02±0.33	1.06±0.06	5.81±0.89

Table 8. Amino Acid Profile

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Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
D015	Brinjal-6 ( <i>Solanum melongena</i> )	2	5.50	4.70	15.15	22.59	4.78	3.64	3.57	4.46
D016	Brinjal-7 ( <i>Solanum melongena</i> )	1	7.03	5.34	14.02	17.88	4.32	4.19	4.67	3.01
D017	Brinjal-8 ( <i>Solanum melongena</i> )	3	5.75±0.75	5.37±0.35	15.40±1.02	19.63±1.11	4.60±0.28	3.90±0.49	4.22±0.27	3.32±0.34
D018	Brinjal-9 ( <i>Solanum melongena</i> )	2	5.31	5.97	16.10	15.96	4.63	3.96	4.01	2.99
D019	Brinjal-10 ( <i>Solanum melongena</i> )	2	4.39	5.95	15.27	21.73	3.66	3.25	3.01	2.48
D020	Brinjal-11 ( <i>Solanum melongena</i> )	6	5.71±1.69	4.98±1.07	16.71±1.98	20.98±2.17	4.28±0.76	3.49±0.92	3.82±0.71	2.88±0.68
D021	Brinjal-12 ( <i>Solanum melongena</i> )	2	5.07	5.25	15.62	19.92	4.18	3.04	3.46	2.51
D022	Brinjal-13 ( <i>Solanum melongena</i> )	1	5.43	5.57	16.67	18.85	3.71	3.74	3.82	2.79
D023	Brinjal-14 ( <i>Solanum melongena</i> )	3	5.37±0.29	5.23±0.35	16.21±0.69	19.59±2.16	3.91±0.14	4.08±0.36	3.35±0.37	2.60±0.49
D024	Brinjal-15 ( <i>Solanum melongena</i> )	4	5.31±0.34	4.48±1.25	16.23±0.72	20.53±1.76	3.81±0.11	3.26±0.46	3.79±0.64	2.68±0.57
D025	Brinjal-16 ( <i>Solanum melongena</i> )	1	5.54	5.43	16.88	21.96	3.85	3.12	3.85	2.17
D026	Brinjal-17 ( <i>Solanum melongena</i> )	1	5.19	5.61	15.45	19.39	3.94	3.28	3.83	2.99
D027	Brinjal-18 ( <i>Solanum melongena</i> )	3	5.51±0.60	4.98±0.30	15.68±0.24	21.38±1.48	3.82±0.07	3.39±0.80	3.87±0.26	2.83±0.12
D028	Brinjal-19 ( <i>Solanum melongena</i> )	3	5.70±0.36	4.34±0.88	16.98±1.41	21.76±3.24	3.64±0.15	3.73±0.57	4.28±0.01	3.16±0.41
D029	Brinjal-20 ( <i>Solanum melongena</i> )	5	5.61±1.05	4.32±0.60	16.36±3.20	21.23±2.21	4.45±0.58	3.30±0.53	4.15±0.46	2.66±0.37
D030	Brinjal-21 ( <i>Solanum melongena</i> )	2	5.48	5.02	17.23	21.64	4.30	3.45	3.90	2.58
D031	Brinjal - all varieties ( <i>Solanum melongena</i> )	6	5.37±1.01	5.02±0.79	16.01±1.59	20.62±2.36	4.11±0.55	3.56±0.61	3.82±0.52	2.85±0.60
D032	Broad beans ( <i>Vicia faba</i> )	3	6.43±0.01	7.61±0.01	14.41±0.64	13.83±0.38	4.80±0.10	4.51±0.35	4.54±0.21	2.83±0.13
D033	Capsicum, green ( <i>Capsicum annuum</i> )	6	6.43±0.79	3.07±0.97	14.89±2.12	24.82±3.73	4.86±0.62	3.83±1.39	4.30±0.65	2.91±0.93
D034	Capsicum, red ( <i>Capsicum annuum</i> )	4	6.53±0.22	3.36±0.24	14.28±1.32	25.17±0.94	5.69±0.32	2.97±0.16	4.84±0.29	2.89±0.13
D035	Capsicum, yellow ( <i>Capsicum annuum</i> )	4	5.34±0.26	3.84±0.36	14.95±1.18	24.51±0.15	5.22±0.43	2.45±0.14	4.96±0.25	2.93±0.19
D036	Cauliflower ( <i>Brassica oleracea</i> )	6	7.96±1.00	4.15±0.94	10.61±1.49	20.70±2.88	4.15±0.31	3.45±0.76	5.15±0.61	2.89±0.34

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			$\text{g}$									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
D037	Celery stalk ( <i>Apium graveolens</i> )	3	1.43±0.13	2.93±0.14	4.44±0.45	3.32±0.21	0.90±0.05	0.45±0.07	2.92±0.53	3.71±0.56	1.15±0.03	4.64±0.15
D038	Cho-cho-marrow ( <i>Sechium edule</i> )	4	1.82±0.54	4.72±0.68	8.64±0.94	3.56±0.56	1.29±0.17	0.70±0.17	4.65±0.54	4.57±0.67	0.86±0.09	6.71±0.69
D039	Cluster beans ( <i>Cyamopsis tetragonobolus</i> )	6	1.75±0.33	2.68±1.05	4.68±0.73	3.09±0.56	0.82±0.03	1.02±0.20	2.99±0.99	3.27±0.86	0.91±0.16	3.96±1.01
D040	Colocasia, stem, black ( <i>Colocasia antiquorum</i> )	1	2.28	4.10	7.53	4.09	1.22	1.51	4.06	4.28	0.75	5.96
D041	Colocasia, stem, green ( <i>Colocasia antiquorum</i> )	5	2.37±0.51	4.26±0.53	7.20±0.53	3.33±0.97	1.20±0.19	0.80±0.20	4.14±0.48	4.22±0.34	0.73±0.10	5.96±0.35
D042	Corn, Baby ( <i>Zea mays</i> )	6	2.13±0.16	4.35±0.28	8.03±0.30	3.36±0.39	1.59±0.29	1.27±0.13	4.85±0.17	4.83±0.34	0.96±0.18	4.87±0.33
D043	Cucumber, green, elongate ( <i>Cucumis sativus</i> )	6	1.92±0.27	4.14±0.47	6.94±0.63	3.15±0.30	1.06±0.22	0.64±0.14	3.17±0.45	3.13±0.72	0.27±0.12	6.09±0.88
D044	Cucumber, green, short ( <i>Cucumis sativus</i> )	6	1.84±0.28	3.77±0.47	6.11±0.37	3.38±0.29	0.87±0.15	0.79±0.22	4.14±0.05	3.14±0.16	0.66±0.14	5.22±0.38
D045	Cucumber, orange, round ( <i>Cucumis sativus</i> )	2	1.80	4.74	6.43	3.28	0.75	0.76	4.43	3.70	0.52	6.13
D046	Drumstick ( <i>Moringa oleifera</i> )	6	1.95±0.15	3.08±0.29	5.98±0.37	3.09±0.45	1.10±0.30	0.89±0.22	3.43±0.36	3.83±0.08	0.53±0.15	5.02±0.35
D047	Field beans, tender, broad ( <i>Vicia faba</i> )	2	2.63	4.05	8.19	4.61	0.83	0.59	4.57	3.68	0.75	5.10
D048	Field beans, tender, lean ( <i>Vicia faba</i> )	6	2.75±0.06	4.30±0.19	8.20±0.37	5.35±0.49	0.94±0.06	0.62±0.11	4.73±0.41	3.76±0.04	0.80±0.08	5.21±0.16
D049	French beans, country ( <i>Phaseolus vulgaris</i> )	5	3.01±0.67	3.79±0.67	7.29±0.81	4.77±0.54	0.83±0.12	0.60±0.15	4.04±0.57	4.39±0.25	0.96±0.13	5.38±0.84
D050	French beans, hybrid ( <i>Phaseolus vulgaris</i> )	2	2.57	4.35	6.71	4.83	1.07	0.53	4.22	4.32	0.80	5.98
D051	Jack fruit, raw ( <i>Artocarpus heterophyllus</i> )	5	1.86±0.21	4.90±0.48	6.60±0.53	2.99±0.14	0.79±0.11	0.65±0.09	3.96±0.76	4.16±0.56	0.53±0.08	5.65±0.18
D052	Jack fruit, seed, mature ( <i>Artocarpus heterophyllus</i> )	5	1.69±0.17	5.50±0.52	7.19±0.34	3.73±0.29	0.94±0.17	0.55±0.03	6.22±0.34	5.46±0.51	0.94±0.14	6.86±0.10
D053	Knol - Khol ( <i>Brassica oleracea</i> )	6	0.91±0.65	3.40±0.11	4.04±0.09	2.50±1.09	0.96±0.06	0.71±0.02	1.90±0.18	3.30±0.26	0.78±0.05	5.31±0.19
D054	Kovai, big ( <i>Coccinia cordifolia</i> )	6	1.91±0.16	4.10±0.36	7.32±0.34	7.05±0.27	0.94±0.09	0.66±0.11	3.87±0.81	4.17±0.38	0.93±0.08	4.97±0.78
D055	Kovai, small ( <i>Coccinia cordifolia</i> )	1	1.83	3.88	7.14	6.38	0.90	0.69	4.16	4.20	0.85	5.05
D056	Ladies finger ( <i>Abelmoschus esculentus</i> )	6	2.42±0.37	3.26±0.48	5.04±0.42	3.79±0.51	0.81±0.21	0.57±0.10	3.44±0.27	3.75±0.38	0.49±0.09	4.46±0.36
D057	Mango, green, raw ( <i>Mangifera indica</i> )	6	2.83±0.21	4.44±0.88	7.90±0.75	5.34±0.39	1.37±0.08	0.71±0.05	3.75±0.16	4.19±0.46	1.06±0.36	5.79±1.02

Table 8. Amino Acid Profile

Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
D037	Celery stalk ( <i>Apium graveolens</i> )	3	3.07±0.10	3.53±0.51	20.42±1.44	25.87±1.94	3.61±0.13	2.85±0.40	4.29±0.28	2.21±0.04
D038	Cho-cho-marrow ( <i>Sechium edule</i> )	4	7.29±0.79	4.01±1.93	13.25±2.43	16.75±1.63	4.85±0.54	4.18±0.85	5.90±0.81	3.35±0.92
D039	Cluster beans ( <i>Cyamopsis tetragonobola</i> )	6	7.08±1.05	6.48±0.49	18.73±3.01	11.00±1.56	4.44±0.51	3.90±0.42	4.15±0.77	4.17±0.84
D040	Colocasia, stem, black ( <i>Colocasia antiquorum</i> )	1	7.77	4.52	13.23	16.36	5.87	4.63	5.53	3.56
D041	Colocasia, stem, green ( <i>Colocasia antiquorum</i> )	5	7.37±1.23	4.70±0.63	11.84±1.78	18.86±2.51	6.69±1.43	4.14±0.75	4.94±0.80	3.08±0.47
D042	Corn, Baby ( <i>Zea mays</i> )	6	6.85±0.26	5.90±0.18	12.40±1.31	17.20±0.55	5.84±0.21	4.66±0.31	4.23±0.34	3.15±0.27
D043	Cucumber, green, elongate ( <i>Cucumis sativus</i> )	6	7.18±1.41	4.47±0.44	6.96±0.92	22.84±2.45	4.47±0.52	3.30±0.49	3.79±0.68	2.98±0.46
D044	Cucumber, green, short ( <i>Cucumis sativus</i> )	6	7.12±0.81	4.96±1.46	7.03±0.10	24.25±3.15	4.94±0.87	3.68±0.35	3.94±0.72	2.58±0.32
D045	Cucumber, orange, round ( <i>Cucumis sativus</i> )	2	7.19	3.42	7.48	25.58	5.51	3.94	3.53	3.11
D046	Drumstick ( <i>Moringa oleifera</i> )	6	5.68±0.61	10.93±0.29	9.42±1.33	23.30±2.18	3.91±0.41	3.36±0.54	4.60±0.34	2.16±0.20
D047	Field beans, tender, broad ( <i>Vicia faba</i> )	2	5.88	6.02	13.35	14.95	4.53	4.24	5.43	3.36
D048	Field beans, tender, lean ( <i>Vicia faba</i> )	6	5.58±0.10	6.01±0.23	13.41±1.66	16.19±1.64	4.64±0.17	4.13±0.06	5.64±0.22	3.62±0.13
D049	French beans, country ( <i>Phaseolus vulgaris</i> )	5	5.78±0.63	5.95±0.71	11.66±0.48	15.73±1.66	4.32±0.26	4.01±0.31	5.09±0.82	3.15±0.50
D050	French beans, hybrid ( <i>Phaseolus vulgaris</i> )	2	4.08	6.41	11.43	13.06	3.90	5.81	5.20	2.95
D051	Jack fruit, raw ( <i>Artocarpus heterophyllus</i> )	5	6.13±0.30	3.68±0.50	21.99±1.65	10.62±1.45	5.59±0.44	4.06±0.46	4.40±0.57	2.95±0.41
D052	Jack fruit, seed, mature ( <i>Artocarpus heterophyllus</i> )	5	4.89±0.37	3.02±0.30	15.33±1.83	11.45±0.46	5.99±0.33	4.81±0.53	5.31±0.62	5.61±0.12
D053	Knol - Khol ( <i>Brassica oleracea</i> )	6	5.51±0.97	5.74±1.70	9.88±0.18	36.40±1.63	3.43±0.14	3.27±0.24	4.02±0.29	2.01±0.09
D054	Kovai, big ( <i>Coccinia cordifolia</i> )	6	7.18±0.68	6.04±1.10	10.69±1.01	20.82±1.66	5.18±0.19	4.17±0.48	5.71±0.37	3.04±0.64
D055	Kovai, small ( <i>Coccinia cordifolia</i> )	1	6.57	6.45	11.71	21.11	4.67	3.61	5.19	3.31
D056	Ladies finger ( <i>Abelmoschus esculentus</i> )	6	5.37±0.57	5.95±0.70	15.47±1.48	16.70±1.03	3.95±0.47	3.39±0.47	3.59±0.32	2.51±0.43
D057	Mango, green, raw ( <i>Mangifera indica</i> )	6	9.22±1.34	5.34±1.22	10.23±0.75	14.23±0.85	5.43±0.81	5.34±1.02	4.99±1.08	3.39±0.55

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
D058	Onion, stalk ( <i>Allium cepa</i> )	6	2.16±0.18	4.88±0.20	8.05±0.20	6.50±0.38	1.21±0.22	0.46±0.12	4.09±0.19	4.74±0.33	1.07±0.03	5.90±0.32
D059	Papaya, raw ( <i>Carica papaya</i> )	6	0.97±0.09	1.57±0.19	3.22±0.28	3.82±0.98	0.63±0.21	3.77±0.37	3.91±1.94	2.85±0.80	1.00±0.10	3.16±0.23
D060	Parwar ( <i>Trichosanthes dioica</i> )	6	1.75±0.27	4.41±0.59	7.22±0.30	5.89±0.91	1.33±0.33	0.86±0.10	3.86±0.99	3.82±0.45	0.59±0.15	5.95±0.32
D061	Peas, fresh ( <i>Pisum sativum</i> )	6	2.15±0.38	3.33±1.04	7.63±0.64	5.72±0.54	0.63±0.12	0.64±0.13	5.02±0.24	4.08±0.37	0.84±0.08	4.23±0.98
D062	Plantain, flower ( <i>Musa x paradisiaca</i> )	6	2.31±0.14	3.63±0.50	7.06±0.47	2.81±0.20	0.81±0.19	0.65±0.15	3.68±0.31	4.43±0.20	0.81±0.10	4.75±0.55
D063	Plantain, green ( <i>Musa x paradisiaca</i> )	6	2.45±0.19	2.59±0.54	4.98±0.51	3.70±0.25	0.80±0.08	0.67±0.10	5.32±1.40	2.93±0.25	0.68±0.13	5.51±0.46
D064	Plantain, stem ( <i>Musa x paradisiaca</i> )	6	1.91±0.58	4.92±0.41	4.59±0.32	2.99±0.64	1.57±0.34	0.99±0.21	4.50±0.78	4.86±0.50	0.67±0.11	5.84±0.62
D065	Pumpkin, green, cylindrical ( <i>Cucurbita maxima</i> )	1	2.18	4.54	5.41	3.40	0.96	0.60	2.84	3.47	0.73	5.97
D066	Pumpkin, orange, round ( <i>Cucurbita maxima</i> )	6	1.68±0.10	5.00±0.36	5.32±0.34	3.20±0.48	1.03±0.13	0.68±0.06	4.91±1.13	3.85±0.43	0.77±0.19	6.05±0.50
D067	Red gram, tender, fresh ( <i>Cajanus cajan</i> )	1	3.14	3.31	4.89	6.21	0.41	0.75	8.56	3.87	0.99	4.30
D068	Ridge gourd ( <i>Luffa acutangula</i> )	6	1.87±0.14	4.60±0.14	5.34±0.09	4.78±0.37	0.98±0.08	0.40±0.10	4.21±0.38	3.68±0.11	0.72±0.09	5.95±0.30
D069	Ridge gourd, smooth skin ( <i>Luffa acutangula</i> )	3	2.25±0.59	4.92±0.40	5.79±0.10	4.64±0.72	1.06±0.25	0.42±0.07	4.45±0.28	4.03±0.27	0.69±0.05	5.99±0.30
D070	Snake gourd, long, pale green ( <i>Trichosanthes anguina</i> )	6	1.64±0.12	4.11±0.62	5.22±0.07	4.13±0.28	0.90±0.13	0.65±0.05	4.11±0.36	3.40±0.37	0.60±0.09	5.66±0.48
D071	Snake gourd, long, dark green ( <i>Trichosanthes anguina</i> )	2	1.85	4.85	5.71	5.64	0.93	0.64	3.95	3.86	0.63	5.27
D072	Snake gourd, short ( <i>Trichosanthes anguina</i> )	1	1.35	4.06	5.66	4.91	1.13	0.61	4.25	3.12	0.63	5.40
D073	Tinda, tender ( <i>Praecitrullus fistulosus</i> )	6	1.78±0.13	4.11±0.09	6.70±0.22	4.88±0.86	0.91±0.04	0.70±0.05	3.64±0.10	3.70±0.08	0.62±0.13	5.79±0.12
D074	Tomato, green ( <i>Lycopersicon esculentum</i> )	6	2.26±1.19	2.69±0.26	3.62±0.37	4.35±0.52	1.01±0.16	0.80±0.07	3.47±0.59	2.62±0.37	0.73±0.07	3.09±0.15
D075	Tomato, ripe, hybrid ( <i>Lycopersicon esculentum</i> )	6	1.58±0.18	2.29±0.71	4.18±0.93	2.55±0.58	0.67±0.16	0.95±0.19	4.54±0.91	2.52±0.63	0.52±0.11	2.74±0.97
D076	Tomato, ripe, local ( <i>Lycopersicon esculentum</i> )	6	1.36±0.27	2.69±0.38	4.71±0.57	2.33±0.38	0.68±0.34	0.94±0.14	4.30±0.77	2.71±0.40	0.64±0.07	3.26±0.63
D077	Zucchini, green ( <i>Cucurbita pepo</i> )	2	1.98	4.24	5.68	4.67	0.78	0.57	4.73	3.82	0.85	5.87
D078	Zucchini, yellow ( <i>Cucurbita pepo</i> )	2	1.74	4.25	5.50	5.03	0.75	0.68	5.54	3.81	0.86	5.71

