

## Login

Enter your e-mail

Enter your password



Login

Don't have an account?

Register



## Welcome!

Are you ready to start your personalized fitness journey?

Login

Register

Want to learn more?

Check offers







## Select payment plan

Please select the plan that fits you.

Our Terms and services



- ✓ Lorem ipsum
- ✓ Lorem ipsum
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Check example exercises

**Excercises** 

Ready to choose your plan?

Create an account

# Terms and services

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# Available exercises

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua.



#### Bench press

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nullam a interdum urna. Orci varius natoque penatibus et magnis dis parturient montes, nascetur ridiculus mus



## **Bench press**

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### **Bench press**

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Sorry... No plan yet. Please contact the trainer.

## Hello Mark!



#### Choose the trainer

4

Fill out/modify preferences

Chat with trainer

See your plan

## Please fill in all data about your condition

Describe your condition

Please attach any medical documents that will help us verify the information.

Drop the files here

Describe your preferences regarding excercises

Send to trainer

# **AdaptiveFit** This week Rate the plan $\leftarrow$ Back Monday **Workout 1** Workout 2 **Workout 3** Tuesday **Workout 1** Workout 2 **Workout 3** Wednesday **Workout 1** Workout 2 **Workout 3**





## Rate the plan

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua.

Experience with the trainer



The plan rating



Experience with application



Your feedback

Accept and Rate the plan

Ask for corrections



Enter your e-mail

Enter your e-mail

Enter your password



Register

Already have an account? **Login** 

## Ready, steady, go!

We're getting closer to the start of your journey. Please select the profile.



I'm a trainee



I'm a trainer



## Please fill in verification data

Lorem ipsum
Lorem ispum ▼
Lorem ispum
Lorem ispum
Lorem ispum +
Drop the files here
Please input documents that will help us verify the information.
Agree to
Agree to

Send to verify

Verification failed

Try again

Verification confirmed

Continue







## Workout



Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce pulvinar lacus eu nunc finibus semper. Praesent molestie commodo sodales. Phasellus hendrerit velit quam, nec tempor ligula varius nec.

See alternatives

4



## Fill in information

Please provide information regarding your conditions

,				
Lorem ispum				
Lorem ispum ▼				
Lorem ispum ▼				
Lorem ispum +				
Lorem ispum +				
Please input documents that will inform us about your condition.				
Drop the files here				
I agree to				

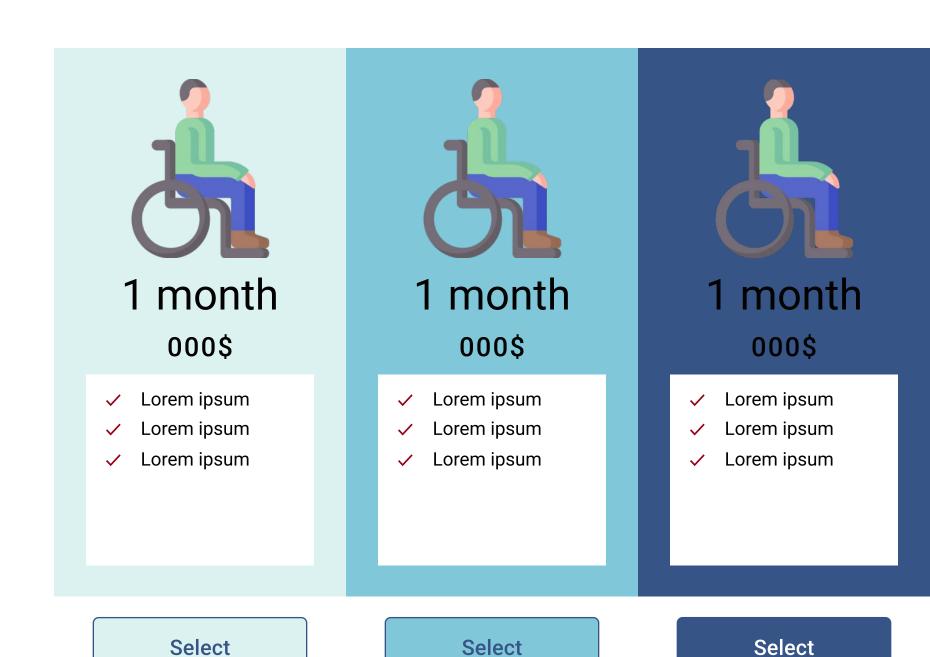
Send information



## Select payment plan

Please select the plan that fits you.

Our Terms and services +



Title			
Title			
Title			

## Hello John!



#### Choose the client

4

Chat with client

See client profile

Make plan

Home

Profile

Settings

Log out





## **Profile**

 $\leftarrow$  Back

Account information

Feedback

## **Profile**



## Account information

Feedback

## Your overall score



See feedback

## **Feedback**





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## Connect me with a new client

Remember that the connection isn't immediate.

**Connect** 



#### Mark

Lorem Lorem

dolor sit amet

consectetur adipiscing elit. Fusce pulvinar lacus eu nunc finibus semper.

Praesent molestie commodo sodales.

Phasellus hendrerit velit quam, nec tempor

Nam turpis felis...

Send

## Client's Profile



#### Mark #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce pulvinar lacus eu nunc finibus semper. Praesent molestie commodo sodales. Phasellus hendrerit velit quam, nec tempor ligula varius nec.

Fusce sed suscipit magna. Nulla vulputate, risus sit amet viverra posuere, sem massa pharetra leo, eu pellentesque magna leo eu risus.

#### Documents

Medical Document 1

Medical Document 2

Medical Document 3

Confirm documents



#### Choose workout





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Additional information

Add alternatives

4

## Week 2

## $\leftarrow$ Back

## Monday



Workout 1



Workout 2

## Add workout

## Tuesday



Workout 1



Workout 2



**Workout 3** 

## Wednesday



Workout 1



Workout 2



**Workout 3** 

## ← Back

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Profile





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