

Weather Activity Clothing Database: A Comprehensive Global Guide

Introduction

This guide is designed as a reference for aligning various weather conditions with suitable outdoor activities and appropriate clothing options across diverse climates. It covers five countries—Egypt, United Kingdom, USA, Japan, and Australia—with detailed descriptions, practical recommendations, and temperature ranges. Use this guide to help plan activities, travel, or daily routines in different weather settings.

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1. Clear/Sunny Weather

Egypt

In Egypt, clear and sunny weather is typical for much of the year—especially in spring and summer. The brilliant sunshine makes it ideal for exploring ancient monuments, taking desert safaris, or enjoying leisurely walks along the Nile. Light, breathable clothing is essential; cotton shirts, loose trousers or skirts, wide-brimmed hats, and high-SPF sunscreen help protect against intense UV rays.

Temperature Range:

- High: 32°C to 38°C (i.e. 32°C, 33°C, 34°C, 35°C, 36°C, 37°C, 38°C)
- Low: 18°C to 24°C (i.e. 18°C, 19°C, 20°C, 21°C, 22°C, 23°C, 24°C)

United Kingdom

Clear and sunny days in the United Kingdom are cherished for outdoor leisure—perfect for picnics in parks, gentle hikes, or cycling through historic villages. Despite the clear skies, the

moderate climate calls for light layers such as breathable t-shirts, comfortable trousers, and a light jacket or cardigan for cooler mornings and evenings. Sunglasses and caps are useful to combat occasional glare.

Temperature Range:

- High: 20°C to 24°C (i.e. 20°C, 21°C, 22°C, 23°C, 24°C)
- Low: 10°C to 14°C (i.e. 10°C, 11°C, 12°C, 13°C, 14°C)

USA

In the USA, sunny weather often finds people engaging in outdoor fitness activities, family gatherings, and visits to national parks or urban attractions. Casual and athletic wear, such as t-shirts, shorts, or skirts paired with optional layers for early morning or evening chill, is ideal.

Temperature Range:

- High: 25°C to 32°C (i.e. 25°C, 26°C, 27°C, 28°C, 29°C, 30°C, 31°C, 32°C)
- Low: 15°C to 22°C (i.e. 15°C, 16°C, 17°C, 18°C, 19°C, 20°C, 21°C, 22°C)

Japan

Clear and sunny days in Japan offer a welcome contrast to the humid and rainy seasons. They're perfect for enjoying outdoor festivals, temple visits, and strolls in traditional gardens.

Lightweight, airy clothing—such as linen shirts, comfortable trousers or skirts, and sun-protective accessories—is recommended to stay cool and protected.

Temperature Range:

- High: 22°C to 28°C (i.e. 22°C, 23°C, 24°C, 25°C, 26°C, 27°C, 28°C)
- Low: 15°C to 20°C (i.e. 15°C, 16°C, 17°C, 18°C, 19°C, 20°C)

Australia

In Australia, clear and sunny weather is common and embraced in outdoor recreational settings—from beaches to bushland parks. Activities like swimming, surfing, and outdoor sports are popular, so moisture-wicking, lightweight fabrics, casual dresses or shorts, and wide-brimmed hats (with generous sunscreen use) are advised.

Temperature Range:

- High: 26°C to 33°C (i.e. 26°C, 27°C, 28°C, 29°C, 30°C, 31°C, 32°C, 33°C)
- Low: 16°C to 21°C (i.e. 16°C, 17°C, 18°C, 19°C, 20°C, 21°C)

2. Partly Cloudy Weather

Egypt

Partly cloudy conditions in Egypt provide a pleasant respite from the full desert sun. The scattered clouds moderate the heat, making it a great time for sightseeing at archaeological sites or enjoying a light outdoor sport. Layered, breathable outfits—such as loose shirts with a light

scarf—are recommended to adapt to slight temperature shifts.

