

Source Citations for Chart: Plastic Use, Birth Control, and Diet-Related Disease (1970–2020)

Plastic Use (Million Metric Tons):

PlasticsEurope. (2021). Plastics – the Facts 2020: An analysis of European plastics production, demand and waste data. <https://plasticseurope.org/knowledge-hub/plastics-the-facts-2020/> (Used for global plastic production estimates 1970–2020)

Oral Contraceptive Users (Millions):

United Nations, Department of Economic and Social Affairs, Population Division. (2019). Contraceptive Use by Method 2019: Data Booklet (ST/ESA/SER.A/435). <https://www.un.org/en/development/desa/population/publications/pdf/family/ContraceptiveUseByMethodDataBooklet2019.pdf>

Diet-Related Disease Index (%):

Global Burden of Disease Collaborative Network. (2020). Global Burden of Disease Study 2019 (GBD 2019) Results. Seattle, United States: Institute for Health Metrics and Evaluation (IHME). <https://vizhub.healthdata.org/gbd-results/> (Data on obesity, diabetes, and NCD mortality by diet)

Additional Reference (Trend Integration):

Centers for Disease Control and Prevention (CDC). (2022). Adult Obesity Facts. <https://www.cdc.gov/obesity/data/adult.html> World Obesity Federation. (2020). World Obesity Atlas. <https://www.worldobesity.org/resources/resource-library/world-obesity-atlas>