

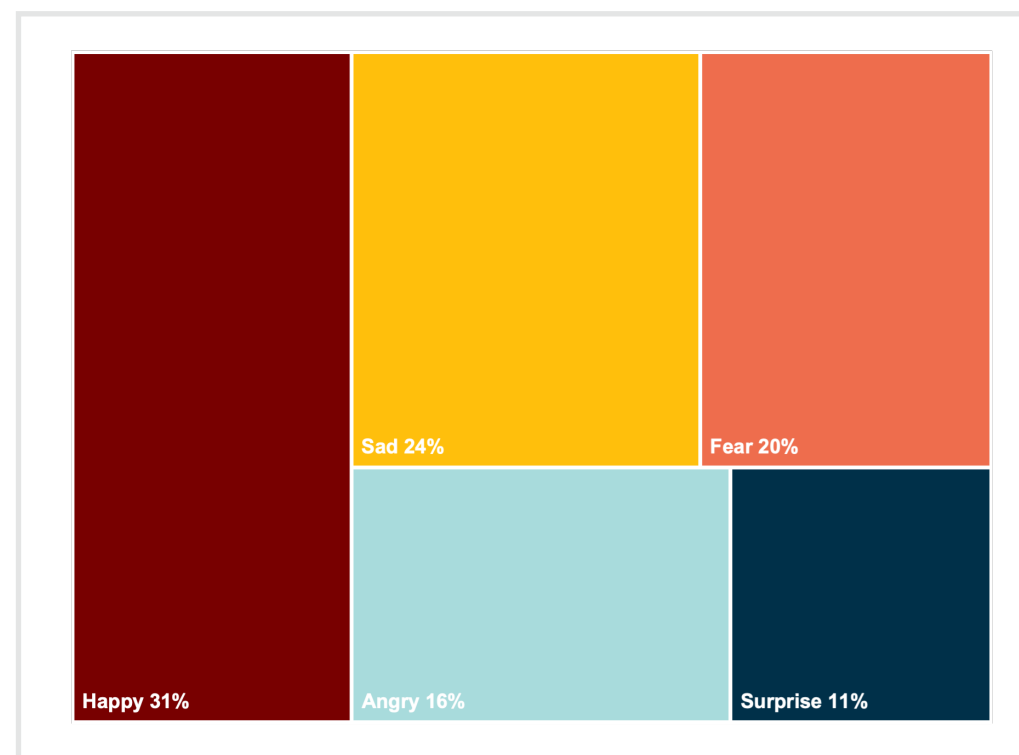
UNDERSTANDING EMOTIONS

Emotions are a big part of our daily lives, affecting how we think and act. This data story looks at our feelings using different charts and graphs. We'll explore common emotions, how emotions change throughout the year, differ by group, and are influenced by social interactions.

Can you tell me about emotions?

