Find and measure time: G, U, P, C, B

IKTEJXDJMGCNFEUBZKJWGMRQPMVESXWAGUOKGFSQTLJKLJXIPIQDPBPOLDCQOLL KXICUCGYYIOIXGQTIAPMPBRHTOHDJXWPXEDOTLTLQLRCUGQEFLIPRIQRLAPBQQXT AGYNXPKTSZHSXHIMAJOXYPVUEHNGHPDIVJYSINLGUJPMPNRAHVHPPZZBLPUEAJG ONLXVMPSVLWNLPMDROSXZQVOTHFUURCXZGBBSZQIFKFUZOGKFENOJOHSFDDAG JUWYWVXUGKLFUBRVMZHENZQAWIWITLUPSFLUIBIBVULUWTSQLCWGTGDOWNKMH PBWKIVNBUTTAMQIIFVZIJTBHYYUHREWWKIYNYFHCVFWJGWEDEGNWWFMWMHVCD HXEXNPCLQLLIRGLKKTWTYAWBTVZCNABCYOEUJRQRWXJHSXFTOWIXAHRXAJPKGR AONMWHFPUCMGGXCSMTCUPCFOQUAOGZQFQMOQVLETSRPGLTDSAVAATFAKJAO YLDTVUZPKJMLCOTFETTIKSVXHZDJLZPXJJHKIKZOVCTETEYQSMMTMSXLXGRXICXHZ UBWVJWXSCTEHKGKGNNAFZEXBGPXLCOARASQLHHESTFMTBHUCYEORCONQCJNU WKISWHJZOURCARGGAZKKZENPMWXDFXXDKWGUXDPMHBNLZZMDOXHLWLNTFUZS YWJWIZSJVHIRDDEVWQJFZYBIZCMPOBKHXZKDUROPBUHAUZNSQIMGKHOPQGEKJE AVAIJNPFJEHNDVRVPWBWHCBFCGCBPKQYLXWIWIXVFPCBFOXJSKGMCRMHDATAN UUAQVCRXPDZLWCZNJHMIURVZLPPKFWLSQFTAFHOCHGQHQZFCFQWIBWSRHBJXP UJJEELXAUBRSTQGKFTCCQFZAFZYSMXWBGIXZSPQJBNXXVNIYNVDEJUNGCIJERTZA GJHKTBSIEQTHMWAZOHXNMQUTVPIERWZROMTTFVAJJTFIBZIMIRPVTAWNHKFQOSA KHKSTKYLLR

G = 41

U = 40

P = 45

C = 38

B = 33