

# EXERCISES – BIOLOGICAL SIGNALS

Exercise 12 - SS 2014 – Michel Kana

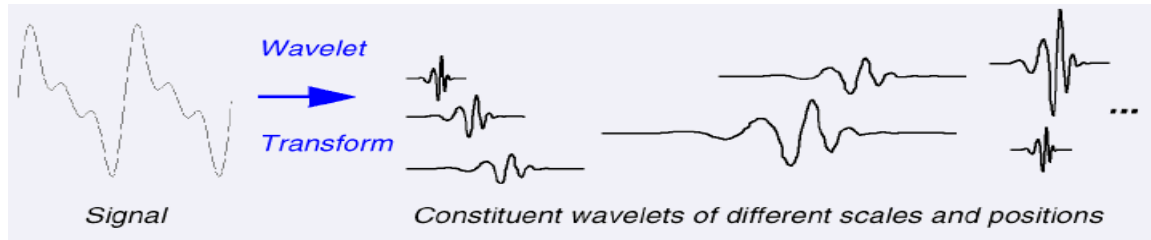
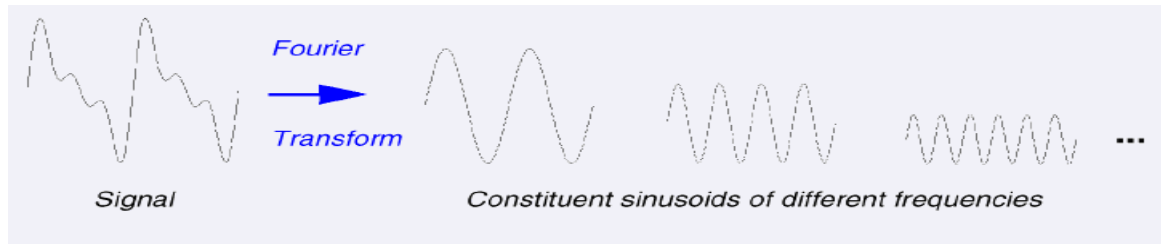
# What will we do today?

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1. **Introduction to Wavelet Transform**
2. **Heart rate variability with Wavelet Transform**
3. **Summary**

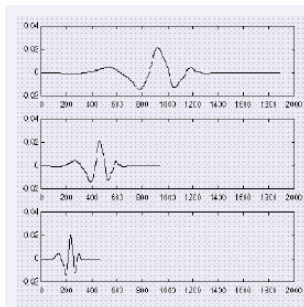
# Fourier Transform vs. Wavelet Transform

- ❑ Fourier analysis represents a signal as either a function of time or frequency, but not both.
- ❑ Like sines and cosines in Fourier analysis, wavelets are used as basis functions in representing other functions.
- ❑ Wavelets are waveform of limited duration that has an average value of zero.
- ❑ Wavelets are located in both frequency (via dilation) and time (via translation) domains.



# Wavelets

- Wavelets are generated from a single basic wavelet  $\psi(t)$  called mother wavelet as follows:  $\psi_{a,b}(t) = \frac{1}{\sqrt{a}} \psi(\frac{t-b}{a})$ , where  $b$  is the shift-coefficient and  $a$  is the scale coefficient.