Table 8. Amino Acid Profile

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Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			$\text{g}$							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
D058	Onion, stalk ( <i>Allium cepa</i> )	6	5.91±0.21	4.50±0.29	9.66±0.42	14.62±0.27	7.82±0.31	5.03±0.25	4.53±0.25	3.75±0.24
D059	Papaya, raw ( <i>Carica papaya</i> )	6	5.07±0.88	3.08±0.25	11.90±0.26	14.27±1.52	4.93±0.48	2.99±0.45	3.56±0.93	4.38±1.31
D060	Parwar ( <i>Trichosanthes dioica</i> )	6	6.61±1.55	5.97±1.03	9.60±0.60	19.43±2.33	6.21±1.28	5.28±0.31	4.79±0.45	2.96±0.20
D061	Peas, fresh ( <i>Pisum sativum</i> )	6	4.23±0.32	10.05±1.51	11.61±0.94	17.38±1.96	4.28±0.27	3.78±0.85	4.53±0.38	3.06±0.48
D062	Plantain, flower ( <i>Musa x paradisiaca</i> )	6	6.96±1.02	5.06±0.31	10.40±0.97	21.78±2.69	5.19±0.40	4.39±0.75	5.62±0.66	2.86±0.29
D063	Plantain, green ( <i>Musa x paradisiaca</i> )	6	5.94±0.89	4.46±1.11	14.43±1.76	20.43±1.81	3.83±0.38	3.14±0.52	4.45±0.49	2.09±0.47
D064	Plantain, stem ( <i>Musa x paradisiaca</i> )	6	7.68±1.02	3.84±0.91	10.82±0.87	20.16±3.54	4.06±0.29	4.89±0.95	5.06±0.21	2.83±0.49
D065	Pumpkin, green, cylindrical ( <i>Cucurbita maxima</i> )	1	4.72	5.23	12.58	20.37	3.15	3.57	4.30	4.48
D066	Pumpkin, orange, round ( <i>Cucurbita maxima</i> )	6	4.96±0.31	3.65±0.45	12.99±1.28	19.58±1.75	5.05±0.36	3.87±0.24	4.42±0.24	2.85±0.40
D067	Red gram, tender, fresh ( <i>Cajanus cajan</i> )	1	6.60	5.84	10.61	20.95	3.96	4.63	5.09	2.63
D068	Ridge gourd ( <i>Luffa acutangula</i> )	6	6.47±0.39	5.15±0.88	9.98±0.63	21.06±1.69	5.04±0.30	3.39±0.52	4.33±0.07	3.27±0.28
D069	Ridge gourd, smooth skin ( <i>Luffa acutangula</i> )	3	6.15±0.61	4.85±0.80	9.91±0.42	21.40±3.50	5.04±0.42	3.74±0.71	4.55±0.36	3.24±0.53
D070	Snake gourd, long, pale green ( <i>Trichosanthes anguina</i> )	6	6.07±0.42	4.83±0.75	10.04±1.07	20.81±1.49	4.46±0.43	3.85±0.78	4.79±0.43	2.62±0.28
D071	Snake gourd, long, dark green ( <i>Trichosanthes anguina</i> )	2	6.59	5.67	10.16	20.07	4.98	4.18	4.72	2.99
D072	Snake gourd, short ( <i>Trichosanthes anguina</i> )	1	6.62	5.43	9.70	20.21	4.26	3.69	4.41	2.79
D073	Tinda, tender ( <i>Praecitrullus fistulosus</i> )	6	4.37±0.33	7.03±1.14	10.29±0.95	19.87±3.60	3.52±0.10	3.92±0.20	5.06±0.14	2.94±0.24
D074	Tomato, green ( <i>Lycopersicon esculentum</i> )	6	2.46±0.17	3.93±0.46	10.94±0.69	30.29±4.05	3.35±0.17	2.37±0.38	3.76±0.45	2.27±0.08
D075	Tomato, ripe, hybrid ( <i>Lycopersicon esculentum</i> )	6	4.21±0.72	3.23±0.91	14.26±1.75	37.44±5.55	3.64±0.34	2.43±0.56	3.40±0.64	2.66±0.39
D076	Tomato, ripe, local ( <i>Lycopersicon esculentum</i> )	6	4.72±0.84	4.13±0.51	12.71±2.23	39.25±1.68	3.86±0.51	2.87±0.63	3.67±0.45	2.68±0.29
D077	Zucchini, green ( <i>Cucurbita pepo</i> )	2	6.86	3.80	10.04	22.68	3.48	4.26	4.42	2.87
D078	Zucchini, yellow ( <i>Cucurbita pepo</i> )	2	6.66	4.25	10.68	22.29	3.56	4.71	4.44	2.89

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
<b>E FRUITS</b>												
E001	Apple, big ( <i>Malus domestica</i> )	6	2.26±0.25	3.56±0.19	5.17±0.12	3.01±0.22	1.23±0.13	0.75±0.13	3.39±0.36	3.85±0.28	0.86±0.12	3.50±0.26
E002	Apple, green ( <i>Malus domestica</i> )	6	2.67±0.21	4.85±0.43	5.75±0.11	3.11±0.20	1.40±0.11	0.67±0.15	3.86±0.30	4.40±0.28	0.78±0.10	3.66±0.30
E003	Apple, small ( <i>Malus domestica</i> )	6	2.36±0.43	3.86±0.47	5.71±0.72	2.86±0.21	1.27±0.13	0.71±0.13	3.74±0.19	4.07±0.62	0.85±0.06	4.38±0.31
E004	Apple, small, Kashmir ( <i>Malus domestica</i> )	1	2.30	4.11	6.69	3.48	1.34	0.62	4.16	4.19	0.85	4.18
E005	Apricot, dried ( <i>Prunus armeniaca</i> )	6	1.21±0.29	2.25±0.31	4.22±0.08	3.28±0.19	1.19±0.30	0.86±0.11	2.73±0.41	2.48±0.16	0.70±0.07	2.31±0.33
E006	Apricot, processed ( <i>Prunus armeniaca</i> )	3	1.49±0.63	2.22±0.33	4.12±0.14	4.54±0.49	0.80±0.01	0.60±0.01	2.69±0.09	2.58±0.26	0.80±0.02	2.12±0.02
E007	Avocado fruit ( <i>Persea americana</i> )	1	2.38	3.45	6.27	5.84	1.66	1.58	4.24	3.48	1.04	4.48
E008	Bael fruit ( <i>Aegle marmelos</i> )	1	2.52	3.29	5.86	4.86	1.26	0.65	4.81	4.16	0.98	4.62
E009	Banana, ripe, montham ( <i>Musa x paradisiaca</i> )	1	6.76	4.94	9.22	4.51	1.18	0.64	5.52	4.66	0.81	5.82
E010	Banana, ripe, poovam ( <i>Musa x paradisiaca</i> )	2	6.42	3.79	9.41	4.89	1.05	0.75	5.32	5.08	0.90	6.11
E011	Banana, ripe, red ( <i>Musa x paradisiaca</i> )	1	6.77	4.25	8.72	4.17	1.20	0.53	5.28	4.56	0.82	6.56
E012	Banana, ripe, robusta ( <i>Musa x paradisiaca</i> )	6	5.85±0.26	3.69±0.41	8.23±0.47	4.30±0.27	1.09±0.13	0.57±0.11	4.28±0.49	4.09±0.21	0.99±0.08	6.05±0.40
E013	Black berry ( <i>Rubus fruticosus</i> )	5	3.09±0.34	4.86±0.26	7.82±0.34	4.72±0.13	1.49±0.16	0.66±0.12	5.18±0.91	4.76±0.43	0.83±0.06	6.57±0.58
E014	Cherries, red ( <i>Prunus cerasus</i> )	4	1.76±0.23	3.46±0.88	5.88±1.42	3.88±0.27	1.68±0.61	0.92±0.10	4.10±1.05	4.06±0.75	0.50±0.06	4.78±1.02
E015	Currants, black ( <i>Ribes nigrum</i> )	1	2.25	4.35	8.33	3.82	1.77	0.44	4.42	4.14	1.47	5.11
E016	Custard apple ( <i>Annona squamosa</i> )	1	5.25	2.26	4.88	4.26	0.99	0.48	4.16	4.37	0.86	4.86
E017	Dates, dry, pale brown ( <i>Phoenix dactylifera</i> )	6	1.84±0.38	1.92±0.39	5.17±0.79	2.44±0.77	1.03±0.20	1.33±0.12	3.55±0.72	3.73±0.43	0.85±0.12	2.85±0.46
E018	Dates, dry, dark brown ( <i>Phoenix dactylifera</i> )	2	2.06	3.05	5.23	2.81	1.25	1.26	3.46	3.27	1.83	3.30
E019	Dates, processed ( <i>Phoenix dactylifera</i> )	2	1.62	2.29	4.98	2.97	1.05	1.35	2.59	3.64	0.80	2.85
E020	Fig ( <i>Ficus carica</i> )	6	1.16±0.05	4.84±0.20	5.80±0.19	3.19±0.18	0.90±0.14	1.68±0.12	3.36±0.28	4.24±0.35	0.85±0.03	5.34±0.14
E021	Goosberry ( <i>Embllica officinalis</i> )	5	2.40±0.26	1.94±0.34	4.25±0.42	4.06±0.50	0.73±0.17	0.61±0.16	4.85±2.04	3.30±0.69	0.75±0.08	2.99±0.39

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Table 8. Amino Acid Profile

Table 8. Amino Acid Profile

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Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			g							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
<b>E FRUITS</b>										
E001	Apple, big ( <i>Malus domestica</i> )	6	8.22±0.20	3.19±0.21	25.16±2.09	8.92±1.09	3.58±0.43	3.28±0.16	5.64±0.20	2.67±0.25
E002	Apple, green ( <i>Malus domestica</i> )	6	7.12±0.29	3.96±0.49	20.64±0.61	9.60±0.32	4.79±0.17	4.15±0.17	5.31±0.23	2.10±0.20
E003	Apple, small ( <i>Malus domestica</i> )	6	6.86±0.70	2.47±0.26	22.08±2.22	9.64±0.27	4.93±0.54	3.78±0.33	5.67±0.66	2.39±0.23
E004	Apple, small, Kashmir ( <i>Malus domestica</i> )	1	6.12	2.52	18.40	9.78	4.11	5.45	5.53	1.58
E005	Apricot, dried ( <i>Prunus armeniaca</i> )	6	4.36±0.71	3.89±0.81	18.26±4.95	9.54±1.24	3.29±0.87	8.69±0.30	3.77±1.02	3.43±0.22
E006	Apricot, processed ( <i>Prunus armeniaca</i> )	3	5.29±0.13	2.54±0.34	17.38±0.70	13.44±1.15	3.32±0.43	8.60±0.78	3.81±0.02	1.96±0.54
E007	Avocado fruit ( <i>Persea americana</i> )	1	5.38	4.45	15.56	13.37	4.25	4.48	4.46	2.64
E008	Bael fruit ( <i>Aegle marmelos</i> )	1	4.82	3.86	18.20	14.26	3.86	5.26	5.40	2.43
E009	Banana, ripe, montham ( <i>Musa x paradisiaca</i> )	1	5.25	2.52	12.92	13.91	3.35	5.11	5.99	2.30
E010	Banana, ripe, poovam ( <i>Musa x paradisiaca</i> )	2	5.46	3.18	13.03	16.88	6.70	4.59	5.67	2.22
E011	Banana, ripe, red ( <i>Musa x paradisiaca</i> )	1	4.89	2.75	13.32	17.90	5.37	4.16	5.39	1.97
E012	Banana, ripe, robusta ( <i>Musa x paradisiaca</i> )	6	7.08±0.90	3.70±0.32	13.07±1.30	15.17±0.14	4.79±0.43	3.65±0.93	4.70±0.36	2.14±0.34
E013	Black berry ( <i>Rubus fruticosus</i> )	5	6.40±0.24	4.31±2.14	12.08±0.69	15.66±0.50	6.02±0.65	5.55±0.42	5.36±0.50	3.03±0.26
E014	Cherries, red ( <i>Prunus cerasus</i> )	4	4.99±1.97	1.77±0.53	28.46±12.91	15.62±3.07	6.51±2.15	4.22±0.96	4.61±0.88	2.20±0.41
E015	Currants, black ( <i>Ribes nigrum</i> )	1	3.69	6.97	10.42	20.94	5.36	5.03	5.23	2.89
E016	Custard apple ( <i>Annona squamosa</i> )	1	7.08	3.87	18.32	17.32	4.86	4.82	5.12	1.97
E017	Dates, dry, pale brown ( <i>Phoenix dactylifera</i> )	6	6.94±0.51	4.08±0.44	12.80±0.35	15.76±1.09	6.18±0.41	5.78±0.90	5.08±0.24	2.15±0.40
E018	Dates, dry, dark brown ( <i>Phoenix dactylifera</i> )	2	7.02	3.90	9.68	14.85	5.96	5.62	4.86	2.00
E019	Dates, processed ( <i>Phoenix dactylifera</i> )	2	8.53	3.66	13.63	16.39	6.70	6.43	5.94	2.09
E020	Fig ( <i>Ficus carica</i> )	6	5.74±0.47	2.02±0.15	20.90±0.89	19.36±1.12	4.71±0.32	4.89±0.36	4.63±0.20	2.80±0.18
E021	Goosberry ( <i>Embllica officinalis</i> )	5	6.47±1.67	3.87±0.45	14.90±2.63	23.90±2.39	5.01±0.47	4.48±0.48	4.95±0.23	2.60±0.39

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
E022	Grapes, seeded, round, black ( <i>Vitis vinifera</i> )	4	2.59±0.25	1.98±0.37	5.92±0.81	2.15±0.18	1.13±0.31	1.17±0.02	3.59±0.35	4.90±0.39	0.49±0.03	2.60±0.18
E023	Grapes, seeded, round, green ( <i>Vitis vinifera</i> )	5	2.61±0.31	2.20±0.09	6.31±0.72	2.34±0.16	1.04±0.16	1.25±0.11	3.12±0.33	5.33±0.31	0.66±0.06	2.46±0.24
E024	Grapes, seeded, round, red ( <i>Vitis vinifera</i> )	5	2.34±0.19	3.49±0.30	5.86±0.40	1.92±0.13	0.94±0.16	1.14±0.12	4.14±0.53	4.87±0.72	0.69±0.13	2.83±0.25
E025	Grapes, seedless, oval, black ( <i>Vitis vinifera</i> )	5	2.78±0.10	2.58±0.31	7.21±0.21	1.92±0.16	1.02±0.12	1.24±0.37	3.85±0.19	5.28±0.13	0.69±0.10	2.73±0.21
E026	Grapes, seedless, round, green ( <i>Vitis vinifera</i> )	5	2.87±0.32	1.98±0.12	7.15±0.15	2.38±0.12	0.91±0.01	1.33±0.17	4.17±0.16	5.25±0.21	0.69±0.18	2.70±0.03
E027	Grapes, seedless, round, black ( <i>Vitis vinifera</i> )	5	2.32±0.18	2.74±0.07	6.44±0.19	2.55±0.16	0.85±0.11	1.15±0.12	4.79±0.13	5.05±0.23	0.76±0.14	2.70±0.07
E028	Guava, white flesh ( <i>Psidium guajava</i> )	5	2.04±0.07	4.08±0.82	6.77±0.86	2.55±0.19	0.96±0.05	0.97±0.12	1.34±0.13	3.15±0.46	0.83±0.12	3.27±0.21
E029	Guava, pink flesh ( <i>Psidium guajava</i> )	5	1.84±0.21	3.94±0.27	6.01±0.60	2.76±0.17	0.89±0.23	1.02±0.30	1.55±0.28	3.77±0.22	0.77±0.04	3.36±0.20
E030	Jack fruit, ripe ( <i>Artocarpus heterophyllus</i> )	5	1.63±0.23	3.49±0.55	6.76±0.90	3.32±0.40	0.54±0.13	0.50±0.09	4.49±1.06	4.35±0.71	0.62±0.51	5.18±1.28
E031	Jambu fruit, ripe ( <i>Syzygium cumini</i> )	2	2.38	5.21	8.52	1.99	1.85	0.93	5.63	5.32	0.83	6.99
E032	Karonda fruit ( <i>Carissa carandas</i> )	1	3.08	2.86	4.85	1.98	1.25	1.18	3.86	3.66	0.85	4.62
E033	Lemon, juice ( <i>Citrus limon</i> )	6	1.99±0.16	2.72±0.15	2.51±0.49	5.07±0.09	1.10±0.07	1.28±0.30	3.54±0.20	1.69±0.17	0.45±0.21	2.90±0.42
E034	Lime, sweet,pulp ( <i>Citrus limetta</i> )	6	3.40±0.31	2.12±0.09	2.66±0.27	2.31±0.17	0.97±0.59	1.33±0.04	1.32±0.23	1.29±0.17	0.48±0.09	1.73±0.22
E035	Litchi ( <i>Nephelium litchi</i> )	4	1.84±0.27	4.73±0.36	8.08±0.63	4.95±0.22	1.46±0.23	1.22±0.15	5.39±0.39	4.74±0.52	0.74±0.04	6.05±0.58
E036	Mango, ripe, banganapalli ( <i>Mangifera indica</i> )	6	2.69±0.29	3.73±0.48	8.18±1.05	5.69±0.24	1.57±0.13	0.78±0.19	3.20±0.17	5.10±0.44	0.94±0.32	5.92±0.91
E037	Mango, ripe, gulabkhas ( <i>Mangifera indica</i> )	2	2.33	3.79	9.21	3.34	1.66	0.71	3.75	5.38	1.33	6.32
E038	Mango, ripe, himsagar ( <i>Mangifera indica</i> )	3	2.18±0.33	3.80±0.44	7.55±0.42	4.74±0.56	1.69±0.17	1.04±0.03	3.70±0.33	5.23±0.36	1.16±0.49	4.87±0.76
E039	Mango, ripe, kesar ( <i>Mangifera indica</i> )	4	2.07±0.19	4.05±0.65	8.26±0.97	3.05±0.53	1.59±0.27	0.85±0.28	3.47±0.49	5.29±0.59	1.28±0.26	5.23±0.93
E040	Mango, ripe, neelam ( <i>Mangifera indica</i> )	2	2.46	4.30	9.19	3.10	1.84	1.22	3.38	5.61	1.33	6.29
E041	Mango, ripe, paheri ( <i>Mangifera indica</i> )	2	1.94	4.36	8.25	3.44	1.20	0.94	3.94	5.45	1.49	6.13
E042	Mango, ripe, totapari ( <i>Mangifera indica</i> )	1	2.07	4.20	8.85	3.51	1.65	0.90	4.15	5.25	1.21	5.92

Table 8. Amino Acid Profile

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Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
E022	Grapes, seeded, round, black ( <i>Vitis vinifera</i> )	4	6.56±0.46	5.97±0.35	9.65±0.78	22.50±3.32	3.35±0.42	4.72±0.68	4.59±0.51	2.24±0.68
E023	Grapes, seeded, round, green ( <i>Vitis vinifera</i> )	5	7.11±0.65	6.58±0.22	10.41±0.69	21.65±1.32	3.44±0.28	4.29±1.41	4.61±0.48	2.34±0.61
E024	Grapes, seeded, round, red ( <i>Vitis vinifera</i> )	5	6.32±1.55	6.50±0.24	10.87±0.98	19.45±0.92	3.18±0.14	4.72±0.27	4.79±0.19	2.49±0.30
E025	Grapes, seedless, oval, black ( <i>Vitis vinifera</i> )	5	7.26±0.33	6.86±0.19	10.39±0.48	22.33±0.97	4.27±0.61	5.39±0.26	5.26±0.49	2.01±0.16
E026	Grapes, seedless, round, green ( <i>Vitis vinifera</i> )	5	7.35±0.85	7.01±0.57	10.39±0.78	21.53±0.31	3.46±0.42	4.84±2.08	4.69±0.46	2.40±0.02
E027	Grapes, seedless, round, black ( <i>Vitis vinifera</i> )	5	6.05±0.18	6.46±0.35	10.60±0.36	18.37±0.78	3.76±0.27	6.93±0.17	4.83±0.37	2.06±0.19
E028	Guava, white flesh ( <i>Psidium guajava</i> )	5	6.26±0.88	3.18±0.23	19.73±3.56	15.70±1.14	6.12±0.61	5.56±0.51	3.80±0.59	2.66±0.07
E029	Guava, pink flesh ( <i>Psidium guajava</i> )	5	6.52±0.86	3.31±0.27	19.16±1.61	15.59±0.74	6.98±0.98	5.67±0.35	4.19±0.33	2.63±0.33
E030	Jack fruit, ripe ( <i>Artocarpus heterophyllus</i> )	5	6.16±0.67	3.22±0.88	26.27±5.38	9.24±1.33	5.40±1.49	4.42±0.76	5.39±1.72	3.22±1.06
E031	Jambu fruit, ripe ( <i>Syzygium cumini</i> )	2	7.04	1.54	11.99	15.22	6.59	6.09	5.54	3.23
E032	Karonda fruit ( <i>Carissa carandas</i> )	1	5.62	4.21	15.38	15.62	3.85	3.82	4.85	3.12
E033	Lemon, juice ( <i>Citrus limon</i> )	6	5.22±0.55	4.28±0.47	20.55±1.50	15.10±0.71	2.03±0.27	7.60±0.83	3.86±0.33	1.35±0.19
E034	Lime, sweet,pulp ( <i>Citrus limetta</i> )	6	3.39±0.72	1.30±0.81	19.78±1.90	5.41±1.07	2.16±0.39	6.81±1.29	3.40±0.46	0.80±0.19
E035	Litchi ( <i>Nephelium litchi</i> )	4	10.56±1.75	2.24±0.75	11.65±0.62	16.07±1.40	5.56±0.45	5.72±1.59	5.16±0.51	2.92±0.73
E036	Mango, ripe, banganapalli ( <i>Mangifera indica</i> )	6	8.21±0.31	4.26±1.36	11.58±0.78	15.60±1.03	5.88±0.57	4.07±1.13	4.14±0.35	2.21±0.49
E037	Mango, ripe, gulabkhas ( <i>Mangifera indica</i> )	2	9.02	4.64	11.82	14.59	5.25	3.97	4.53	2.41
E038	Mango, ripe, himsagar ( <i>Mangifera indica</i> )	3	10.14±0.58	4.41±0.94	12.41±1.44	14.99±0.30	5.99±0.47	4.11±0.74	4.44±0.37	2.82±0.77
E039	Mango, ripe, kesar ( <i>Mangifera indica</i> )	4	8.62±0.43	4.48±0.83	12.75±1.15	14.51±1.20	6.13±0.73	4.24±0.40	4.52±0.25	2.70±0.35
E040	Mango, ripe, neelam ( <i>Mangifera indica</i> )	2	9.93	4.29	12.33	15.06	6.03	3.48	6.55	2.54
E041	Mango, ripe, paheri ( <i>Mangifera indica</i> )	2	9.03	3.90	12.19	14.82	5.49	3.95	4.06	2.45
E042	Mango, ripe, totapari ( <i>Mangifera indica</i> )	1	8.84	4.53	13.49	13.95	5.86	3.47	4.26	2.27

