on the ocean, main rivers and major lakes in dugout canoes characterized the Archaic period between 10,000 and 3,000 years ago. Native American settlements concentrated at the inlets and outlets of major and medium-sized lakes, along the main river valleys, and in coastal sites. The development of the birchbark canoe sometime between 4,000 and 3,500 years ago opened up the Maine interior away from major lakes and rivers. Canoes enabled an increasingly dispersed settlement pattern around lakes and smaller streams during the late Archaic and Ceramic periods.

Native Americans in