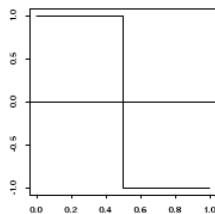


$$f(t) = \Psi(t) ; a = 1$$

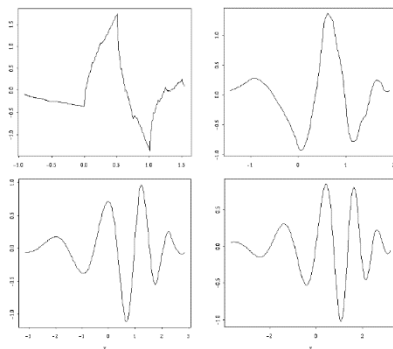
$$f(t) = \Psi(2t) ; a = 1/2$$

$$f(t) = \Psi(4t) ; a = 1/4$$

- Prominent examples are the Haar and Daubechies wavelets



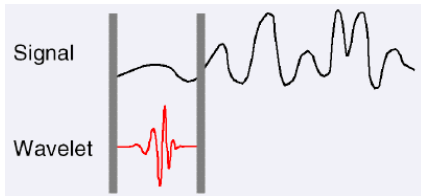
Haar wavelet



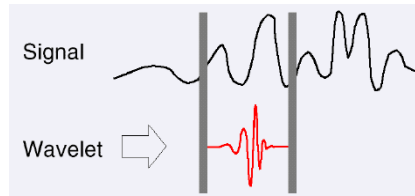
Daubechies wavelets

# The Wavelets Transform

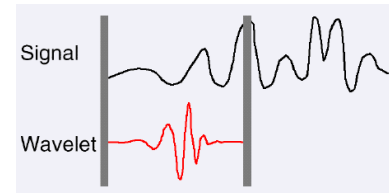
- Wavelet Transform is the representation of a signal  $f(t)$  as a linear combination of wavelet basis functions:  $f(t) = c_0\varphi(t) + \sum_{a,b} c_{a,b}\psi_{a,b}$
- A wavelet basis consists of a father wavelet  $\varphi(t)$  that represents the smooth baseline trend and a mother wavelet  $\psi_{a,b}$  that is dilated and shifted to construct different levels of detail.
- The wavelet basis functions are chosen according to the signal being approximated.



**Step1:** take a wavelet and correlate it with a section of the signal



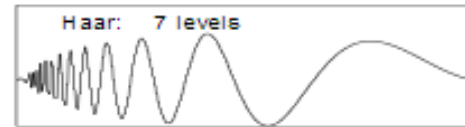
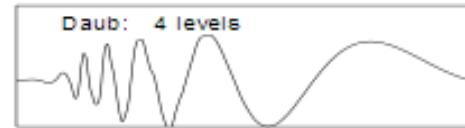
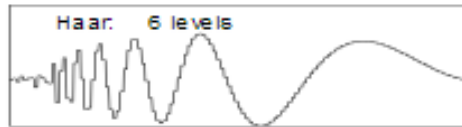
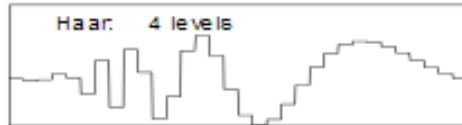
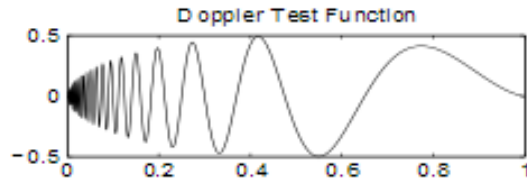
**Step2:** shift the wavelet to the right and repeat step 1 until the whole signal is covered



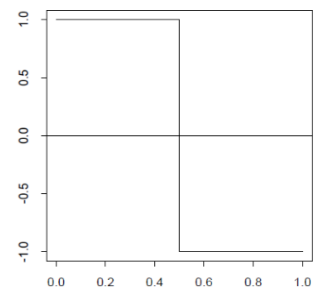
**Step3:** scale (stretch) the wavelet and repeat steps 1 and 2

# Example of wavelet transform

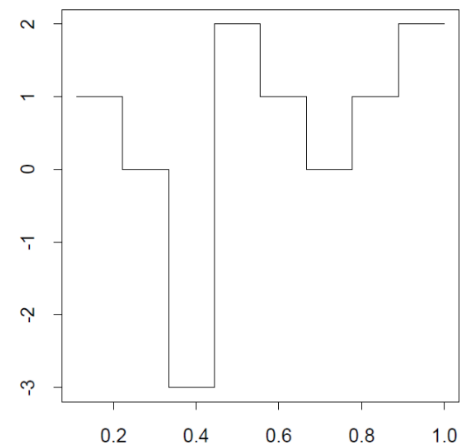
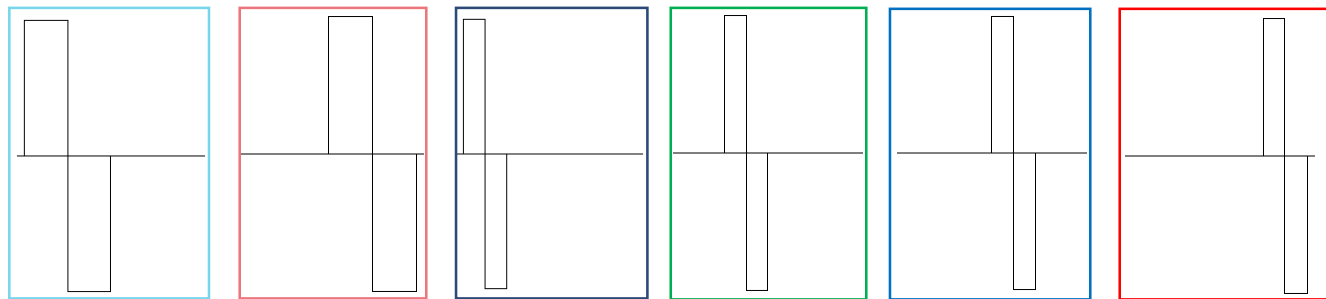
$$f(t) = t(1-t)\sin\left(\frac{2.1\pi}{t+0.05}\right)$$



