

**A. Write *for* or *since* next to each time expression.**

- |   |  |
|---|--|
| 1. .... <i>for</i> ..... two hours      | 11. .... <i>since</i> .... Christmas         |
| 2. .... <i>for</i> ..... a long time    | 12. .... <i>since</i> ..... that day         |
| 3. .... <i>since</i> ..... this morning | 13. .... <i>for</i> ..... six months         |
| 4. .... <i>since</i> ..... nine o'clock | 14. .... <i>for</i> ..... five weeks         |
| 5. .... <i>for</i> ..... one month      | 15. .... <i>since</i> ..... July             |
| 6. .... <i>for</i> ..... last night     | 16. .... <i>since</i> ..... we got married   |
| 7. .... <i>since</i> ..... 2001         | 17. .... <i>for</i> ..... 30 minutes a day   |
| 8. .... <i>for</i> ..... half an hour   | 18. .... <i>since</i> ..... my sister called |
| 9. .... <i>since</i> .... I was a child | 19. .... <i>since</i> ..... yesterday        |
| 10. .... <i>for</i> ..... 20 minutes    | 20. .... <i>since</i> ..... a moment         |

**B. Match the *for* and *since* sentence halves together.**

- |  |                                    |
|--|------------------------------------|
| 1. I've lived in my .....e....             | a. winter.                         |
| 2. I haven't seen my sister for ....f..... | b. to the cinema since last month. |
| 3. I've studied English since I ...d.....  | c. for ten years.                  |
| 4. I've had this bag since last .....a.... | d. was 7 years old.                |
| 5. I haven't been .....b....               | e. house since I was a child.      |
| 6. I have worn glasses .....c...           | f. two months.                     |

**C. Complete the sentences with *for* or *since*.**

1. I haven't had an ice cream ...*since*..... last summer.
2. I've listened to rock music.....*for*..... a long time.
3. We've been busy.....*since*..... this morning.
4. I've drunk coffee .....*since*..... I was a teenager.
5. She has been in Paris .....*for*.....two weeks.
6. I've been working out.....*for*..... an hour a day.
7. I've loved you ever.....*since*..... I met you.
8. I haven't seen you ...*since* / *for*...ages.



**D. Change the sentences from *for* to *since*, or vice-versa.**

For example: I haven't eaten for one day.     I haven't eaten since yesterday.

1. I've had this shirt since August.

I've had this shirt for 1 day.

2. I haven't spoken to my father since last night.

I haven't spoken to my father for 2 years.

3. I've lived in my house for a year.

I've lived in my house since 2014.

4. I've played the piano since I was a child.

I've played the piano for 6 year.

5. I've studied English for two years.

I've studied English since 2012.

6. I've been awake since 8:00 a.m.

I've been awake since for 5 hours.

7. I've watched this TV show for four years.

I've watched this TV show since 2020.

8. I've had my car since January.

I've had my car for 1 years.

**E. Answer the questions using *for* or *since* in each response.**

1. How long have you lived in your town or city?

I have lived in city for 24 years.

2. How long have you had your phone?

I have had my phone since 2019.

3. How long have you studied English?

I have studied English since 2012.

4. How long have you known your best friend?

I have known my best friend for 3 years.