Deriving exchange in Elle comonadicly:

```
\frac{\overline{y_0: \mathsf{GB} \vdash_{\mathcal{L}} \mathsf{y_0}: \mathsf{GB}}}{y_0: \mathsf{GB} \vdash_{\mathcal{L}} \mathsf{Fy_0}: \mathsf{FGB}}} \  \, \mathsf{FR} \qquad \frac{\overline{x_0: \mathsf{GA} \vdash_{\mathcal{L}} \mathsf{x_0}: \mathsf{GA}}}{x_0: \mathsf{GA} \vdash_{\mathcal{L}} \mathsf{Fx_0}: \mathsf{FGA}}} \  \, \mathsf{FR} \\ \frac{y_0: \mathsf{GB} \vdash_{\mathcal{L}} \mathsf{Fy_0}: \mathsf{FGB}}{y_0: \mathsf{GB} \vdash_{\mathcal{L}} \mathsf{Fy_0} \vdash_{\mathsf{FGA}}} \  \, \mathsf{FR}}{\mathsf{FR}} \\ \frac{y_0: \mathsf{GB} \vdash_{\mathcal{L}} \mathsf{GA} \downarrow_{\mathcal{L}} \mathsf{Fy_0} \vdash_{\mathsf{FA}} \mathsf{FGA}}{\mathsf{FR}} \  \, \mathsf{FGA}} \  \, \mathsf{FR} \\ \frac{\mathsf{TENR}}{\mathsf{IR}} \\ \frac{\mathsf{IR} \mathsf{GA} \downarrow_{\mathcal{L}} \mathsf{GB} \vdash_{\mathcal{L}} \mathsf{GE} \downarrow_{\mathcal{L}} \mathsf{G
```

Deriving right contraction in Elle comonadicly:

```
\frac{\sum_{x_1: GA \vdash_{\mathcal{L}} x_1: GA} x_X}{x_1: GA \vdash_{\mathcal{L}} x_1: FGA} \xrightarrow{Y_0: GB \vdash_{\mathcal{L}} y_0: FGB} F_R \xrightarrow{x_0: GA \vdash_{\mathcal{L}} x_0: GA} \xrightarrow{F_R} \xrightarrow{x_0: GA \vdash_{\mathcal{L}} x_0: FGA} F_R \xrightarrow{x_0: GA \vdash_{\mathcal{L}} x_0: GA \vdash_{\mathcal{L}} x_0: FGA} F_R \xrightarrow{x_0: GA \vdash_{\mathcal{L}} x_0: GA \vdash_{\mathcal{L}} x_0: FGA} F_R \xrightarrow{x_0: GA \vdash_{\mathcal{L}} x_0: GA \vdash_{\mathcal{L}} x_0: FGA} F_R \xrightarrow{x_0: GA \vdash_{\mathcal{L}} x_0: GA \vdash_{\mathcal{L}} x_0: FGA} F_R \xrightarrow{x_0: GA \vdash_{\mathcal{L}} x_0: G
```

Deriving left contraction in Elle comonadicly:

```
\frac{\left[\frac{x_0: \mathsf{GA} \vdash_{\mathsf{C}} x_0: \mathsf{GA}}{x_0: \mathsf{GA} \vdash_{\mathsf{C}} x_0: \mathsf{GA}} \mathsf{FR} \right]}{x_0: \mathsf{GA} \vdash_{\mathsf{C}} \mathsf{FGA}} \mathsf{FR} \qquad \frac{y_0: \mathsf{GB} \vdash_{\mathsf{C}} y_0: \mathsf{GB}}{y_0: \mathsf{GB} \vdash_{\mathsf{C}} \mathsf{Fg}_0: \mathsf{FGB}} \mathsf{FR} \qquad \frac{x_1: \mathsf{GA} \vdash_{\mathsf{C}} x_1: \mathsf{GA}}{x_1: \mathsf{GA} \vdash_{\mathsf{C}} \mathsf{Fx}_1: \mathsf{FGA}} \mathsf{FR} \qquad \frac{x_1: \mathsf{GA} \vdash_{\mathsf{C}} \mathsf{Fx}_1: \mathsf{GA}}{x_1: \mathsf{GA} \vdash_{\mathsf{C}} \mathsf{Fx}_1: \mathsf{FGB}} \mathsf{FR} \qquad \frac{x_1: \mathsf{GA} \vdash_{\mathsf{C}} \mathsf{Fx}_1: \mathsf{GA}}{x_1: \mathsf{GA} \vdash_{\mathsf{C}} \mathsf{Fx}_1: \mathsf{FGA}} \mathsf{FR} \qquad \frac{x_1: \mathsf{GA} \vdash_{\mathsf{C}} \mathsf{Fx}_1: \mathsf{GA}}{x_1: \mathsf{GA} \vdash_{\mathsf{C}} \mathsf{Fx}_1: \mathsf{FGA}} \mathsf{FR} \qquad \frac{\mathsf{FEN}}{\mathsf{FGA}} \qquad \mathsf{FENR} \qquad \mathsf
```