# Example of wavelet transform



Haar wavelet



$$f = \frac{1}{2}\phi - \frac{1}{2}\psi_{00} + \frac{1}{2\sqrt{2}}\psi_{10} - \frac{1}{2\sqrt{2}}\psi_{11} + \frac{1}{4}\psi_{20} - \frac{5}{4}\psi_{21} + \frac{1}{4}\psi_{22} - \frac{1}{4}\psi_{23}$$

$$\phi(x) = \mathbf{1}(0 \leq x < 1)$$

# The Wavelet Transform in Matlab

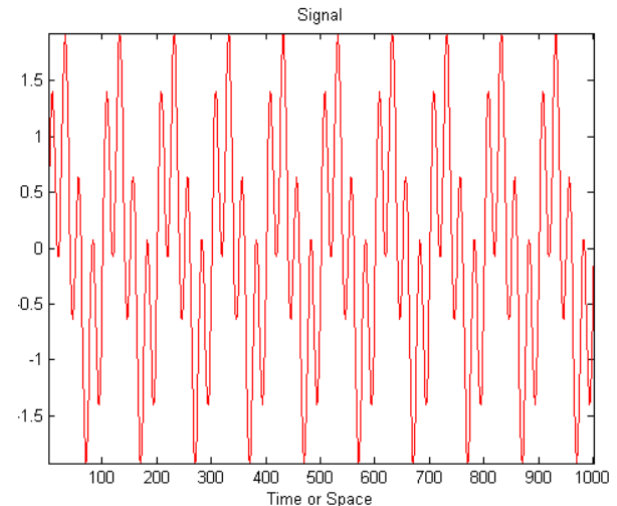
Consider the following data  $x$  with two component frequencies components

10 Hz component

40 Hz component

```
F1 = 10; <
F2 = 40; <
Fs = 1000; <
t = 0:1/Fs:1;
x = sin(2*pi*t*F1) + sin(2*pi*t*F2);
clf; plot(x,'r');
axis tight
title('Signal');
xlabel('Time or Space')
```

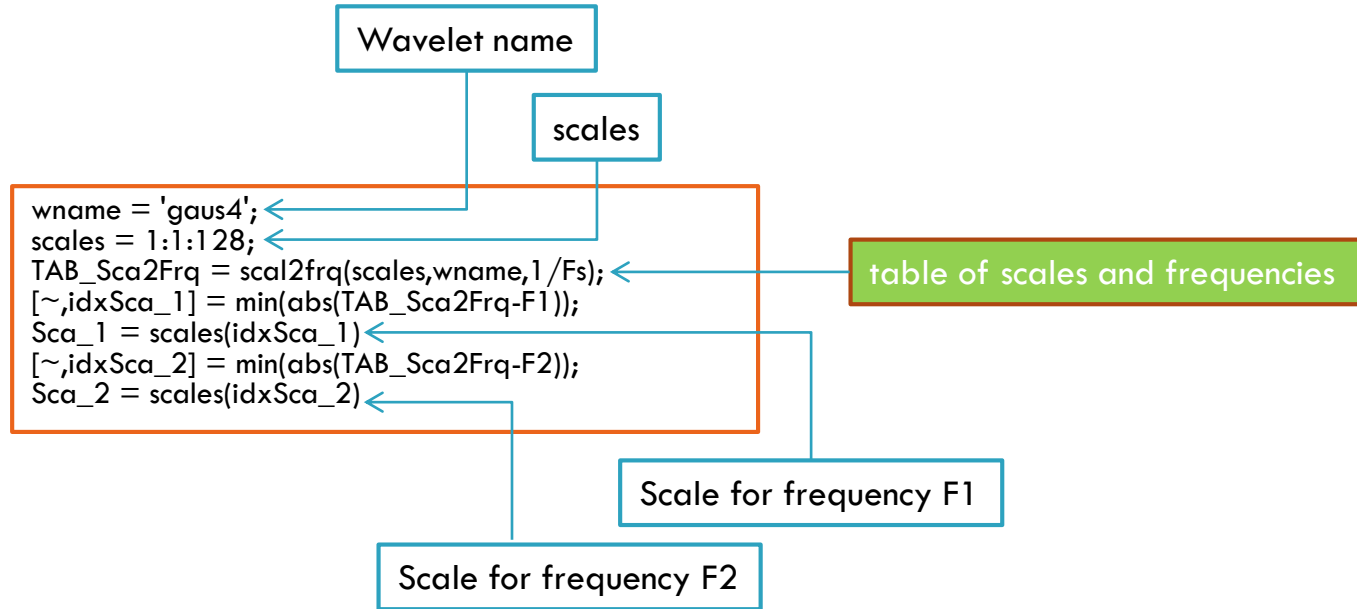
Sample frequency (Hz)