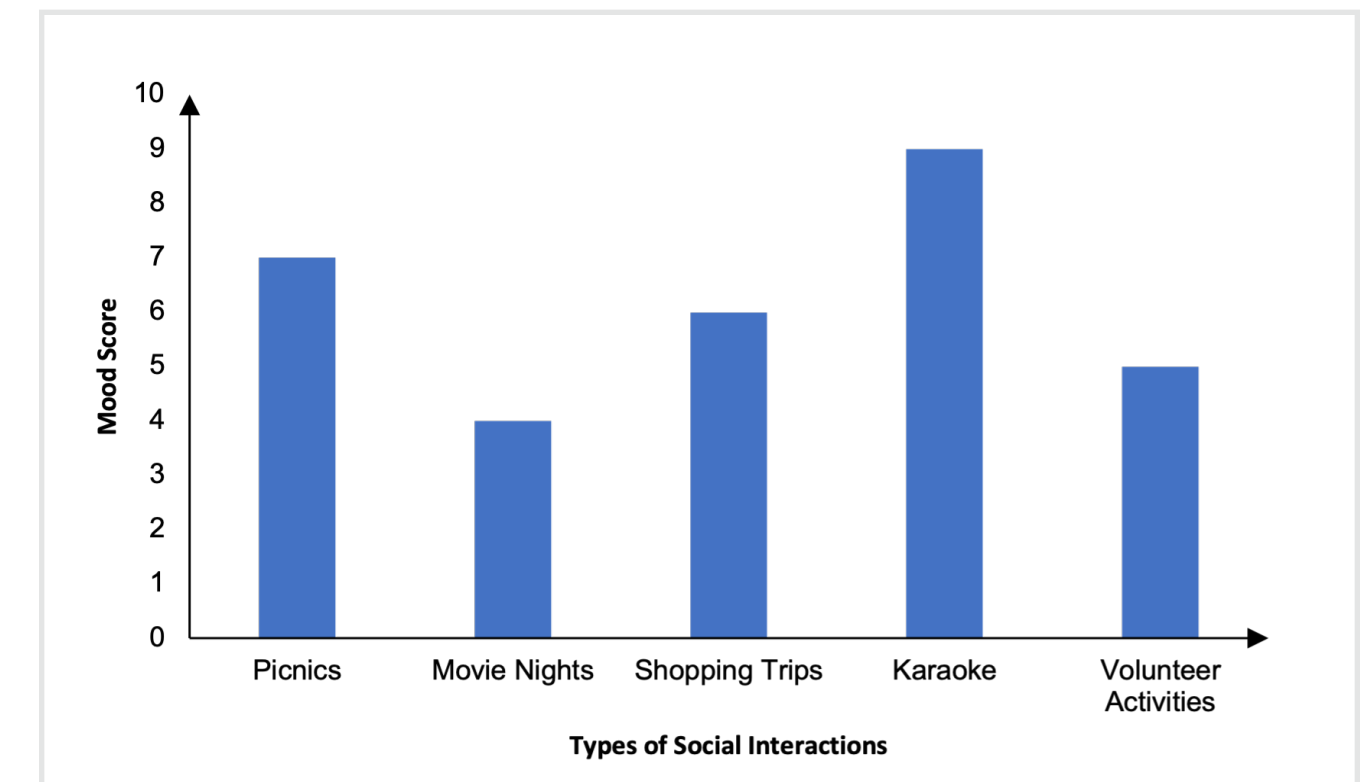
Sure, let me show you some data.

Top 5 Common Emotions



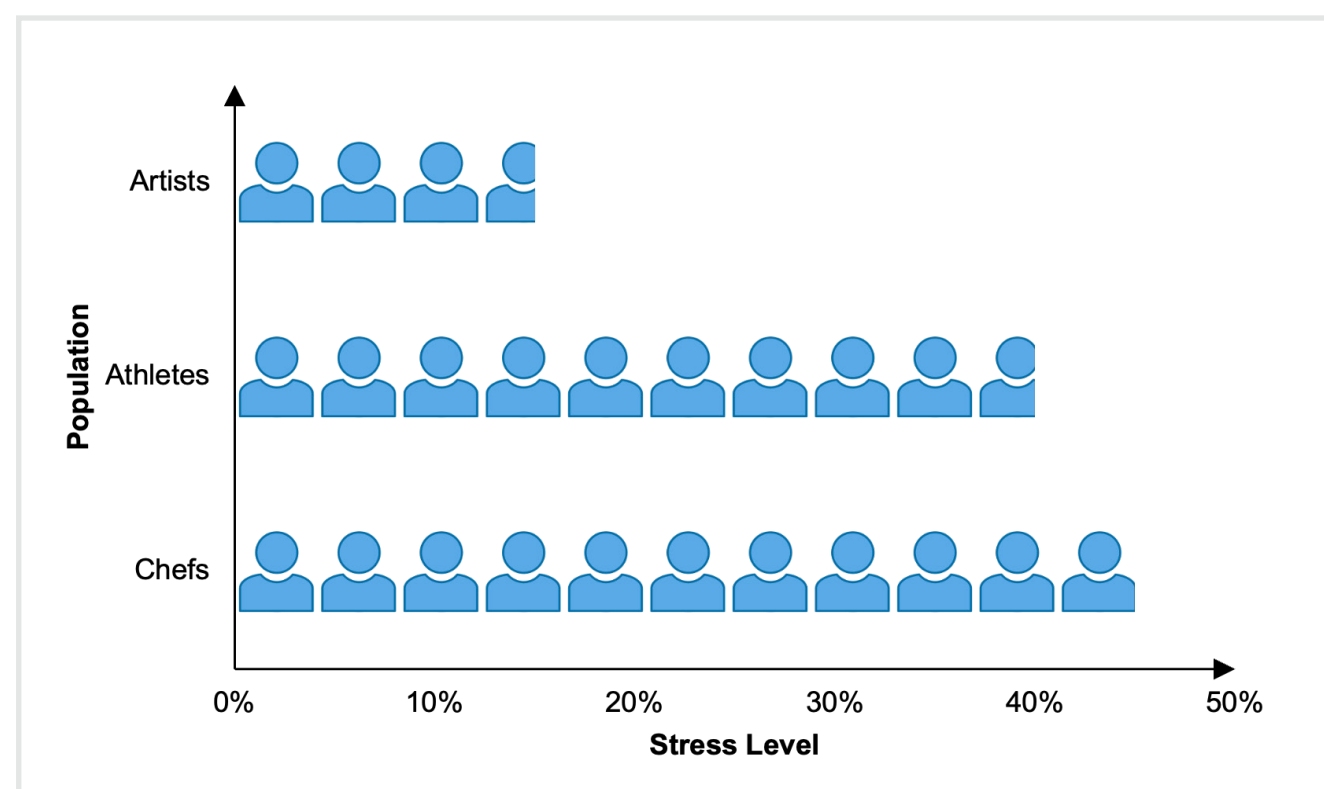
Happy is the most frequent emotion, while surprise is the least.