Deriving weakening in Elle comonadicly:

GF is a monad:

• Deriving η :

```
\frac{\overline{x_0: \mathsf{FX} \vdash_{\mathcal{L}} x_0: \mathsf{FX}}}{x_1: \mathsf{GFX} \vdash_{\mathcal{L}} \mathsf{let} x_1: \mathsf{GFX} \mathsf{be} \ \mathsf{G} x_0 \mathsf{in} x_0: \mathsf{FX}} \ \mathsf{GL}}{x_2: \mathsf{FGFX} \vdash_{\mathcal{L}} \mathsf{let} x_2: \mathsf{FGFX} \mathsf{be} \ \mathsf{F} x_1 \mathsf{in} (\mathsf{let} x_1: \mathsf{GFX} \mathsf{be} \ \mathsf{G} x_0 \mathsf{in} x_0): \mathsf{FX}} \ \mathsf{FL}} \frac{\mathsf{FL}}{x_3: \mathsf{GFGFX} \vdash_{\mathcal{L}} \mathsf{let} x_3: \mathsf{GFGFX} \mathsf{be} \ \mathsf{G} x_2 \mathsf{in} (\mathsf{let} x_2: \mathsf{FGFX} \mathsf{be} \ \mathsf{F} x_1 \mathsf{in} (\mathsf{let} x_1: \mathsf{GFX} \mathsf{be} \ \mathsf{G} x_0 \mathsf{in} x_0)): \mathsf{FX}} \ \mathsf{GL}}{x_3: \mathsf{GFGFX} \vdash_{\mathcal{C}} \mathsf{G} (\mathsf{let} x_3: \mathsf{GFGFX} \mathsf{be} \ \mathsf{G} x_2 \mathsf{in} (\mathsf{let} x_2: \mathsf{FGFX} \mathsf{be} \ \mathsf{F} x_1 \mathsf{in} (\mathsf{let} x_1: \mathsf{GFX} \mathsf{be} \ \mathsf{G} x_0 \mathsf{in} x_0))): \mathsf{FX}} \ \mathsf{GR}} \ \mathsf{GR}} \ \mathsf{GR}
\frac{\mathsf{GL}}{\mathsf{CFGFX} \vdash_{\mathcal{C}} \mathsf{G} (\mathsf{let} x_3: \mathsf{GFGFX} \mathsf{be} \ \mathsf{G} x_2 \mathsf{in} (\mathsf{let} x_2: \mathsf{FGFX} \mathsf{be} \ \mathsf{F} x_1 \mathsf{in} (\mathsf{let} x_1: \mathsf{GFX} \mathsf{be} \ \mathsf{G} x_0 \mathsf{in} x_0))): \mathsf{GFX}} \ \mathsf{GR}} \ \mathsf{GR}}{\mathsf{CR}}} \ \mathsf{GR}
```

• Deriving μ :

$$\frac{\frac{x:X \vdash_{C} x:X}{AX}}{\frac{x:X \vdash_{L} Fx:FX}{Fx:FX}} \underset{GR}{F_{R}} \frac{1}{x:X \vdash_{C} GFx:GFX} \xrightarrow{GR} \underset{\vdash_{C} \lambda x:X.GFx:(X) \rightarrow (GFX)}{GFX}$$

The monad GF is strong:

• Deriving the tensorial strength τ :

```
\frac{\frac{x_0:X \vdash_{C} x_0:X}{x_0:Y \vdash_{C} x_0 \otimes y_0:X \otimes Y}}{\frac{x_0:X,y_0:Y \vdash_{C} x_0 \otimes y_0:X \otimes Y}{x_0:X,y_0:Y \vdash_{C} x_0 \otimes y_0:X \otimes Y}}{\frac{x_0:X,y_0:Y \vdash_{C} x_0 \otimes y_0:X \otimes Y}{x_0:X,y_0:Y \vdash_{C} x_0 \otimes y_0:X \otimes Y}} \xrightarrow{\text{Fr.}} F_{\text{R}} \\ \frac{x_0:X,y_0:Y \vdash_{C} f(x_0 \otimes y_0):F(X \otimes Y)}{\frac{x_0:X,y_0:Y \vdash_{C} f(x_0 \otimes y_0):F(X \otimes Y)}{x_0:X,y_0:Y \vdash_{C} f(x_0 \otimes y_0):F(X \otimes Y)}} \xrightarrow{\text{Fr.}} G_{\text{L}} \\ \frac{y_2:GFY,x_0:X \vdash_{C} G(\text{let} y_2:GFY \text{be } Gy_1 \text{ in } (\text{let} y_1:FY \text{be } Fy_0 \text{ in } F(x_0 \otimes y_0)):F(X \otimes Y)}{y_2:GFY,x_0:X \vdash_{C} G(\text{let} y_2:GFY \text{be } Gy_1 \text{ in } (\text{let} y_1:FY \text{be } Fy_0 \text{ in } F(x_0 \otimes y_0))):GF(X \otimes Y)} \xrightarrow{\text{Gr.}} G_{\text{R}} \\ \frac{x_1:X,y_3:GFY \vdash_{C} \exp x_3,x_1 \text{ with } y_2,x_0 \text{ in } (G(\text{let} y_2:GFY \text{be } Gy_1 \text{ in } (\text{let} y_1:FY \text{be } Fy_0 \text{ in } F(x_0 \otimes y_0)))):GF(X \otimes Y)} \xrightarrow{\text{BETA}} \\ \frac{z:X \otimes GFY \vdash_{C} \det z:X \otimes GFY \text{be} x_1 \otimes y_3 \text{ in } (\exp x_3,x_1 \text{ with } y_2,x_0 \text{ in } G(\text{let} y_2:GFY \text{be } Gy_1 \text{ in } (\text{let} y_1:FY \text{be } Fy_0 \text{ in } F(x_0 \otimes y_0)))):GF(X \otimes Y)} \xrightarrow{\text{TenL}} \\ \frac{z:X \otimes GFY \vdash_{C} \det z:X \otimes GFY \text{be} x_1 \otimes y_3 \text{ in } (\exp x_3,x_1 \text{ with } y_2,x_0 \text{ in } G(\text{let} y_2:GFY \text{be } Gy_1 \text{ in } (\text{let} y_1:FY \text{be} Fy_0 \text{ in } F(x_0 \otimes y_0)))):GF(X \otimes Y)} \xrightarrow{\text{TenL}} \\ \frac{x \mapsto_{C} \lambda z:X \otimes GFY \text{be} x_1 \otimes y_3 \text{ in } (\exp x_3,x_1 \text{ with } y_2,x_0 \text{ in } G(\text{let} y_2:GFY \text{be } Gy_1 \text{ in } (\text{let} y_1:FY \text{be} Fy_0 \text{ in } F(x_0 \otimes y_0)))):GF(X \otimes Y)} \xrightarrow{\text{TenL}} \\ \frac{x \mapsto_{C} \lambda z:X \otimes GFY \text{be} x_1 \otimes y_3 \text{ in } (\exp x_3,x_1 \text{ with } y_2,x_0 \text{ in } G(\text{let} y_2:GFY \text{be} Gy_1 \text{ in } (\text{let} y_1:FY \text{be} Fy_0 \text{ in } F(x_0 \otimes y_0)))):(X \otimes GFY) \to GF(X \otimes Y)} \xrightarrow{\text{TenL}}
```