# The Wavelet Transform in Matlab

The scalogram is a visual method of displaying a spectrum of frequencies over time.  
There are 3 axes: x representing time, y representing scale, and z representing wavelet coefficient value



Using the function `scal2freq`, we compute the correspondence table of scales and frequencies for the **gaus4** wavelet. Then, we find the scales corresponding to the frequencies **F1 = 10** and **F2 = 40**.

# The Wavelet Transform in Matlab

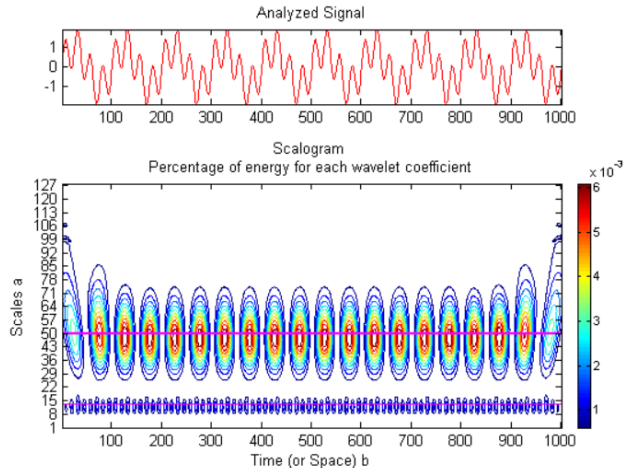
**coefs = cwt(x,scales,'wname','scalCNT')** computes the continuous wavelet transform (CWT) coefficients of the real-valued signal *x* at real, positive scales, using wavelet '*wname*' and displays a contour representation of the scalogram

```
clf;  
coefs = cwt(x,scales,wname,'scalCNT');  
hold on  
plot([1 size(coefs,2)],[Sca_1 Sca_1],'Color','m','LineWidth',2);  
plot([1 size(coefs,2)],[Sca_2 Sca_2],'Color','m','LineWidth',1);
```

Wavelet coefficients

Highlight frequency component F1

Highlight frequency component F2



# The Wavelet Transform in Matlab

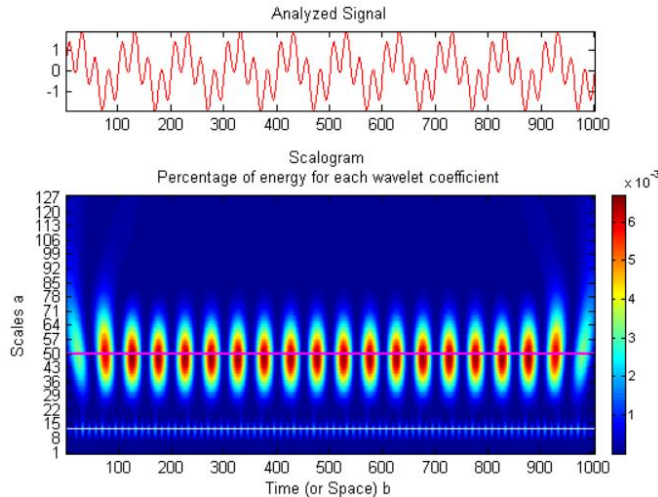
`wscalogram('image',coefs,'scales',scales,'ydata',x)` computes the scalogram SC which represents the percentage of energy for each coefficient.

```
clf;  
wscalogram('image',coefs,'scales',scales,'ydata',x);  
hold on  
plot([1 size(coefs,2)],[Sca_1 Sca_1],'Color','m','LineWidth',2);  
plot([1 size(coefs,2)],[Sca_2 Sca_2],'Color','w','LineWidth',1);
```