Temperature Range:

- High: 30°C to 36°C (i.e. 30°C, 31°C, 32°C, 33°C, 34°C, 35°C, 36°C)
- Low: 17°C to 23°C (i.e. 17°C, 18°C, 19°C, 20°C, 21°C, 22°C, 23°C)

United Kingdom

In the UK, partly cloudy weather is ideal for outdoor activities like garden parties, gentle hikes, or cycling trips. With sun interspersed by clouds, dressing in layers—such as light sweaters and a windbreaker—is key to staying comfortable throughout the day.

Temperature Range:

- High: 18°C to 22°C (i.e. 18°C, 19°C, 20°C, 21°C, 22°C)
- Low: 9°C to 13°C (i.e. 9°C, 10°C, 11°C, 12°C, 13°C)

USA

Partly cloudy conditions in the USA create a pleasant environment for urban explorations, park picnics, or jogging. Versatile, layered clothing (for instance, a t-shirt paired with a light cardigan) helps one adjust to the gradual shifts in temperature.

Temperature Range:

- High: 23°C to 30°C (i.e. 23°C, 24°C, 25°C, 26°C, 27°C, 28°C, 29°C, 30°C)
- Low: 14°C to 21°C (i.e. 14°C, 15°C, 16°C, 17°C, 18°C, 19°C, 20°C, 21°C)

Japan

In Japan, partly cloudy weather sets an inviting stage for cultural excursions, outdoor dining, or leisurely park visits. Layering is popular—with light jackets over casual tops—to accommodate the intermittent sun and cloud cover.

Temperature Range:

- High: 21°C to 27°C (i.e. 21°C, 22°C, 23°C, 24°C, 25°C, 26°C, 27°C)
- Low: 14°C to 19°C (i.e. 14°C, 15°C, 16°C, 17°C, 18°C, 19°C)

Australia

Partly cloudy days in Australia strike a balance between bright sunshine and refreshing shade, making them ideal for barbecues, beach walks, or light sports. Outfits should be versatile—think t-shirts with a light sweater or jacket—and comfortable shorts or trousers.

Temperature Range:

- High: 24°C to 31°C (i.e. 24°C, 25°C, 26°C, 27°C, 28°C, 29°C, 30°C, 31°C)
- Low: 15°C to 22°C (i.e. 15°C, 16°C, 17°C, 18°C, 19°C, 20°C, 21°C, 22°C)

3. Cloudy/Overcast Weather

Egypt

Although less frequent in Egypt, cloudy or overcast days create a cooler, softer light—ideal for exploring archaeological sites or taking gentle desert walks. Light layers, such as a breathable shirt with a shawl or light jacket, help adapt to the milder conditions.

Temperature Range:

- High: 28°C to 34°C (i.e. 28°C, 29°C, 30°C, 31°C, 32°C, 33°C, 34°C)
- Low: 16°C to 22°C (i.e. 16°C, 17°C, 18°C, 19°C, 20°C, 21°C, 22°C)

United Kingdom

In the United Kingdom, overcast skies are common and provide a calm backdrop for museum visits, cultural events, or walks through historic towns. Layered clothing—including sweaters, scarves, and waterproof jackets—is recommended to counteract the occasional drizzle.

Temperature Range:

- High: 16°C to 20°C (i.e. 16°C, 17°C, 18°C, 19°C, 20°C)
- Low: 7°C to 11°C (i.e. 7°C, 8°C, 9°C, 10°C, 11°C)

USA

Many parts of the USA enjoy overcast conditions that are ideal for urban photography, relaxed park strolls, or cultural explorations. A layered outfit such as a t-shirt with a light jacket or sweater and comfortable jeans offers both style and practicality.

Temperature Range:

- High: 20°C to 27°C (i.e. 20°C, 21°C, 22°C, 23°C, 24°C, 25°C, 26°C, 27°C)
- Low: 12°C to 19°C (i.e. 12°C, 13°C, 14°C, 15°C, 16°C, 17°C, 18°C, 19°C)

Japan

Overcast days in Japan, with their subdued natural light, are perfect for quiet temple visits, traditional tea ceremonies, or peaceful strolls in urban gardens. Comfortable layers such as long-sleeved tops paired with cardigans and practical trousers ensure ease of movement.