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
E043	Mangosteen ( <i>Garcinia mangostana</i> )	1	2.51	4.54	9.10	2.83	1.29	0.81	6.21	6.87	1.21	5.36
E044	Manila tamarind ( <i>Pithecellobium dulce</i> )	1	2.78	3.64	5.60	2.21	1.26	0.59	4.35	4.81	1.14	4.92
E045	Musk melon, orange flesh ( <i>Cucumis melon</i> )	5	0.93±0.14	1.75±0.37	4.09±1.02	1.84±0.25	0.89±0.10	0.79±0.07	1.82±0.48	3.60±0.83	0.56±0.17	3.33±0.42
E046	Musk melon, yellow flesh ( <i>Cucumis melon</i> )	6	0.88±0.02	2.72±0.21	3.67±0.95	2.27±0.10	0.89±0.04	0.80±0.31	1.62±0.38	2.81±0.14	0.52±0.16	3.06±0.43
E047	Orange, pulp ( <i>Citrus aurantium</i> )	6	0.70±0.16	1.39±0.34	2.11±0.12	2.98±0.38	0.53±0.10	0.48±0.06	1.77±0.20	1.52±0.13	0.54±0.05	2.12±0.39
E048	Palm fruit, tender ( <i>Borassus flabellifer</i> )	1	3.14	4.16	3.74	2.35	0.85	1.10	2.76	4.32	0.44	4.31
E049	Papaya, ripe ( <i>Carcia papaya</i> )	6	0.87±0.36	2.27±0.24	4.43±0.26	4.91±0.40	0.68±0.06	0.73±0.07	1.93±0.11	3.27±0.64	1.66±0.09	3.93±0.79
E050	Peach ( <i>Prunus communis</i> )	1	1.53	2.54	5.49	2.75	0.98	1.21	2.95	4.92	0.43	5.43
E051	Pear ( <i>Pyrus sp.</i> )	6	1.39±0.30	3.65±0.28	4.95±0.89	2.27±0.35	1.05±0.22	0.87±0.33	3.04±1.21	3.64±0.51	0.58±0.13	5.10±0.31
E052	Phalsa ( <i>Grewia asiatica</i> )	2	1.91	4.44	7.19	2.82	2.05	1.10	4.84	4.18	0.66	5.76
E053	Pineapple ( <i>Ananas comosus</i> )	6	1.37±0.58	2.61±0.69	3.97±0.44	4.03±0.10	1.06±0.28	2.23±0.06	2.59±0.70	3.01±0.87	1.09±0.14	4.07±0.92
E054	Plum ( <i>Prunus domestica</i> )	3	1.33±0.18	2.20±0.22	3.82±0.10	2.97±0.13	1.08±0.12	1.89±0.15	2.75±0.14	2.33±0.18	1.21±0.10	3.63±0.18
E055	Pomegranate, maroon seeds ( <i>Punica granatum</i> )	6	1.94±0.16	1.67±0.57	4.87±0.64	1.15±0.44	0.61±0.25	0.89±0.29	3.18±0.55	2.59±0.42	0.46±0.08	2.40±0.42
E056	Pummelo ( <i>Citrus maxima</i> )	3	1.76±0.15	2.81±0.19	4.69±0.20	3.78±0.21	0.87±0.05	0.81±0.14	2.45±0.35	3.19±0.22	0.48±0.03	4.23±0.14
E057	Raisins, dried, black ( <i>Vitis vinifera</i> )	6	2.17±0.32	1.97±0.25	4.80±0.71	2.90±0.60	0.97±0.13	0.61±0.12	2.44±0.24	2.91±0.32	0.97±0.07	2.87±0.06
E058	Raisins, dried, golden ( <i>Vitis vinifera</i> )	6	2.92±0.43	1.88±0.19	4.26±0.32	3.04±0.40	0.74±0.11	0.78±0.16	2.51±0.50	3.39±0.77	0.70±0.33	2.84±0.55
E059	Rambutan ( <i>Nephelium lappaceum</i> )	1	3.38	1.90	4.66	3.54	1.12	0.76	2.41	4.01	1.25	4.77
E060	Sapota ( <i>Achras sapota</i> )	6	3.61±0.37	3.52±0.25	6.10±0.43	4.93±0.59	0.82±0.24	0.51±0.15	3.95±0.54	4.68±0.48	0.75±0.09	5.03±0.64
E061	Soursop ( <i>Annona muricata</i> )	1	2.93	4.45	6.62	4.67	1.02	0.57	4.99	4.56	0.84	5.91
E062	Star fruit ( <i>Averrhoa carambola</i> )	1	2.60	2.80	5.67	5.30	0.91	0.74	4.07	3.89	0.87	4.21
E063	Strawberry ( <i>Fragaria ananassa</i> )	6	2.56±0.31	3.61±0.53	5.61±0.44	3.14±0.29	0.86±0.09	0.67±0.11	2.50±0.28	4.32±0.24	0.93±0.17	4.51±0.38
E064	Tamarind, pulp ( <i>Tamarindus indicus</i> )	6	2.58±0.50	3.28±0.75	5.58±0.54	5.18±0.61	0.84±0.15	0.71±0.15	5.46±0.73	3.26±0.51	0.85±0.15	4.02±0.72

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Table 8. Amino Acid Profile

Table 8. Amino Acid Profile

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Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
E043	Mangosteen ( <i>Garcinia mangostana</i> )	1	7.60	2.64	14.16	13.30	7.07	4.27	4.76	2.86
E044	Manila tamarind ( <i>Pithecellobium dulce</i> )	1	6.25	3.35	13.85	16.45	4.21	3.56	4.86	1.85
E045	Musk melon, orange flesh ( <i>Cucumis melon</i> )	5	12.72±1.30	2.12±0.39	10.60±0.69	28.92±5.33	3.89±0.82	2.97±0.30	4.26±0.82	1.65±0.29
E046	Musk melon, yellow flesh ( <i>Cucumis melon</i> )	6	12.94±0.55	2.51±0.43	9.99±1.19	25.89±6.58	3.76±1.70	3.20±0.15	4.82±1.13	1.69±0.11
E047	Orange, pulp ( <i>Citrus aurantium</i> )	6	2.28±1.28	6.51±0.26	13.29±2.66	5.82±1.15	2.46±0.27	12.17±2.77	3.38±0.25	1.08±0.15
E048	Palm fruit, tender ( <i>Borassus flabellifer</i> )	1	6.84	3.85	13.86	16.82	4.56	4.17	5.18	1.25
E049	Papaya, ripe ( <i>Carcia papaya</i> )	6	4.23±0.42	2.59±0.51	15.42±1.42	13.85±3.84	5.23±0.19	4.55±0.97	4.70±0.95	2.85±0.63
E050	Peach ( <i>Prunus communis</i> )	1	5.77	4.14	21.02	19.19	3.23	4.07	4.79	1.78
E051	Pear ( <i>Pyrus sp.</i> )	6	6.55±0.35	2.48±0.41	25.05±2.31	11.67±1.81	4.31±0.62	3.64±0.62	4.46±0.26	1.36±0.13
E052	Phalsa ( <i>Grewia asiatica</i> )	2	5.27	5.86	12.12	18.54	4.96	5.31	5.01	2.18
E053	Pineapple ( <i>Ananas comosus</i> )	6	6.94±0.99	2.64±0.71	27.04±8.48	14.92±3.44	5.32±1.65	3.76±0.81	5.31±1.27	3.10±0.21
E054	Plum ( <i>Prunus domestica</i> )	3	4.25±0.23	2.67±0.25	32.17±0.94	4.85±0.07	2.06±0.19	5.83±0.09	4.23±0.12	1.61±0.14
E055	Pomegranate, maroon seeds ( <i>Punica granatum</i> )	6	4.80±0.80	8.35±2.12	8.50±0.32	27.33±2.29	3.55±0.14	3.46±0.43	4.83±0.49	1.83±0.39
E056	Pummelo ( <i>Citrus maxima</i> )	3	7.62±0.38	5.19±0.54	27.70±1.20	12.35±0.25	2.74±0.17	9.41±0.30	4.78±0.11	1.83±0.08
E057	Raisins, dried, black ( <i>Vitis vinifera</i> )	6	6.28±0.60	13.13±2.04	7.35±1.24	10.49±0.33	3.29±0.87	8.53±0.43	4.32±0.37	2.20±0.71
E058	Raisins, dried, golden ( <i>Vitis vinifera</i> )	6	6.64±0.98	14.04±0.69	6.30±0.39	11.02±0.23	3.75±0.26	9.38±0.47	5.15±0.93	1.56±0.35
E059	Rambutan ( <i>Nephelium lappaceum</i> )	1	5.87	6.75	12.73	28.08	6.62	4.66	2.69	2.70
E060	Sapota ( <i>Achras sapota</i> )	6	5.92±0.62	6.70±0.44	10.90±0.95	10.63±1.16	5.20±0.61	3.80±0.22	5.60±0.48	3.35±0.47
E061	Soursop ( <i>Annona muricata</i> )	1	4.30	3.63	15.84	19.99	5.07	5.69	5.17	3.31
E062	Star fruit ( <i>Averrhoa carambola</i> )	1	6.10	5.37	17.40	18.55	4.45	3.35	4.67	3.89
E063	Strawberry ( <i>Fragaria ananassa</i> )	6	4.98±0.30	4.51±0.30	19.70±1.69	15.88±0.98	5.63±0.39	3.41±0.18	4.10±0.28	2.88±0.29
E064	Tamarind, pulp ( <i>Tamarindus indicus</i> )	6	4.34±0.41	3.15±0.42	12.28±0.72	15.19±0.82	4.01±0.43	5.04±0.48	3.51±0.39	3.43±0.49

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
E065	Water melon, dark green (sugar baby) ( <i>Citrullus vulgaris</i> )	6	2.34±0.16	3.34±0.18	2.87±0.19	3.36±0.23	0.78±0.08	0.77±0.05	2.58±0.28	4.60±0.38	1.15±0.24	3.54±0.21
E066	Water melon, pale green ( <i>Citrullus vulgaris</i> )	6	2.80±0.09	3.49±0.24	3.10±0.16	2.91±0.11	0.94±0.25	0.84±0.08	2.69±0.17	4.31±0.17	1.13±0.14	3.64±0.08
E067	Wood Apple ( <i>Limonia acidissima</i> )	3	1.20±0.21	3.93±0.09	3.17±0.10	2.58±0.05	0.85±0.13	0.41±0.11	2.98±2.82	2.01±0.30	0.85±0.05	3.72±0.29
E068	Zizyphus ( <i>Zizyphus jujube</i> )	1	1.84	4.09	3.59	1.50	1.06	1.54	3.47	2.35	0.88	4.67

## F ROOTS AND TUBERS

F001	Beet root ( <i>Beta vulgaris</i> )	6	2.21±0.36	3.90±0.46	5.08±0.47	4.58±0.48	0.88±0.20	0.61±0.07	2.31±0.43	3.60±0.68	0.86±0.14	5.60±0.58
F002	Carrot, orange ( <i>Ducus carota</i> )	6	1.38±0.21	3.56±0.57	4.84±0.52	3.36±0.23	0.78±0.11	0.90±0.14	2.84±0.64	3.98±0.62	1.01±0.08	4.58±1.24
F003	Carrot, red ( <i>Ducus carota</i> )	4	1.34±0.05	3.04±0.36	4.14±0.38	2.53±0.21	0.90±0.03	0.77±0.05	2.21±0.47	3.00±0.43	1.13±0.17	4.47±0.38
F004	Colocasia ( <i>Colocasia antiquorum</i> )	6	2.03±0.19	3.06±0.28	6.36±0.48	3.93±0.17	0.77±0.17	1.39±0.23	5.22±0.35	3.40±0.41	1.16±0.38	5.37±0.69
F005	Lotus root ( <i>Nelumbium nelumbo</i> )	3	1.71±0.13	3.38±0.49	5.47±0.74	3.43±0.49	0.82±0.02	1.03±0.10	4.32±1.18	3.95±0.37	1.02±0.05	4.57±0.29
F006	Potato, brown skin, big ( <i>Solanum tuberosum</i> )	6	1.56±0.49	3.34±0.82	6.44±0.63	5.51±0.41	1.00±0.24	0.83±0.20	5.61±1.70	3.50±0.52	1.03±0.13	4.29±1.33
F007	Potato, brown skin, small ( <i>Solanum tuberosum</i> )	1	1.37	3.77	7.36	5.78	1.17	0.74	4.11	4.08	1.19	4.23
F008	Potato, red skin ( <i>Solanum tuberosum</i> )	1	1.25	3.19	5.64	5.46	0.96	0.79	4.59	4.06	1.20	3.26
F009	Radish, elongate, red skin ( <i>Raphanus sativus</i> )	3	1.70±0.03	3.49±0.68	5.47±0.36	3.35±0.29	0.76±0.10	0.99±0.12	3.41±0.12	4.20±0.42	0.56±0.07	5.15±0.02
F010	Radish, elongate, white skin ( <i>Raphanus sativus</i> )	6	1.78±0.15	3.33±0.50	6.14±1.31	3.02±0.19	0.77±0.15	0.85±0.14	3.26±0.12	4.03±0.49	0.52±0.08	5.57±0.81
F011	Radish, round, red skin ( <i>Raphanus sativus</i> )	1	1.89	3.55	6.19	2.71	0.64	0.83	3.84	4.05	0.58	5.27
F012	Radish, round, white skin ( <i>Raphanus sativus</i> )	2	1.45	3.16	5.50	2.80	0.77	0.94	3.12	3.66	0.60	5.18
F013	Sweet potato, brown skin ( <i>Ipomoea batatas</i> )	4	1.99±0.36	4.56±0.17	7.66±0.69	4.27±1.80	1.63±0.11	1.31±0.24	6.37±0.92	5.41±0.61	1.90±0.12	5.57±0.59
F014	Sweet potato, pink skin ( <i>Ipomoea batatas</i> )	3	1.86±0.30	4.42±0.54	7.23±0.51	4.00±0.81	1.67±0.25	1.12±0.12	5.35±0.50	5.21±0.57	1.46±0.06	5.72±0.40
F015	Tapioca ( <i>Manihot esculenta</i> )	3	2.01±0.54	2.32±0.11	7.51±0.82	2.96±0.67	0.80±0.11	1.44±0.09	5.29±0.75	5.00±0.53	0.70±0.15	4.72±0.46

Table 8. Amino Acid Profile

Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			$\text{g}$							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
E065	Water melon, dark green (sugar baby) ( <i>Citrullus vulgaris</i> )	6	3.86±0.15	7.87±0.29	16.26±1.09	13.85±0.41	1.74±0.26	3.70±0.15	2.51±0.19	1.89±0.20
E066	Water melon, pale green ( <i>Citrullus vulgaris</i> )	6	4.04±0.29	8.19±0.27	16.50±0.83	14.70±0.54	2.40±0.27	4.21±0.14	3.47±0.25	1.87±0.14
E067	Wood Apple ( <i>Limonia acidissima</i> )	3	5.51±0.81	7.54±1.48	31.42±4.82	15.65±3.76	2.92±0.77	4.20±1.18	4.26±0.53	2.51±0.21
E068	Zizyphus ( <i>Zizyphus jujube</i> )	1	4.62	5.51	31.84	17.33	3.14	2.52	3.86	3.46

## F ROOTS AND TUBERS

F001	Beet root ( <i>Beta vulgaris</i> )	6	8.76±0.71	3.51±0.25	7.52±0.76	28.73±0.85	3.37±0.44	3.35±0.32	4.28±0.36	2.76±0.56
F002	Carrot, orange ( <i>Ducus carota</i> )	6	10.44±1.52	3.30±0.91	14.35±1.39	26.56±3.69	3.64±0.66	3.74±0.72	3.72±0.53	1.71±0.78
F003	Carrot, red ( <i>Ducus carota</i> )	4	10.23±2.20	2.47±0.13	15.01±0.32	28.68±0.42	3.07±0.47	5.50±2.64	3.97±0.68	1.74±0.03
F004	Colocasia ( <i>Colocasia antiquorum</i> )	6	4.74±0.61	7.60±0.91	12.77±1.06	14.22±0.85	4.57±0.51	4.03±0.94	4.17±0.39	3.89±0.26
F005	Lotus root ( <i>Nelumbium nelumbo</i> )	3	5.11±1.11	5.57±0.58	26.00±5.38	14.81±2.20	3.91±0.43	3.16±0.96	4.33±0.23	2.70±0.11
F006	Potato, brown skin, big ( <i>Solanum tuberosum</i> )	6	5.81±1.42	3.58±0.72	21.07±0.46	18.54±0.61	3.31±0.07	3.60±0.49	4.39±0.84	3.23±0.54
F007	Potato, brown skin, small ( <i>Solanum tuberosum</i> )	1	5.63	3.55	9.76	19.04	3.00	3.19	4.17	2.94
F008	Potato, red skin ( <i>Solanum tuberosum</i> )	1	7.52	3.64	6.81	20.40	2.80	3.36	4.54	3.92
F009	Radish, elongate, red skin ( <i>Raphanus sativus</i> )	3	7.36±0.11	4.53±0.01	9.70±0.96	28.02±1.14	4.08±0.05	4.29±0.13	4.33±0.05	1.62±0.30
F010	Radish, elongate, white skin ( <i>Raphanus sativus</i> )	6	7.49±1.02	4.15±0.94	9.78±1.30	26.26±6.49	4.51±1.56	4.28±1.11	4.55±1.16	1.73±0.32
F011	Radish, round, red skin ( <i>Raphanus sativus</i> )	1	7.12	4.89	10.10	24.98	4.12	4.84	4.01	1.43
F012	Radish, round, white skin ( <i>Raphanus sativus</i> )	2	7.37	4.16	10.49	27.62	3.83	4.45	4.12	1.78
F013	Sweet potato, brown skin ( <i>Ipomoea batatas</i> )	4	8.00±1.11	3.48±1.23	22.80±1.34	9.65±0.44	4.90±0.66	3.83±0.07	5.21±0.44	3.26±0.41
F014	Sweet potato, pink skin ( <i>Ipomoea batatas</i> )	3	8.18±2.81	3.19±0.54	14.21±1.92	10.60±1.50	5.46±0.72	3.98±0.77	5.26±0.27	2.69±0.30
F015	Tapioca ( <i>Manihot esculenta</i> )	3	8.75±1.23	3.77±0.98	13.86±2.02	14.54±1.41	5.65±0.65	3.83±0.65	5.76±0.55	1.92±0.74

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
F016	Water Chestnut ( <i>Eleocharis dulcis</i> )	1	1.86	3.27	5.85	3.76	0.98	1.23	4.64	3.75	1.06	3.80
F017	Yam, elephant ( <i>Amorphophallus campanulatus</i> )	6	2.89±0.11	3.36±0.24	6.00±0.56	2.99±0.38	1.55±0.16	1.66±0.10	6.46±0.71	3.81±0.33	1.13±0.04	5.84±0.49
F018	Yam, ordinary ( <i>Amorphophallus campanulatus</i> )	4	2.86±0.65	3.82±0.72	6.71±0.18	4.27±0.28	1.42±0.21	1.65±0.16	4.54±1.15	3.54±0.28	0.96±0.14	4.62±0.90
F019	Yam, wild ( <i>Dioscorea versicolor</i> )	2	2.37	3.27	6.09	3.13	1.18	1.76	6.23	4.00	1.25	5.98

