



# Gabrielle G. Rank Advancement Report



12.1% Complete

This scout still needs to complete the following items to earn their rank by the end of the scouting year:

## ***Bobcat (Webelos)***

2. Recite the Scout Oath and the Scout Law with your den and den leader. Describe the three points of the Scout Oath
3. Learn about the Scout Law.
4. With your den create a den Code of Conduct.
5. Learn about the denner position and responsibilities.
6. Demonstrate the Cub Scout sign, Cub Scout salute and Cub Scout handshake. Show how each is used.
7. At home, with your parent or legal guardian do the activities in the booklet 'How to Protect Your Children from Child Abuse: A Parent's Guide.'

## ***Stronger, Faster, Higher***

1. With your den or family, plan, cook, and eat a balanced meal.
2. Be active for 30 minutes with your den or at least one other person in a way that includes both stretching and moving.
3. Be active for 15 minutes doing personal exercises that boost your heart rate, use your muscles, and work on flexibility.
4. Do a relaxing activity for 10 minutes
5. Review your Scouting America Annual Health and Medical Record with your parent or legal guardian. Discuss your ability to participate in den and pack activities.

## ***My Safety***

1. With permission from your parent or legal guardian, watch the Protect Yourself Rules video for the Webelos rank.
2. Identify items in your house that are hazardous and make sure they are stored properly. Identify on the package where it describes what to do if someone is accidentally exposed to them.
3. Identify ways you and your family keep your home or your meeting space safe.
4. Complete the Be Prepared for Natural Events worksheet. Complete a worksheet for at least two natural events most likely to happen near where you live.

## ***My Family***

1. With your parent or legal guardian, talk about your family's faith traditions. Identify three holidays or celebrations that are part of your family's faith traditions. Make a craft, work of art, or a food item that is part of your family's faith traditions.
2. Carry out an act of kindness.
3. With your parent or legal guardian identify a religion or faith that is different from your own. Identify two things that it has in common with your family's beliefs.
4. Discuss with our parent or legal guardian what it means to be reverent. Tell how you practice being reverent in your daily life.

## ***My Community***

1. Learn about majority and plurality types of voting.
2. Speak with someone who is elected to their position. Discover the type of voting that was used for to elect them and why.
3. Choose a federal law and create a timeline of the history of the law. Include the involvement of the 3 branches of government.
4. Participate in a service project.

## ***Webelos Walkabout***

1. Prepare for a 2-mile walk outside. Gather your Cub Scout Six Essentials and weather appropriate clothing and shoes.
3. Check the weather forecast for the time of your planned 2-mile walk.
4. Review the four points of Scouting America SAFE Checklist and how you will apply them on your 2-mile walk.
5. Demonstrate first aid for each of the following events that could occur on your 2-mile walk: blister, sprained ankle, sunburn, dehydration and heat related illness.
6. With your den, pack, or family, go on your 2-mile walk while practicing the Leave No Trace Principles for Kids and Outdoor Code.
7. After your 2-mile walk, discuss with your den what went well and what you would do differently next time.