Wavelet scalogram

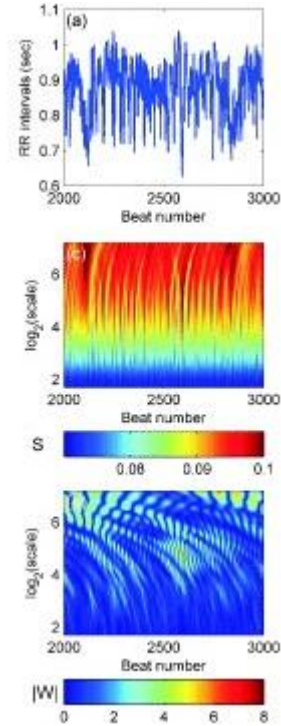
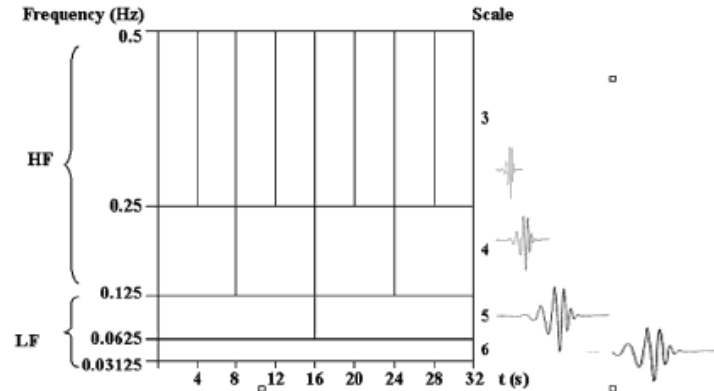
Highlight frequency component F1

Highlight frequency component F2



# Heart rate variability with Wavelets Transform

- Discrete WT can be performed using a Daubechies 4 wavelet with 6 logarithmically progressing scales
  - scale 1 and 2 correspond to 0.5-2 Hz
  - scales 3 and 4 correspond approximately to HF (0.125 – 0.5 Hz)
  - scales 5 and 6 correspond to LF (0.03125 – 0.125 Hz).



# Exercise 1: RR Interval measurement with BIOPAC

- ❑ **Biopac MP35 measurement system**
  - ▣ ECG is recorded using Biopac SS2L wires plugged in the first channel.
- ❑ **Biopac Student Lab PRO software**
  - ▣ The acquisition is set up at a sampling rate of *200 Hz*.
  - ▣ Analog Channel CH1 should have the preset ECG (.5 - 35 Hz).
  - ▣ Calculation Channel C1 should have the preset ECG – RR Interval

# Heart Rate Variability with Matlab

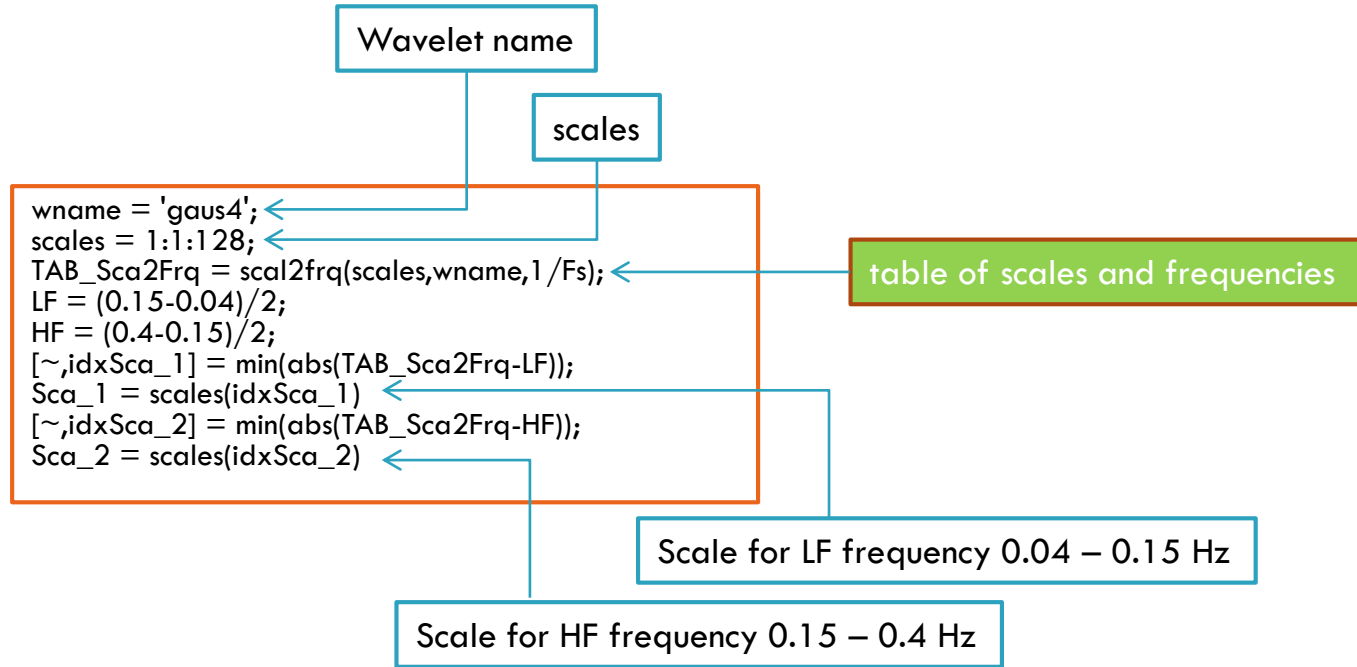
## □ Importing RR intervals from Biopac into Matlab

