

Chem231B: Lecture 3

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Name

Last class we connected the HO to the uncertainty principle. The conclusion is that squeezing a particle into a smaller space requires a higher momentum. In Quantum Mechanics the $n=0$ state is not localized at the bottom of the well, but has a finite distribution. This is characterized by the root-mean-square deviation in X as we found last lecture.

For our HO the average Potential Energy of the particle in the state $|\phi_n\rangle$ is given by

$$\langle V(X) \rangle = \frac{1}{2} m \omega^2 \langle X^2 \rangle = \frac{1}{2} m \omega^2 \langle \Delta X^2 \rangle \quad (1)$$

Where we know the variance can be replaced for a stationary state as the expectation of X is 0. We can repeat the analysis for the average kinetic energy as

$$\langle \frac{P^2}{2m} \rangle = \frac{1}{2m} (\Delta P)^2 \quad (2)$$

Substituting in our expressions from lecture 2 for the variance we see that

$$\begin{aligned} \langle V(X) \rangle &= \frac{\hbar \omega}{2} \left(n + \frac{1}{2} \right) \\ \langle \frac{P^2}{2m} \rangle &= \frac{\hbar \omega}{2} \left(n + \frac{1}{2} \right) \end{aligned} \quad (3)$$

If we now recall the expression for E_n (Lecture 2) we see each of these are actually equal to $\frac{E_n}{2}$.

So half of the average energy is kinetic and half is potential. This is a manifestation of the virial theorem in Quantum Mechanics.

Eigenstates

The stationary state $|\phi_n\rangle$ has no equivalent in Classical Mechanics (energy is not zero but the average position and momentum are). To connect with Classical Mechanics we need to consider an ensemble of Harmonic Oscillators with a random phase term (collection of out of phase oscillators with phases spanning 0 to 2π with equal probability). Consider the general solution to the Classical HO with these assumptions.

$$\begin{aligned} x &= x_m \cos(\omega t - \phi), & E &= \frac{m \omega^2}{2} x_m^2 \\ \bar{x}_{CM} &= x_m \frac{1}{2\pi} \int_0^{2\pi} \cos(\omega t - \phi) d\phi = 0 \\ \bar{p}_{CM} &= -p_m \frac{1}{2\pi} \int_0^{2\pi} \sin(\omega t - \phi) d\phi = 0 \end{aligned} \quad (4)$$

So we can find a classical system that represents the Stationary States of the Quantum system. It is a collection of random phase oscillators. Over time some particles move left, some move right, and all the terms cancel giving average position and momentum of 0 for the ensemble. So the eigenstate (stationary state) of the Quantum HO is represented by a collection of randomly phased classical harmonic oscillators. The eigenstate is not a single oscillator classically but an ensemble! Keep the states in mind, the eigenstates are special, a general state of the QHO is a superposition of eigenstates.

Ground State

In Classical Mechanics we know that the lowest energy of the HO is given by the particle at rest where there is no momentum or kinetic energy, located at the minimum of the potential surface. The Quantum HO is completely different, represented by a minimum energy state $|\phi_n\rangle$ with a non-zero energy and associated wavefunction. The uncertainty principle does not allow us to minimize both the kinetic and potential energy (because x and p do not commute). Instead the ground state is a compromise minimizing each of these wrt each other.

For the HO we can Think of a bound system (a particle confined to (a width of) a distance ξ). Here ξ is a parameter representing the spatial extension of the wavefunction. We can approximate the potential energy as

$$\bar{V} \approx \frac{m\omega^2}{2}\xi^2 \quad (5)$$

This implies that ΔP is of the order $\frac{\hbar}{\xi}$. Therefore the average kinetic energy looks like

$$\bar{T} \approx \frac{\hbar^2}{2m\xi^2} \quad (6)$$

And the average total energy would be of the order

$$\bar{E} \approx \frac{\hbar^2}{2m\xi^2} + \frac{m\omega^2}{2}\xi^2 \quad (7)$$

We then expect the ground state to represent the minimization of this total energy which is given by

$$\xi \approx \sqrt{\frac{\hbar}{m\omega}}, \quad \bar{E}_m \approx \hbar\omega \quad (8)$$

So this hand-wavy argument gets the minimum energy on the same order of magnitude of our ground state analysis ($\frac{\hbar\omega}{2}$). The HO is special, you actually reach the lower bound of the uncertainty principle in the ground state (this result is related to the ground state wave function being a Gaussian).

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