



Mindful kids





Unit 1

Self-Awareness

Read
Together



AUDIO

Audio with
Highlighting



ANNOTATE

Lesson 2

Nessie Doesn't Like Tag



The girls agree to play hopscotch.
'I really like playing this game,' says
Nessie.





Comprehension

Read
Together



Tick

1 Why was Nessie upset?

- a She was tired.
- b She had to go home.
- c She doesn't like playing tag.

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2 What did Nessie do to keep calm?

- a She shouted.
- b She counted to ten.
- c She cried.

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3 What did her friends do?

- a They thanked her.
- b They ignored her.
- c They yelled at her.

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Share

Tell your friend an example of something you like and something you don't like.