

## *List of Necessary Things for Students Coming to US from Bangladesh*

This list was compiled by me in December 2012 while I was preparing to go to Arizona for my PhD. So it will mostly help the students who are coming to the Southern parts of US (where the minimum temperature is higher) - Arizona, New Mexico, Texas, Louisiana, may be California, Nevada, Mississippi etc. Probably, students going to other states can use this as well only with a few modifications.

### **Notes:**

- After coming here, I updated the list and made a few changes according to my experience. I will try to make an update later if necessary.
- In the list there are two columns for prices to keep a track of the total cost incurred. I myself couldn't keep the track though ☺
- I tried to mention the minimum/optimum quantity according to my judgment. Consider issues like total weight, necessity and other things for packing your own luggage and then decide how many you need or **if you need it at all.**
- You can carry two 23 kg luggages, one hand-carry and 1 backpack for laptop (but nobody ever checks for laptop). Check dimensions for each luggage. For hand-carry and backpack, they don't measure the weight; only the size should be exact. So make the best use of all 4 luggages.
- Most of the things mentioned are available (and costly) in US. So you may opt to buy them here instead of bringing a lot of luggage.

### **Advice:**

- Check the weather of the whole year of your intended state.
- Always try to talk or communicate with students living in that state for their specific suggestions
- Don't buy from the first shop/store- Check Market prices first, don't rush
- Start your marketing as early as possible
- Don't buy things of poor quality specially for shoes, backpacks, dress (I am not suggesting to go for the most extravagant either)
- **Check your varsity's website to find any recommended vaccination. Take those vaccines earlier- there is a minimum gap and some have 2 doses.**

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Check	Item type	Item	Decision	Quantity	Unit Price	Total Price	Comment
	Winter dress	Medium Heavy Jacket	Don't buy	1			Optimum for AZ and southern states, check with your friends or acquaintances of your intended state
		গলা ঢাকা গেঞ্জি	yes	1/2			
		সোয়েটার/ Jacket (with hood)	yes	1/2			
		Winter Trouser	yes	1/2			
		Hand gloves (Leather and Wool)	yes	1+1 pair			
		Woolen Cap	yes	1			
		Thermal Inner (optional)	?	1			May buy it for visiting other states
	Dress	Three Quarter/ Trousers	yes	5			
		Sports Trousers	yes	2/3			
		Underwear	yes	12			
		Jeans Pant/ Gabardine pant	yes	5			
		T-Shirt	Yes	12			
		স্যাভো গেঞ্জি	Yes	5			
		Formal Shirt	Yes	3			
		Formal Pant	Yes	2			
		Half Sleeve Shirts	yes	2			
		Belt	yes	3			
		Half Shirt	yes	3			
		Complete suit/ Pant	yes	1			
		Ties	yes	2			
		Big Towel	Yes	1			
		Small Towel/Gamchha	yes	2			
		Sun Cap	yes	2			
		Muffler	yes	1			
		Handkerchief	yes	3/4			

		পাঞ্জাবি	yes	3/4			For occasions mainly
	Miscellaneous	জাতীয় পতাকা	yes	1 big			
		Backpack	must	1			Must be good quality
		Nail Cutter	Yes	1			
		Umbrella (may bring for sun in AZ)	yes	1/2		Costly in US/Check weather of yours state	
		Small Scissors	yes	1			
		সুই সুতা (more than one color)	must	3			
		Battery AA & AAA (preferably rechargeable and bring charger)	must	4+4 pair			very costly in US
		Wallet- Key bag with lots of pockets (Check the market for the best ones)	must	2		To keep cards, keys and money//I found them in some ground floor shops near Multiplan Centre	
		Comb	yes	1/2			
		Photo Frame	optional	2			may buy them in US, not costly
		Cotton bud	yes				
		Laptop Cleaning brush	yes	1			
		Badminton Racket	User dependent				Very costly here
		Table Tennis paddle and balls					„
		Foot cleaning mats	optional	1/2			may buy them here, not very costly
		wrench, screw driver, pliers (seperate pieces are costly here in US)	optional				large set of tools only 20\$ in US (may bring 1 or 2 piece for starting)
	Bathroom	Tooth Brush	yes	2/3			Available here
		বদনা (Available in AZ)	?	1		costly & not available in every state but some alternatives avail.//will take a lot of space in lug.	
		Toothpaste	yes	1			For first 5/10 days, cheaper in US
		Soap	Yes	1			„
		Shaving Kit, Foam	optional	1			Cheaper in US
		Deodrant, Scent	optional	1			„

Check	Item type	Item	Decision	Quantity	Unit Price	Total Price	Market/Comment
	Footwear	Socks – Short and Long (White + Black)	Yes	8 pair Blk 2 pair Wht			
		Formal Shoes	Yes	1 pair			Must be good quality, costly in US
		Leather Sandal	Yes	2 pair			”
		Sports Keds	Yes	2 pair			”
		চপ্পল	yes	2 pair			
		Shoe Shiner/ Shoe polish	Yes	1			
		Shoe Polishing Brush	Yes	1			
	Bedroom	Bed cover/Bed Sheet	yes	3			
		Pillow cover	yes	3			
		Pillow	optional	1			If you prefer your own pillow ☺
		পাতলা কাঁথা	yes	1			
		Blanket/ Comforter	optional				consider weight/space issue
	Kitchen	Nonstick frying pan / কড়াই	optional	1		Costly but good quality here, tough to carry from BD (couples may try :P )// কড়াইয়ের বিকল্প non-stick frying pan (বড় তাওয়া) কিনতে হবে এখানে	
		Pressure cooker		1			
		Sauce Pan, <del>Rice Cooker</del>		1			
		Melamine Plate		2			These are available here at somewhat more expensive price than in Bangladesh. Not heavy so if not struggling with weight may try to pack. I brought them.
		Mug with tight lead	yes	2			
		Spoon	yes	3			
		Fork	yes	3			
		Peeler (very necessary)	yes	1/2			
		Dish	yes	1			
		বাটি	yes	1			
		কাঠের/non-stick নাড়ানী	yes	2/3			
		বড় চামচ- various sizes	yes	2			
		খুন্টি	yes	1			
		ডালের ঘুঁটনি	must	1			Very costly here