### □ File -> Save as text

Resample from 200 Hz to 4 Hz

```
Fs = 4;  
x = resample (RR, Fs, 200) ←  
clf; plot(x,'r');  
axis tight  
title('Signal');  
xlabel('Time or Space')
```

# Heart Rate Variability with Matlab



# Heart Rate Variability with Matlab

```
clf;  
coefs = cwt(x,scales,wname,'scalCNT');  
hold on  
plot([1 size(coefs,2)],[Sca_1 Sca_1],'Color','m','LineWidth',2);  
plot([1 size(coefs,2)],[Sca_2 Sca_2],'Color','m','LineWidth',1);
```

Wavelet coefficients

Highlight LF frequency component

Highlight frequency HF component



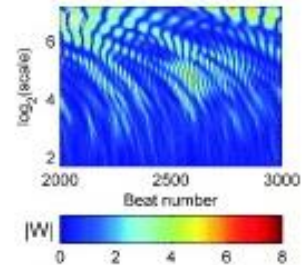
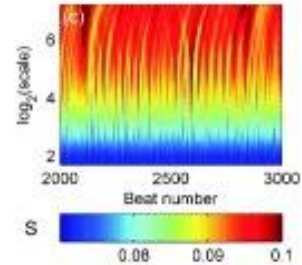
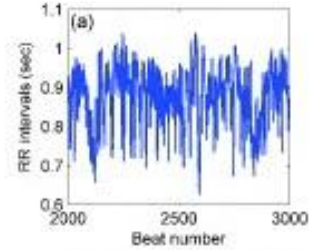
# Heart Rate Variability with Matlab

```
clf;  
wscalogram('image',coefs,'scales',scales,'ydata',x);  
hold on  
plot([1 size(coefs,2)],[Sca_1 Sca_1],'Color','m','LineWidth',2);  
plot([1 size(coefs,2)],[Sca_2 Sca_2],'Color','w','LineWidth',1);
```

Wavelet scalogram

Highlight LF frequency component

Highlight HF frequency component



# Exercise 2: HRV with wavelet transform during breathe holding

## □ Procedure

- Subject is instrumented for ECG measurement with Biopac.
- Take a couple minutes relaxation before the experiment
- Perform a 1 min recording in a sitting position while breathing normally.
- Perform another recording while the subject *exhales and empties the lungs; then immediately holds breathing as long as possible.*
- Perform another 1 min recording while breathing normally

## □ Evaluation

- Export the data from BSL Pro as txt File (Edit →Clipboard →Copy Wave Data).
- Import the data into Matlab using tdfread or csvread
- Estimate the total power of each frequency band (LF and HF) using Matlab wavelet transform functions: cwt, waveinfo, scal2frq, wscalogram.
  - Reveal the change in the power of HF component over the time

## Exercise 3: HRV with wavelet transform during active standing

### □ Procedure

- Subject is instrumented for ECG measurement with Biopac.
- Perform a 1 min recording in a sitting position.
- Perform another 1 min recording while the subject *actively stands up from the sitting position*.
- Perform a 1 min recording in a sitting position.

### □ Evaluation

- Export the data from BSL Pro as txt File (Edit → Clipboard → Copy Wave Data).
- Import the data into Matlab using tdfread or csvread
- Estimate the total power of each frequency band (LF and HF) using Matlab wavelet transform functions: cwt, waveinfo, scal2frq, wscalogram.
  - Reveal the change in the power of HF and LF components over the time

