



## CHOPPED Salad Bar

**SMALL** ..... 7.95    **LARGE** ..... 8.95

## UNLIMITED TOPPINGS

### VEGGIES

- avocado (+1.50)
- black olives
- beets
- broccoli
- carrots
- celery
- chick peas
- corn
- cucumbers
- green olives
- green peppers
- kidney beans
- mushrooms
- onions
- red peppers
- red cabbage
- roasted peppers
- scallions
- tomatoes

## CHOOSE YOUR DRESSING

- italian
- ranch
- thousand island
- oil and vinegar
- blue cheese

## TOP IT OFF WITH... (+1.99)

- grilled chicken
- breaded chicken
- turkey
- scoop of homemade salad

## Avocado TOAST

choice of white, whole wheat, rye bread, bagel or flagel

<b>NUMBER 1</b> .....	6.99
avocado spread, hard boiled eggs, tomatoes, salt and pepper	
<b>NUMBER 2</b> .....	6.99
avocado spread, crispy bacon, and fried over easy or medium eggs	
<b>NUMBER 3</b> .....	7.99
avocado spread, fresh strawberries, feta cheese and a drizzle of honey	
<b>NUMBER 4</b> .....	6.99
avocado spread, corn, black beans, cherry tomatoes, chopped onions, and a drizzle of ranch dressing	
add grilled chicken .....	+1.99
<b>NUMBER 5</b> .....	11.99
avocado spread, sliced nova, tomatoes, onions and capers	
<b>NUMBER 6</b> .....	7.99
avocado spread, tomatoes, cucumbers, radishes and chick peas with olive oil drizzle	

## Acai BOWL

<b>ACAI BOWL</b> .....	9.99
granola, acai, banana, strawberries, blueberries, coconut flakes and honey drizzle	
add peanut butter or nutella .....	+1.00

## HOT & COLD Beverages

<b>HOT COFFEE</b>	<b>FRENCH VANILLA</b>
<b>FLAVORED COFFEE</b>	<b>ICED TEA</b>
<b>CAPPUCCINO</b>	<b>JUICES</b>
<b>TEA ASSORTMENT</b>	<b>BOTTLED WATER</b>
<b>HOT CHOCOLATE</b>	<b>SODA</b>

## DELICIOUS Desserts

<b>YOGURT PARFAIT</b> .....	4.99
low fat vanilla yogurt topped with fresh fruit and granola	
<b>CHOCOLATE PUDDING</b> .....	4.99
chocolate pudding topped with Oreos and whipped cream	
<b>RICE PUDDING</b> .....	4.99
rice pudding topped with cinnamon and whipped cream	
<b>FRUIT BOWLS</b> .....	
seasonal fruit	



## Catering AVAILABLE FOR ALL OCCASIONS

ASK TO SEE OUR CATERING MENU



MON-FRI 5AM - 4PM • SAT & SUN 5AM - 3PM

217 COMMACK ROAD, COMMACK, NY 11725

631.462.6433 • 631.462.3129 • COMMACKBAGELS.COM

\*Before placing your order please inform your server if a person in your party has a food allergy, as not all ingredients are listed on the menu. Consuming raw or undercooked eggs, meat, poultry, seafood or shellfish may increase your risk of foodborne illness especially if you have certain medical conditions. Substitutions may be subject to additional charges and prices do not include tax.

\*Prices subject to change without notice.

Designed by FraScaDesignGroup.com • Job #20233

## TAKEOUT MENU

Local delivery - \$20 min.



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SAT & SUN 5am - 3pm

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Commack, NY 11725

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# EVERYTHING Breakfast

<b>BAGEL</b>		1.25 each
• plain	• egg	• rye
• sesame seed	• egg onion	• multi-grain raisin
• poppy seed	• garlic	• whole wheat
• everything	• salt	• lo-carb
• cinnamon raisin	• onion	
• pumpernickel	• blueberry	
<b>KAISER ROLL</b>		1.25 each
plain or poppy seed		
<b>MINI BAGEL</b>		.75 each
plain, everything or sesame seed		
<b>FLAGELS</b>		1.25 each
• plain	• everything	
• sesame seed	• whole wheat	
<b>BAGEL WITH</b>		
butter	peanut butter	
cream cheese	and jelly	3.50
flavored cream cheese		3.00
cream cheese and lox	butter and jelly	3.00
	cream cheese and jelly	3.50
		7.99

## BREAKFAST SPECIALS \*M-F 5-11AM

<b>BUTTERED BAGEL WITH</b>	<b>CREAM CHEESE BAGEL WITH</b>
12 oz. coffee	3.50
16 oz. coffee	3.80