## G CONDIMENTS AND SPICES-FRESH

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G001	Chillies, green-1 ( <i>Capsicum annum</i> )	5	1.77±0.38	3.64±0.46	5.13±1.07	3.43±0.59	1.17±0.12	1.52±0.31	4.33±0.68	3.87±0.72	0.82±0.14	4.43±1.19
G002	Chillies, green-2 ( <i>Capsicum annum</i> )	3	1.62±0.18	3.16±0.32	5.02±0.32	3.58±0.52	1.25±0.09	1.41±0.22	4.25±0.31	3.84±0.29	0.75±0.06	4.22±0.48
G003	Chillies, green-3 ( <i>Capsicum annum</i> )	5	1.76±0.25	2.99±0.34	4.94±0.23	3.95±0.24	1.04±0.14	1.61±0.23	4.54±1.01	3.67±0.52	0.80±0.14	4.07±0.44
G004	Chillies, green-4 ( <i>Capsicum annum</i> )	3	1.82±0.12	3.08±0.68	4.99±0.37	3.41±0.82	1.05±0.10	1.22±0.12	4.59±0.32	3.67±0.32	0.72±0.11	3.88±0.47
G005	Chillies, green-5 ( <i>Capsicum annum</i> )	2	1.54±0.15	2.86±0.50	5.01±0.28	3.79±0.29	0.86±0.15	1.01±0.05	5.47±0.43	3.52±0.17	0.68±0.09	3.82±0.76
G006	Chillies, green-6 ( <i>Capsicum annum</i> )	1	1.49	2.97	4.97	3.65	0.66	0.98	4.76	2.95	0.92	3.08
G007	Chillies, green-7 ( <i>Capsicum annum</i> )	1	2.00	2.89	5.40	4.09	1.18	1.68	6.25	3.14	0.80	3.24
G008	Chillies, green - all varieties ( <i>Capsicum annum</i> )	6	1.72±0.28	3.14±0.47	5.05±0.54	3.66±0.51	1.09±0.18	1.40±0.29	4.69±0.82	3.66±0.47	0.77±0.11	4.02±0.72
G009	Coriander leaves ( <i>Coriandrum sativum</i> )	6	2.48±0.39	4.37±0.24	6.08±0.63	5.19±0.28	1.30±0.14	0.63±0.05	5.35±0.50	4.00±0.45	1.08±0.07	6.44±0.30
G010	Curry leaves ( <i>Murraya koenigii</i> )	6	1.73±0.13	3.75±0.17	6.51±0.30	3.66±0.30	0.50±0.09	0.60±0.06	3.50±0.33	3.88±0.26	1.64±0.25	3.92±0.15
G011	Garlic, big clove ( <i>Allium sativum</i> )	6	1.33±0.17	2.25±0.33	3.79±0.24	4.11±0.29	0.75±0.19	1.71±0.38	3.53±0.52	3.18±0.47	0.83±0.09	3.17±0.63
G012	Garlic, small clove ( <i>Allium sativum</i> )	3	1.26±0.06	2.24±0.41	4.07±0.47	3.94±0.26	0.76±0.06	1.93±0.21	3.27±0.37	3.08±0.42	0.73±0.23	3.79±0.99
G013	Garlic, single clove, Kashmir ( <i>Allium sativum</i> )	1	1.30	3.44	5.68	4.15	0.69	1.66	3.46	3.65	0.97	3.58
G014	Ginger, fresh ( <i>Zinziber officinale</i> )	6	1.58±0.17	3.98±0.47	6.49±0.51	2.31±0.48	0.89±0.29	0.82±0.18	4.36±0.40	4.35±0.47	0.99±0.17	4.35±0.65
G015	Mango ginger ( <i>Curcuma amada</i> )	3	2.05±0.17	4.30±0.65	9.80±0.11	1.88±0.56	1.11±0.05	0.80±0.19	4.52±0.28	5.70±0.67	1.29±0.23	4.79±0.31
G016	Mint leaves ( <i>Mentha spicata</i> )	4	1.62±0.29	4.34±0.30	8.22±0.38	2.93±0.19	1.41±0.09	0.72±0.08	5.34±0.47	4.57±0.30	1.23±0.17	5.73±0.38

Table 8. Amino Acid Profile

Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
F016	Water Chestnut ( <i>Eleocharis dulcis</i> )	1	6.21	5.43	15.82	14.54	5.21	3.68	5.86	3.62
F017	Yam, elephant ( <i>Amorphophallus campanulatus</i> )	6	5.37±0.72	9.26±1.01	11.47±0.72	16.63±1.63	4.61±0.27	5.03±0.59	6.48±0.57	3.17±0.43
F018	Yam, ordinary ( <i>Amorphophallus campanulatus</i> )	4	5.82±1.28	7.78±1.35	11.40±1.41	14.97±1.28	4.52±0.84	4.47±0.77	5.48±1.22	3.09±0.56
F019	Yam, wild ( <i>Dioscorea versicolor</i> )	2	6.78	8.61	11.93	16.15	4.78	5.30	6.28	3.34

G CONDIMENTS AND SPICES-FRESH										
G001	Chillies, green-1 ( <i>Capsicum annum</i> )	5	4.98±0.69	4.99±1.66	16.33±2.33	16.66±1.36	4.95±0.80	3.16±0.45	4.59±0.40	2.71±0.45
G002	Chillies, green-2 ( <i>Capsicum annum</i> )	3	4.79±0.79	4.83±0.67	16.93±1.43	18.31±0.86	4.03±0.52	2.81±0.30	4.17±0.47	2.49±0.39
G003	Chillies, green-3 ( <i>Capsicum annum</i> )	5	5.01±0.51	4.78±0.26	18.29±1.17	19.15±0.59	4.57±0.42	2.65±0.30	4.66±0.38	2.58±0.33
G004	Chillies, green-4 ( <i>Capsicum annum</i> )	3	4.60±0.59	4.78±0.33	17.72±0.78	17.31±0.54	4.98±0.48	2.76±0.31	4.21±0.35	2.93±0.25
G005	Chillies, green-5 ( <i>Capsicum annum</i> )	2	5.12±0.29	4.36±0.14	17.19±1.22	17.64±0.77	4.40±0.04	2.71±0.21	4.70±0.40	2.51±0.42
G006	Chillies, green-6 ( <i>Capsicum annum</i> )	1	3.91	4.30	18.43	19.59	3.64	2.08	4.01	2.11
G007	Chillies, green-7 ( <i>Capsicum annum</i> )	1	5.02	5.13	16.38	17.96	3.69	3.44	4.37	2.93
G008	Chillies, green - all varieties ( <i>Capsicum annum</i> )	6	4.86±0.62	4.79±0.79	17.24±1.50	17.94±1.20	4.46±0.65	2.85±0.41	4.42±0.42	2.64±0.38
G009	Coriander leaves ( <i>Coriandrum sativum</i> )	6	5.56±0.51	5.04±0.18	14.75±1.81	12.31±1.23	5.07±0.69	4.09±0.27	3.94±0.63	3.42±0.36
G010	Curry leaves ( <i>Murraya koenigii</i> )	6	7.75±0.50	4.64±0.53	15.17±0.79	11.12±0.54	6.48±0.49	6.19±0.33	5.94±0.38	2.81±0.17
G011	Garlic, big clove ( <i>Allium sativum</i> )	6	4.44±0.23	16.46±1.08	11.11±1.68	16.97±1.37	3.03±0.40	3.47±0.50	3.65±0.40	3.31±0.53
G012	Garlic, small clove ( <i>Allium sativum</i> )	3	3.73±0.23	14.66±0.47	10.45±0.81	17.60±1.05	2.94±0.28	3.92±1.30	3.20±0.22	3.27±0.19
G013	Garlic, single clove, Kashmir ( <i>Allium sativum</i> )	1	4.25	16.42	12.15	16.92	3.85	3.85	4.60	3.07
G014	Ginger, fresh ( <i>Zinziber officinale</i> )	6	4.73±0.69	5.93±0.68	15.34±1.84	13.82±1.64	4.91±0.73	3.28±0.71	4.80±0.87	3.78±0.32
G015	Mango ginger ( <i>Curcuma amada</i> )	3	4.59±0.67	4.35±0.75	17.86±1.67	14.13±0.21	5.51±0.22	4.03±1.17	5.05±0.69	3.29±0.29
G016	Mint leaves ( <i>Mentha spicata</i> )	4	5.25±0.12	4.96±0.14	13.21±1.43	15.47±0.99	5.46±0.49	4.81±0.72	4.54±0.20	3.32±0.28

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			$\text{g}$									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
G017	Onion, big ( <i>Allium cepa</i> )	6	1.76±0.20	2.08±0.40	3.25±0.23	3.52±0.62	0.92±0.13	0.88±0.12	2.77±0.20	2.10±0.36	1.23±0.08	2.75±0.61
G018	Onion, small ( <i>Allium cepa</i> )	5	1.53±0.33	3.91±0.73	5.02±1.29	2.62±0.44	1.84±0.35	1.38±0.38	4.13±0.38	3.62±0.33	0.73±0.09	3.93±0.21
<b>G CONDIMENTS AND SPICES-DRY</b>												
G019	Asafoetida ( <i>Ferula assa-foetida</i> )	6	2.19±0.84	2.49±0.15	5.61±0.50	2.21±0.45	0.70±0.16	0.89±0.39	4.35±0.62	2.74±0.27	1.23±0.11	1.84±0.27
G020	Cardamom, green ( <i>Elettaria cardamomum</i> )	6	1.91±0.29	2.15±0.45	7.24±0.57	3.24±0.44	1.20±0.18	1.06±0.21	4.32±1.07	3.03±0.50	0.96±0.05	2.85±0.22
G021	Cardamom, black ( <i>Elettaria cardamomum</i> )	4	1.82±0.04	1.80±0.15	6.02±0.22	2.58±0.05	0.86±0.03	0.79±0.04	3.39±0.07	2.95±0.07	0.86±0.18	2.64±0.16
G022	Chillies, red ( <i>Capsicum annum</i> )	6	2.11±0.19	3.75±0.41	6.38±0.59	4.19±0.25	1.26±0.38	1.74±0.13	5.09±0.81	4.08±0.56	0.92±0.18	4.82±0.57
G023	Cloves ( <i>Syzygium aromaticum</i> )	6	2.28±0.40	2.13±0.13	5.82±0.35	6.60±0.39	1.26±0.12	0.81±0.06	4.10±0.50	2.99±0.33	0.90±0.05	4.31±0.11
G024	Coriander seeds ( <i>Coriandrum sativum</i> )	6	2.85±0.22	4.52±0.40	6.73±0.42	5.62±0.25	2.04±0.16	0.99±0.07	4.09±0.30	4.02±0.26	1.18±0.16	6.24±0.39
G025	Cumin seeds ( <i>Cuminum cyminum</i> )	6	2.87±0.09	4.43±0.13	6.23±0.34	4.85±0.16	1.25±0.19	1.02±0.03	4.46±0.36	3.91±0.25	0.95±0.07	5.13±0.15
G026	Fenugreek seeds ( <i>Trigonella foenum graecum</i> )	6	2.28±0.40	4.57±0.34	6.00±0.41	6.60±0.39	1.22±0.08	1.38±0.16	4.10±0.50	2.85±0.16	1.19±0.01	4.43±0.54
G027	Mace ( <i>Myristica fragrans</i> )	6	1.89±0.19	2.35±0.26	5.78±0.52	2.61±0.50	1.18±0.01	1.31±0.10	4.29±0.94	5.26±0.67	1.26±0.07	3.09±0.89
G028	Nutmeg ( <i>Myristica fragrans</i> )	6	1.43±0.36	2.23±0.59	5.20±0.79	3.42±0.52	1.08±0.07	0.83±0.14	4.86±0.40	3.02±0.59	0.88±0.06	3.12±0.22
G029	Omum ( <i>Trachyspermum ammi</i> )	6	2.38±0.12	1.70±0.18	5.26±0.51	4.17±0.36	0.97±0.10	1.11±0.17	3.23±0.49	3.04±0.47	1.38±0.09	4.70±0.43
G030	Pippali ( <i>Piper longum</i> )	6	1.46±0.06	2.44±0.48	8.49±0.38	1.95±0.29	0.93±0.13	0.77±0.10	4.25±0.98	3.01±0.14	1.31±0.14	3.82±0.45
G031	Pepper, black ( <i>Piper nigrum</i> )	6	1.28±0.12	3.85±0.39	8.25±0.45	2.23±0.17	0.60±0.10	1.26±0.09	5.15±0.39	2.63±0.78	0.55±0.06	3.62±0.13
G032	Poppy seeds ( <i>Papaver somniferum</i> )	6	2.18±0.13	3.64±0.08	5.98±0.29	4.45±0.29	1.51±0.29	1.37±0.14	3.69±0.56	3.54±0.29	0.82±0.08	4.33±0.09
G033	Turmeric powder ( <i>Curcuma domestica</i> )	6	1.88±0.15	4.54±0.32	8.28±0.36	3.76±0.17	1.13±0.23	0.77±0.16	5.56±0.45	4.45±0.19	2.06±0.23	5.81±0.60
<b>H NUTS AND OIL SEEDS</b>												
H001	Almond ( <i>Prunus amygdalus</i> )	6	2.22±0.43	2.38±0.38	4.02±0.57	2.28±0.19	1.24±0.27	0.84±0.12	5.61±0.22	2.82±0.40	0.89±0.04	4.45±0.40
H002	Arecanut, dried, brown ( <i>Areca catechu</i> )	6	2.09±0.35	1.74±0.16	4.43±0.43	4.59±0.40	0.98±0.05	0.65±0.18	3.56±0.96	2.81±0.63	0.79±0.17	3.25±0.44

Table 8. Amino Acid Profile

Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
G017	Onion, big ( <i>Allium cepa</i> )	6	3.61±0.64	13.21±0.46	8.96±0.84	25.10±0.60	3.86±0.64	2.01±0.33	2.68±0.54	1.92±0.23
G018	Onion, small ( <i>Allium cepa</i> )	5	5.48±0.78	12.28±0.81	9.51±1.25	25.34±1.94	6.50±0.36	3.55±0.81	3.03±0.55	2.24±0.48
<b>G CONDIMENTS AND SPICES-DRY</b>										
G019	Asafoetida ( <i>Ferula assa-foetida</i> )	6	3.99±0.34	3.33±0.61	13.74±1.92	27.68±4.23	4.34±0.46	7.15±0.64	6.03±0.50	2.40±0.33
G020	Cardamom, green ( <i>Elettaria cardamomum</i> )	6	6.24±0.75	9.33±0.93	11.96±1.40	19.21±1.33	5.29±0.77	3.60±0.30	5.82±0.64	2.39±0.42
G021	Cardamom, black ( <i>Elettaria cardamomum</i> )	4	6.19±0.88	7.36±0.31	15.14±0.95	17.81±0.83	5.64±0.85	4.25±0.20	5.37±0.01	1.97±0.36
G022	Chillies, red ( <i>Capsicum annum</i> )	6	4.77±0.35	4.96±0.22	14.05±2.24	17.32±0.88	5.13±0.50	5.67±0.62	4.32±0.37	3.09±0.44
G023	Cloves ( <i>Syzygium aromaticum</i> )	6	4.31±0.58	6.38±0.25	11.01±0.99	18.47±0.91	4.58±1.27	3.90±0.45	5.32±0.46	2.57±0.30
G024	Coriander seeds ( <i>Coriandrum sativum</i> )	6	4.97±0.51	6.01±0.58	10.72±0.70	15.62±1.50	6.29±0.44	4.91±0.49	4.70±0.52	3.05±0.33
286	G025 Cumin seeds ( <i>Cuminum cyminum</i> )	6	5.22±0.28	6.82±0.34	8.96±0.29	20.91±0.54	7.22±0.44	4.33±0.41	5.07±0.18	3.27±0.32
	G026 Fenugreek seeds ( <i>Trigonella foenum graecum</i> )	6	4.31±0.58	8.38±0.41	11.01±0.99	18.47±0.91	4.92±0.54	3.90±0.45	5.32±0.46	2.57±0.30
	G027 Mace ( <i>Myristica fragrans</i> )	6	7.39±0.52	4.80±0.60	12.36±1.37	10.93±0.68	6.24±0.41	5.21±0.55	5.92±0.67	3.78±0.33
	G028 Nutmeg ( <i>Myristica fragrans</i> )	6	5.98±0.79	6.88±0.80	10.96±0.83	16.10±0.76	5.72±0.66	4.54±0.70	6.20±0.68	2.43±0.43
	G029 Omum ( <i>Trachyspermum ammi</i> )	6	5.47±0.51	5.91±0.48	10.87±1.78	18.46±0.72	7.84±0.68	4.72±0.40	5.33±0.44	2.74±0.15
	G030 Pippali ( <i>Piper longum</i> )	6	6.12±0.90	7.69±0.19	15.24±1.47	15.04±0.83	4.70±0.73	6.61±1.02	5.25±0.85	4.97±0.53
	G031 Pepper, black ( <i>Piper nigrum</i> )	6	5.45±0.06	2.31±0.40	12.11±0.70	15.96±0.78	4.72±0.22	6.58±0.99	4.16±0.24	4.50±0.13
	G032 Poppy seeds ( <i>Papaver somniferum</i> )	6	4.89±0.43	8.87±0.25	10.98±0.87	24.34±0.92	5.12±0.58	14.39±0.10	5.29±0.55	3.41±0.22
	G033 Turmeric powder ( <i>Curcuma domestica</i> )	6	3.75±0.32	5.35±0.48	14.66±0.43	13.44±0.50	4.53±0.23	2.61±0.26	4.46±0.27	3.12±0.32
<b>H NUTS AND OIL SEEDS</b>										
H001	Almond ( <i>Prunus amygdalus</i> )	6	4.20±0.75	11.01±0.22	11.77±0.43	27.98±0.71	6.04±0.15	4.03±0.13	4.27±0.44	3.38±0.73
H002	Arecanut, dried, brown ( <i>Areca catechu</i> )	6	3.80±0.37	11.15±1.15	8.03±0.92	19.36±1.56	4.70±0.58	3.71±0.30	4.68±0.28	3.18±0.76

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
H003	Arecanut, dried, red color ( <i>Areca catechu</i> )	3	2.75±0.96	1.56±0.27	4.26±0.07	4.84±0.36	0.97±0.18	0.55±0.03	3.83±0.72	2.86±0.89	0.76±0.13	3.33±0.18
H004	Arecanut, fresh ( <i>Areca catechu</i> )	2	1.81	1.62	4.51	4.59	1.27	0.64	3.65	2.89	0.70	4.89
H005	Cashew nut ( <i>Anacardium occidentale</i> )	6	2.27±0.36	3.86±0.30	7.02±0.23	4.80±0.26	1.38±0.11	1.33±0.09	4.87±0.70	3.12±0.17	1.05±0.11	3.23±0.19
H006	Coconut, kernel, dry ( <i>Cocos nucifera</i> )	6	2.15±0.17	3.02±0.69	6.74±0.45	4.31±0.38	1.55±0.20	1.75±0.10	5.19±0.49	3.07±0.18	0.62±0.12	4.81±1.10
H007	Coconut, kernel, fresh ( <i>Cocos nucifera</i> )	6	2.40±0.23	4.37±0.41	6.93±0.38	4.08±0.19	2.19±0.14	1.47±0.13	4.51±0.20	3.25±0.26	1.20±0.15	5.83±0.36
H008	Garden cress, seeds ( <i>Lepidium sativum</i> )	5	2.62±0.10	3.75±0.15	6.58±0.10	3.85±0.19	1.85±0.16	1.23±0.10	3.89±0.18	3.15±0.16	1.24±0.18	4.69±0.18
H009	Gingelly seeds, black ( <i>Sesamum indicum</i> )	6	2.39±0.25	5.69±0.17	5.91±0.78	2.63±0.31	3.36±0.13	1.22±0.16	4.74±0.38	3.19±0.22	1.10±0.11	4.78±0.37
H010	Gingelly seeds, brown ( <i>Sesamum indicum</i> )	4	2.30±0.24	5.01±0.29	6.18±0.37	2.57±0.22	2.69±0.16	1.13±0.13	3.83±0.85	3.05±0.37	1.17±0.10	4.79±0.14
H011	Gingelly seeds, white ( <i>Sesamum indicum</i> )	5	2.41±0.11	6.02±0.02	5.40±0.41	2.59±0.08	2.25±0.04	1.31±0.08	4.38±0.60	3.00±0.28	1.16±0.09	4.64±0.23
H012	Ground nut ( <i>Arachis hypogea</i> )	6	2.24±0.20	4.67±0.38	6.40±0.57	3.39±0.28	1.21±0.14	1.33±0.11	5.40±1.08	2.54±0.17	0.90±0.14	3.92±0.93
H013	Mustard seeds ( <i>Brassica juncea</i> )	6	2.76±0.16	3.80±0.46	6.96±0.32	5.31±0.34	1.66±0.43	1.63±0.10	4.47±0.71	4.02±0.31	1.23±0.09	5.00±0.72
H014	Linseeds ( <i>Linum usitatissimum</i> )	6	2.62±0.10	4.47±0.22	6.81±0.26	4.63±0.22	1.75±0.05	1.61±0.10	5.58±0.26	3.88±0.10	1.57±0.12	5.31±0.13
H015	Niger seeds, black ( <i>Guizotia abyssinica</i> )	4	1.88±0.47	4.57±0.23	4.71±0.27	3.61±0.28	1.31±0.21	1.76±0.53	3.14±0.91	2.70±0.88	1.25±0.14	3.69±0.67
H016	Niger seeds, gray ( <i>Guizotia abyssinica</i> )	5	1.87±0.20	4.69±0.27	5.22±0.77	3.72±0.19	1.32±0.07	1.71±0.14	3.72±0.67	3.12±0.35	1.11±0.10	4.50±0.31
H017	Pine seed ( <i>Pinus gerardiana</i> )	5	2.38±0.19	4.00±0.22	6.23±0.19	3.79±0.18	1.43±0.13	1.56±0.27	3.68±0.26	3.63±0.32	0.83±0.09	4.73±0.17
H018	Pistachio nuts ( <i>Pistacia vera</i> )	6	2.28±0.13	5.22±0.15	7.55±0.30	3.32±0.18	1.45±0.12	1.46±0.13	5.52±0.51	4.60±0.17	1.42±0.19	5.27±0.22
H019	Safflower seeds ( <i>Carthamus tinctorius</i> )	5	2.44±0.21	3.69±0.33	6.32±0.14	3.55±0.09	0.74±0.06	1.60±0.12	4.27±0.19	3.30±0.13	1.43±0.14	4.35±0.24
H020	Sunflower seeds ( <i>Helianthus annuus</i> )	5	2.30±0.10	4.21±0.08	6.38±0.34	3.26±0.26	0.84±0.19	1.43±0.15	4.97±0.31	3.31±0.16	1.14±0.06	4.99±0.19
H021	Walnut ( <i>Juglans regia</i> )	6	2.34±0.24	4.74±0.12	6.87±0.50	2.18±0.54	0.73±0.13	1.36±0.13	4.41±0.68	3.08±0.28	1.04±0.13	5.78±0.36

**I SUGARS**

I001	Jaggery, cane ( <i>Saccharum officinarum</i> )	6	1.64±0.41	2.27±0.57	2.97±0.14	2.73±0.15	0.44±0.11	0.49±0.10	4.82±0.46	2.18±0.25	0.59±0.18	3.45±0.30
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Table 8. Amino Acid Profile