# Team Projects

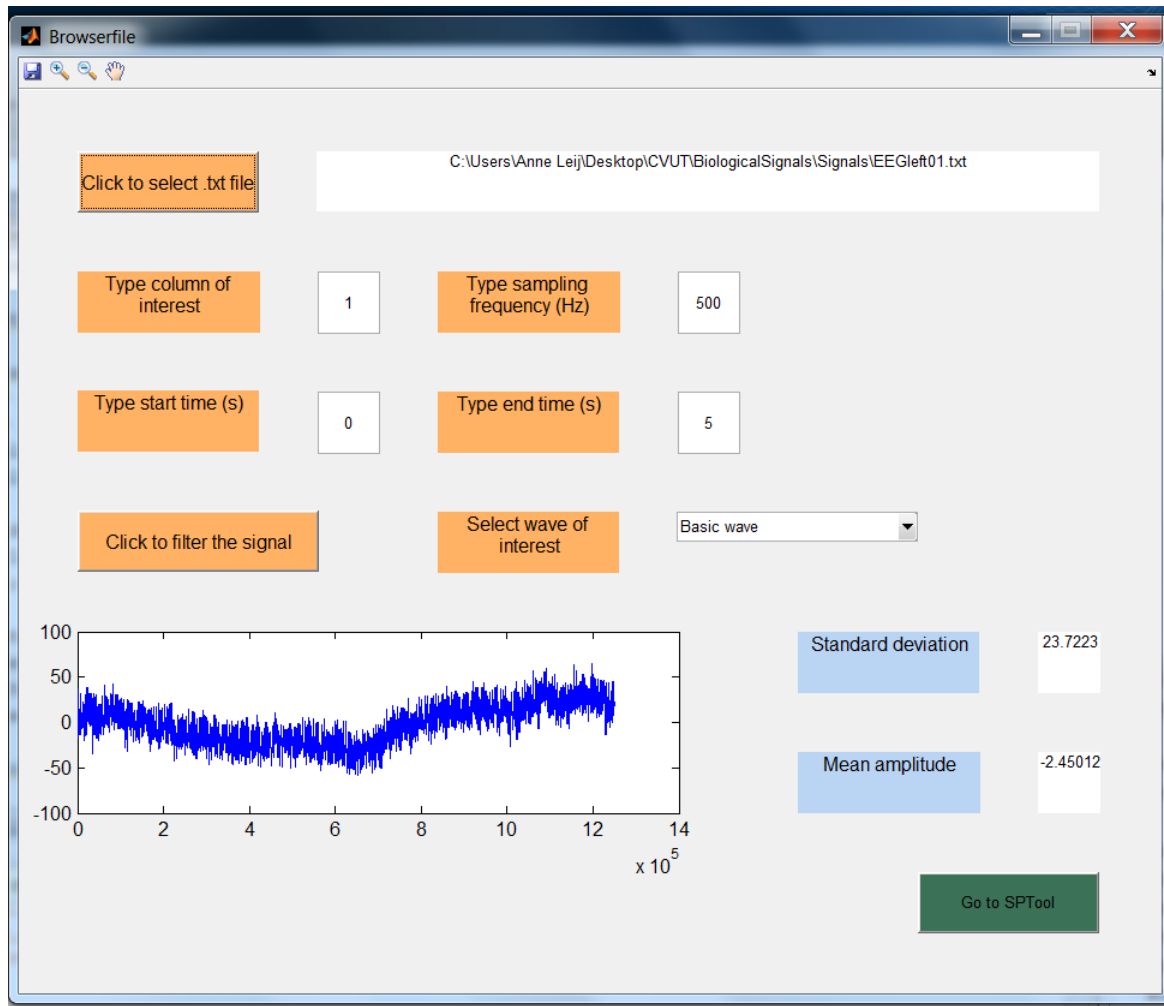
## ❑ **Project 1: Cardiovascular Signal Analyzer**

- ❑ Digital filtering of a raw PPG signal
- ❑ Extraction of PH (pulse height) and PP (peak-to-peak) values from a filtered PPG signal
- ❑ MAP estimation using PH
- ❑ Fourier transform of PP intervals and estimation of HF and LF
- ❑ Implementation in Matlab, if possible with an interactive GUI
  - ❑ User should be able to import the raw signal import from a Biopac text export
  - ❑ User should be able to enter the sampling frequency, signal type (ECG or PPG or both) and channel numbers
  - ❑ User should be able to filter the raw signal
  - ❑ User should be able to execute PP, PH, MAP, LF, HF computation
  - ❑ User should be able to display plots of the raw signal for a given start and end timestamp
  - ❑ User should be able to display plots of PP, PH, MAP over the time for a given start and end timestamp and display the value of LF and HF