**FRENCH TOAST** 4.99

## EGG SPECIALS

<b>2 EGGS ON A BAGEL WITH</b>	<b>2 EGGS ON A BAGEL</b>	2.75
12 oz. coffee		3.50
16 oz. coffee		3.80
<b>HUNGRY MAN</b>	<b>BREAKFAST BURRITO</b>	6.49
3 eggs any style with ham, bacon, sausage and cheese	flour tortilla stuffed with 2 eggs and your choice of 3 fillings	
<b>LEO</b>	<b>PICK 3 OMELET</b>	7.99
lox, eggs and onions served on a bagel	served with buttered bagel and home fries. choice of any 3 fillings:	
	• bacon      • broccoli	
	• sausage    • spinach	
	• ham        • mushrooms	
	• turkey     • onions	
	• tomato    • cheese	
	• peppers	
<b>THE PLATTER</b>		4.99
2 eggs, homefries, buttered bagel and 12 oz. coffee		

## EXTRAS

cheese	.75	ham	1.99
extra egg	.75	bacon	1.99
tomato	.50	sausage	1.99
avocado	1.50	turkey bacon	1.99
hash browns	1.25	home fries... (small)	2.50
turkey	1.99		

## GOURMET Wraps

served with pickle and choice of side salad

<b>SOUTHWEST</b>	9.99
southwest chicken salad, pepper jack, avocado and ranch dressing	

<b>CHICKEN CAESAR</b>	9.99
grilled chicken, romaine lettuce, parmesan cheese, croutons and caesar dressing	

<b>TUSCANY</b>	9.99
breaded eggplant, fresh mozzarella cheese, roasted red peppers and balsamic glaze	

<b>CAPRI</b>	9.99
grilled chicken, fresh mozzarella cheese, roasted red peppers, tomato and pesto	

<b>CHIPOTLE TURKEY</b>	9.99
cracked pepper turkey, pepper jack cheese, lettuce, tomato, avocado and chipotle mayo dressing	

<b>BUFFALO BILL</b>	9.99
buffalo chicken salad, cheddar cheese, bacon, lettuce, tomato and ranch dressing	

<b>CHICKEN BACON RANCH</b>	9.99
fried chicken cutlet, bacon, fresh mozzarella cheese, red onion and ranch dressing	

<b>HONEY MAPLE</b>	9.99
honey maple turkey, muenster cheese, lettuce, tomato and honey mustard dressing	

<b>TURKEY BLT</b>	9.99
oven gold turkey, bacon, lettuce, tomato and ranch dressing	

<b>VEGGIE TUNA</b>	9.99
veggie tuna salad, lettuce, tomato and avocado	

## HOMEMADE Salads

	sandwich	pound
<b>EGG</b>	5.99	8.99
<b>CHICKEN</b>	6.99	12.99
<b>BUFFALO CHICKEN</b>	6.99	12.99
<b>BLT CHICKEN</b>	6.99	12.99
<b>CRANBERRY WALNUT CHICKEN</b>	6.99	12.99
<b>SOUTHWEST CHICKEN</b>	6.99	12.99
<b>TUNA</b>	6.99	13.99
<b>LITE TUNA</b>	6.99	13.99
<b>VEGGIE TUNA</b>	6.99	13.99
<b>WHITEFISH</b>	7.49	15.99
<b>BAKED SALMON</b>	7.49	15.99
<b>SIDE SALADS</b>		6.99
• potato	• cole slaw	• italian pasta
• macaroni	• cucumber	



## SPECIALTY Heroes

served with pickle and choice of side salad

<b>CALI TURKEY</b>	9.99
oven gold turkey, bacon, lettuce, tomato, avocado and ranch dressing	

<b>TEXAN</b>	9.99
fried chicken cutlet, cheddar cheese, crispy onions with BBQ sauce	

<b>WICKS ROAD</b>	9.99
fried chicken cutlet, ham, swiss, lettuce, tomato with honey mustard dressing	

<b>CHICKEN CHEESE STEAK</b>	9.99
grilled chicken, peppers, onions, melted mozzarella cheese and mayo	

<b>RAJUN CAJUN</b>	9.99
cajun turkey, caramelized onions, pepper jack cheese with chipotle ranch dressing	

<b>COMMACK CHICKEN</b>	9.99
fried chicken cutlet, mozzarella cheese, bacon, lettuce, tomato, mayo on a garlic hero	

<b>MATT'S ROAST BEEF</b>	9.99
roast beef, melted mozzarella cheese, caramelized onions with brown gravy on top	

<b>CHICKEN BACON RANCH</b>	9.99
fried chicken cutlet, bacon, fresh mozzarella cheese, red onions and ranch dressing	

<b>GODFATHER</b>	9.99
ham, salami, pepperoni, provolone, lettuce, tomato with Italian dressing	

<b>BUFFALO</b>	9.99
fried chicken cutlet tossed in buffalo sauce with bacon and melted mozzarella cheese	

<b>ULTIMATE</b>	9.9
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