

MOONSHOT MEDICAL + PERFORMANCE

MEN'S HORMONE OPTIMIZATION PATHWAYS

Hormone optimization for men is a **medically guided process** focused on evaluating and managing testosterone levels in the context of symptoms, health history, and long-term wellbeing.

Decisions are based on comprehensive bloodwork with ongoing monitoring and medical oversight. There is no single "right" protocol; care is adjusted over time based on labs and how you feel.

HORMONE OPTIMIZATION

\$208 / MONTH

Introductory rate. Available to the first 20 hormone optimization patients only.

TESTOSTERONE INJECTIONS

HOW IT WORKS

- Bioidentical testosterone administered via injection
- Typically dosed twice per week
- Can be self-administered at home or given in-clinic

WHAT TO EXPECT

- Flexible dosing that can be adjusted over time
- Requires consistent injections on a weekly schedule
- Bloodwork monitored at regular intervals to ensure safety and effectiveness

GOOD FIT FOR

- Patients who prefer flexibility
- Those comfortable with injections
- Individuals who want easier dose adjustments

TESTOSTERONE PELLETS

HOW IT WORKS

- Brief in-office procedure (approximately 5 minutes)
- Small incision in the upper buttocks
- Bioidentical testosterone pellets inserted based on height, weight, labs, and symptoms

WHAT TO EXPECT

- Slow, steady release of testosterone over approximately 5 months
- No weekly or daily dosing
- Return every ~5 months for pellet replacement
- Bloodwork monitored regularly and dosage adjusted at future insertions as needed

ADDITIONAL NOTE

- One-time initial pellet insertion fee: **\$215**
- After the initial insertion, there are **no additional pellet procedure charges** beyond the standard monthly hormone optimization program

MONITORING & ADJUSTMENTS

Both pathways include regular bloodwork. Care begins with a conservative dose, which can be adjusted up or down based on labs and symptoms. All changes are reviewed by licensed medical providers. The goal is **supporting how you feel while prioritizing long-term safety**, not chasing numbers.

ADDITIONAL OPTIONS (OPTIONAL)

These options may be added to either pathway when clinically appropriate.

ENCLOMIPHENE

Preserves fertility and stimulates natural testosterone production. Typically taken orally once a week.

\$70 / month (Add-on)

HCG

Maintains fertility and natural testosterone signals while on therapy. Helps prevent testicular shrinkage.

TADALAFIL

Improves overall blood flow and circulation. Commonly used to support stronger erectile quality.