		ছাঁকনি	yes	2			
		Tiffin box (oven, dishwasher proof & glass/plastic made with tight lids)	optional	1			Glass is heavy- so u can buy it here
		Knife (Big and very good quality) (must keep in the main luggage)	must	1/2			Buy a very good quality from Dubai Market -don't carry in hand luggage
		গরম জিনিস ধরার কাপড়	yes	3/4			Bring it- necessary from 1 <sup>st</sup> day
		Can-opener	never				bad quality in BD, cheaper here
	Food	হলুদ গুড়া, মরিচ গুড়া, ধনে, জিরা	yes				Available here but costly, I brought some for first few months
		রাঁধুনী গুড়া মসলা	yes				
		চিড়া, মুড়ি, চানাচুর	optional				If you prefer not to miss them in US
		আচার	optional				
		Tea	optional	?			User dependent
		Cooking manual	optional	1		If u want to invite people & cook foods for which youtube videos are not available	

Check	Item type	Item	Decision	Quantity	Unit Price	Total Price	Market/Comment
	Academic	Calculator MS 991	must	1/2			
		<del>Clock</del>		±			Cheaper here in US
		লেখার খাতা	optional				Not available in US, if you don't bring them you will have to staple blank white pages
		Pens (যাদের লেখার কলমটা মোটামুটি ভাল দরকার)	must	10/12	Quality pens are expensive in US. You will get lots of free medium qual. pens in seminars/ যাদের specific কলম দিয়ে লেখার অভ্যাস, তাদের বেশি আনা ভালো, এখানে পাবে না		
		Pencil (2B, HB)	yes	2 each			people prefer pencils to pens here
		Kangaroo stapler	yes	1			
		Stapler pin packet	yes	2			
		Gems Clip packet	yes	1			
		Pencil box	yes	1			
		Lead pencil	yes	1			

		Eraser	yes	3			
		Sharpener	yes	3			
		Anti Cutter	yes	1			
		Scale small (Steel & plastic both)	yes	1			
		Scale (Plastic, transparent, Large)	yes	1			
		Punch Machine	yes	1		Here punch machines are different (3 holes, not 2) but if you bring them from BD, you can punch and store your own papers easily at home	
		Punched paper storage files (I suggest them)	yes	5/6			
		Files/ Clear Bags	yes	4/5			For keeping and storing documents
		Super Glue	yes				
		Fevi-stik	yes				
		Cello Tape, Normal Tape	Yes				
		Books (Text, novels and others)	yes			Check the website, find which books you will need in next 2 years (lot of weight, if comfortable with PDF then it is optional)	
	Medicine	Napa, Napa Extra	yes			Though varsities carry cost of med. insurance (for TAs and RAs), still in some varsities (like ASU ☺), there is a minimum cost for taking help from Health Centre for every time you go there and u have to bear total cost of medicine in some places (like me ☺); so go there wisely and before going, note down all your problems precisely.	
		Oral Saline	yes				
		Antacid Plus	yes				
		Vergon (for headache)	yes				
		Pain Killers	yes				
		Bring your common medicines not listed here (inhaler etc)					
		চশমা	must	5 pair minimum		Consult the doctor in BD for eyes and teeth just before journey even if you have had no problems	
		Dettol, Band Aides, Burnol	must			For first few days only. good qual. available in US	
	Technical	USB pen drive- 16 GB	yes	1			
		USB multi-port hub	must	1/2			good quality hub from IDB
		Mouse	must	2			Very costly here

		Extra Key-board for laptop	yes	2			
		Laptop	?	Good qual. & cheap in US, u can order just after coming if u have contacts; here, for emergency use library desktops//bring from BD if bought recently or want to bring the old one for first few days, remember to bring converter			
		Small Sound-Box (for movie lovers)	optional	1			Logitech sells small ones for laptop
		Head Phone	must	2			Very costly here
		Portable Hard Disk	must	1/2			
		Pirated Softwares	must				
		Battery Charger (good quality)	must	1/2			
		Blank CD/DVD box	yes				
		Asian to US converter plugs (Buy very good quality ones)	must	2/3		Without them, you cannot use your Bangladeshi electronics here, (available in Nilkhet- I heard)	

### **Documents to Pack (Specific user may need to add more depending on purpose)**

**\*\*\* Leave a hard copy/photocopy of all of the documents in each pack of luggage you are carrying**

Passport

Admission Letter

I-20 & VISA with photocopies

Assistantship Offer Letter (if you have it)

Transcripts

Recommendation Letters

GRE / TOEFL Score Sheets

Medical Fitness Certificate

Health History (if you have it)

Job Experience and leaving Certificate (if you have it)

Vaccination Certificate MMR, Meningococcal and others- check your varsity's website thoroughly

Medical Prescription of all medicines must

International Driving License (I.D.P.) Optional

**Enough Money** Cash and with some small changes for phone calls and other initial stuff