Temperature Range:

- High: 20°C to 26°C (i.e. 20°C, 21°C, 22°C, 23°C, 24°C, 25°C, 26°C)
- Low: 13°C to 18°C (i.e. 13°C, 14°C, 15°C, 16°C, 17°C, 18°C)

Australia

In Australia, overcast weather—though less frequent—provides soft lighting that enhances scenic walks, market visits, or photographic outings. Light, layered clothing (such as breathable tops with a thin jacket) is recommended for maintaining comfort.

Temperature Range:

- High: 23°C to 30°C (i.e. 23°C, 24°C, 25°C, 26°C, 27°C, 28°C, 29°C, 30°C)
 - Low: 14°C to 20°C (i.e. 14°C, 15°C, 16°C, 17°C, 18°C, 19°C, 20°C)
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4. Light Rain/Drizzle

Egypt

Light rain or drizzle in Egypt, though rare, brings a refreshing change to the usually dry landscape. This gentle moisture creates a quieter ambience ideal for visiting local markets or exploring historical sites with fewer crowds. A light waterproof jacket combined with breathable layers is advisable.

Temperature Range:

- High: 20°C to 26°C (i.e. 20°C, 21°C, 22°C, 23°C, 24°C, 25°C, 26°C)
- Low: 12°C to 18°C (i.e. 12°C, 13°C, 14°C, 15°C, 16°C, 17°C, 18°C)

United Kingdom

Drizzle is a familiar companion in the United Kingdom and sets a cozy tone for outdoor walks, garden visits, or short excursions in town. Waterproof jackets, layered sweaters, and sturdy footwear help keep one comfortable and dry.

Temperature Range:

- High: 14°C to 18°C (i.e. 14°C, 15°C, 16°C, 17°C, 18°C)
- Low: 8°C to 12°C (i.e. 8°C, 9°C, 10°C, 11°C, 12°C)

USA

In the USA, light rain creates an ideal setting for urban explorations and relaxed park visits. Many choose water-resistant clothing such as a light raincoat paired with comfortable jeans or trousers and boots that offer protection without sacrificing style.

Temperature Range:

- High: 18°C to 24°C (i.e. 18°C, 19°C, 20°C, 21°C, 22°C, 23°C, 24°C)
- Low: 10°C to 16°C (i.e. 10°C, 11°C, 12°C, 13°C, 14°C, 15°C, 16°C)

Japan

Light rain in Japan is often welcomed as it enhances the beauty of traditional architecture and lush gardens. Stylish yet functional raincoats, layered outfits, and waterproof footwear allow for graceful movement and comfort while enjoying street food or temple tours.

Temperature Range:

- High: 17°C to 23°C (i.e. 17°C, 18°C, 19°C, 20°C, 21°C, 22°C, 23°C)
- Low: 9°C to 14°C (i.e. 9°C, 10°C, 11°C, 12°C, 13°C, 14°C)

Australia

In Australia, a light drizzle complements coastal walks, scenic drives, or visits to botanical gardens. A water-repellent jacket paired with versatile trousers or shorts ensures comfort while enjoying the brief moisture in the air.

Temperature Range:

- High: 20°C to 26°C (i.e. 20°C, 21°C, 22°C, 23°C, 24°C, 25°C, 26°C)
 - Low: 11°C to 16°C (i.e. 11°C, 12°C, 13°C, 14°C, 15°C, 16°C)
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5. Heavy Rain/Stormy/Thunderstorms

Egypt

Heavy rain and thunderstorms are infrequent in Egypt, yet when they occur, they create a dramatic contrast to the arid norm. These conditions are best suited for brief urban explorations or indoor cultural visits with safe, quick access to shelter. Waterproof coats, sturdy closed-toe shoes, and layered garments are essential.