Happy Moments in Life



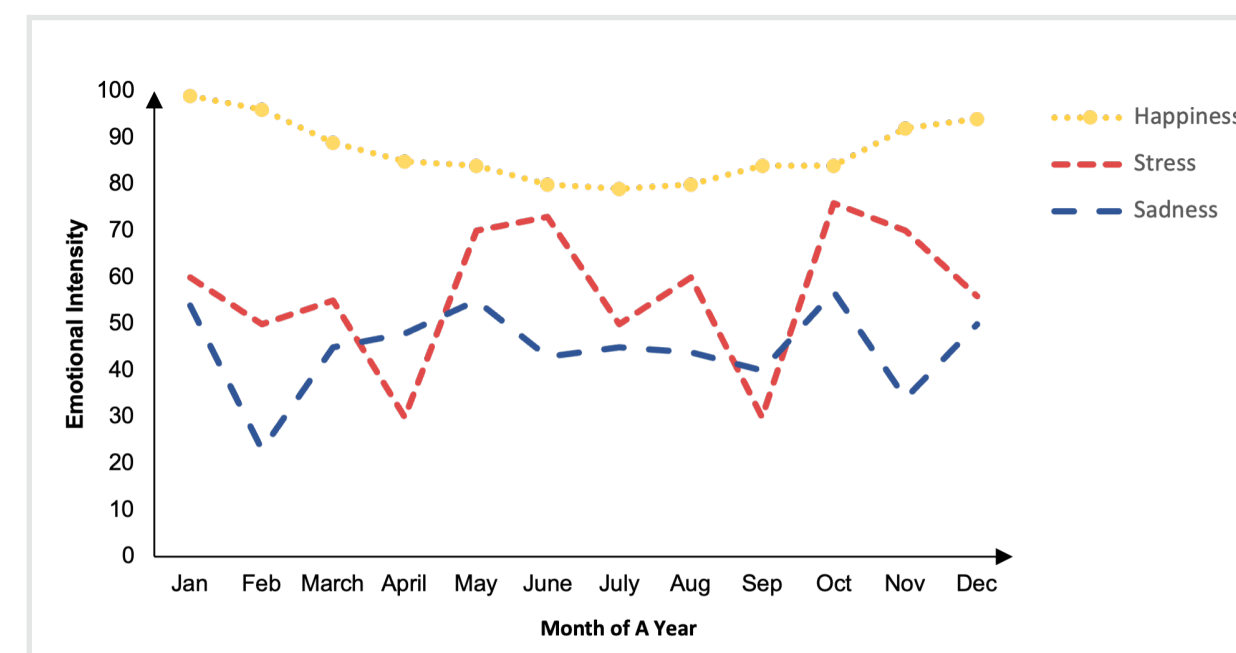
Spending time with family and friends makes us feel good. Karaoke is the most fun, followed by having picnics and shopping trips.

Stress Level among Different Groups



People experience varying levels of stress. About 45% of chefs feel stressed, 40% of athletes, and 15% of artists.

Emotional Changes throughout the Year



Happiness stays high all year compared to other emotions. Stress goes up and down a lot, with clear high points at different times.

Wow! I learned so much. Please give this a try - the tea that calms you down.

Thanks! I'll take it.