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Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			$\text{g}$							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
H003	Arecanut, dried, red color ( <i>Areca catechu</i> )	3	6.70±0.44	12.68±1.19	8.22±1.00	19.61±1.29	5.21±0.30	4.62±0.69	5.89±1.02	2.84±0.28
H004	Arecanut, fresh ( <i>Areca catechu</i> )	2	3.80	10.99	8.20	22.03	4.54	4.25	5.01	2.84
H005	Cashew nut ( <i>Anacardium occidentale</i> )	6	5.35±0.37	9.75±0.07	9.85±0.19	22.76±0.64	5.25±0.39	3.97±0.20	6.39±0.35	2.81±0.11
H006	Coconut, kernel, dry ( <i>Cocos nucifera</i> )	6	5.51±0.58	13.08±1.96	9.59±1.16	22.14±1.17	4.54±0.33	3.50±0.27	5.11±0.62	2.69±0.07
H007	Coconut, kernel, fresh ( <i>Cocos nucifera</i> )	6	5.27±0.18	13.87±0.44	9.62±0.23	19.12±0.56	4.63±0.19	4.61±0.21	5.33±0.20	3.20±0.31
H008	Garden cress, seeds ( <i>Lepidium sativum</i> )	5	5.33±0.35	10.67±0.38	10.29±0.83	21.34±0.82	5.22±0.19	4.37±0.17	4.99±0.18	3.47±0.12
H009	Gingelly seeds, black ( <i>Sesamum indicum</i> )	6	5.92±0.70	11.02±0.73	8.63±1.39	20.14±1.72	5.66±0.76	3.76±0.41	5.48±0.54	3.22±0.72
H010	Gingelly seeds, brown ( <i>Sesamum indicum</i> )	4	5.67±0.82	11.30±0.77	8.65±0.48	20.73±0.99	5.58±0.55	3.48±0.14	5.43±0.38	3.36±0.26
H011	Gingelly seeds, white ( <i>Sesamum indicum</i> )	5	5.62±1.14	11.18±0.75	9.06±1.38	20.03±1.33	6.32±1.48	3.76±0.41	5.63±0.51	3.30±0.33
H012	Ground nut ( <i>Arachis hypogaea</i> )	6	4.23±0.30	10.85±0.78	11.68±1.66	19.41±1.16	5.56±0.38	3.74±0.97	5.05±0.37	3.86±0.37
H013	Mustard seeds ( <i>Brassica juncea</i> )	6	4.62±0.53	6.71±0.74	7.14±0.68	19.70±2.13	5.08±0.77	6.11±0.80	4.20±0.72	3.03±0.30
H014	Linseeds ( <i>Linum usitatissimum</i> )	6	4.89±0.25	11.15±0.62	10.87±0.25	17.70±1.07	5.71±0.20	4.39±0.17	5.25±0.12	3.48±0.12
H015	Niger seeds, black ( <i>Guizotia abyssinica</i> )	4	6.92±0.68	7.54±0.65	9.85±0.55	22.85±2.79	6.13±0.79	4.46±0.61	4.16±0.84	3.02±0.19
H016	Niger seeds, gray ( <i>Guizotia abyssinica</i> )	5	4.90±0.74	8.33±0.52	10.53±1.76	21.33±1.60	6.24±0.13	4.20±0.56	6.18±0.91	2.87±0.95
H017	Pine seed ( <i>Pinus gerardiana</i> )	5	4.33±0.27	16.73±0.51	8.97±0.61	18.23±0.79	4.34±0.20	4.59±0.23	4.18±0.22	2.74±0.11
H018	Pistachio nuts ( <i>Pistacia vera</i> )	6	5.17±0.15	8.52±0.36	9.94±0.38	16.37±0.62	5.99±0.17	3.69±0.12	4.19±0.30	3.18±0.29
H019	Safflower seeds ( <i>Carthamus tinctorius</i> )	5	5.71±0.19	9.34±0.23	10.22±0.38	20.14±0.86	5.96±0.16	4.05±0.21	5.56±0.12	3.24±0.21
H020	Sunflower seeds ( <i>Helianthus annuus</i> )	5	5.69±0.33	8.55±0.37	9.80±0.29	22.29±0.81	6.29±0.18	4.76±0.28	5.51±0.08	2.47±0.11
H021	Walnut ( <i>Juglans regia</i> )	6	5.44±0.60	13.47±0.49	10.18±0.90	20.50±0.77	5.55±0.32	3.42±0.35	6.54±0.50	2.73±0.34
<b>I SUGARS</b>										
I001	Jaggery, cane ( <i>Saccharum officinarum</i> )	6	4.53±0.25	3.01±0.42	31.24±0.90	12.89±2.93	2.72±0.71	1.71±0.74	3.34±0.28	1.00±0.18

Food code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
I002	Sugarcane, juice ( <i>Saccharum officinarum</i> )	6	1.79±0.17	3.81±0.15	3.55±0.08	2.53±0.29	0.40±0.06	0.52±0.14	5.11±0.29	3.02±0.10	0.75±0.16	4.19±0.27
<b>J MUSHROOMS</b>												
J001	Button mushroom, fresh ( <i>Agaricus sp.</i> )	1	2.68	4.36	6.88	6.82	1.66	0.98	4.63	4.40	1.26	5.48
J002	Chicken mushroom, fresh ( <i>Lactiporus sp.</i> )	1	2.16	4.42	7.03	7.20	1.70	1.02	4.50	4.38	1.30	5.36
J003	Shiitake mushroom, fresh ( <i>Lentinula sp.</i> )	1	2.20	4.50	7.14	7.36	1.56	1.06	4.20	4.92	1.32	6.08
J004	Oyster mushroom, dried ( <i>Pleurotus sp.</i> )	1	2.81	4.30	7.08	7.54	1.82	1.20	4.52	4.86	1.41	6.16
<b>K MISCELLANEOUS FOODS</b>												
K001	Toddy	10										
K002	Coconut Water	6	1.75±0.46	1.58±0.28	2.35±0.56	3.84±2.33	0.59±0.12	0.99±0.13	1.95±0.89	2.69±0.66	0.78±0.18	3.02±0.59
<b>L MILK AND MILK PRODUCTS</b>												
L001	Milk, whole, Buffalo	6	2.08±0.11	5.30±0.38	9.83±0.05	7.87±0.30	2.46±0.08	1.25±0.08	4.26±0.14	4.42±0.21	1.30±0.18	5.86±0.29
L002	Milk, whole, Cow	6	2.14±0.13	6.20±0.55	10.66±0.41	8.59±0.20	2.51±0.12	1.22±0.04	5.09±0.42	4.81±0.07	1.46±0.11	6.40±0.24
L003	Panner	6	2.04±0.45	4.79±0.19	9.76±0.14	5.79±0.93	2.28±0.21	0.72±0.16	5.08±0.16	4.37±0.16	1.42±0.87	5.68±0.20
L004	Khoa	6	1.47±0.16	4.93±0.21	10.34±0.28	2.41±0.21	1.95±0.17	0.75±0.17	5.08±0.32	4.63±0.18	1.59±0.80	6.10±0.18

Table 8. Amino Acid Profile

Food code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			$\leftarrow \text{g} \rightarrow$							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
I002	Sugarcane, juice ( <i>Saccharum officinarum</i> )	6	5.22±0.36	3.43±0.16	30.49±1.15	11.60±0.54	2.70±0.22	2.46±0.25	3.55±0.31	2.35±0.19
<b>J MUSHROOMS</b>										
J001	Button mushroom, fresh ( <i>Agaricus sp.</i> )	1	5.60	6.60	10.24	14.35	5.38	3.80	4.32	3.20
J002	Chicken mushroom, fresh ( <i>Lactiporus sp.</i> )	1	6.20	7.23	10.30	15.80	5.26	4.21	4.50	3.18
J003	Shiitake mushroom, fresh ( <i>Lentinula sp.</i> )	1	6.38	6.80	10.51	14.67	5.80	3.66	4.45	3.10
J004	Oyster mushroom, dried ( <i>Pleurotus sp.</i> )	1	6.46	6.94	10.72	15.60	5.69	4.40	4.80	3.08
<b>K MISCELLANEOUS FOODS</b>										
K001	Toddy	10								
K002	Coconut Water	6	20.28±2.26	5.13±1.26	10.81±0.71	31.01±1.65	1.97±0.64	4.25±1.56	5.05±1.71	1.57±0.31
<b>L MILK AND MILK PRODUCTS</b>										
L001	Milk, whole, Buffalo	6	3.38±0.14	3.09±0.42	8.21±0.16	16.21±0.76	2.43±0.08	7.60±0.40	5.78±0.39	4.86±0.41
L002	Milk, whole, Cow	6	3.87±0.27	3.25±0.34	8.84±0.36	17.88±0.43	2.35±0.07	6.82±0.13	6.36±0.51	5.48±0.35
L003	Panner	6	3.39±1.05	3.56±0.46	7.69±0.14	20.24±1.09	2.18±0.19	10.45±0.59	5.27±0.13	5.36±0.31
L004	Khoa	6	3.99±0.35	1.06±0.67	7.95±0.23	21.82±0.43	2.02±0.11	11.32±0.89	5.37±0.33	4.95±0.31

Food Code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
<b>M EGG AND EGG PRODUCTS</b>												
M001	Egg, poultry, whole, raw	6	4.65±0.07	2.15±0.07	7.95±0.18	8.37±0.19	6.72±0.27	9.53±0.18	6.29±0.32	6.34±0.23	1.59±0.15	5.82±0.20
M002	Egg, poultry, white, raw	6	4.54±0.17	2.25±0.14	7.94±0.25	8.35±0.20	6.24±0.33	10.55±0.49	5.28±0.56	6.90±0.21	1.50±0.11	6.89±0.19
M003	Egg, poultry, yolk, raw	6	5.69±0.09	2.19±0.08	7.24±0.23	8.58±0.29	6.17±0.22	9.35±0.23	7.08±0.38	6.14±0.10	1.47±0.12	5.66±0.33
M004	Egg, poultry, whole, boiled	6	4.56±0.30	2.29±0.16	7.30±0.07	8.17±0.12	6.66±0.09	10.13±0.56	6.25±0.40	6.42±0.25	1.38±0.14	6.04±0.09
M005	Egg, poultry, white, boiled	6	4.48±0.15	2.21±0.21	7.57±0.16	8.31±0.27	6.16±0.39	10.20±0.40	5.37±0.16	6.70±0.40	1.45±0.08	6.81±0.30
M006	Egg, poultry, yolk, boiled	6	5.44±0.50	2.16±0.18	7.99±0.33	8.46±0.38	6.43±0.82	9.36±0.24	6.94±0.49	5.86±0.46	1.35±0.08	5.70±0.23
M007	Egg, poultry, omlet	3	4.65±0.03	2.12±0.14	7.48±0.05	8.34±0.06	6.81±1.01	9.76±0.28	6.09±0.27	6.43±0.08	1.36±0.14	5.85±0.24
M008	Egg, country hen, whole, raw	1	5.15	2.25	7.53	7.74	6.21	9.79	6.42	6.24	1.42	5.72
M009	Egg, country hen, whole, boiled	1	4.52	2.28	7.95	7.81	6.87	9.58	6.39	6.42	1.35	5.97
M010	Egg, country hen, omlet	1	4.61	2.04	7.18	7.52	5.82	10.03	5.91	6.53	1.34	5.76
M011	Egg, duck, whole, boiled	1	4.36	1.80	7.39	8.90	6.36	10.12	5.08	6.52	1.36	6.58
M012	Egg, duck, whole, raw	1	4.79	1.83	7.55	8.85	6.45	10.29	5.22	6.84	1.38	6.60
M013	Egg, duck, whole, omlet	1	4.24	1.80	7.76	8.40	6.74	9.74	5.08	6.34	1.36	6.38
M014	Egg, quail, whole, raw	1	4.86	2.40	7.11	7.96	6.18	10.79	6.03	6.50		5.73
M015	Egg, quail, whole, boiled	1	4.31	2.39	7.37	8.02	5.34	9.93	5.48	6.33	1.47	5.57
<b>N POULTRY</b>												
N001	Chicken, poultry, leg, skinless	4	4.47±0.17	2.76±0.18	7.84±0.17	7.26±0.28	6.04±0.32	9.35±0.51	7.07±0.21	5.66±0.29	1.16±0.22	4.92±0.22
N002	Chicken, poultry, thigh, skinless	6	4.57±0.21	2.54±0.25	7.87±0.13	8.06±0.22	6.04±0.32	9.05±0.56	7.01±0.15	5.94±0.44	1.20±0.21	4.63±0.29
N003	Chicken, poultry, breast, skinless	5	4.87±0.22	3.57±0.11	7.89±0.34	6.34±0.42	6.31±0.37	9.16±0.45	7.23±0.23	5.66±0.23	1.20±0.21	4.97±0.23
N004	Chicken, poultry, wing, skinless	5	4.46±0.20	2.62±0.18	8.51±0.17	7.74±0.20	6.26±0.33	9.42±0.37	6.84±0.20	5.02±0.33	1.21±0.21	4.55±0.16

Table 8. Amino Acid Profile

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Food Code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			g							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
<b>M EGG AND EGG PRODUCTS</b>										
M001	Egg, poultry, whole, raw	6	3.12±0.12	13.53±0.32	3.23±0.20	2.28±0.05	4.11±0.21	5.36±0.39	6.71±0.33	3.93±0.12
M002	Egg, poultry, white, raw	6	3.06±0.13	14.15±0.65	3.49±0.27	2.35±0.23	4.88±0.78	5.31±0.23	6.45±0.31	3.62±0.16
M003	Egg, poultry, yolk, raw	6	2.72±0.11	13.69±0.40	3.20±0.11	2.11±0.07	3.97±0.15	5.35±0.21	7.97±0.33	4.05±0.17
M004	Egg, poultry, whole, boiled	6	2.86±0.23	13.69±0.39	3.20±0.12	2.30±0.29	3.88±0.17	5.23±0.11	6.85±0.21	4.03±0.15
M005	Egg, poultry, white, boiled	6	3.34±0.27	13.03±0.64	3.42±0.25	2.25±0.04	4.53±0.71	5.24±0.11	7.36±0.35	3.48±0.22
M006	Egg, poultry, yolk, boiled	6	2.43±0.31	13.06±0.74	3.04±0.06	2.08±0.05	3.46±0.25	5.29±0.13	7.44±0.38	4.06±0.62
M007	Egg, poultry, omlet	3	2.98±0.06	13.73±0.07	3.32±0.07	2.04±0.40	4.91±1.51	5.24±0.03	6.68±0.15	3.93±0.04
M008	Egg, country hen, whole, raw	1	2.97	13.04	3.54	2.15	3.36	5.74	7.54	3.70
M009	Egg, country hen, whole, boiled	1	3.10	13.24	3.28	2.18	3.82	5.82	6.65	3.99
M010	Egg, country hen, omlet	1	2.88	13.87	3.26	2.20	3.83	5.33	6.90	3.71
M011	Egg, duck, whole, boiled	1	3.03	13.41	2.76	2.12	3.59	5.42	5.74	3.93
M012	Egg, duck, whole, raw	1	2.82	13.61	3.62	2.08	3.50	5.24	6.49	3.96
M013	Egg, duck, whole, omlet	1	3.18	13.88	2.88	1.98	3.91	5.42	5.61	3.53
M014	Egg, quail, whole, raw	1	2.64	13.77	4.14	1.85	3.36	5.77	6.43	3.73
M015	Egg, quail, whole, boiled	1	2.72	13.44	3.45	1.88	3.71	5.82	6.00	3.89
<b>N POULTRY</b>										
N001	Chicken, poultry, leg, skinless	4	2.39±0.21	16.40±0.68	4.98±0.12	1.16±0.14	4.30±0.17	4.75±0.25	3.91±0.25	3.71±0.17
N002	Chicken, poultry, thigh, skinless	6	2.63±0.32	16.87±0.37	4.85±0.46	1.20±0.12	3.93±0.47	4.89±0.16	4.01±0.36	3.51±0.23
N003	Chicken, poultry, breast, skinless	5	2.49±0.20	16.92±0.43	4.80±0.25	1.08±0.12	4.77±0.31	5.48±0.37	4.15±0.39	3.89±0.16
N004	Chicken, poultry, wing, skinless	5	2.69±0.18	16.01±0.45	5.01±0.27	1.42±0.13	4.37±0.43	4.77±0.15	3.85±0.20	3.15±0.05

Food Code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			g									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
N005	Poultry, chicken, liver	1	4.82	3.20	8.20	9.93	6.12	9.33	6.59	6.30	1.52	5.82
N006	Poultry, chicken, gizzard	1	4.30	2.61	8.82	7.67	6.22	8.56	7.97	4.59	1.83	4.48
N007	Country hen, leg, with skin	1	4.93	2.20	7.52	9.22	6.03	9.92	7.42	5.99	1.15	4.32
N008	Country hen, thigh, with skin	1	5.21	2.87	7.65	9.29	6.19	8.86	7.32	5.01	1.26	5.01
N009	Country hen, breast, with skin	1	4.38	4.04	7.96	7.92	6.05	8.77	7.67	5.08	1.80	5.77
N010	Country hen, wing, with skin	1	4.33	3.50	7.90	9.12	6.58	9.03	6.50	5.12	1.24	5.70
N011	Duck, meat, with skin	1	5.31	3.26	7.31	8.36	6.44	9.31	7.45	5.09	1.54	5.34
N012	Emu, meat, skinless	1	5.13	3.12	7.23	8.58	6.62	8.73	7.14	5.04	1.74	5.12
N013	Guinea fowl, meat, with skin	1	4.64	2.66	7.35	8.49	6.58	9.08	6.79	4.98	1.65	4.70
N014	Pigeon, meat, with skin	1	4.88	2.47	7.22	8.32	6.31	8.95	6.59	5.28	1.62	4.51
N015	Quail, meat, skinless	1	5.11	2.98	7.20	8.65	6.79	8.90	7.01	5.14	1.74	5.03
N016	Turkey, leg, with skin	1	5.06	2.40	6.58	8.62	6.60	8.77	6.80	5.06	1.66	4.64
N017	Turkey, thigh, with skin	1	5.32	2.62	6.78	8.94	6.15	8.65	6.93	5.36	1.62	4.62
N018	Turkey, breast, with skin	1	4.80	2.97	7.07	8.17	6.44	8.86	7.52	5.03	1.54	5.91
N019	Turkey, wing, with skin	1	4.85	3.32	7.22	9.14	6.09	9.44	6.26	5.51	1.71	5.07

## O ANIMAL MEAT

O001	Goat, shoulder	6	4.71±0.15	3.33±0.48	7.66±0.33	9.00±0.38	5.66±0.62	9.26±0.68	7.29±1.42	5.12±0.28	1.34±0.10	4.71±0.24
O002	Goat, chops	6	5.09±0.66	3.53±0.69	6.24±0.19	7.26±0.09	5.41±0.61	9.29±0.34	7.06±1.26	4.92±0.29	1.63±0.23	4.45±0.23
O003	Goat, legs	6	5.38±0.82	3.63±0.76	6.81±0.04	8.09±0.15	5.15±0.74	9.89±0.20	7.76±1.20	4.65±0.35	1.43±0.21	4.51±0.09
O004	Goat, brain	5	5.29±0.44	2.98±1.01	5.21±0.20	8.24±0.25	6.01±0.30	8.47±0.30	6.61±0.72	5.29±0.18	1.36±0.11	4.70±0.03
O005	Goat, tongue	4	4.70±0.47	3.18±0.37	5.59±0.09	7.05±0.18	5.70±0.61	8.26±0.43	7.02±0.81	4.67±0.32	1.45±0.23	4.50±0.42

Table 8. Amino Acid Profile

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Food Code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			$\text{g}$							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
N005	Poultry, chicken, liver	1	2.53	12.74	4.65	1.44	4.51	5.11	4.44	3.81
N006	Poultry, chicken, gizzard	1	2.55	14.29	5.63	1.67	5.90	4.53	4.01	3.78
N007	Country hen, leg, with skin	1	2.49	15.12	3.03	1.19	3.69	5.16	5.57	3.97
N008	Country hen, thigh, with skin	1	2.63	15.54	4.76	1.08	4.87	5.04	4.96	3.99
N009	Country hen, breast, with skin	1	2.47	15.91	4.34	1.08	5.06	4.98	4.78	4.09
N010	Country hen, wing, with skin	1	2.84	15.93	5.37	1.16	4.60	4.64	3.77	3.86
N011	Duck, meat, with skin	1	2.65	14.99	4.80	1.14	4.47	5.46	4.43	4.59
N012	Emu, meat, skinless	1	2.89	14.36	4.83	1.24	4.53	5.77	4.26	4.39
N013	Guinea fowl, meat, with skin	1	2.58	14.57	4.98	0.99	4.20	4.88	4.04	3.45
N014	Pigeon, meat, with skin	1	3.02	14.38	4.77	1.16	4.14	5.33	4.19	3.62
N015	Quail, meat, skinless	1	2.89	14.35	5.03	1.27	3.50	5.74	4.46	4.13
N016	Turkey, leg, with skin	1	3.08	15.71	4.55	1.43	4.13	5.80	4.46	4.04
N017	Turkey, thigh, with skin	1	2.69	16.08	4.66	1.44	4.27	5.82	4.65	3.89
N018	Turkey, breast, with skin	1	2.57	15.39	4.62	1.12	4.26	5.46	4.09	4.36
N019	Turkey, wing, with skin	1	2.35	16.62	5.20	1.43	4.28	5.10	4.22	4.07