A Full Ott Spec

```
vars, n, a, x, y, z, w, m, o
ivar, i, k, j, l
const, b
A, B, C
                             UnitS
                             A \triangleright B
                             A \rightharpoonup B
                             A \leftarrow B
                             \mathsf{F} X
X, Y, Z
                             UnitT
                             X \otimes Y
                             X \multimap Y
                              GA
T
                    ::=
                             \boldsymbol{A}
                             X
                    ::=
p
```

```
trivT
                               trivS
                               p \otimes p'
                               p \triangleright p'
                               \mathsf{F}p
                               \mathsf{G} p
S
                    ::=
                               \boldsymbol{x}
                               b
                               trivS
                               \mathsf{let}\, s_1 : T\,\mathsf{be}\, p\,\mathsf{in}\, s_2
                               let t: T be p in s
                               s_1 \triangleright s_2
                               \lambda_l x : A.s
                               \lambda_r x : A.s
                               app_l s_1 s_2
                               app_r s_1 s_2
                               \operatorname{ex} s_1, s_2 \operatorname{with} x_1, x_2 \operatorname{in} s_3
                               contrR x as s_1, s_2 in s_3
                               contrL x as s_1, s_2 in s_3
                               weak x in s
                                                                             S
                               (s)
                               \mathsf{F} t
t
                    ::=
                               \boldsymbol{x}
                               b
                               trivT
                               let t_1: X be p in t_2
                               t_1 \otimes t_2
                               \lambda x : X.t
                               app t_1 t_2
                               \operatorname{ex} t_1, t_2 \operatorname{with} x_1, x_2 \operatorname{in} t_3
                               contrR x as t_1, t_2 in t_3
                               contrR x as t_1, t_2 in t_3
                               weak x in t
                                                                             S
                               (t)
                               Gs
```

Φ, Ψ

::=

$$\begin{array}{c|cccc} & & \cdot & & \\ & & \Phi_1, \Phi_2 & \\ & & x:X & \\ & & (\Phi) & & S \\ \\ \Gamma, \Delta & & ::= & \\ & & \cdot & \\ & & \cdot & \\ & & x:A & \\ & & \Phi & \\ & & & \Gamma_1, \Gamma_2 & \\ & & & & (\Gamma) & & S \\ \end{array}$$

 $\Phi \vdash_{\mathcal{C}} t : X$

$$\frac{x:X \vdash_{C} x:X}{\Phi, \Psi \vdash_{C} t:X} \qquad \text{T_UNITL}$$

$$\frac{\Phi, \Psi \vdash_{C} t:X}{\Phi, x: \text{UnitT}, \Psi \vdash_{C} \text{let} x: \text{UnitT be trivT in } t:X} \qquad \text{T_UNITL}$$

$$\frac{\Phi, x:X, y:Y, \Psi \vdash_{C} t:Z}{\Phi, z:Y, w:X, \Psi \vdash_{C} \text{ex } w, z \text{ with } x, y \text{ in } t:Z} \qquad \text{T_BETA}$$

$$\frac{\Phi_{1}, x:X, \Phi_{2}, y:X, \Phi_{3} \vdash_{C} t:Y}{\Phi_{1}, \Phi_{2}, z:X, \Phi_{3} \vdash_{C} \text{contrR } z \text{ as } x, y \text{ in } t:Y} \qquad \text{T_CONTRR}$$

$$\frac{\Phi_{1}, x:X, \Phi_{2}, \phi_{3} \vdash_{C} \text{contrR } z \text{ as } x, y \text{ in } t:Y}{\Phi_{1}, z:X, \Phi_{2}, \Phi_{3} \vdash_{C} \text{contrR } z \text{ as } x, y \text{ in } t:Y} \qquad \text{T_CONTRL}$$

$$\frac{\Phi, \Psi \vdash_{C} t:Y \quad x \notin |\Phi, \Psi|}{\Phi, x:X, \Psi \vdash_{C} t:Y \quad x \notin |\Phi, \Psi|} \qquad \text{T_WEAK}$$

$$\frac{\Phi \vdash_{C} t_{1}:X \quad \Psi_{1}, x:X, \Psi_{2} \vdash_{C} t_{2}:Y}{\Psi_{1}, \Phi, \Psi_{2} \vdash_{C} [t_{1}/x]t_{2}:Y} \qquad \text{T_CUT}$$

