Monica Anup Mahesha BPTh, Mumbai(MUHS) Reg No. 2020/11/PT/008802

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## **Objective:**

To seek a physical therapist position in a well-established organization and gain the experience to hone my physiotherapy and hands-on skills, also to work for the satisfaction and relief of the Patients

902, New Era, A wing, Yogidham Phase 4,

Kalyan - 421031

Thane, Maharashtra

#### Academics:

Qualifications	Institute	University	Year	Percentage
BPTh	K.J. Somaiya College of Physiotherapy, Mumbai	Maharashtra University of Health Sciences (MUHS)	2015-2020	73.5%
H.S.C	Smt. Chandibai Himathmal Mansukhani College, Ulhasnagar	Maharashtra State Board	2014	73.69%
S.S.C	Jhulelal Trust School, Ulhasnagar	Maharashtra State Board	2012	91.27%

# **Work Experience:**

- Home-visit for patients with Musculoskeletal and Neurological Conditions.
- 6 Months of Internship at K.J. Somaiya College of Physiotherapy.
- Experience with Tele-Rehabilitation(Online).
- Community and Cardiorespiratory cases via Tele-rehabilitation.
- Attended patients with Cardiorespiratory conditions, Musculoskeletal conditions, Neurological conditions, post operative cases, Cardiac Rehabilitation, post natal cases in both inpatient and outpatient settings.
- Conducted Geriatric group class at Manavseva charitable Trust.
- Conducted Fitness class at K.J. Somaiya Hospital.
- Experience with Documentation of Patient details and evaluation in Medical charts in both hospital and clinical settings.

### Achievements:

- Distinction in Cardiorespiratory Physiotherapy in Final year.
- Certification for Basic Kinesiology Taping Course, 2019.
- Distinction in Anatomy in First year.

### Research:

• Proportion of physiotherapy students having dry eye disease during the covid19 pandemic: A survey based research was conducted on physiotherapy students to see if there are symptoms of dry eye disease on students and also to know the impact of visual display devices on eye during the covid-19 times.

## Skills:

- Good Communication.
- Interactive with patients.
- Easily adaptable.

## Languages known:

English, Hindi, Sindhi, Marathi.