O	ANIMAL MEAT									
O001	Goat, shoulder	6	2.17±0.17	14.68±0.73	5.63±0.34	1.35±0.18	4.72±0.13	4.19±0.39	4.34±0.30	3.95±0.43
O002	Goat, chops	6	2.56±0.57	14.31±1.25	6.05±0.70	1.35±0.16	4.20±0.47	4.59±0.17	4.24±0.63	3.71±0.23
O003	Goat, legs	6	2.79±0.30	14.02±1.12	5.64±0.58	1.67±0.57	4.08±0.45	4.63±0.31	4.43±0.42	4.66±0.79
O004	Goat, brain	5	3.05±0.29	13.68±0.35	5.72±0.23	1.29±0.08	4.20±0.14	4.82±0.09	5.29±0.35	4.68±0.55
O005	Goat, tongue	4	2.38±0.52	13.47±0.63	6.34±0.36	1.45±0.11	4.78±0.53	4.15±0.28	4.64±0.75	3.97±0.62

Food Code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			$\xleftarrow{\text{g}}$									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
O006	Goat, lungs	4	4.64±0.42	2.54±0.05	5.82±0.10	8.04±0.59	6.07±0.64	7.77±0.31	7.16±0.67	5.74±0.45	1.45±0.16	5.15±0.53
O007	Goat, heart	5	5.38±0.21	3.08±0.76	6.35±0.18	7.04±0.07	5.59±0.34	8.15±0.36	6.25±0.50	5.43±0.51	1.31±0.12	5.08±0.62
O008	Goat, liver	6	4.23±0.47	3.04±0.42	6.02±0.25	8.39±0.98	6.27±0.18	8.74±0.76	5.64±1.19	6.58±0.68	1.22±0.11	4.53±0.99
O009	Goat, tripe	5	4.40±0.25	3.59±0.31	5.99±0.17	7.22±0.19	5.55±0.26	8.33±0.59	7.76±0.93	4.16±0.21	1.34±0.06	5.24±0.45
O010	Goat, spleen	4	4.62±0.35	2.70±0.41	5.50±0.11	8.89±0.87	6.49±0.32	8.80±0.40	6.58±0.40	6.27±0.90	1.46±0.06	5.27±0.28
O011	Goat, kidneys	4	5.23±0.18	3.41±0.39	6.46±0.19	8.48±0.46	5.52±0.22	8.43±0.22	5.74±1.03	5.69±0.21	1.50±0.11	5.44±0.43
O012	Goat, tube (small intestine)	3	4.55±0.33	3.90±0.83	7.01±0.34	7.50±0.04	5.75±0.38	8.28±0.00	7.42±0.74	4.44±0.17	1.47±0.00	4.14±0.03
O013	Goat, testis	2	4.59	3.88	8.31	7.09	5.99	8.38	6.44	5.25	1.28	4.36
O014	Sheep, shoulder	5	5.23±0.78	3.73±0.65	7.68±0.28	8.05±0.15	5.36±0.29	9.61±0.32	7.87±0.87	5.22±0.36	1.42±0.12	4.82±0.07
O015	Sheep, chops	4	5.19±0.69	3.31±0.26	7.36±0.48	7.29±0.13	5.48±0.19	9.39±0.32	6.80±0.37	4.89±0.17	1.50±0.16	4.23±0.26
O016	Sheep, leg	5	5.54±0.86	3.88±0.84	7.07±0.25	8.26±0.16	5.33±0.34	9.52±0.55	7.78±0.72	4.89±0.12	1.47±0.17	4.58±0.07
O017	Sheep, brain	1	5.54	2.47	5.21	8.51	6.04	8.08	6.83	5.30	1.29	4.19
O018	Sheep, tongue	1	5.71	3.64	5.45	7.49	5.22	8.30	6.79	4.87	1.36	3.62
O019	Sheep, lungs	2	4.56	2.58	5.02	7.78	6.63	7.27	7.43	5.41	1.36	4.53
O020	Sheep, heart	1	5.93	3.18	6.77	7.86	5.56	7.65	6.45	5.45	1.40	4.86
O021	Sheep, liver	4	4.39±0.30	2.83±0.27	6.20±0.06	7.79±0.34	5.12±0.71	8.22±0.80	5.66±0.99	5.52±0.39	1.19±0.28	4.68±0.20
O022	Sheep, tripe	2	4.72	3.44	5.78	7.05	5.33	8.65	7.17	3.86	1.46	6.05
O023	Sheep, spleen	1	5.05	2.89	5.90	8.91	7.04	8.83	6.55	6.94	1.38	5.50
O024	Sheep, kidneys	2	5.08	3.78	6.34	7.69	5.04	8.82	5.61	4.89	1.59	5.11
O025	Beef, shoulder	6	5.09±0.52	3.85±0.44	7.57±0.11	8.29±0.09	5.36±0.36	9.06±0.29	7.48±0.88	5.35±0.38	0.94±0.22	4.91±0.34
O026	Beef, chops	4	5.51±0.47	3.82±0.38	5.67±0.09	8.26±0.62	5.37±0.45	9.40±0.72	6.51±0.88	5.32±0.52	1.17±0.18	5.32±0.55
O027	Beef, round (leg)	6	5.07±0.36	3.67±0.50	6.43±0.16	8.09±0.22	5.41±0.17	9.85±0.31	7.00±0.85	5.10±0.13	1.42±0.16	4.67±0.18

Table 8. Amino Acid Profile

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Food Code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			$\text{g}$							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
O006	Goat, lungs	4	2.46±0.41	11.41±0.94	6.06±0.26	1.48±0.05	5.59±0.45	3.26±0.12	4.58±0.29	4.51±0.48
O007	Goat, heart	5	2.41±0.20	13.14±0.74	6.71±1.03	1.71±0.38	4.38±0.38	4.27±0.26	4.74±0.29	3.97±0.40
O008	Goat, liver	6	2.49±0.15	12.09±1.18	5.29±0.35	1.71±0.74	4.76±0.34	4.61±0.38	4.93±0.21	3.50±0.07
O009	Goat, tripe	5	2.88±0.20	11.46±0.53	8.20±0.97	1.62±0.42	5.02±0.45	3.24±0.10	4.48±0.35	4.11±0.91
O010	Goat, spleen	4	2.48±0.61	12.26±0.30	7.86±1.08	1.37±0.17	4.54±0.50	3.44±0.02	4.26±0.15	3.74±0.35
O011	Goat, kidneys	4	2.66±0.32	12.62±0.77	6.98±0.29	1.71±0.05	4.73±0.29	4.08±0.25	5.08±0.09	4.77±0.87
O012	Goat, tube (small intestine)	3	2.31±1.02	12.78±0.81	9.29±0.34	1.44±0.05	5.30±0.13	3.50±0.11	4.61±0.09	3.13±0.03
O013	Goat, testis	2	2.41	12.92	9.35	1.32	5.51	3.40	4.31	3.94
O014	Sheep, shoulder	5	2.48±0.20	14.72±0.95	5.47±0.39	1.31±0.37	4.64±0.27	4.19±0.19	4.34±0.45	4.10±0.45
O015	Sheep, chops	4	2.76±0.20	14.31±0.14	5.91±0.80	1.39±0.11	4.24±0.15	4.64±0.38	4.33±0.40	3.59±0.21
O016	Sheep, leg	5	2.42±0.28	14.46±0.43	5.86±0.67	1.54±0.16	3.97±0.35	4.19±0.04	4.57±0.54	4.10±0.53
O017	Sheep, brain	1	3.20	13.47	5.28	1.34	3.89	4.69	5.19	4.23
O018	Sheep, tongue	1	2.72	14.42	6.28	1.48	4.30	3.72	4.79	3.78
O019	Sheep, lungs	2	2.48	10.53	8.33	1.40	5.48	3.22	4.64	3.37
O020	Sheep, heart	1	2.09	13.75	5.50	1.61	4.23	4.15	4.72	3.81
O021	Sheep, liver	4	2.64±0.29	10.93±0.65	5.17±0.20	1.68±0.22	4.79±0.65	4.53±0.12	4.91±0.16	3.67±0.07
O022	Sheep, tripe	2	2.60	10.80	8.76	1.48	5.11	3.32	4.36	4.42
O023	Sheep, spleen	1	2.27	12.11	6.76	1.46	4.38	4.02	4.39	3.34
O024	Sheep, kidneys	2	2.57	12.78	6.65	1.69	4.90	3.78	4.91	4.36
O025	Beef, shoulder	6	2.60±0.28	13.85±0.62	5.96±0.50	1.38±0.15	4.46±0.31	4.25±0.11	4.45±0.32	3.97±0.44
O026	Beef, chops	4	2.87±0.40	14.07±0.78	6.26±0.25	1.25±0.09	4.80±0.26	4.73±0.66	4.79±0.57	3.80±0.47
O027	Beef, round (leg)	6	2.90±0.22	14.70±0.61	5.82±0.65	1.63±0.35	4.13±0.23	4.49±0.29	4.19±0.58	4.28±0.30

Food Code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			$\text{g}$									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
O028	Beef, brain	4	5.35±0.53	2.74±0.02	5.48±0.21	8.42±0.46	5.64±0.50	8.08±0.25	6.29±0.53	5.43±0.62	1.39±0.02	4.70±0.07
O029	Beef, tongue	4	4.99±0.45	3.22±0.21	5.55±0.11	7.98±0.47	5.49±0.14	8.23±0.50	6.77±0.88	5.20±0.59	1.20±0.18	4.59±0.55
O030	Beef, lungs	3	4.51±0.47	3.46±0.28	5.37±0.14	8.13±0.26	6.12±0.47	7.08±0.19	6.21±1.62	5.92±0.18	1.47±0.14	5.20±0.59
O031	Beef, heart	5	5.84±0.46	2.54±0.50	6.41±0.05	7.77±0.48	5.53±0.54	8.00±0.55	7.29±0.08	4.99±0.57	1.44±0.13	6.01±0.20
O032	Beef, liver	6	4.83±0.23	2.92±0.13	6.53±0.18	8.53±0.57	5.54±0.29	8.48±0.25	5.94±0.31	5.90±0.55	1.17±0.12	5.02±0.59
O033	Beef, tripe	5	4.38±0.07	3.30±0.14	5.28±0.06	7.11±0.18	6.07±0.38	8.39±0.68	7.06±0.20	4.75±0.20	1.48±0.16	5.58±0.07
O034	Beef, spleen	6	4.82±0.34	3.19±0.35	5.50±0.19	8.38±0.39	5.71±0.58	7.73±0.41	6.12±0.55	5.83±0.51	1.49±0.14	5.05±0.56
O035	Beef, kidneys	3	5.27±0.38	3.33±0.27	6.85±0.18	8.08±0.21	5.40±0.44	7.95±0.18	6.21±0.18	5.14±0.63	1.32±0.04	5.22±0.60
O036	Calf, shoulder	2	4.82	3.60	5.58	7.73	5.40	9.49	5.35	4.71	1.14	3.87
O037	Calf, chops	2	5.22	3.76	5.61	8.23	5.69	10.47	5.78	5.28	1.30	4.47
O038	Calf, round (leg)	2	5.12	5.10	6.49	8.32	5.99	9.45	6.66	5.45	1.25	4.36
O039	Calf, brain	2	5.98	2.33	5.56	9.19	5.67	8.18	5.22	5.17	1.40	4.25
O040	Calf, tongue	2	4.89	2.70	5.54	7.77	6.86	8.45	6.39	4.76	1.54	4.37
O041	Calf, heart	1	5.25	2.69	6.43	8.11	4.98	7.97	6.83	5.00	1.41	5.38
O042	Calf, liver	1	4.33	2.36	6.13	8.76	5.51	8.61	5.55	6.13	1.43	4.98
O043	Calf, spleen	1	4.76	3.15	5.66	9.51	6.96	8.25	5.32	6.84	1.47	5.19
O044	Calf, kidneys	2	5.49	3.77	6.39	8.27	5.92	8.20	6.15	5.53	1.21	5.38
O045	Mithun, shoulder	1	4.72	4.08	7.78	7.48	6.01	9.54	7.44	5.01	1.28	4.47
O046	Mithun, chops	1	5.21	3.35	6.92	7.87	5.37	9.71	7.73	4.65	1.28	4.76
O047	Mithun, round (leg)	1	5.08	3.77	6.49	7.87	5.50	9.57	7.34	4.93	1.33	3.94
O048	Pork, shoulder	6	4.83±0.29	3.86±0.46	5.50±0.13	8.39±0.12	5.32±0.44	9.17±0.24	6.51±0.58	4.39±0.43	1.32±0.11	4.41±0.29
O049	Pork, chops	6	4.42±0.25	4.08±0.72	5.97±1.11	7.77±0.04	6.74±0.05	9.73±0.21	7.30±1.49	4.63±0.23	1.31±0.08	4.37±0.67

Table 8. Amino Acid Profile

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Food Code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			$\text{g}$							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
O028	Beef, brain	4	2.75±0.17	12.75±0.54	5.65±0.47	1.35±0.08	4.05±0.23	4.17±0.55	5.43±0.53	4.87±0.58
O029	Beef, tongue	4	3.02±0.21	13.80±0.47	5.72±0.48	1.25±0.31	4.77±0.21	4.35±0.32	4.67±0.18	3.71±0.43
O030	Beef, lungs	3	2.61±0.30	11.46±0.08	8.15±0.52	1.64±0.20	5.74±0.34	3.56±0.13	4.78±0.56	3.87±0.55
O031	Beef, heart	5	2.84±0.16	13.39±0.53	4.60±0.47	1.61±0.23	4.30±0.63	4.53±0.44	4.92±0.54	4.92±0.61
O032	Beef, liver	6	2.82±0.21	11.84±0.42	5.60±0.37	1.30±0.26	4.59±0.09	4.24±0.18	4.66±0.14	3.77±0.59
O033	Beef, tripe	5	2.82±0.23	11.70±0.13	7.40±0.23	1.75±0.37	5.40±0.64	4.07±0.14	4.54±0.27	4.16±0.26
O034	Beef, spleen	6	2.54±0.44	11.81±0.51	7.41±0.60	1.65±0.40	4.75±0.52	3.78±0.49	4.86±0.26	3.17±0.08
O035	Beef, kidneys	3	2.56±0.26	12.93±0.66	5.26±0.09	1.56±0.21	5.05±0.30	3.78±0.34	4.96±0.23	4.26±0.34
O036	Calf, shoulder	2	2.36	13.73	5.07	1.04	4.59	3.95	4.64	3.11
O037	Calf, chops	2	2.82	14.47	5.09	1.08	4.33	4.90	4.43	3.68
O038	Calf, round (leg)	2	3.01	14.32	5.38	1.66	4.37	4.62	4.52	4.09
O039	Calf, brain	2	2.30	13.19	5.12	1.32	4.08	4.37	5.59	4.40
O040	Calf, tongue	2	2.21	12.73	6.61	1.20	4.43	3.92	4.70	3.50
O041	Calf, heart	1	2.29	13.82	5.50	1.49	3.78	4.13	4.20	4.28
O042	Calf, liver	1	2.65	12.77	5.66	1.52	4.55	4.28	4.62	3.62
O043	Calf, spleen	1	2.26	13.25	7.83	1.47	4.54	3.45	4.51	3.25
O044	Calf, kidneys	2	2.81	12.50	6.08	1.55	5.23	3.88	5.10	4.19
O045	Mithun, shoulder	1	2.52	16.40	5.63	1.28	4.83	4.45	4.20	3.87
O046	Mithun, chops	1	3.10	15.61	5.60	1.14	4.29	4.71	4.50	3.87
O047	Mithun, round (leg)	1	2.58	14.79	5.38	1.21	4.16	4.40	4.37	4.58
O048	Pork, shoulder	6	2.89±0.40	13.31±0.59	5.37±0.10	1.35±0.43	5.74±0.50	4.40±0.07	4.33±0.12	3.23±0.52
O049	Pork, chops	6	2.88±0.13	14.27±0.94	5.50±0.13	1.41±0.14	5.27±0.04	4.55±0.08	4.69±0.64	3.46±0.07

Food Code	Food Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			$\text{g}$									
			HIS	ILE	LEU	LYS	MET	CYS	PHE	THR	TRP	VAL
O050	Pork, ham	6	4.91±0.38	4.47±0.22	6.49±0.14	8.27±0.26	5.32±0.44	9.38±0.25	7.62±0.58	4.56±0.34	1.47±0.11	5.09±0.25
O051	Pork, lungs	4	4.34±0.20	3.02±0.35	5.50±0.12	8.00±0.55	6.76±0.31	8.22±0.62	6.50±0.88	6.16±0.48	1.37±0.18	3.92±0.62
O052	Pork, heart	4	5.09±0.49	3.11±0.08	6.57±0.24	8.73±0.35	5.76±0.35	8.65±0.46	6.20±1.89	5.69±0.36	1.55±0.04	5.58±0.12
O053	Pork, liver	5	4.73±0.45	3.07±0.47	6.71±0.21	8.64±0.35	5.26±0.51	8.60±0.20	6.12±0.70	6.07±0.18	1.24±0.15	4.73±0.57
O054	Pork, stomach	1	5.27	3.13	6.66	6.44	5.55	8.96	8.82	5.04	1.46	5.47
O055	Pork, spleen	3	4.36±0.08	3.06±0.02	7.53±0.34	8.61±0.47	6.30±0.42	8.61±0.68	6.77±0.44	5.84±0.16	1.28±0.28	4.26±0.07
O056	Pork, kidneys	5	5.15±0.61	3.67±0.49	7.76±0.07	8.12±0.11	5.55±0.56	8.87±0.51	5.86±0.32	6.11±0.64	1.26±0.10	4.96±0.21
O057	Pork, tube (small intestine)	1	4.98	4.08	7.74	7.93	6.70	8.07	7.99	4.73	1.27	3.50
O058	Hare, shoulder	1	4.64	2.57	7.76	9.13	7.07	8.41	6.81	5.04	1.49	5.01
O059	Hare, chops	1	4.98	2.64	7.46	9.08	6.82	8.80	6.48	5.86	1.64	4.88
O060	Hare, leg	1	4.83	2.72	7.73	9.00	6.47	8.93	6.45	5.08	1.82	4.94
O061	Rabbit, shoulder	1	5.04	2.86	7.23	8.34	6.63	8.65	6.59	5.10	1.65	5.31
O062	Rabbit, chops	1	5.11	2.97	7.51	8.84	6.74	8.61	6.52	5.10	1.46	4.93
O063	Rabbit, leg	1	4.86	2.95	7.21	9.17	6.94	8.48	6.71	5.08	1.52	5.09

Table 8. Amino Acid Profile

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Food Code	Food Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			$\text{g}$							
			ALA	ARG	ASP	GLU	GLY	PRO	SER	TYR
O050	Pork, ham	6	2.78±0.26	14.18±1.07	5.41±0.29	1.77±0.39	4.79±0.54	4.81±0.45	4.49±0.21	4.47±0.51
O051	Pork, lungs	4	2.27±0.58	11.71±0.39	8.27±0.11	1.84±0.25	6.23±0.22	3.17±0.29	4.75±0.34	2.93±0.22
O052	Pork, heart	4	2.86±0.34	13.97±0.63	6.09±0.15	1.68±0.44	4.49±0.28	4.44±0.40	4.41±0.33	4.51±0.41
O053	Pork, liver	5	2.57±0.27	12.99±0.81	5.89±0.44	1.53±0.43	4.34±0.38	4.28±0.19	4.87±0.56	3.61±0.43
O054	Pork, stomach	1	2.89	9.24	8.41	1.22	4.56	4.49	5.29	5.48
O055	Pork, spleen	3	2.43±0.65	12.65±0.40	7.08±0.41	1.50±0.51	4.59±0.28	3.61±0.30	4.78±0.42	2.71±0.21
O056	Pork, kidneys	5	2.53±0.23	11.65±0.48	7.22±0.43	1.36±0.41	4.73±0.27	4.07±0.31	5.08±0.35	3.98±0.66
O057	Pork, tube (small intestine)	1	2.25	13.19	9.15	1.26	5.32	3.62	4.97	2.92
O058	Hare, shoulder	1	2.53	15.99	6.27	1.03	4.75	5.04	4.08	3.99
O059	Hare, chops	1	2.93	14.89	5.53	1.20	4.24	5.26	4.32	3.80
O060	Hare, leg	1	2.71	15.68	5.22	1.05	4.43	5.18	4.12	4.03
O061	Rabbit, shoulder	1	2.88	15.43	5.01	1.21	3.83	5.42	4.29	4.35
O062	Rabbit, chops	1	3.17	15.31	4.80	1.34	4.46	5.56	4.31	4.21
O063	Rabbit, leg	1	2.54	14.40	6.02	1.21	4.62	5.31	4.26	4.41

