

Descriptive Wireframe Document – Final Assignment

Home Page - Page Header - Horses and Mental Health

- Navigation to other pages
 - About Me
 - About Shiney
 - About Oatie
- Content area

Most of us who own horses talk about their “therapeutic” value. Being in the barn grooming, feeding, and otherwise caring for our horses reduces stress, lowers blood pressure, and improves overall health. Yet, it is the companionship with our equine partners that is the foundation of our growth in relationship to these animals. Being with our horses is “therapy.”

Footer - citations

<https://www.psychologytoday.com/ca/blog/ending-addiction-good/201708/the-therapeutic-value-horses>



Page two - Page Header - Hi I am Morgan!

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I have always loved horses! I had my very first proper horse riding lesson when I was 6 years old. Although I did not start properly taking consistent lessons till about 5 years ago. This is when both me and my family realized this was not a phase but a love. I primarily do jumping, but I have tried western riding and polo as well. I have competed in two complete show seasons.

One being in 2019, where I competed in two jumper divisions; 2 foot and 2 foot 3 jumpers, I finished the season with 3rd place overall in both divisions. My second season was this past summer, where I competed in the 2 foot 6 hunters. I finished the season first overall as I got champion in all my shows. My overall goal is to eventually do some eventing (which consists of Dressage, stadium show jumping and Cross country) but for now I am quite happy having riding as a pleasure thing. I have found that riding and horses to be my main outlet. When I go to the barn, I forget about all of my worries and stresses and I am just able to let go and enjoy being outside and with the animals. The best part of the sport for me is being able to bond with an animal. I have ridden many horses over the years but there have definitely been a few really special ones to me. Such as my first long term partner Shiney and my current partner Oatie. You can learn more about these horses by visiting their bio pages on this website.

Insert Pictures



- Footer - my instagram
- @equine.morgan6

Page three - Page Header - About Shiney

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Shiney is a 2005 quarter horse mare. She began her life on the race track known as Shiney Royal Cash, doing the quarter mile, quarter horse racing. In 2010, she finished her career after 26 starts and a total of just over 18,000 dollars in earnings. Shiney went on to her new career as a riding pony, where she began learning how to be ridden. In the beginning of 2020 Shiney showed signs of kissing spine. Whicling is caused by the pinching of the muscles around the spine by two vertebrae. Shiney is expected to make a full recovery from this with rest rehab and a properly fitting saddle.

Shiney and I started our journey in 2018 when I had my first lesson on her. She was my coach's pony and not many people were able to ride her as she was a little picky on who was on her back. If Shiney did not like who was riding her she would take matters into her own hands and be difficult

and throw the person off. I was so nervous to get on her but once I was it was like none other. She was challenging and never a straight forward ride but there was something about her that made me want to keep trying. On my third ride/ lesson on her I fell off, which scared me but once she realized I was gone she stopped and came back to me. My coach was shocked because usually when someone fell off her she would take off. It was at that moment I knew she was the pony for me and I would do anything in my power to continue to be able to improve to be the rider she needed. Before I knew it I was her only rider and we were improving so quickly and experiencing so many firsts together and having the most fun doing it all. In the summer of 2019 we had both our first show seasons. We began our season in the lowest level hunters but that was not for us, so by the next show we moved up to the 2ft/2ft3 jumpers which was much more our style and that day we came home with two firsts and a third. We continued our season in these divisions and finished overall third by the end of year banquet. I was so proud of myself and of course my amazing pony. Unfortunately I found myself falling off another horse and concussed and Shiney hurt herself and was lame. So we were both off for a few weeks and then had to rehab back into work together. Before we knew it we were back to it. In the beginning of 2020 we came into a stage where Shiney was becoming a much more unhappy undersaddle, she was bucking and not out of excitement like usual but in pain so we gave her some time off which led us to the pandemic. This led to many changes at the barn and Shiney was moved up north to Orillia. I was gutted, she was my everything and then she was gone. Slowly I moved on but just recently I was in touch again with my old coach (Shiney's owner) and we arranged a time for us to make the trip up to see her, so just a few weeks ago I was reunited with my special pony.





- Footer - Shiny's Hashtag found on instagram
 - #ShineyRoyalCash

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Meet Oatie! Oatie also known as Great Win from his race track days. Oatie is a 2001 chestnut thoroughbred gelding. He began his life as a race horse and his career consisted of 36 starts from 2003- 2006. He brought home five firsts/seconds and six thirds, finishing his career with just over 100,000 dollars in earnings. After his track days he moved around from home to home where he started to learn how to be a jumper. Around 2 years ago he landed in the hands of his current owner who does jumpers and eventing with him. Oatie is extremely talented when it comes to jumping, he absolutely loves it, especially the big fences!

I met Oatie in February 2021, when I was on a search for a horse to lease after moving down to the Niagara region. I tried a few horses before Oatie but when I tried him I knew he was the one. We have spent the last almost year getting to know each other through taking lessons and going to a few shows. He certainly is not an easy horse. We have had our fair share of ups and downs (literally ending up on the ground downs) but when we have our ups they really are the most rewarding. We found ourselves in the show ring this past summer where we showed in the 2ft6 hunters and ended up first overall. Oatie has taken me over my personal record jump height which was 3ft9! Terrifying but also the most amazing feeling too. I have grown to really love this big silly boy and take all of his little temper tantrums with a laugh (as he can have a lot of meltdowns when he can't just go as fast as he wants). I look forward to more months of memories with this boy!



- Footer - Oatie's Hashtag found on instagram
- #OatieAKAGreatWin

This was my website. I kept it nice and simple without too much going on so that it was easy to navigate and read. I wanted to stick to a basic color pattern of navy and white as those are my colours for polo and horse riding in general. So the colour choices had to do with the content in my website. I wanted to make sure to add lots of visuals so that the readers could visualize what they were reading especially on the bio pages. I added a navigator that could lead you to or back to all the pages included in my website so that at any time you could go back or jump ahead if you wanted something specific. The template of my website I wanted to keep very linear since there is not a tone of information, so I wanted to ensure it was easy to read through the information in order. As well since there was not tons of information i added a foot that contained information so that they could access more information if they wanted.