# Team Projects

## ❑ Project 2: Nervous Activity Analyzer

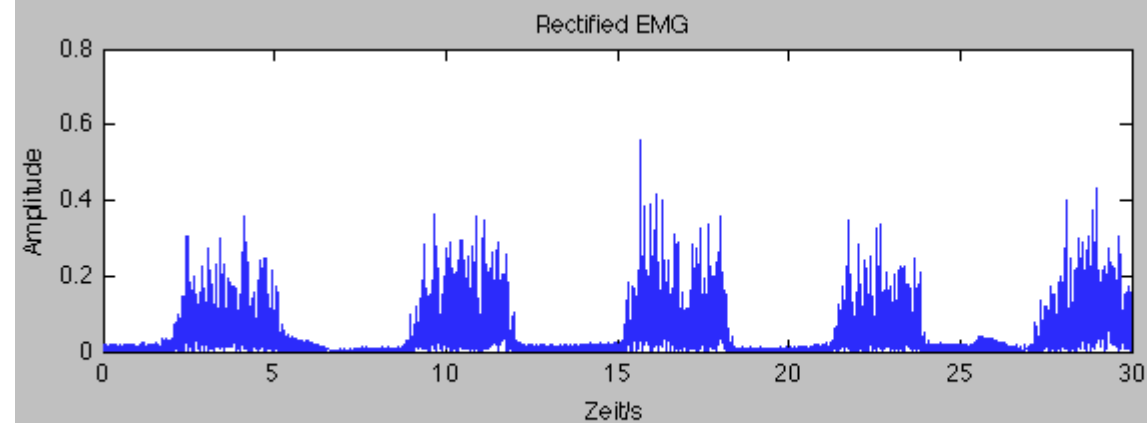
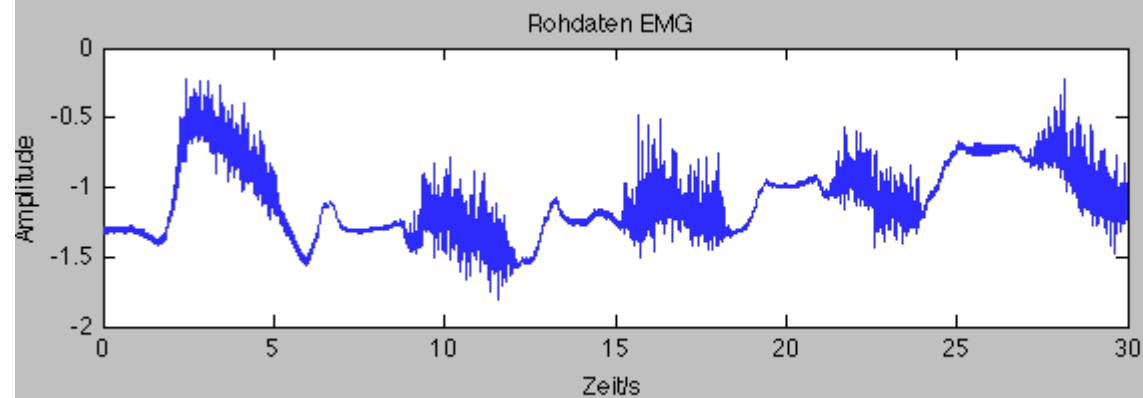
- ❑ Digital filtering of a raw EEG signal
- ❑ Extraction of alpha, beta, theta, delta waves from a filtered EEG signal
- ❑ Computation of STD, AVG and CC
- ❑ Implementation in Matlab, if possible with an interactive GUI
  - ❑ User should be able to import the raw signal import from a Biopac text export
  - ❑ User should be able to enter the sampling frequency
  - ❑ User should be able to filter the raw signal
  - ❑ User should be able to execute alpha, beta wave, theta, delta wave computation using Fourier or Wavelet transform or digital filtering
  - ❑ User should be able to execute STD, AVG, CC computation
  - ❑ User should be able to display plots of the raw signal for a given start and end timestamp
  - ❑ User should be able to display plots of alpha, beta wave, theta, delta waves over the time for a given start and end timestamp and display the values for STD, AVG and CC



# Team Projects

## ❑ **Project 3: Muscle Activity Analyzer**

- ❑ Digital filtering of a raw EMG signal
- ❑ Computation of rectified EMG from a filtered EMG signal
- ❑ Computation of the spectrum of the filtered EMG signal using Fourier transform
- ❑ Computation of RMS, ARV
- ❑ Implementation in Matlab, if possible with an interactive GUI
  - ❑ User should be able to import the raw signal import from a Biopac text export
  - ❑ User should be able to enter the sampling frequency
  - ❑ User should be able to filter the raw signal
  - ❑ User should be able to execute rectified EMG computation
  - ❑ User should be able to execute Fourier transform of the rectified EMG for a given start and end timestamp
  - ❑ User should be able to execute RMS, ARV computation for a given start and end timestamp
  - ❑ User should be able to display plots of the raw EMG, rectified EMG, EMG Fourier transform for a given start and end timestamp
  - ❑ User should be able to display the values for RMS, ARV for a given start and end timestamp



Panel

Load

Filter

Rectify

Sampling frequency

200

Resample

Start

8

FFT

End

13

RMS

1.35146

AVR

53.416