Temperature Range:

- High: 18°C to 25°C (i.e. 18°C, 19°C, 20°C, 21°C, 22°C, 23°C, 24°C, 25°C)
- Low: 10°C to 16°C (i.e. 10°C, 11°C, 12°C, 13°C, 14°C, 15°C, 16°C)

United Kingdom

In the United Kingdom, heavy rain and thunderstorms—though not daily—can make outdoor life challenging yet exhilarating. Outdoor activities are usually brief and often shift indoors. Robust waterproof gear, such as heavy-duty raincoats and insulated boots along with layered warm clothing, is recommended.

Temperature Range:

- High: 12°C to 17°C (i.e. 12°C, 13°C, 14°C, 15°C, 16°C, 17°C)
- Low: 6°C to 10°C (i.e. 6°C, 7°C, 8°C, 9°C, 10°C)

USA

Heavy rain and thunderstorms in the USA often lead to a temporary pivot toward indoor cultural or family activities. When venturing out post-storm, durable waterproof outerwear, insulated layers, and secure footwear are vital to handle slick, gusty conditions.

Temperature Range:

- High: 16°C to 22°C (i.e. 16°C, 17°C, 18°C, 19°C, 20°C, 21°C, 22°C)
- Low: 8°C to 13°C (i.e. 8°C, 9°C, 10°C, 11°C, 12°C, 13°C)

Japan

In Japan, heavy rain and thunderstorms are managed with rigorous safety precautions and are often followed by a quick return to cultural activities. High-quality waterproof garments, layered thermal protection, and robust footwear ensure safety during these intermittent events.

Temperature Range:

- High: 15°C to 21°C (i.e. 15°C, 16°C, 17°C, 18°C, 19°C, 20°C, 21°C)
- Low: 7°C to 12°C (i.e. 7°C, 8°C, 9°C, 10°C, 11°C, 12°C)

Australia

In Australia, heavy rain and thunderstorms can develop rapidly, prompting a shift from outdoor events to indoor leisure. Durable water-resistant attire such as rain jackets, quick-dry fabrics, and practical footwear is essential to manage the wet conditions.

Temperature Range:

- High: 18°C to 24°C (i.e. 18°C, 19°C, 20°C, 21°C, 22°C, 23°C, 24°C)
 - Low: 10°C to 15°C (i.e. 10°C, 11°C, 12°C, 13°C, 14°C, 15°C)
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6. Snowy Conditions

Egypt

Snowy conditions in Egypt are extremely rare and usually occur only in high-altitude regions such as the Sinai mountains. When a light dusting appears in winter, it transforms the local landscape into a unique, quiet scene. Insulated coats, thermal layers, hats, gloves, and sturdy boots are critical for safety on slippery paths.

Temperature Range:

- High: 2°C to 4°C (i.e. 2°C, 3°C, 4°C)
- Low: -1°C to 1°C (i.e. -1°C, 0°C, 1°C)

United Kingdom

Snow in the United Kingdom, common during winter months, inspires seasonal outdoor activities such as winter walks, ice skating, and festive market visits. Warm, insulated clothing—including heavy coats, woolly sweaters, scarves, gloves, and waterproof boots—is essential.

Temperature Range:

- High: 3°C to 7°C (i.e. 3°C, 4°C, 5°C, 6°C, 7°C)
- Low: -1°C to 2°C (i.e. -1°C, 0°C, 1°C, 2°C)

USA

Snowy conditions in the USA foster activities such as skiing, snowboarding, and building snowmen. Given the low temperatures and snow-covered landscapes, well-insulated clothing with thermal underlayers, waterproof outerwear, and insulated boots is vital.

Temperature Range:

- High: -1°C to 3°C (i.e. -1°C, 0°C, 1°C, 2°C, 3°C)
- Low: -5°C to -1°C (i.e. -5°C, -4°C, -3°C, -2°C, -1°C)

Japan

In Japan—especially in northern and mountainous regions—snowy days are embraced with winter sports like skiing and snowboarding and the soothing ritual of hot springs after a day

outdoors. Insulated jackets, thermal garments, and waterproof boots are key to staying warm.

