## RECIPE 8.1

## Chocolate Macaroons

## **I**NGREDIENTS

1/2 cup maple syrup
1 cup shredded coconut
1 cup freshly ground almonds\*
1/2 cup coconut flour
1/2 cup raisins
2 oz 100% chocolate
1/2 cup sunflower oil
2 tsp vanilla
1 tsp salt

\*Allergy warning: Manufactured in a facility with tree nuts Preheat oven to 300°F. Form into balls and freeze for 10 minutes. Bake for 15 minutes.