**Oxfords E-Lesson 3, T3**

Grade: Basic 6

Subject: Social Studies

Topic: Normal and Excessive Use of Drug (Effects)

**Lesson Breakdown**

1. Explain what “normal use of drugs” means and what “excessive use of drugs” means
2. Effects of normal use of drugs
3. Effects of excessive use of drugs

**Learning Outcome**

1. Explain what ‘normal use of drugs’ means and what ‘excessive use

of drugs’ means

1. List the effects of normal use of drugs
2. Discuss why we should avoid excessive use of drugs

**Salient Point**

1. Drug substances are used or taken to cure illness. When drugs are used

or taken according to doctor’s prescriptions, then we say that the patient

is using or taking it normally.

However, when a patient fails to follow the doctor’s prescription or does

not consult the doctor before using such drugs, we then say it is

excessive use or drug abuse.

1. **Effects of normal use of drugs:**

* Relief of pains.
* Cure of illness
* Using the correct quantity of drugs will prevent further infection on any part of the body

1. **Effects of excessive use of drugs:**

* It can cause damage to the organs of the body
* It may cause sleeplessness or restlessness to the user
* It can cause further infection to the body
* It can cause overgrowth of some tissues in the body, eg. bones
* It can cause death in extreme cases

**Assignment**

1. Explain what ‘normal use of drug’ means
2. List any two importance of normal use of drugs.
3. Give three reasons why we should avoid excessive use of drugs