Temperature Range:

- High: -2°C to 2°C (i.e. -2°C, -1°C, 0°C, 1°C, 2°C)
- Low: -6°C to -2°C (i.e. -6°C, -5°C, -4°C, -3°C, -2°C)

Australia

In Australia, snow is confined to the alpine regions of the southeast. Here, winter sports such as skiing and snowboarding draw visitors, and robust winter clothing including layered thermal wear, beanies, gloves, and waterproof boots is essential.

Temperature Range:

- High: 2°C to 5°C (i.e. 2°C, 3°C, 4°C, 5°C)
 - Low: -1°C to 1°C (i.e. -1°C, 0°C, 1°C)
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7. Windy Conditions

Egypt

Windy conditions are common in Egypt, particularly in desert areas and along the coast. The brisk winds create a refreshing counterbalance to the heat, making outdoor activities like kite flying, desert safaris, or coastal walks especially enjoyable. Lightweight fabrics, windbreakers, and scarves help protect against blowing sand and dust.

Temperature Range:

- High: 28°C to 35°C (i.e. 28°C, 29°C, 30°C, 31°C, 32°C, 33°C, 34°C, 35°C)
- Low: 18°C to 24°C (i.e. 18°C, 19°C, 20°C, 21°C, 22°C, 23°C, 24°C)

United Kingdom

Windy days in the United Kingdom provide an invigorating environment for activities such as sailing, kite flying, or brisk coastal walks. Layered, windproof attire—such as jackets, hats, and scarves—ensures comfort while facing the gusts.

Temperature Range:

- High: 15°C to 20°C (i.e. 15°C, 16°C, 17°C, 18°C, 19°C, 20°C)
- Low: 8°C to 12°C (i.e. 8°C, 9°C, 10°C, 11°C, 12°C)

USA

Across the USA, windy weather is common and can make activities such as cycling, sailing, or outdoor photography particularly dynamic. Wind-resistant jackets, layered athletic wear, and secure footwear are recommended to combat the chill.

Temperature Range:

- High: 20°C to 27°C (i.e. 20°C, 21°C, 22°C, 23°C, 24°C, 25°C, 26°C, 27°C)
- Low: 10°C to 17°C (i.e. 10°C, 11°C, 12°C, 13°C, 14°C, 15°C, 16°C, 17°C)

Japan

In Japan, windy days—common during transitional seasons—are well suited for outdoor festivals, coastal walks, and urban cycling. Light windbreakers, layered tops, and secure footwear help maintain comfort during sudden gusts.

Temperature Range:

- High: 18°C to 24°C (i.e. 18°C, 19°C, 20°C, 21°C, 22°C, 23°C, 24°C)
- Low: 12°C to 18°C (i.e. 12°C, 13°C, 14°C, 15°C, 16°C, 17°C, 18°C)

Australia

In Australia, especially along coastal and open landscapes, windy conditions complement outdoor sports such as sailing, windsurfing, and beach walks. Comfortable, breathable clothing paired with windproof jackets and headgear is recommended.

Temperature Range:

- High: 22°C to 30°C (i.e. 22°C, 23°C, 24°C, 25°C, 26°C, 27°C, 28°C, 29°C, 30°C)
 - Low: 14°C to 21°C (i.e. 14°C, 15°C, 16°C, 17°C, 18°C, 19°C, 20°C, 21°C)
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8. Foggy Conditions

Egypt

Foggy conditions in Egypt are rare but may occur during early mornings in coastal or valley regions. The gentle mist creates a serene atmosphere perfect for quiet walks or reflective moments at historical sites. Light jackets or scarves over breathable layers help maintain warmth without overheating.