$$\frac{\Phi \vdash_{C} t_{1}:X \quad \Psi \vdash_{C} t:Z}{\Phi, z:X \otimes Y, \Psi \vdash_{C} \text{ let } z:X \otimes Y \text{ be } x \otimes y \text{ in } t:Z} \qquad \text{T_TENL}$$

$$\frac{\Phi \vdash_{C} t_{1}:X \quad \Psi \vdash_{C} t_{2}:Y}{\Phi, \Psi \vdash_{C} t_{1} \otimes t_{2}:X \otimes Y} \qquad \text{T_TENR}$$

$$\frac{\Phi \vdash_{C} t_{1}:X \quad \Psi \vdash_{C} t_{2}:Y}{\Phi, \Psi \vdash_{C} t_{1} \otimes t_{2}:X \otimes Y} \qquad \text{T_TENR}$$

$$\frac{\Phi \vdash_{C} t_{1}:X \quad \Psi_{1}, x:Y, \Psi_{2} \vdash_{C} t_{2}:Z}{\Psi_{1}, \Phi, y:X \multimap_{Y}, \Psi_{2} \vdash_{C} [\text{app } y t_{1}/x]t_{2}:Z} \qquad \text{T_IMPL}$$

$$\frac{\Phi \vdash_{C} t_{1}:X \quad \Psi \vdash_{C} t:Y}{\Phi, \Psi \vdash_{C} \lambda x:X.t:X \multimap_{Y}} \qquad \text{T_IMPR}$$