Food Code	Fish Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			<—————g—————>									
			HIS	ILE	LE	LYS	MET	CYS	PHE	THR	TRP	VAL
<b>P MARINE FISH</b>												
P001	Allathi ( <i>Elops machnata</i> )	1	5.23	4.76	7.80	6.63	3.26	1.42	5.49	5.13	1.18	5.26
P002	Aluva ( <i>Parastromateus niger</i> )	3	3.72±0.23	4.57±0.40	8.65±0.35	5.91±0.96	2.28±0.30	1.42±0.39	6.43±0.42	5.57±0.74	0.99±0.02	5.74±0.25
P003	Anchovy ( <i>Stolephorus indicus</i> )	2	3.65	4.59	7.72	5.67	3.28	1.82	4.61	5.55	0.81	5.49
P004	Ari fish ( <i>Aprian virescens</i> )	1	4.71	4.56	8.23	6.30	2.64	2.14	4.55	5.49	1.23	5.11
P005	Betki ( <i>Lates calcarifer</i> )	1	4.54	4.62	6.98	7.60	3.15	1.95	5.79	5.19	0.81	5.33
P006	Black snapper ( <i>Macolor niger</i> )	1	4.94	4.93	7.97	5.84	3.12	2.01	5.33	4.64	0.79	5.43
P007	Bombay duck ( <i>Harpodon nehereus</i> )	2	4.60	4.49	7.47	7.17	3.44	1.74	5.37	4.51	1.25	5.34
P008	Bommuralu ( <i>Muraenesox cinerius</i> )	3	3.74±0.09	4.75±0.46	8.59±0.25	5.07±0.45	2.57±0.13	1.48±0.14	6.19±0.37	5.58±0.11	1.19±0.07	5.35±0.45
P009	Cat fish ( <i>Tachysurus thalassinus</i> )	1	2.06	5.04	8.35	6.13	2.12	1.42	4.40	4.83	0.55	5.59
P010	Chakla ( <i>Rachycentron canadum</i> )	5	3.61±0.32	4.62±0.17	7.59±0.29	6.26±0.44	2.52±0.21	1.83±0.32	5.63±0.28	5.15±0.46	1.02±0.12	5.28±0.16
P011	Chappal ( <i>Aluterus monoceros</i> )	1	3.04	4.82	8.35	5.47	4.10	1.91	4.72	5.76	1.18	5.75
P012	Chelu ( <i>Elagatis bipinnulata</i> )	2	2.96	4.70	7.41	6.31	4.15	1.58	4.37	5.82	1.13	5.63
P013	Chembali ( <i>Lutjanus quinquefasciatus</i> )	1	3.19	4.60	7.72	8.03	4.30	1.45	4.93	5.29	1.01	5.26
P014	Eri meen ( <i>Pristipomoides filamentosus</i> )	1	3.89	4.86	8.19	6.92	3.19	1.67	5.95	5.25	1.11	5.39
P015	Gobro ( <i>Epinephelus diacanthus</i> )	2	2.87	4.59	7.92	7.51	3.54	1.98	4.52	5.53	1.15	5.23
P016	Guitar fish ( <i>Rhinobatos prahli</i> )	1	2.35	4.89	8.37	6.92	3.07	1.33	4.26	4.96	1.04	5.22
P017	Hilsa ( <i>Tenualoosa ilisha</i> )	2	4.32	3.79	8.14	7.45	3.68	1.43	5.17	5.48	1.88	5.35
P018	Jallal ( <i>Arius sp.</i> )	1	3.50	4.78	7.85	6.03	3.97	2.27	5.02	5.80	1.08	5.41
P019	Jathi vela meen ( <i>Lethrinus lentjan</i> )	2	3.58	4.63	8.25	6.72	3.79	1.75	4.40	4.75	1.00	5.70
P020	Kadal bral ( <i>Synodus indicus</i> )	1	3.20	4.38	7.43	6.52	3.46	2.01	3.82	5.39	0.81	5.22
P021	Kadali ( <i>Nemipterus mesoprion</i> )	1	3.63	4.71	8.01	7.43	2.33	1.21	5.77	5.48	1.11	5.24

Table 8. Amino Acid Profile

Food Code	Fish Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASN	GLU	GLY	PRO	SER	TYR
<b>P MARINE FISH</b>										
P001	Allathi ( <i>Elops machnata</i> )	1	5.41	5.95	10.70	14.01	4.68	3.39	3.88	5.15
P002	Aluva ( <i>Parastromateus niger</i> )	3	5.55±0.36	6.97±1.17	9.56±1.05	13.13±0.62	5.47±0.29	3.53±0.40	4.34±0.63	5.13±0.33
P003	Anchovy ( <i>Stolephorus indicus</i> )	2	5.28	5.83	7.89	14.66	5.57	3.35	4.39	4.15
P004	Ari fish ( <i>Apion virescens</i> )	1	5.39	7.56	10.65	12.16	5.83	3.28	4.38	4.26
P005	Betki ( <i>Lates calcarifer</i> )	1	2.15	5.93	10.35	13.28	6.51	5.55	4.46	5.28
P006	Black snapper ( <i>Macolor niger</i> )	1	5.67	5.74	11.43	15.70	5.36	3.58	4.07	3.85
P007	Bombay duck ( <i>Harpodon nehereus</i> )	2	5.95	5.25	9.93	11.16	6.17	6.14	4.50	4.23
P008	Bommuralu ( <i>Muraenesox cinerius</i> )	3	4.52±0.53	6.73±0.33	10.19±0.81	13.89±0.53	4.76±0.34	3.29±0.42	4.54±0.07	5.46±0.47
P009	Cat fish ( <i>Tachysurus thalassinus</i> )	1	5.84	5.77	12.00	15.36	5.19	3.62	4.18	3.91
P010	Chakla ( <i>Rachycentron canadum</i> )	5	5.57±0.20	6.88±1.24	10.25±0.50	13.92±0.58	4.96±0.22	3.44±0.16	4.30±0.25	4.41±0.59
P011	Chappal ( <i>Aluterus monoceros</i> )	1	5.73	8.17	9.16	14.10	6.10	3.75	4.97	3.35
P012	Chelu ( <i>Elagatis bipinnulata</i> )	2	5.15	6.98	9.86	14.88	5.07	3.34	5.11	4.47
P013	Chembali ( <i>Lutjanus quinquefasciatus</i> )	1	5.72	5.98	11.41	12.69	5.60	3.21	4.28	5.44
P014	Eri meen ( <i>Pristipomoides filamentosus</i> )	1	5.72	5.97	10.33	15.02	5.89	3.56	4.40	3.48
P015	Gobro ( <i>Epinephelus diacanthus</i> )	2	5.43	6.38	9.19	14.35	5.02	3.37	4.49	4.26
P016	Guitar fish ( <i>Rhinobatos prahli</i> )	1	6.14	6.69	9.13	14.68	5.78	5.29	4.29	4.85
P017	Hilsa ( <i>Tenualoosa ilisha</i> )	2	4.43	4.15	1.72	13.13	6.66	6.85	4.43	3.83
P018	Jallal ( <i>Arius sp.</i> )	1	5.11	6.87	9.54	13.98	5.33	3.14	5.41	4.28
P019	Jathi vela meen ( <i>Lethrinus lentjan</i> )	2	5.61	6.42	9.92	14.07	5.38	3.73	4.23	4.18
P020	Kadal bral ( <i>Synodus indicus</i> )	1	5.00	6.44	10.46	13.80	5.37	3.20	4.34	3.51
P021	Kadali ( <i>Nemipterus mesoprion</i> )	1	6.23	5.35	8.51	16.44	5.13	3.74	3.87	5.27

Food Code	Fish Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			$\frac{\text{g}}{\text{HIS} \quad \text{ILE} \quad \text{LE} \quad \text{LYS} \quad \text{MET} \quad \text{CYS} \quad \text{PHE} \quad \text{THR} \quad \text{TRP} \quad \text{VAL}}$									
			HIS	ILE	LE	LYS	MET	CYS	PHE	THR	TRP	VAL
P022	Kalamaara ( <i>Leptomelanosoma indicum</i> )	2	2.76	4.52	8.63	6.04	3.05	1.76	6.29	5.50	1.10	5.06
P023	Kalava ( <i>Epinephelus coioides</i> )	1	3.81	4.82	8.00	6.04	3.50	1.72	5.61	5.10	1.28	5.19
P024	Kanamayya ( <i>Lutjanus rivulatus</i> )	2	2.00	4.95	7.78	5.62	2.87	1.61	5.36	6.11	0.98	5.64
P025	Kannadi paarai ( <i>Alectis indicus</i> )	3	4.13±0.64	4.47±0.02	7.68±0.36	6.11±0.42	2.89±0.11	1.66±0.34	5.61±0.09	5.57±0.24	1.10±0.06	5.29±0.06
P026	Karimeen ( <i>Etroplus suratensis</i> )	1	2.30	4.59	8.06	6.50	3.61	1.70	4.03	5.11	0.78	5.24
P027	Karnagawala ( <i>Anchoa hepsetus</i> )	1	2.85	5.06	8.51	5.43	3.66	2.54	4.68	6.80	0.91	5.83
P028	Kayrai ( <i>Thunnus albacores</i> )	2	2.27	4.60	8.27	6.76	2.46	1.52	5.13	5.19	1.10	5.72
P029	Kiriyana ( <i>Atule mate</i> )	1	3.07	4.54	7.39	6.30	4.14	2.34	5.09	5.37	1.24	5.59
P030	Kite fish ( <i>Mobula kuhlii</i> )	1	3.07	4.67	8.18	5.80	3.10	1.31	4.97	5.66	1.56	4.98
P031	Korka ( <i>Terapon jarbua</i> )	1	3.43	4.47	7.40	5.49	3.34	2.38	3.60	5.56	1.09	5.18
P032	Kulam paarai ( <i>Carangoides fulvoguttatus</i> )	1	1.74	4.91	8.39	5.95	2.49	1.56	5.17	6.36	1.15	6.03
P033	Maagaa ( <i>Polynemus plebeius</i> )	1	3.07	4.75	8.15	7.24	3.25	1.43	5.18	5.17	1.14	5.29
P034	Mackerel ( <i>Rastrelliger kanagurta</i> )	3	3.63±0.31	4.64±0.16	7.91±0.35	6.39±0.19	2.56±0.23	1.68±0.36	5.25±0.29	5.71±0.39	1.00±0.06	5.47±0.19
P035	Manda clathi ( <i>Naso reticulatus</i> )	1	2.98	4.70	8.74	6.05	3.32	1.94	6.09	4.80	0.81	5.16
P036	Matha ( <i>Acanthurus mata</i> )	2	4.02	5.11	8.65	5.18	3.54	2.03	5.94	5.68	1.25	5.74
P037	Milk fish ( <i>Chanos chanos</i> )	1	3.10	5.15	8.30	7.36	3.30	1.86	5.20	5.87	0.90	6.12
P038	Moon fish ( <i>Mene maculata</i> )	1	4.94	4.89	8.27	5.84	3.12	2.01	4.73	4.64	1.22	5.54
P039	Mullet ( <i>Mugil cephalus</i> )	3	3.35±0.30	4.66±0.04	7.91±0.13	6.41±0.60	2.96±0.20	1.39±0.10	5.44±0.13	5.92±0.39	0.93±0.06	5.32±0.10
P040	Mural ( <i>Tylosurus crocodilus crocodilus</i> )	1	4.77	4.86	8.44	5.50	3.95	1.57	5.56	5.21	0.80	5.46
P041	Myil meen ( <i>Istiophorus platypterus</i> )	2	2.95	4.78	7.94	7.21	2.03	1.94	4.48	5.34	0.90	5.94
P042	Nalla bontha ( <i>Epinephelus sp.</i> )	1	3.51	4.00	7.31	6.27	3.08	2.05	4.01	6.62	1.12	4.91
P043	Narba ( <i>Caranx sexfasciatus</i> )	2	5.32	4.44	7.58	6.54	3.88	1.92	5.47	4.81	1.23	5.43

Table 8. Amino Acid Profile

3034

Food Code	Fish Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASN	GLU	GLY	PRO	SER	TYR
P022	Kalamaara ( <i>Leptomelanosoma indicum</i> )	2	5.48	7.75	8.39	13.66	5.38	3.55	4.44	5.55
P023	Kalava ( <i>Epinephelus coioides</i> )	1	5.41	6.54	9.33	14.20	5.83	3.82	4.44	4.50
P024	Kanamayya ( <i>Lutjanus rivulatus</i> )	2	5.66	6.09	10.96	14.60	5.42	3.73	4.63	5.24
P025	Kannadi paarai ( <i>Alectis indicus</i> )	3	5.34±0.20	6.01±0.22	9.73±1.86	13.56±0.62	5.09±0.25	3.37±0.08	4.43±0.21	4.28±0.13
P026	Karimeen ( <i>Etroplus suratensis</i> )	1	6.36	6.48	11.62	15.32	6.34	3.69	4.50	3.20
P027	Karnagawala ( <i>Anchoa hepsetus</i> )	1	5.69	6.63	9.28	13.80	5.18	3.33	5.36	3.39
P028	Kayrai ( <i>Thunnus albacores</i> )	2	5.56	6.33	9.56	13.19	4.56	3.69	4.04	4.71
P029	Kiriyana ( <i>Atule mate</i> )	1	5.54	6.56	10.05	14.49	6.06	3.37	4.22	3.93
P030	Kite fish ( <i>Mobula kuhlii</i> )	1	5.25	6.70	10.35	14.85	6.30	3.57	4.47	4.96
P031	Korka ( <i>Terapon jarbua</i> )	1	5.36	8.53	8.38	13.01	5.75	3.14	4.22	3.03
P032	Kulam paarai ( <i>Carangoides fulvoguttatus</i> )	1	5.64	7.64	10.08	12.26	6.13	3.68	5.02	4.09
P033	Maagaa ( <i>Polynemus plebeius</i> )	1	5.67	6.34	8.91	15.62	4.96	3.54	4.45	5.61
P034	Mackerel ( <i>Rastrelliger kanagurta</i> )	3	5.41±0.54	5.81±0.54	9.96±0.72	13.38±0.59	5.28±0.26	3.27±0.24	4.46±0.11	4.59±0.15
P035	Manda clathi ( <i>Naso reticulatus</i> )	1	5.29	6.64	10.88	13.48	5.35	3.22	4.13	4.61
P036	Matha ( <i>Acanthurus mata</i> )	2	5.52	8.02	8.66	13.56	5.22	3.63	4.39	4.80
P037	Milk fish ( <i>Chanos chanos</i> )	1	6.23	6.15	8.60	14.07	5.06	3.96	3.93	4.84
P038	Moon fish ( <i>Mene maculata</i> )	1	5.67	5.74	11.43	14.70	5.36	3.58	4.07	4.26
P039	Mullet ( <i>Mugil cephalus</i> )	3	5.57±0.29	7.18±0.38	8.33±0.67	14.52±0.52	5.76±0.37	3.54±0.37	4.60±0.36	5.27±0.31
P040	Mural ( <i>Tylosurus crocodilus crocodilus</i> )	1	5.56	6.08	8.24	14.67	5.80	3.83	4.29	4.98
P041	Myil meen ( <i>Istiophorus platypterus</i> )	2	5.44	7.37	8.56	13.97	5.65	3.53	4.50	4.08
P042	Nalla bontha ( <i>Epinephelus sp.</i> )	1	6.61	7.43	9.59	13.21	4.71	2.73	5.41	4.90
P043	Narba ( <i>Caranx sexfasciatus</i> )	2	5.42	6.11	9.75	13.59	5.44	3.36	4.12	4.74

Food Code	Fish Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			$\frac{\text{g}}{\text{HIS} \quad \text{ILE} \quad \text{LE} \quad \text{LYS} \quad \text{MET} \quad \text{CYS} \quad \text{PHE} \quad \text{THR} \quad \text{TRP} \quad \text{VAL}}$									
			HIS	ILE	LE	LYS	MET	CYS	PHE	THR	TRP	VAL
P044	Paarai ( <i>Caranx heberi</i> )	1	3.09	4.11	7.82	7.08	3.96	1.15	4.86	4.37	1.12	5.20
P045	Padayappa ( <i>Canthidermis maculata</i> )	1	2.45	4.69	7.94	6.22	3.27	1.35	3.84	5.02	1.22	5.23
P046	Pali kora ( <i>Panna microdon</i> )	1	2.90	4.64	7.74	6.85	3.94	1.33	3.78	5.90	0.86	5.15
P047	Pambada ( <i>Lepturacanthus savala</i> )	2	2.73	4.58	7.77	6.44	3.38	1.27	5.51	6.13	0.94	5.20
P048	Pandukopa ( <i>Pseudosciaena manchurica</i> )	1	4.00	4.89	8.37	5.28	2.63	1.10	5.71	5.29	0.90	5.94
P049	Parava ( <i>Lactarius lactarius</i> )	1	2.60	4.77	8.11	5.25	3.73	1.76	4.18	4.82	0.89	5.09
P050	Parcus ( <i>Psettosodes erumei</i> )	1	3.07	4.81	8.44	6.08	3.81	2.07	5.33	5.20	0.88	5.61
P051	Parrot fish ( <i>Scarus ghobban</i> )	1	2.61	4.86	8.06	7.06	3.62	1.96	5.34	5.18	0.78	5.66
P052	Perinkilichai ( <i>Pinjalo pinjalo</i> )	1	3.16	4.93	8.49	7.18	3.20	1.35	5.08	5.18	0.87	5.53
305	P053 Phopat ( <i>Coryphaena hippurus</i> )	4	3.40±0.13	4.66±0.24	7.72±0.29	7.30±0.44	3.02±0.17	1.57±0.28	3.99±0.47	5.18±0.22	1.00±0.11	5.39±0.33
	P054 Piranha ( <i>Pygopristis</i> sp.)	1	3.26	4.51	8.05	7.24	2.87	1.14	3.74	5.10	1.05	5.15
	P055 Pomfret, black ( <i>Parastromateus niger</i> )	2	4.36	4.77	8.11	5.52	2.42	1.52	6.43	5.12	1.12	5.95
	P056 Pomfret, snub nose ( <i>Trachinotus blochii</i> )	2	3.19	5.52	7.94	6.04	3.13	1.71	4.25	4.89	0.89	5.45
	P057 Pomfret, white ( <i>Pampus argenteus</i> )	2	3.80	4.64	8.21	7.03	2.99	1.75	6.38	5.28	1.11	5.42
	P058 Pranel ( <i>Gerres</i> sp.)	1	3.00	4.55	7.75	5.94	3.24	1.82	5.85	4.79	1.05	5.97
	P059 Pulli paarai ( <i>Gnathanodon speciosus</i> )	1	2.94	4.88	8.31	5.75	2.75	1.63	5.11	4.42	1.21	5.70
	P060 Queen fish ( <i>Scomberoides commersonianus</i> )	3	0.86±0.50	4.56±0.11	7.58±0.21	5.93±0.26	3.63±0.50	1.39±0.38	4.25±0.42	5.98±2.20	0.80±0.17	5.32±0.31
	P061 Raai fish ( <i>Lobotes surinamensis</i> )	2	2.80	4.52	8.05	6.48	3.10	1.76	5.54	5.91	1.07	5.17
	P062 Raai vanthu ( <i>Epinephelus chlorostigma</i> )	1	3.26	4.47	7.89	6.71	2.98	2.14	5.02	6.50	1.62	5.06
	P063 Rani ( <i>Pink perch</i> )	1	4.35	4.65	8.03	7.27	2.56	1.95	5.04	5.07	1.66	5.07
	P064 Ray fish, bow head, spotted ( <i>Rhina ancylostoma</i> )	1	3.06	4.77	7.94	6.52	2.65	1.41	5.87	5.04	0.98	4.64
	P065 Red snapper ( <i>Lutjanus argentimaculatus</i> )	1	3.14	4.57	7.89	6.32	3.80	1.68	6.28	6.16	1.12	5.26