Temperature Range:

- High: 22°C to 28°C (i.e. 22°C, 23°C, 24°C, 25°C, 26°C, 27°C, 28°C)
- Low: 14°C to 20°C (i.e. 14°C, 15°C, 16°C, 17°C, 18°C, 19°C, 20°C)

United Kingdom

Foggy mornings in the United Kingdom lend a mystical quality to urban and rural landscapes. Ideal for contemplative walks, the cool, moist air calls for layered attire including light coats, scarves, and warm trousers.

Temperature Range:

- High: 12°C to 16°C (i.e. 12°C, 13°C, 14°C, 15°C, 16°C)
- Low: 5°C to 9°C (i.e. 5°C, 6°C, 7°C, 8°C, 9°C)

USA

Foggy conditions in parts of the USA offer a serene setting for early morning commutes, photography, or gentle park strolls. Layered outfits with hooded sweatshirts, light jackets, and

well-fitting jeans keep you comfortable in the cool, diffused light.

Temperature Range:

- High: 16°C to 22°C (i.e. 16°C, 17°C, 18°C, 19°C, 20°C, 21°C, 22°C)
- Low: 8°C to 12°C (i.e. 8°C, 9°C, 10°C, 11°C, 12°C)

Japan

In Japan, foggy days create an atmospheric backdrop ideal for quiet urban strolls or visits to traditional gardens. Locals favor layered, comfortable clothing such as light coats paired with scarves to protect against the damp chill.

Temperature Range:

- High: 15°C to 21°C (i.e. 15°C, 16°C, 17°C, 18°C, 19°C, 20°C, 21°C)
- Low: 7°C to 11°C (i.e. 7°C, 8°C, 9°C, 10°C, 11°C)

Australia

Australian fog, common in early mornings along coastal areas, sets a cool and reflective mood for beach walks or quiet time in nature. Comfortable, layered attire with a light jacket ensures warmth during these cool hours.

Temperature Range:

- High: 18°C to 24°C (i.e. 18°C, 19°C, 20°C, 21°C, 22°C, 23°C, 24°C)
 - Low: 10°C to 14°C (i.e. 10°C, 11°C, 12°C, 13°C, 14°C)
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9. Hot and Dry Conditions

Egypt

Hot and dry conditions are a hallmark of Egypt's desert climate, particularly during peak summer. These extreme conditions encourage early morning desert excursions, camel treks, and visits to historical sites before the heat intensifies. Ultra-lightweight, breathable clothing made of natural fibers, wide-brimmed hats, and UV-protective sunglasses are essential, along with ample hydration.

Temperature Range:

- High: 40°C to 45°C (i.e. 40°C, 41°C, 42°C, 43°C, 44°C, 45°C)
- Low: 25°C to 30°C (i.e. 25°C, 26°C, 27°C, 28°C, 29°C, 30°C)

United Kingdom

Hot and dry conditions are rare in the United Kingdom but can occur during unusual heatwaves. Such days are perfect for outdoor festivals, countryside picnics, or extended walking tours. Light and airy clothing—such as short-sleeve shirts, light trousers or skirts, and sun hats—is recommended to ensure comfort.

Temperature Range:

- High: 28°C to 32°C (i.e. 28°C, 29°C, 30°C, 31°C, 32°C)
- Low: 18°C to 22°C (i.e. 18°C, 19°C, 20°C, 21°C, 22°C)

USA

In arid regions of the USA, hot and dry conditions are common during summer. These settings are ideal for early morning hiking, off-road adventures, and visits to national parks, though caution is advised during peak heat. Moisture-wicking athletic wear, loose-fitting garments, hats, and UV-protective sunglasses are key to staying cool and safe.

Temperature Range:

- High: 38°C to 42°C (i.e. 38°C, 39°C, 40°C, 41°C, 42°C)
- Low: 24°C to 28°C (i.e. 24°C, 25°C, 26°C, 27°C, 28°C)

Japan

Though Japan is mostly humid, certain regions or periods can exhibit hot and dry conditions. These times encourage early morning or evening activities such as local market visits, temple tours, and park strolls. Light, breathable fabrics with minimal layers—complemented by sun-protective accessories—are advisable.