$$\frac{\Phi \vdash_{L} s:A}{\Phi, \Psi \vdash_{C} Gs:GA} \qquad \text{T_GR}$$

 $\Gamma \vdash_{\mathcal{L}} s : A$

$$\overline{x:A \vdash_{\mathcal{L}} x:A}$$
 S_AX

```
\Gamma, \Delta \vdash_{\mathcal{L}} s : A
                                                                                                                             S_UNITL1
\overline{\Gamma, x : \mathsf{UnitT}, \Delta \vdash_{\mathcal{L}} \mathsf{let} \, x : \mathsf{UnitT} \, \mathsf{be} \, \mathsf{trivT} \, \mathsf{in} \, s : A}
                                          \Gamma, \Delta \vdash_{\mathcal{L}} s : A
                                                                                                                             S_{\text{-}UNIT}L2
\Gamma, x : \mathsf{UnitS}, \Delta \vdash_{\mathcal{L}} \mathsf{let} \, x : \mathsf{UnitS} \, \mathsf{be} \, \mathsf{trivS} \, \mathsf{in} \, s : A
                                                                                         S\_{\text{UNIT}}R
                                      \overline{\cdot \vdash_{\mathcal{L}} \mathsf{trivS} : \mathsf{UnitS}}
                              \Gamma, x: X, y: Y, \Delta \vdash_{\mathcal{L}} s: A
                                                                                                                            S\_BETA
       \Gamma, z: Y, w: X, \Delta \vdash_{\mathcal{L}} \mathsf{ex}\, w, z \, \mathsf{with}\, x, y \, \mathsf{in}\, s: A
                   \Gamma_1, x: X, \Gamma_2, y: X, \Gamma_3 \vdash_{\mathcal{L}} s: A
                                                                                                                       S\_contrR
    \Gamma_1, \Gamma_2, y : X, \Gamma_3 \vdash_{\mathcal{L}} \operatorname{contr} \mathsf{R} z \operatorname{as} x, y \operatorname{in} s : A
                   \Gamma_1, x: X, \Gamma_2, y: X, \Gamma_3 \vdash_{\mathcal{L}} s: A
                                                                                                                       S_contrL
    \overline{\Gamma_1, y: X, \Gamma_2, \Gamma_3} \vdash_{\mathcal{L}} \operatorname{contr} Rz \operatorname{as} x, y \operatorname{in} s: A
                             \Gamma, \Delta \vdash_{\mathcal{L}} s : A \quad x \notin |\Gamma, \Delta|
                                                                                                        S\_weak
                       \overline{\Gamma, x: X, \Delta \vdash_{\mathcal{L}} \mathsf{weak} \, x \mathsf{in} \, s: B}
                   \Phi \vdash_{C} t : X \quad \Gamma_{1}, x : X, \Gamma_{2} \vdash_{\mathcal{L}} s : A
                                                                                                                   S_cut1
                                 \Gamma_1, \Phi, \Gamma_1 \vdash_{\mathcal{L}} [t/x]s : A
                     \Gamma \vdash_{\mathcal{L}} s_1 : A \quad \Delta, x : A \vdash_{\mathcal{L}} s_2 : B
                                                                                                                S_cut2
                                    \Delta, \Gamma \vdash_{\mathcal{L}} [s_1/x]s_2 : B
                     \Gamma \vdash_{\mathcal{L}} s_1 : A \quad x : A, \Delta \vdash_{\mathcal{L}} s_2 : B
                                                                                                                S_cut3
                                    \Delta, \Gamma \vdash_{\mathcal{L}} [s_1/x]s_2 : B
                           \Gamma, x: X, y: Y, \Delta \vdash_{\mathcal{L}} s: A
                                                                                                                              S_{\text{-}TEN}L1
\overline{\Gamma, z: X \otimes Y, \Delta \vdash_{\mathcal{L}} \mathsf{let} z: X \otimes Y \mathsf{be} \, x \otimes y \mathsf{in} \, s: A}
                            \Gamma, x : A, y : B, \Delta \vdash_{\mathcal{L}} s : C
                                                                                                                           S\_{\text{TEN}}L2
   \Gamma, z: A \triangleright B, \Delta \vdash_{\mathcal{L}} \text{let } z: A \triangleright B \text{ be } x \triangleright y \text{ in } s: \overline{C}
                            \Gamma \vdash_{\mathcal{L}} s_1 : A \quad \Delta \vdash_{\mathcal{L}} s_2 : B
                                                                                                     S_TENR
                               \Gamma, \Delta \vdash_{f} s_{1} \triangleright s_{2} : A \triangleright B
                     \Phi \vdash_C t : X \quad \Gamma, x : Y, \Delta \vdash_{\mathcal{L}} s : A
                                                                                                                      S_{\perp IMP}L
             \overline{\Gamma, \Phi, y : X \multimap Y, \Delta \vdash_{f} [app y t/x]s : A}
                    \Gamma \vdash_{\mathcal{L}} s_1 : A \quad \Delta, x : B \vdash_{\mathcal{L}} s_2 : C
                                                                                                                    S_IMPRL
           \overline{\Delta, \Gamma, y : A \rightarrow B \vdash_{\mathcal{L}} [\mathsf{app}_r y s_1/x] s_2 : C}
                    \Gamma \vdash_{\mathcal{L}} s_1 : A \quad x : B, \Delta \vdash_{\mathcal{L}} s_2 : C
                                                                                                                    S_{\text{-}IMPL}L
           \overline{y: B \leftarrow A, \Gamma, \Delta \vdash_{\mathcal{L}} [app_l y s_1/x] s_2 : C}
                                       \Gamma, x:A \vdash_{\mathcal{L}} s:B
                                                                                                S\_{\mathsf{IMPR}}R
                              \Gamma \vdash_{\mathcal{L}} \lambda_r x : A.s : A \rightharpoonup B
                                       x:A,\Gamma \vdash_{\mathcal{L}} s:B
                                                                                                S\_{\text{IMPL}}R
                              \overline{\Gamma \vdash_{\mathcal{L}} \lambda_{l} x : A.s : B \leftharpoonup A}
                                                   \Phi \vdash_C t : X
                                               \overline{\Phi \vdash_f \mathsf{F} t : \mathsf{F} X}
                                        \Gamma, x: X, \Delta \vdash_{\mathcal{L}} s: A
                                                                                                                          S_FL
              \Gamma, y : \mathsf{F}X, \Delta \vdash_{\mathcal{L}} \mathsf{let}\, y : \mathsf{F}X\,\mathsf{be}\,\mathsf{F}\,x\,\mathsf{in}\,s : A
                                        \Gamma, x : A, \Delta \vdash_{\mathcal{L}} s : B
                                                                                                                          S\_G_L
             \overline{\Gamma, y : GA, \Delta \vdash_{\mathcal{L}} let y : GA be G x in s : B}
```