# iLife - Emergency Health Monitoring System Pilot Study

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# Goal of the project:

- Integration of multiple wearable devices using a generic application so that all data are made accessible from a single application.
- Simple and user friendly interface.
- Detection of any emergency situations based on analysis of data collected.

# Type of data to be gathered:

- Personal Information such as name, age, weight, gender and frequency of exercising is collected to create the users' profile.
- Heart rate, calorie count, distance covered, steps travelled is collected or fetched from each device that user wants to add on to the application.
- Age, Heart rate fluctuation data will be used to detect anomaly and trigger the emergency alert if needed.

## **Participants:**

- Anyone who uses wearable devices to monitor their day to day activities.
- Doctors and medical practitioners who use such data for analyzing various patients exercising history and the overall wellbeing.
- People who need a generic application for all the devices they own.

### Volunteers:

- Students on campus who own a wearable device.
- Any willing participant who wants to try out the application.

## Consent of use:

- The volunteers and the participants will be required to sign a consent form agreeing that the personal data that have been gathered will not be misused and the data will be used for research alone.
- The participants are required to join voluntarily without any qualms.
- The participants must provide accurate information and describe any physical conditions or complications, that will make them ineligible to participate in anyway.
- Data required for the project will only be collected, data such as financial or any sensitive information will not be collected from the participants.
- Participants with disabilities will be helped by volunteers to take part in the experiment.

## Data gathering questionnaire:

- Do you wear any wearable devices and have you used more than one device?
- How hard is for you to configure a new device whenever you make a switch?
- Does your device have any emergency contact option when you find yourself in difficult circumstance?
- Does your current application give you a way to consider your historical data and how hard is it for you to make sense of it?

# Data gathering techniques used:

- Personal interview
- Online form

### Analysis of data and feedback:

We have two data sets – One acquired directly from the participant (through interviews and questionnaire) and the other from the experiment. We will be collecting 3 readings from each person:

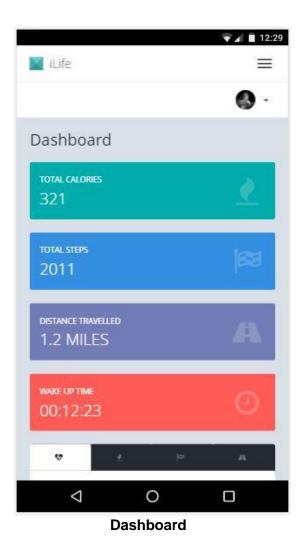
Resting heart rate,

- Average heart rate,
- Highest heart rate.

This would help us to accurately detect emergency situations and take counter actions. Besides this, we will be working on deriving the following:

- Pie chart of what percent of people use wearable
- Pie chart or some kind of visualizing graph illustrating the responses to the questions asked.

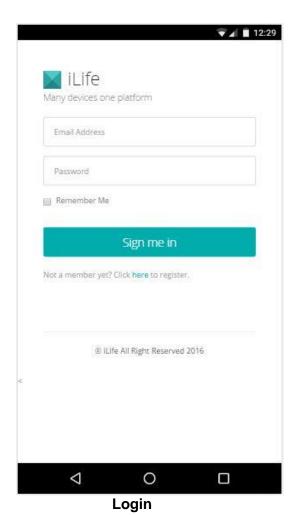
# User Interface in mobile app:

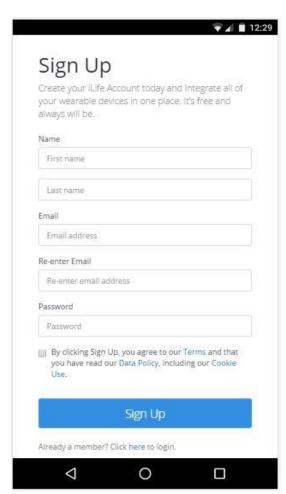


iLife = 12:29

WAKE UP TIME 00:12:23

Dashboard 2



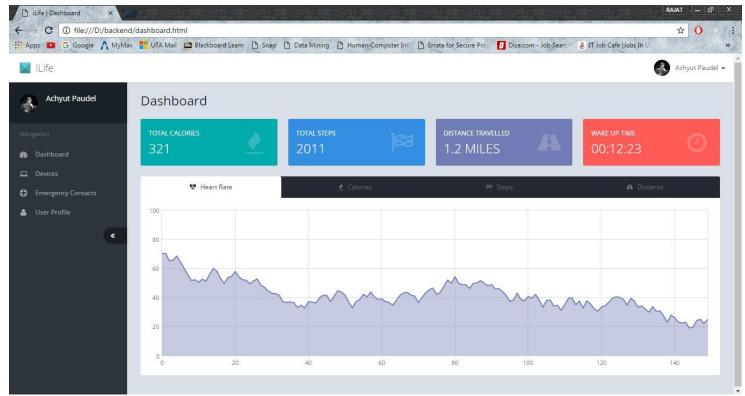


Register user

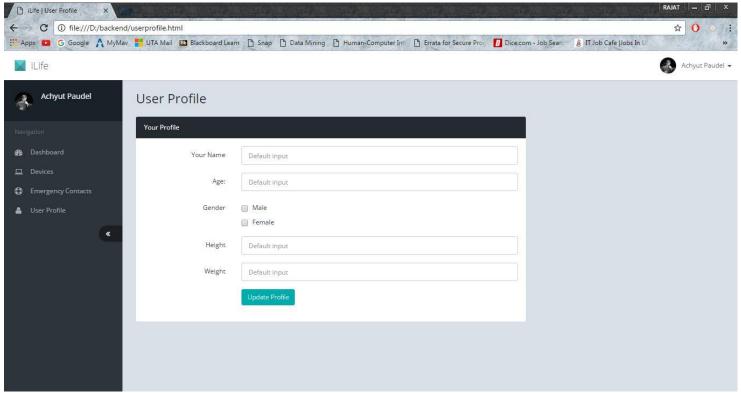


**Add Wearable Device** 

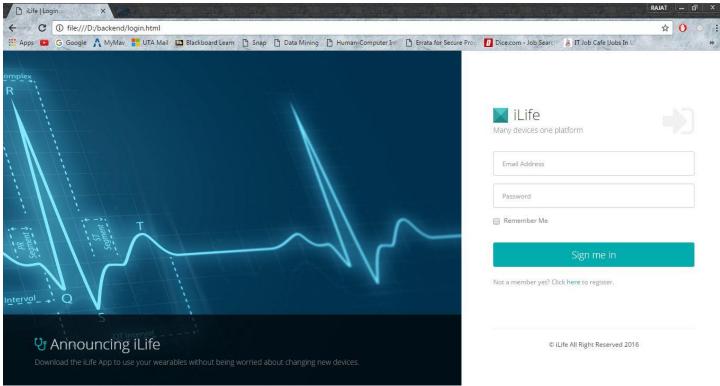
### **User Interface for Website:**



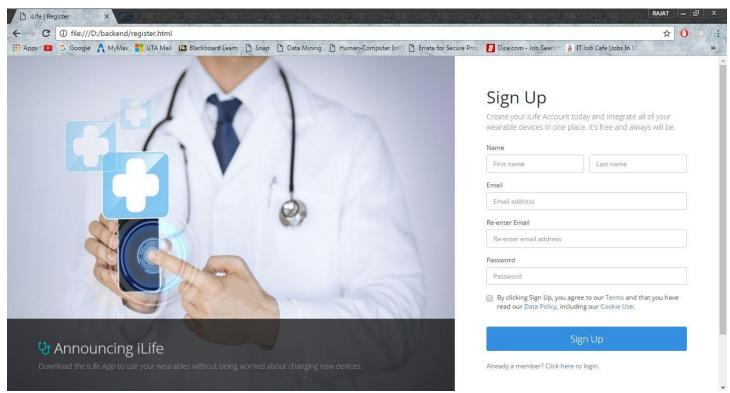
**Dashboard** 



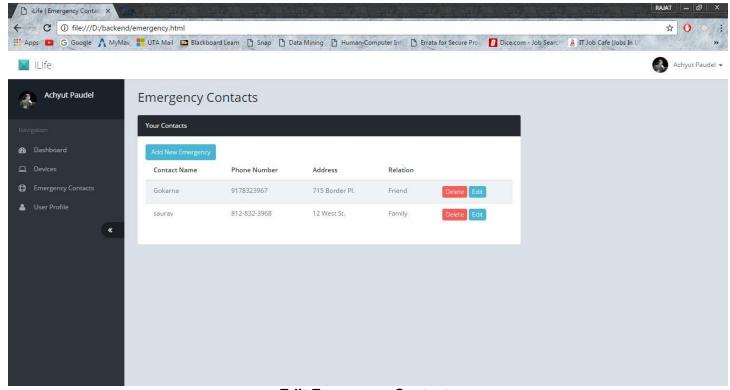
**Profile Page** 



Login Page



Register User



**Edit Emergency Contacts**