Temperature Range:

- High: 33°C to 37°C (i.e. 33°C, 34°C, 35°C, 36°C, 37°C)
- Low: 25°C to 29°C (i.e. 25°C, 26°C, 27°C, 28°C, 29°C)

Australia

Hot and dry conditions prevail in many interior and outback regions of Australia. These conditions set the stage for adventure tourism, desert walks, and early morning sports before the day's peak heat. Lightweight, UV-protective clothing with loose-fitting shorts or skirts and broad-brimmed hats is essential.

Temperature Range:

- High: 35°C to 40°C (i.e. 35°C, 36°C, 37°C, 38°C, 39°C, 40°C)
- Low: 22°C to 26°C (i.e. 22°C, 23°C, 24°C, 25°C, 26°C)

10. Cold and Freezing Conditions

Egypt

While cold and freezing conditions are very rare in Egypt, certain high-altitude or mountainous areas (especially in Sinai) may experience low temperatures during winter. Outdoor activities in these zones might include short hikes or sightseeing of winter landscapes, necessitating heavy insulated coats, thermal underlayers, hats, gloves, and warm boots.

Temperature Range:

- High: 10°C to 15°C (i.e. 10°C, 11°C, 12°C, 13°C, 14°C, 15°C)
- Low: 0°C to 5°C (i.e. 0°C, 1°C, 2°C, 3°C, 4°C, 5°C)

United Kingdom

Cold and freezing conditions are common in the United Kingdom during winter. Activities such as winter walks, ice skating, and festive outdoor markets are popular. It is essential to dress in layers with warm coats, thermal underlayers, scarves, gloves, and insulated boots to stay safe and comfortable.

Temperature Range:

- High: 2°C to 6°C (i.e. 2°C, 3°C, 4°C, 5°C, 6°C)
- Low: -3°C to 0°C (i.e. -3°C, -2°C, -1°C, 0°C)

USA

In many regions of the USA—especially in northern states—cold and freezing weather is a staple of winter. Popular activities include skiing, snowboarding, and winter hiking, which require well-insulated layered clothing, thermal base layers, heavy coats, and waterproof boots.

Temperature Range:

- High: -1°C to 3°C (i.e. -1°C, 0°C, 1°C, 2°C, 3°C)
- Low: -6°C to -1°C (i.e. -6°C, -5°C, -4°C, -3°C, -2°C, -1°C)

Japan

Winter in Japan brings cold and freezing conditions, particularly in northern regions and mountainous areas. Winter sports like skiing and snowboarding are popular, and after outdoor activities, traditional hot springs offer warmth. Insulated jackets, layered thermal clothing, and heavy accessories such as gloves and hats are crucial.

Temperature Range:

- High: 0°C to 4°C (i.e. 0°C, 1°C, 2°C, 3°C, 4°C)
- Low: -5°C to 0°C (i.e. -5°C, -4°C, -3°C, -2°C, -1°C, 0°C)

Australia

Cold and freezing conditions in Australia are largely confined to alpine regions during winter. Here, skiing, snowboarding, and winter hiking are common, necessitating robust winter gear including insulated jackets, thermal layers, beanies, gloves, and waterproof boots.

Temperature Range:

- High: 3°C to 8°C (i.e. 3°C, 4°C, 5°C, 6°C, 7°C, 8°C)
- Low: -2°C to 3°C (i.e. -2°C, -1°C, 0°C, 1°C, 2°C, 3°C)

Conclusion

This comprehensive guide is intended as a reference tool for matching various weather conditions with recommended outdoor activities and suitable clothing options in Egypt, United Kingdom, USA, Japan, and Australia. With detailed paragraphs and temperature ranges—both as continuous ranges and discrete integer lists—this guide can serve as a valuable resource when planning daily activities, travel, or events in diverse climates. Always consult local weather forecasts and safety advisories before heading outdoors.