Table 8. Amino Acid Profile

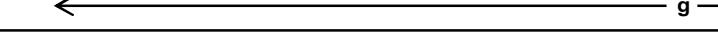
Food Code	Fish Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASN	GLU	GLY	PRO	SER	TYR
P044	Paarai ( <i>Caranx heberi</i> )	1	6.36	6.08	11.10	14.51	6.78	4.66	3.94	3.36
P045	Padayappa ( <i>Canthidermis maculata</i> )	1	6.30	6.06	13.85	15.76	6.40	4.06	4.30	3.55
P046	Pali kora ( <i>Panna microdon</i> )	1	5.49	5.72	10.57	15.68	4.78	3.12	4.57	3.19
P047	Pambada ( <i>Lepturacanthus savala</i> )	2	5.71	6.09	8.95	14.10	6.45	3.77	4.43	5.59
P048	Pandukopa ( <i>Pseudosciaena manchurica</i> )	1	5.31	7.08	9.66	14.10	5.19	3.75	4.45	5.44
P049	Parava ( <i>Lactarius lactarius</i> )	1	6.01	6.15	8.08	13.19	6.42	3.45	4.00	3.15
P050	Parcus ( <i>Psettosodes erumei</i> )	1	5.29	6.43	9.08	14.97	4.69	3.35	4.43	5.58
P051	Parrot fish ( <i>Scarus ghobban</i> )	1	5.78	5.12	10.40	14.96	5.59	3.64	4.36	4.85
P052	Perinkilichai ( <i>Pinjalo pinjalo</i> )	1	5.59	7.30	9.94	14.94	4.50	3.47	4.49	4.56
P053	Phopat ( <i>Coryphaena hippurus</i> )	4	5.63±0.10	6.02±0.51	10.00±0.24	14.08±0.16	5.54±0.38	3.55±0.09	4.41±0.04	4.89±0.11
P054	Piranha ( <i>Pygopristis</i> sp.)	1	6.18	5.66	11.24	15.79	6.56	3.96	4.33	4.13
P055	Pomfret, black ( <i>Parastromateus niger</i> )	2	5.75	6.86	9.77	12.54	6.07	4.70	4.91	4.98
P056	Pomfret, snub nose ( <i>Trachinotus blochii</i> )	2	5.70	6.07	10.89	14.65	5.01	3.51	4.08	3.74
P057	Pomfret, white ( <i>Pampus argenteus</i> )	2	5.09	6.11	9.11	14.69	5.66	3.15	4.34	5.98
P058	Pranel ( <i>Gerres</i> sp.)	1	6.41	5.22	8.96	16.31	6.51	3.76	3.85	5.47
P059	Pulli paarai ( <i>Gnathanodon speciosus</i> )	1	6.42	5.06	11.60	14.05	5.50	3.99	3.93	5.86
P060	Queen fish ( <i>Scomberoides commersonianus</i> )	3	5.21±0.25	6.26±1.88	9.83±1.11	14.51±0.54	4.84±0.93	3.29±0.10	4.62±1.51	3.93±0.35
P061	Raai fish ( <i>Lobotes surinamensis</i> )	2	5.67	7.02	8.14	14.18	5.58	3.76	4.61	5.04
P062	Raai vanthu ( <i>Epinephelus chlorostigma</i> )	1	5.47	7.80	10.14	13.69	4.68	3.32	4.26	4.40
P063	Rani ( <i>Pink perch</i> )	1	5.40	8.24	9.10	12.08	5.90	4.11	4.34	5.73
P064	Ray fish, bow head, spotted ( <i>Rhina ancylostoma</i> )	1	5.76	6.03	8.38	16.86	6.76	3.94	4.05	3.25
P065	Red snapper ( <i>Lutjanus argentimaculatus</i> )	1	5.21	6.48	8.80	13.92	5.17	3.31	4.76	5.48

Food Code	Fish Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			$\frac{\text{HIS} \quad \text{ILE} \quad \text{LE} \quad \text{LYS} \quad \text{MET} \quad \text{CYS} \quad \text{PHE} \quad \text{THR} \quad \text{TRP} \quad \text{VAL}}{\text{G}}$									
			HIS	ILE	LE	LYS	MET	CYS	PHE	THR	TRP	VAL
P066	Red snapper, small ( <i>Priacanthus hamrur</i> )	1	3.49	4.39	8.59	5.04	2.59	1.64	6.78	5.74	0.89	5.14
P067	Sadaya ( <i>Platax orbicularis</i> )	1	3.29	4.47	8.82	5.16	2.91	1.18	6.44	5.73	1.26	5.42
P068	Salmon ( <i>Salmo salar</i> )	1	3.60	4.78	7.83	5.44	3.15	1.52	5.40	5.87	0.92	5.63
P069	Sangada ( <i>Nemipterus japonicus</i> )	1	2.39	4.60	8.71	6.72	2.21	1.09	6.34	6.32	0.96	5.19
P070	Sankata parai ( <i>Caranx ignobilis</i> )	1	2.04	4.86	8.36	6.56	3.36	1.65	6.11	5.31	1.39	5.69
P071	Sardine ( <i>Sardinella longiceps</i> )	1	4.31	4.73	8.17	6.43	3.00	1.84	5.24	5.30	1.57	5.18
P072	Shark ( <i>Carcharhinus sorrah</i> )	2	3.58	5.05	7.41	5.73	4.31	2.46	3.81	5.65	0.85	5.52
P073	Shark, hammer head ( <i>Sphyrna mokarran</i> )	1	4.13	3.75	8.20	7.99	4.51	1.27	5.19	3.88	0.65	4.97
P074	Shark, spotted ( <i>Stegostoma fasciatum</i> )	1	3.69	5.22	8.44	4.47	3.38	0.92	4.04	5.38	0.96	5.49
307	P075 Shelavu ( <i>Sphyraena jello</i> )	4	2.76±0.31	4.66±0.27	8.18±0.46	6.33±0.41	3.37±0.53	1.35±0.29	5.56±0.74	5.06±0.18	1.08±0.28	5.46±0.16
	P076 Silan ( <i>Silonia silondia</i> )	1	1.55	4.71	7.92	6.17	3.61	1.58	4.04	5.38	0.96	5.49
	P077 Silk fish ( <i>Beryx</i> sp.)	1	3.39	4.36	7.84	6.34	3.22	1.47	3.98	4.93	1.22	5.02
	P078 Silver carp ( <i>Hypophthalmichthys molitrix</i> )	1	4.51	4.75	7.24	6.11	4.24	1.41	5.32	4.69	1.17	4.77
	P079 Sole fish ( <i>Cynoglossus arel</i> )	1	2.53	4.56	8.08	5.35	4.48	2.43	6.71	5.42	0.97	5.18
	P080 Stingray ( <i>Dasyatis pastinaca</i> )	1	4.54	3.56	6.37	5.66	2.86	1.88	5.12	4.71	0.92	5.58
	P081 Tarlava ( <i>Drepane punctata</i> )	2	4.06	4.72	8.11	6.14	2.13	1.58	5.08	4.90	0.82	5.38
	P082 Tholam ( <i>Plectorhinchus schotaf</i> )	2	3.17	4.66	8.42	6.37	2.79	1.78	4.79	5.11	0.95	5.51
	P083 Tilapia ( <i>Oreochromis niloticus</i> )	1	4.21	5.71	7.87	7.71	3.19	1.52	6.02	5.41	0.79	5.66
	P084 Tuna ( <i>Euthynnus affinis</i> )	5	3.37±0.79	4.85±0.32	8.23±0.56	5.70±0.29	3.01±0.37	1.41±0.05	5.40±0.36	6.20±0.40	0.90±0.05	5.75±0.35
	P085 Tuna, striped ( <i>Katsuwonus pelamis</i> )	1	2.70	4.96	8.16	7.11	3.93	1.79	4.29	5.40	1.63	6.03
	P086 Valava ( <i>Chirocentrus nudus</i> )	1	3.14	4.94	8.32	7.62	3.65	1.52	4.65	5.26	1.09	5.71
	P087 Vanjaram ( <i>Scomberomorus commerson</i> )	2	3.82	4.93	8.29	5.21	3.51	1.76	4.19	5.05	1.05	5.76

Table 8. Amino Acid Profile

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Food Code	Fish Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASN	GLU	GLY	PRO	SER	TYR
P066	Red snapper, small ( <i>Priacanthus hamrur</i> )	1	5.21	6.75	9.36	13.86	5.88	3.11	4.65	5.26
P067	Sadaya ( <i>Platax orbicularis</i> )	1	5.28	7.92	9.15	14.00	5.28	3.54	4.52	3.95
P068	Salmon ( <i>Salmo salar</i> )	1	5.31	7.25	9.77	14.05	5.50	3.53	4.82	4.97
P069	Sangada ( <i>Nemipterus japonicus</i> )	1	4.90	7.36	8.21	13.48	5.29	3.12	4.81	5.92
P070	Sankata parai ( <i>Caranx ignobilis</i> )	1	5.56	4.90	10.62	14.54	4.94	3.59	4.87	4.55
P071	Sardine ( <i>Sardinella longiceps</i> )	1	5.36	6.45	10.65	13.86	5.66	4.41	4.62	4.11
P072	Shark ( <i>Carcharhinus sorrah</i> )	2	5.54	6.71	8.89	14.20	6.72	3.65	4.57	3.65
P073	Shark, hammer head ( <i>Sphyrna mokarran</i> )	1	5.75	4.23	9.04	13.68	6.24	6.30	4.13	3.54
P074	Shark, spotted ( <i>Stegostoma fasciatum</i> )	1	6.02	6.69	8.71	16.23	6.87	4.56	4.88	3.25
P075	Shelavu ( <i>Sphyraena jello</i> )	4	5.58±0.23	7.31±1.40	9.05±2.88	14.24±0.50	5.41±0.55	3.39±0.14	4.24±0.18	3.87±0.89
P076	Silan ( <i>Silonia silondia</i> )	1	5.18	7.44	7.79	15.05	5.76	4.02	6.41	4.26
P077	Silk fish ( <i>Beryx</i> sp.)	1	5.43	7.53	10.21	14.57	5.25	3.45	4.39	3.53
P078	Silver carp ( <i>Hypophthalmichthys molitrix</i> )	1	3.31	3.97	9.43	13.75	9.82	7.72	4.54	3.40
P079	Sole fish ( <i>Cynoglossus arel</i> )	1	5.71	6.24	8.01	14.66	4.98	3.36	4.65	5.79
P080	Stingray ( <i>Dasyatis pastinaca</i> )	1	5.21	5.94	8.21	13.94	5.65	4.18	5.65	4.33
P081	Tarlava ( <i>Drepane punctata</i> )	2	5.94	5.94	9.79	14.51	4.96	4.11	4.21	4.64
P082	Tholam ( <i>Plectorhinchus schotaf</i> )	2	5.86	5.68	9.51	15.03	5.80	3.70	4.36	3.67
P083	Tilapia ( <i>Oreochromis niloticus</i> )	1	3.05	6.47	9.02	13.03	4.89	5.62	5.17	5.67
P084	Tuna ( <i>Euthynnus affinis</i> )	5	5.28±0.64	6.46±1.00	8.60±0.30	13.49±0.51	5.60±0.36	3.49±0.36	4.53±0.31	5.19±1.01
P085	Tuna, striped ( <i>Katsuwonus pelamis</i> )	1	5.97	7.02	8.04	14.20	5.24	3.46	4.50	5.72
P086	Valava ( <i>Chirocentrus nudus</i> )	1	5.60	5.02	10.14	16.04	4.41	3.30	4.90	4.21
P087	Vanjaram ( <i>Scomberomorus commerson</i> )	2	5.71	6.81	10.31	14.51	5.90	3.74	4.35	3.74

Food Code	Fish Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
												
			HIS	ILE	LE	LYS	MET	CYS	PHE	THR	TRP	VAL
P088	Vela meen ( <i>Aprion virescens</i> )	1	3.61	4.82	8.12	5.45	2.34	2.21	6.17	5.51	0.93	5.65
P089	Vora ( <i>Siganus javus</i> )	2	3.76	4.99	8.49	6.58	2.95	1.47	5.13	5.27	0.77	5.79
P090	Whale shark ( <i>Galeocerdo cuvier</i> )	1	4.02	4.90	8.19	5.46	3.40	1.72	7.00	5.26	1.15	5.30
P091	Xiphinis ( <i>Xiphias gladius</i> )	1	5.94	4.68	7.90	5.92	3.51	2.05	4.82	5.07	0.77	5.27
P092	Eggs, Cat fish ( <i>Ompok bimaculatus</i> )	1	4.55	5.21	8.04	7.36	2.80	1.63	6.30	5.21	1.06	5.15

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## Q MARINE SHELLFISH

Q001	Crab ( <i>Menippe mercenaria</i> )	1	2.33	4.54	6.35	7.11	3.43	1.69	4.72	2.43	1.41	4.79
Q002	Crab, sea ( <i>Portunus sanguinolentus</i> )	1	2.20	4.48	7.30	7.82	3.62	1.60	4.11	4.81	0.64	4.91
Q003	Lobster, brown ( <i>Thenus orientalis</i> )	1	2.74	4.98	8.62	7.73	3.99	1.52	3.70	5.09	0.75	5.87
Q004	Lobster, king size ( <i>Thenus orientalis</i> )	1	3.22	4.37	6.45	7.53	4.24	1.91	4.83	4.33	0.88	5.38
Q005	Mud crab ( <i>Scylla tranquebarica</i> )	1	1.73	4.12	6.90	6.78	2.39	1.42	4.07	4.28	1.15	4.67
Q006	Oyster ( <i>Crassostrea</i> sp.)	1	2.34	4.56	7.08	6.06	2.21	1.16	3.87	4.76	0.92	5.31
Q007	Tiger prawns, brown ( <i>Solenocera crassicornis</i> )	1	2.03	4.55	7.72	7.49	3.43	1.77	4.60	4.90	0.87	5.06
Q008	Tiger Prawns, orange ( <i>Penaeus monodon</i> )	1	2.11	4.67	7.39	7.93	3.81	2.04	3.68	4.90	0.71	5.13

## R MARINE MOLLUSKS

R001	Clam, green shell ( <i>Perna viridis</i> )	1	2.42	4.44	6.43	4.12	3.62	1.30	3.71	5.61	0.92	4.92
R002	Clam, white shell, ribbed ( <i>Meretrix meretrix</i> )	1	2.23	4.06	6.31	4.62	3.08	0.79	3.18	5.09	0.79	4.69
R003	Octopus ( <i>Octopus vulgaris</i> )	1	4.48	5.82	8.48	7.55	2.46	1.87	6.37	5.82	0.88	5.30
R004	Squid, black ( <i>Loligo</i> sp.)	1	4.14	4.05	8.49	6.58	2.25	1.69	5.21	5.53	0.93	4.62
R005	Squid, hard shell ( <i>Sepia pharaonis</i> )	1	3.89	4.24	7.57	5.09	3.89	1.75	3.21	4.45	0.71	4.19

Table 8. Amino Acid Profile

Food Code	Fish Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASN	GLU	GLY	PRO	SER	TYR
P088	Vela meen ( <i>Aprion virescens</i> )	1	5.42	6.57	8.71	14.28	6.04	3.53	4.46	4.69
P089	Vora ( <i>Siganus javus</i> )	2	5.85	4.46	9.41	15.08	5.14	3.70	4.16	4.56
P090	Whale shark ( <i>Galeocerdo cuvier</i> )	1	5.49	5.88	9.02	13.93	6.13	3.85	4.37	5.16
P091	Xiphinis ( <i>Xiphias gladius</i> )	1	5.12	5.67	8.73	13.64	5.41	3.51	4.36	4.38
P092	Eggs, Cat fish ( <i>Ompok bimaculatus</i> )	1	3.38	6.53	9.31	12.24	5.28	5.38	4.72	5.57

**Q MARINE SHELLFISH**

Q001	Crab ( <i>Menippe mercenaria</i> )	1	2.80	3.37	8.31	13.53	7.58	3.34	4.17	3.56
Q002	Crab, sea ( <i>Portunus sanguinolentus</i> )	1	6.19	6.91	8.11	15.34	7.97	3.97	3.62	3.81
Q003	Lobster, brown ( <i>Thenus orientalis</i> )	1	6.08	6.81	10.35	15.93	6.69	3.86	4.68	3.43
Q004	Lobster, king size ( <i>Thenus orientalis</i> )	1	3.43	5.13	8.32	13.76	6.38	7.55	4.77	4.53
Q005	Mud crab ( <i>Scylla tranquebarica</i> )	1	5.47	7.47	8.68	14.34	7.48	4.85	3.70	3.88
Q006	Oyster ( <i>Crassostrea</i> sp.)	1	5.57	6.07	10.93	14.64	7.88	5.24	4.61	3.61
Q007	Tiger prawns, brown ( <i>Solenocera crassicornis</i> )	1	5.25	7.69	8.84	14.31	5.94	3.52	4.16	3.79
Q008	Tiger Prawns, orange ( <i>Penaeus monodon</i> )	1	5.37	5.65	8.60	14.50	5.95	3.41	4.07	3.40

**R MARINE MOLLUSKS**

R001	Clam, green shell ( <i>Perna viridis</i> )	1	4.44	6.21	10.19	13.15	8.87	3.64	5.20	3.67
R002	Clam, white shell, ribbed ( <i>Meretrix meretrix</i> )	1	6.80	7.54	10.20	13.55	8.43	3.35	4.71	3.17
R003	Octopus ( <i>Octopus vulgaris</i> )	1	5.34	6.59	8.90	10.43	5.84	4.43	4.75	6.32
R004	Squid, black ( <i>Loligo</i> sp.)	1	5.27	6.99	10.65	13.08	5.95	4.56	4.16	4.30
R005	Squid, hard shell ( <i>Sepia pharaonis</i> )	1	4.43	7.03	9.96	13.99	4.64	4.44	4.50	2.91

Food Code	Fish Name	No. of Regions	Histidine	Isoleucine	Leucine	Lysine	Methionine	Cystine	Phenylalanine	Threonine	Tryptophan	Valine
			$\text{g}$									
			HIS	ILE	LE	LYS	MET	CYS	PHE	THR	TRP	VAL
R006	Squid, red ( <i>Loligo duvaucelii</i> )	2	3.54	5.34	7.84	5.58	3.77	1.52	6.47	7.18	1.24	5.10
R007	Squid, white, small ( <i>Uroteuthis duvauceli</i> )	1	4.54	4.14	5.99	7.94	3.31	1.74	4.38	4.88	0.97	4.80
<b>R FRESH WATER FISH AND SHELLFISH</b>												
R001	Cat fish ( <i>Tandanus tandanus</i> )	2	4.80±0.29	4.46±0.33	7.29±0.82	8.11±0.23	6.07±0.15	14.31±1.10	5.30±0.20	3.46±0.77	1.18±0.45	5.15±0.12
R002	Catla ( <i>Catla catla</i> )	6	5.23±0.11	4.06±0.86	7.53±0.39	8.09±0.05	5.61±0.66	15.25±0.91	5.49±0.22	3.54±0.37	0.74±0.17	5.18±0.09
R003	Freshwater Eel ( <i>Anguilla anguilla</i> )	1	3.67	3.43	3.41	5.94	4.62	10.94	4.07	3.46	1.22	4.56
R004	Gold fish ( <i>Carassius auratus</i> )	1	4.90	4.47	6.31	7.94	5.76	14.49	5.14	2.50	1.03	5.23
R005	Pangas ( <i>Pangasianodon hypophthalmus</i> )	2	8.30	6.59	3.83	4.57	4.01	4.74	4.49	4.19	1.26	6.07
311	Rohu ( <i>Labeo rohita</i> )	6	4.77±0.39	4.09±0.54	6.27±0.69	8.03±0.55	5.57±0.44	15.13±0.75	5.26±0.37	2.90±0.58	1.04±0.28	5.39±0.72
	Crab ( <i>Pachygrapsus sp.</i> )	1	3.86	3.73	5.19	6.82	4.97	13.27	3.94	3.43	0.93	3.96
	Prawns, big ( <i>Macrobrachium rosenbergii</i> )	3	4.66	2.99	6.72	7.79	5.16	14.75	4.57	3.33	1.11	4.72
	Prawns, small ( <i>Macrobrachium sp.</i> )	6	4.45±0.28	4.11±0.57	6.76±0.77	7.89±0.58	5.73±0.43	14.71±0.87	5.37±0.41	2.92±0.63	1.02±0.17	5.17±0.68
	Tiger prawns ( <i>Macrobrachium sp.</i> )	2	4.19	2.96	4.85	7.54	5.15	15.67	4.64	3.53	0.94	4.75

Table 8. Amino Acid Profile

Food Code	Fish Name	No. of Regions	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Proline	Serine	Tyrosine
			<—————g—————>							
			ALA	ARG	ASN	GLU	GLY	PRO	SER	TYR
R006	Squid, red ( <i>Loligo duvaucelii</i> )	2	5.71	6.75	8.86	12.38	5.48	3.27	5.79	5.63
R007	Squid, white, small ( <i>Uroteuthis duvauceli</i> )	1	4.74	4.67	9.75	8.18	5.33	4.34	4.60	4.46
<b>R FRESH WATER FISH AND SHELLFISH</b>										
R001	Cat fish ( <i>Tandanus tandanus</i> )	2	2.38±0.43	4.03±0.54	1.56±0.17	6.74±0.65	8.78±0.99	7.13±1.37	4.72±0.54	3.82±0.32
R002	Catla ( <i>Catla catla</i> )	6	2.64±0.33	3.53±0.05	1.08±0.55	6.64±1.21	9.32±2.68	6.75±1.68	4.43±0.03	2.88±0.75
R003	Freshwater Eel ( <i>Anguilla anguilla</i> )	1	2.06	4.06	1.12	7.74	6.53	5.97	3.52	3.78
R004	Gold fish ( <i>Carassius auratus</i> )	1	3.12	3.19	1.61	7.39	8.61	7.77	4.38	3.14
R005	Pangas ( <i>Pangasianodon hypophthalmus</i> )	2	13.64	95.04	3.34	6.08	2.84	8.44	6.51	5.31
312	Rohu ( <i>Labeo rohita</i> )	6	2.45±0.64	3.68±1.15	1.45±0.12	7.19±0.24	9.60±0.89	6.41±0.57	4.63±0.50	3.40±0.92
	Crab ( <i>Pachygrapsus sp.</i> )	1	2.92	5.27	2.03	9.15	8.42	7.73	3.80	5.17
R008	Prawns, big ( <i>Macrobrachium rosenbergii</i> )	3	2.79	3.28	1.82	9.11	9.10	5.49	4.13	2.66
R009	Prawns, small ( <i>Macrobrachium sp.</i> )	6	2.56±0.43	4.42±0.77	1.51±0.43	6.52±1.01	8.32±2.18	6.30±1.04	4.36±0.57	3.86±0.53
R010	Tiger prawns ( <i>Macrobrachium sp.</i> )	2	2.35	4.06	1.41	10.29	8.84	4.24	4.30	3.59